

Track Timetable

Time	#	Round	Event	Age Cat	CE	Entries
10:00	T01		100m Hdls (84.0)	SW	Hep	6
10:02	T02		100m Hdls (84.0)	U20W	Hep	3
10:10	T03		80m Hdls (76.2)	U17W	Hep	6
	T04		80m Hdls (76.2)	W40	Hep	2
10:25	T05		75m Hdls (76.2)	U13B	Pen	19 (3 Races)
10:45	T06		80m Hdls (84.0)	U15B	Pen	14 (2 Races)
11:10	T07		100m	SM	Dec	6
	T08		100m	U20M	Dec	2
	T09		100m	M35	Dec	1
11:30	T10	1	4x100m Relay Heats	U13G		10
12:00	T11	1	4x100m Relay Heats	U15G		9
12:45	T10	2	4x100m Relay Final	U13G		
14:00	T11	2	4x100m Relay Final	U15G		
14:20	T12	1	4x200m Relay Heats	U13G		9
14:45	T13		200m	MM	Pen	4
15:15	T14	1	4x300m Relay Final	U15G		7
15:30	T12	2	4x200m Relay Final	U13G		
15:50	T15		400m	U17M	Oct	5
16:05	T16		200m	SW	Hep	6
	T17		200m	U20W	Hep	3
16:10	T18		200m	U17W	Hep	6
	T19		200m	W40	Hep	2
16:45	T20		400m	SM	Dec	6
16:50	T21		400m	U20M	Dec	2
	T22		400m	M35	Dec	1
17:00	T23		1500m	MM	Pen	4
17:15	T24		800m	U13B	Pen	19 (2 races)
17:35	T25		800m	U15B	Pen	14 (2 races)

Notes:

If insufficient entries on the day for relay heats, a Straight Final will be run at Heat time

Times shown are indicative, and may be subject to variation during the day.

Field Timetable

Time	#	Event	Age Cat	CE	Entries
10:00	F01	Long Jump	U17M	Oct	5
11:00	F02	Long Jump	MM	Pen	4
11:15	F03	High Jump	SW	Hep	6 (Bed A)
	F04	High Jump	U20W	Hep	3 (Bed B)
	F05	High Jump	U17W	Hep	6 (Bed B)
	F06	High Jump	W40	Hep	2 (Bed A)
11:30	F07	Shot	U13B	Pen	19
11:45	F08	Discus	U17M	Oct	5
12:00	F09	Long Jump	SM	Dec	6
	F10	Long Jump	U20M	Dec	2
	F11	Long Jump	M35	Dec	1
12:45	F12	Shot	U15B	Pen	14
13:15	F13	Javelin	MM	Pen	4
13:00	F14	High Jump	U13B	Pen	19 (2 pools)
13:30	F15	Shot	SM	Dec	6
	F16	Shot	U20M	Dec	2
	F17	Shot	M35	Dec	1
14:15	F18	Long Jump	U15B	Pen	14
14:15	F19	Javelin	U17M	Oct	5
14:45	F20	Shot	SW	Hep	6
	F21	Shot	U20W	Hep	3
	F22	Shot	U17W	Hep	6
	F23	Shot	W40	Hep	2
15:00	F24	High Jump	SM	Dec	6
	F25	High Jump	U20M	Dec	2
	F26	High Jump	M35	Dec	1
15:30	F27	Long Jump	U13B	Pen	14
16:00	F28	Discus	MM	Pen	4
16:15	F29	High Jump	U15B	Pen	14

Notes:

Times shown are indicative, and may be subject to variation during the day.

Track Timetable

Time	#	Round	Event	Age Cat	CE	Entries
10:00	T26		110m Hdl (106.7)	SM	Dec	6
10:05	T27		110m Hdl (99.1)	U20M	Dec	2
	T28		110m Hdl (99.1)	M35	Dec	1
10:15	T29		70m Hdl (68.5)	U13G	Pen	25 (4 races)
10:30	T30		75m Hdl (76.2)	U15G	Pen	21 (3 races)
11:00	T31		80m Hdl (76.2)	MW (W40)	Pen	1
11:15	T32		100m Hdl (84.0)	MW (W35)	Pen	1
11:20	T33		100m Hdl (84.0)	U17M	Oct	5
11:30	T34		3000m Walk	U15G		1
	T35		3000m Walk	SM		2
	T36		3000m Walk	SW		3
12:15	T37	1	4x100m Relay Heats	U13B		11 (2 Heats)
12:45	T38	1	4x100m Relay Heats	U17W		9 (2 Heats)
13:15	T39		4x100m Relay Final	U15B		8
13:30	T40		4x100m Relay Final	U17M		7
13:45	T41		4x100m Relay Final	SW		3
	T42		4x100m Relay Final	U20W		2
14:00	T43		4x100m Relay Final	U20M		5
14:15	T44		4x100m Relay Final	SM		4
14:35	T37	2	4x100m Relay Final	U13B		
15:00	T38	2	4x100m Relay Final	U17W		
15:30	T45		800m	MW	Pen	2
15:45	T46		1500m	U17M	Oct	5
16:00	T47		4x200m Relay Final	U13B		7
16:10	T48		4x300m Relay Final	U15B		5
16:20	T49		4x300m Relay Final	U17W		7
16:30	T50		4x400m Relay Final	SW		4
	T51		4x400m Relay Final	U20W		3
16:40	T52		4x400m Relay Final	U17M		5
16:50	T53		4x400m Relay Final	U20M		3
	T54		4x400m Relay Final	SM		4
17:00	T55		800m	SW	Hep	6
	T56		800m	U20W	Hep	3
	T57		800m	U17W	Hep	6
17:05	T58		800m	W40	Hep	2
17:15	T59		1500m	SM	Dec	6
	T60		1500m	U20M	Dec	2
	T61		1500m	M35	Dec	1
17:25	T62		800m	U15G	Pen	21 (2 races)
17:35	T63		800m	U13G	Pen	25 (3 races)

Notes:

If insufficient entries on the day for relay heats, a Straight Final will be run at Heat time

Times shown are indicative, and may be subject to variation during the day.

Field Timetable

Time	#	Round	Event	Age Cat	CE	Entries
11:00	F30		Discus	SM	Dec	6
	F31		Discus	U20M	Dec	2
	F32		Discus	M35	Dec	1
11:00	F33	1	Shot - Pool A	U13G	Pen	25
11:30	F34		Long Jump	U15G	Pen	21
11:50	F33	2	Shot - Pool B	U13G	Pen	25
12:00	F35		High Jump	MW	Pen	2 (Bed B)
12:15	F36		High Jump	U17M	Oct	5 (Bed A)
12:45	F37		Pole Vault	SM	Dec	6
	F38		Pole Vault	U20M	Dec	2
	F39		Pole Vault	M35	Dec	1
13:00	F40		Long Jump	SW	Hep	6
	F41		Long Jump	U20W	Hep	3
	F42		Long Jump	U17W	Hep	6
	F43		Long Jump	W40	Hep	2
13:15	F44		Shot	MW	Pen	2
13:15	F45		High Jump - 2 Pools	U13G	Pen	25 (2 Beds)
14:00	F46		Shot	U15G	Pen	21
14:45	F47		Long Jump	MW	Pen	2
15:00	F48		Shot	U17M	Oct	5
15:00	F49		Javelin	SW	Hep	6
	F50		Javelin	U20W	Hep	3
	F51		Javelin	U17W	Hep	6
	F52		Javelin	W40	Hep	2
15:30	F53	1	Long Jump - Pool A	U13G	Pen	25
15:45	F54		High Jump	U15G	Pen	21 (2 Beds)
16:00	F55		Javelin	SM	Dec	6
	F56		Javelin	U20M	Dec	2
	F57		Javelin	M35	Dec	1
16:20	F53	2	Long Jump - Pool B	U13G	Pen	25

Notes:

Times shown are indicative, and may be subject to variation during the day.