

MEETING INFORMATION 2025

SURREY ATHLETICS
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 4th JANUARY 2025 at Lloyd Park Croydon

Held under UKA Rules for Competition; Licence Number CC2024/1218

Entry Fee £10 per athlete

First race at 10:30

Entries close at Midnight on Sunday 29th December 2024

All entrants must have a current and valid EA registration number

RACE INFORMATION

TIMETABLE

NOTE: some small changes from previous years.

In the one lap races for U13 and U15, Boys and Girls will be on the course at the same time, with Girls starting 5 mins behind Boys.

The Senior Women's Race will be Race 7 just before Senior Men.

RACE	TIME	EVENT	DIST. (approx.)	COURSE	TEAM	AGE-
1	10:30	BOYS UNDER 13	3km	1 Short Lap	4 to score	Must have been 11 or 12 on 31 st August of the previous year.
2	10:35	GIRLS UNDER13	3km		4 to score	
3	11:00	MEN U17	6km	2 Short Laps	3 to score	U17 must have been 15 or 16, U20 must have been 17,18 or19, on 31 st August of the previous year.
		& MEN U20			3 to score	
4	11:30	WOMEN U17	6km	2 Short Laps	3 to score	
		& WOMEN U20			3 to score	
5	12:00	BOYS UNDER 15	4km	1 Long Lap	4 to score	Must have been 13 or 14 on 31 st August of the previous year.
6	12:05	GIRLS UNDER 15	4km		4 to score	
7	12:30	SENIOR WOMEN	8km	2 Long Laps	4 to score	At least 20 on 31 st August of the previous year.
8	13:30	SENIOR MEN	12km	3 Long Laps	6 to score	

FACILITIES	<p>There is very limited changing accommodation at the course.</p> <p>There are Public Toilets in the Café block and we will have additional portaloos located by the bowling greens.</p> <p>Please put club banners and tents in the south west corner of the park, bordered by the bowling green and tennis courts.</p> <p>Members of Croydon Harriers will have their usual stall serving drinks and snacks</p>
TRAVEL	<p>Please arrive by tram, if possible.</p> <p>Lloyd Park Tramlink is within a 1-minute walk of the start/finish area.</p>
PARKING	<p>Car parking is very limited.</p> <p>If you are coming by car, please car share and DO NOT attempt to park in the car park in Coombe Road by the tram stop, which will be full.</p> <p>In any case this has a strict 3 hour limit.</p> <p>You may park in nearby roads (in marked bays only).</p> <p>There are other car parking spaces further along Coombe Road / Coombe Lane.</p> <p>Try the car park on the corner of Oaks Road and Coombe Road or in Sunken Road by the Coombe Lane Tram Stop.</p> <p>This may mean a 15 minute walk or in some cases taking a tram one stop to Lloyd Park.</p>
TEAMS	<p>You do not have to enter teams and there is no additional fee for a team.</p> <p>There is no limit to the number of athletes that you can enter from any club.</p>
ENTRY	<p>Entry will close at Midnight on Sunday 29th December 2024</p> <p>NO LATE ENTRIES CAN BE ACCEPTED & SORRY NO REFUNDS</p> <p>The OpenTrack system validates the athlete's eligibility status, and all entries must be taken through OpenTrack so no transfers can be accepted.</p>
SURREY ELIGIBILITY	<p>All athletes taking part must have either been born in "Surrey" or have a residential claim.</p> <p>Note that "SURREY" includes most southwest London Boroughs.</p> <p>Full Surrey qualification rules can be found at HERE.</p>
VESTS	<p>CLUB VESTS MUST BE WORN</p>
RACE NUMBERS	<p>Team managers please collect numbers from the registration tent.</p>
CHIP TIMING	<p>As usual we will use chips stuck to the back of your race number.</p> <p>Chips do not have to be returned.</p> <p>You must wear the bib number as supplied, it must not be cut or folded.</p> <p>Every athlete MUST WEAR THE NUMBER & CHIP ASSIGNED TO THEM (your name will be on the label on the back) OR RESULTS WILL BE INVALIDATED.</p>
U20 NUMBERS	<p>U20s run alongside U17 athletes.</p> <p>All U20 athletes will also be given TWO cards labelled "20".</p> <p>One must be worn on the back of your vest for the benefit of other athletes, and the other must be worn on the front of your vest above the bib number for the benefit of County selectors, who will be at the finish line.</p>

<p>TEAM COMPETITION RULES</p>	<p>Team medals are only given to Clubs affiliated to SCAA</p> <p>To be eligible for Team Competition individual athletes must run for their first claim, Surrey affiliated, club.</p> <p>(An athlete whose first claim club is NOT affiliated to the County CAN enter in the name of a club affiliated to the County if they are registered second claim.</p> <p>An athlete who has first and second claim status with two SCAA affiliated clubs CANNOT run for the second claim club in any circumstances.)</p> <p>We will score the first 3, 4 or 6 runners (according to the schedule above) from every club as the Team. Scores are calculated on aggregated finishing positions; lowest will win. In the event of a tie the team that is first to close in their final scoring runner will be placed ahead.</p>
<p>MEDALS</p>	<p>The SCAA presidents will present medals as soon as possible after every race. There will be a presentation area close to the finish line.</p>
<p>QUERIES</p>	<p>Please email entries@surreyathletics.uk</p>
<p>RACE OFFICIALS AND MARSHALS</p>	<p>We have a good number of experienced, UKA licensed, County officials to manage the key tasks.</p> <p>However, we must also cover about 18 course marshalling duties for over 5 hours.</p> <p>We need as many volunteers as possible so that we can manage a rotation throughout the day.</p> <p><i>If you have club members or friends who are able to spare some time during the day can you please contact the County officials secretary for endurance events, via enduranceofficials@surreyathletics.uk</i></p>