

Surrey County AA Cross Country Championships

President: Jeff Manson

09 January 2022 , Denbies Vineyard, Dorking, Surrey RH5 6AA

Held Under UKA Rules of Competition

Permit Number CC2021/0075

Entry Fee £7.50 per athlete

First Race 10.15 am

Club Vests Must be Worn

Entries close at midnight on Friday 31st December 2021.

No late entries accepted

Enquires email 2022xc@scaaentries.org.uk

NOTE THE REVISED START TIMES

Time	Event	Distance	Scoring Age-Group	Cut-Off Times
10.15	BOYS UNDER-13	2.75 Km	Individuals 11y on race day or 11 or 12 on 31 Aug of year before. Teams 4 to score	20 mins
10.35	GIRLS UNDER-13	2.75 Km	Individuals 11y on race day or 11 or 12 on 31 Aug of year before. Teams 4 to score	20 mins
10.55	BOYS UNDER-15	4.2 Km	For individuals aged 13 or 14 on 31 August of year before. Teams 4 to score.	25 mins
11.20	GIRLS UNDER-15	4.2 Km	For individuals aged 13 or 14 on 31 August of year before. Teams 4 to score.	25 mins
11.45	SENIOR WOMEN	8.4 Km	For individuals aged at least 19 on 31 Aug of year before. Teams of 4 to score.	70 mins
12.55	MEN UNDER-17	6.1 Km	For individuals aged 15 or 16 on 31 Aug of year before. Teams of 4 to score.	30 mins
12.55	MEN UNDER-20 *	6.1 Km	For individuals aged 17, 18 or 19 on 31 Aug of year before. Teams of 3 to score.	30 mins
13.25	WOMEN UNDER-17	5.4 Km	For individuals aged 15 or 16 on 31 August of year before. Teams combined U17/U20 - 3 to score.	35 mins
13.25	WOMEN UNDER-20 *	5.4 Km	For individuals aged 17, 18 or 19 on 31 Aug of year before. Teams as above.	35 mins
14.00	SENIOR MEN	12.2 Km	For individuals aged at least 19 on 31 Aug of year before. Teams of 6 to score.	90 mins

Note * U20 Men and Women: Under World Athletics rules you are eligible for Senior selection (not U20) if you will reach the age of 20 by 31 December of the competition year.. *You must run in the Senior race if you wish to be considered for Inter-County or International selection.* You should enter the U20 race and email 2022xc@scaaentries.org.uk to request the change to a Senior entry.

RACE INFORMATION

The courses follow paths and tracks within the vineyard. They will be clearly marked and marshalled. Course maps are available in a separate document.

In 2020 we found a much better start and finish area in the 'Bacchus Field' just to the right of the winery. The one small drawback is the pinch point between the Bacchus field and the main loops of the course. We cannot start the next race if runners are still on this part of the course from the previous race. With a couple of close calls this worked well in 2022. We have adjusted the times of two races to give a bigger margin where it was tight. But we will again have to enforce a "Cut Off" time for every race.

In practice you must pass marshal point 12 on the course map, about 400 metres before the finish, before the next race is due to start. Any athlete who does not arrive at point 12 by the Cut Off time will be held until the next race has passed when they will be allowed to proceed to the finish. Their time will not be adjusted. If a runner is significantly outside the 'Cut Off' time the referee may, in the interests of processing the race results and presenting medals, elect to close the finish and not include his/her time or finish position in the results.

The Venue: Boxhill and Denbies Vineyard are iconic Surrey landmarks and we are fortunate to have use of this venue for our event. **Please remember that we are all guests of Denbies and respect the venue. DO NOT** use the Denbies toilets / wash basins to clean muddy shoes / kit. If our athletes abuse their facilities, we will be liable for a cleaning charge which will have to be reflected in higher race entry fees in future. **Spectators** must keep to the defined paths. Do not walk between the vines except where there is a path.

Toilets Portable toilets will be situated near the Start / Finish area and there are toilets and refreshments inside the winery. **There are no changing or showering facilities.** Athletes should arrive at the course already changed.

Parking: We are still working to secure car parking. DO NOT park in the main Denbies car park – it is for their winery customers. **This information will be updated once we have made alternative arrangements.**

By train: Dorking station and Boxhill and Westhumble are both a short walk away.

Entries and Eligibility

Every athlete must be registered with England Athletics. You must have been born in Surrey or have a residential claim. For full County qualification rules go to <http://www.surreyathletics.org.uk/qualification>.

If you are running only as an individual, state on the entry form your first claim club which may or may not be affiliated to SCAA.

TEAMS: We award medals for the first 3 teams affiliated to SCAA. You do not have to make a separate team entry. Each runner must name their first claim Surrey club on the entry form. If you are a member of more than one Surrey club you cannot run for your second claim club.

If you are first claim to a club not affiliated to SCAA you can run for your 2nd claim SCAA club. You should enter the name of that club in your entry. But remember you **MUST** be Surrey qualified, and under UKA rules, you can only be eligible for one County in any Competition year.

Race Numbers Team Managers should collect numbers from the registration tent near the start. We will again be using chip timing with chips embedded in the race number.

Medals: Will be awarded soon after the finish of every race close to the finish area. There will be medals for the first 3 individuals and first 3 teams. The size of the scoring team varies by age – see above.

Race Officials and Marshals: We will again use chip timing and we have a good number of experienced, UKA licensed, County officials to manage the key tasks. But we must also cover about 18 course marshalling duties for well over 5 hours. We need as many volunteers as possible so that we can manage a rotation throughout the day. ***If you have club members or friends who are able to spare some time during the day can you please contact David Clarke, the County officials secretary for endurance events, via enduranceofficials@surreyathletics.uk***