SURREY COUNTY ATHLETIC NEWS

(Issue 51 - May 2007)

MIKE VARAH 1944 - 2007



Motspur Park, 21.5.1966. MIKE VARAH (2) leads from JIM JOHNSON (19). photo by Mark Shearman.

Mike Varah who died from pneumonia on April 2, aged 62, was not only a top class middle-distance runner more than four decades ago but also gained a reputation as an outstanding officer in the probation service serving for many years as chief probation officer in Surrey before stepping down early in April 2004.

He took up athletics when at Spencer Park School, Wandsworth, in 1961 when he found "I could run a bit faster than those at school with me and consequently I began training to improve and see exactly how far I could go."

He came under the coaching regime of RFR "Killer" Clarke, a master at Wandsworth School and an outstanding athletics coach with Hercules Athletic Club, particularly with pole vaulters. (At one time his pole vaulting squad under the old tilly lights at Tooting Bec included all of Britain's top pole vaulters).

While a PE student at Loughborough College, Varah was coached by Olympic 400m runner Robbie Brightwell but, after graduating from the college he once again came under Clarke's supervision.

He progressed from a modest 880 yards club runner to a notable international and his best times were 1961: 2:20.0; 1962: 2:08.2; 1963: 1:59.9; 1964: 1:55.5; 1965: 1:51.2; 1966: 1:48.5; 1967: 1:48.2. This was achieved when he finished fourth in the AAA Championships at London's White City and lifted him to ninth place on the then UK all-time list. He was at one time holder of the UK all-comers indoor 880 yards best with 1:51.4.

He also had a best 440 yards time of 49.2 (48.3 relay leg). He also had a best 1500m time of 3:49.1.

He was Surrey 880 yards champion in 1966 (1:49.6). He ran the second leg in 1:48.9 for the British team that broke the world record for 4 x 880y with 7:14.6 at Crystal Palace, London on 22 June 1966 but the record was disallowed because a false time was called out to one of the other team members. The other team members were Graeme Grant (1:49.5), Chris Carter (1:48.0) and John Boulter (1:48.2). Carter, a retired police officer, is current secretary of the South of England Athletic Association.

Varah ran in four internationals for Great Britain in 1966 and 1967 and was fourth in his heat at the 1966 Commonwealth Games in Jamaica.

He won the UAU 800 yards title at Loughborough in 1967 and the following year the South of England 880 yards title at Motspur Park.

He continued to run for the merged Hercules Wimbledon AC until he retired at the end of the 1969 season.

Hercules Wimbledon's former Surrey cross country champion Bob Holt, like Fred Green, Mike Fuller and Mike Kortenray, a contemporary of Varah's, recalled: "I have two distinct memories of Mike. One was at a training evening at Nobby Clarke's Winter Monday night circuit training at Wandsworth School. The session often ended with some sort of speed or hill work out on the roads near the school and on this particular occasion Mike had no training shoes with him, only a pair of spikes. (He had done the circuit training in either bare or stockinged feet). He therefore donned a pair of thick socks over his spikes and ran on thus

attired. I don't think it did his calves much good!

"My other memory was of an episode when he and I (plus my brother Dave) were at a training camp for British "Olympic Possibles" in May 1968 at the high altitude venue at Font Romeu in the French Pyrenees. An impromptu volleyball match took place one afternoon at the indooor arena between a team of British athletes and a French athletes' team. During the match, some of the British "supporters" (primarily the college members amongst us) struck up a rendering of a very rude version of the "Marseillaise" and one of the ring leaders in this jollity was Mike Varah. The French team responded at the end by doing a collective "moonie"."

George Peter Michael Varah, who was born on October 19 1944, coincidentally like Bob Holt he was one of triplets, was the son of Chad Varah, the founder of the Samaritans and cofounder of the Eagle comic, who is still alive aged 95. Chad was an Oxford cross blue.

Mike taught at Rugby School for five years before joining the probation service. He was Chief Probation Officer for Surrey from 1988 to 2004 when he took early retirement apparently disillusioned with the restructuring of the service and its lack of resources. His decision to retire early resulted in a question being asked by South West Surrey MP Virginia Bottomley in the House of Commons who wanted the Home Secretary to look into the reasons for his early departure. She pointed out that under his leadership Surrey ranked third out of the 42 probation services in the UK. A notice in the April edition of the National Probation Service Bulletin described him as "a pioneer of the service."

Varah continued to serve the community by joining Surrey Crimestoppers and was its chairman at the time of his death. He was also Deputy Lieutenant of Surrey and High Sheriff in Nomination.

A memorial service is being held on Tuesday, May 15 at Holy Trinity Church, Guildford, starting at 3pm. His widow Sally has requested no flowers but asks that donations be made to the Michael Varah Memorial Fund c/o Gorringe and Son, 55 Hare Lane, Godalming, Surrey GU7 3EF. Tel: 01483 416403.

Tom Pollak & David Cocksedge

SURREY ATHLETES AT INTERNATIONAL MEETINGS

(February 2006 - April 2006)

European Indoor Championships, Birmingham, 2/4 March 2007 7th SF Women 60m - Joice Maduaka (Woodford Green Essex Ladies) 7.30 q Men High Jump - Samson Oni (Belgrave H) 2.23m

IAAF World Cross Country Championships, Mombasa, Kenya, 24 March 2007 60th Senior Women -Eleanor Baker (South London H) 30:59 82nd Senior Men - Phil Wicks (Belgrave H) 40:25

ANNUAL AWARDS

Surrey County AA held its AGM recently and elected Steve Bosley as its President for the current year.

Awards for the Best Championship Performance for 2006 in each age group were made as follows:

Under 13 Girls: Georgia Peel (Woking AC) - 800m

Under 13 Boys: Khalil Njoya (Herne Hill Harriers) - Shot Put (Indoor)

Under 15 Girls: Jade Ive (Sutton & District AC) - Pole Vault

Under 15 Boys: Michael Wheeler (Herne Hill Harriers) - Shot Put (Indoor)

Under 17 Women: Jo Rowland (Crawley AC) - Heptathlon

Under 17 Men: Trevor Okoroafor (Croydon Harriers) - Triple Jump Under 20 Women: Shani Rainford (Herne Hill Harriers) - High Jump Under 20 Men: Harry Aikines-Aryeetey (Sutton & District AC) - 100M

Senior Women: Eleanor Gatrell (Woking AC) - Shot Putt Senior Men: Josh Wood (Harrow AC) - 60M (Indoor)

The Awards for the best performances by Under 15 athletes at the Indoor Championships 2007 were awarded to:

Girls: Amelia Richards (Hercules Wimbledon AC) - 60m Boys: Khalil Njoya (Herne Hill Harriers) - Shot Put

The awards for the Highest Points in Sportshall competitions 2006-2007 went to:

U13 Girls: Shola Shokoya (Herne Hill Harriers)

U15 Girls: Molly Renfer (Kingston AC & Polytechnic Harriers)

U13 Boys: Khalil Njoya & Taj Johnson (both from Herne Hill Harriers)

U15 Boys: Tom Kennedy (South London Harriers)

The Muriel Gunn Trophy for the best international performance by a Surrey U23 female athlete was awarded to Emily Adams (Aldershot, Farnham & District AC) for her 29th place in the European U23 Cross Country.

The Officials Trophy was awarded to Michael Cowlard.

SCAN

If you do not normally receive SCAN but would like to, it can be downloaded from the County web site: www.surreyathletics.org.uk/scan. If you would like an E-mail informing you that a new edition has been published then please contact the editor (see below).

If you have any views that you wish to express that would be of interest to SCAN readers then the editor will publish suitable material.

COACHING COURSES - LONDON & SOUTH EAST

Day 1	Day 2	Course	Code	Venue
Sat 19 May 07	Sun 20 May 07	Level 2	L2C027	Norman Park
Sat 26 May 07	Sun 27 May 07	Level 2		Battersea Park

FOR FURTHER INFORMATION & AN APPLICATION FORM CONTACT

LONDON SOUTH EAST
Bob Miller Andy Neal

4th Floor, Marathon House 43 Lambs Farm Road

115 Sourhwark Street HORSHAM

LONDON SE1 0JF West Sussex RH12 4DB
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SURREY COUNTY ON THE INTERNET

The County web-site www.surreyathletics.org.uk has been available since 2001. It contains information which I hope is of interest to followers of athletics in Surrey. In the early days we were averaging around 6000 pages viewed per month. Currently that figure is around 30,000 viewed in 10,000 visits per month. As you might expect there are peaks shortly after our main championships as visitors look for results.

The site contains both static and dynamic pages. Static pages are those where the information is typed into the page and when you download it your browser displays what has been entered. Dynamic pages are different in that when you request to view them they are built from information stored in the databases that support the web-site at the time you make the request.

Currently all the databases contain information about performances by Surrey athletes. This includes results from the County Track & Field Championships 1991-2006 (28,690 records); Track & Field Rankings for 2001-2006 (11,674 records); performances at all the International Track & Field Championships (eg Olympics, World, European & Commonwealth) plus recent International Cross Country Championships (1132 records) and Inter-County Track & Field performances (currently being developed - 983 records). As the information held is about performances by athletes each record has a key which uniquely identifies the relevant athlete. In order to create a unique identity the key is built from the athlete's full name and their date of birth. At present there are 2338 athletes who have been identified in this way. This means that it has been possible to provide a facility for viewing the information stored for a particular athlete which is called the "Athlete Profile".

To view the profile of a particular athlete select "Athlete Profiles" from the Home Page. Click on "Search for an Athlete". This will show all those athletes whose family name starts with the letter A (For names beginning with other letters then click on the letter). If the athlete you are seeking is shown then click on the name and this will display their profile.

Keith Rurchell

COUNTY CHAMPIONSHIPS

Indoor Track & Field, Sutton Arena, 3/4 March 2007

·		ŕ			
UNDER 13 GIRLS			High Jump	(8)	4.50
60M			1 Emily Browne	(Sutt)	1.60
1 Ashling Edward	(E&E)	8.89	2 Harriet Speed	(G&G)	1.50
2 Whitney Campbell	(Croy)	8.95	Pole Vault		
3 Teleisa Francis	(Croy)	9.05	1 Jade Ive	(Sutt)	3.60CBP
Long Jump			2 Lauren Horner	(K&P)	2.50
1 Claudia Noakes	(K&P)	3.79	Long Jump		
2 Dannielle Watkinson	(Craw)	3.56	1 Isabelle Stanway	(G&G)	4.94
UNDER 15 GIRLS			2 Sophie Wilmot	(HHH)	4.87
60M			3 Harriet Lester	(K&P)	4.82
1 Amelia Richards	(HW)	8.12	Triple Jump		
2 Amy Allcock	(AFD)	8.31	1 Amelia Richards	(HW)	10.40
3 Jessie Knight	(E&E)	8.39	2 Helen Stewart	(Sutt)	10.39
60M Hurdles	(ECL)	0.37	3 Roseanne Mackay	(K&P)	10.22
1 Jess McCabe	(G&G)	10.00	UNDER 20 WOMEN		
2 Jessie Knight	(E&E)	10.21	60M		
3 Sarah Abrams	(AFD)	10.44	1 Denise Osei	(HHH)	7.79
High Jump	, ,		2 Emily Martin	(HW)	7.85
1 Eleanor Ball	(G&G)	1.45	3 Odette Campbell	(Croy)	8.11
2 Rebecca Davies	(SMR)	1.40	60M Hurdles	(),	
3 Sarah Whiteman	(G&G)	1.30	1 Katie Miller	(E&E)	9.52
Pole Vault	()		2 Vanessa Ward	(G&G)	9.61
1 Rosa Williams	(HHH)	2.50	3 Natasha Risman	(G&G)	9.94
2 Claudia Noakes	(K&P)	2.30	High Jump	()	
Long Jump	()		1 Charis O'Connor	(G&G)	1.70
1 Amelia Richards	(HW)	5.05	2 Jo Rowland	(Craw)	1.55
2 Sarah Abrams	(AFD)	4.90	3 Odette Campbell	(Croy)	1.50
3 Jessica Collins	(G&G)	4.32	Pole Vault	())	
Shot	(0000)		1 Jennifer Honeyball	(HHH)	2.60
1 Sarah Bridgman	(DMV)	8.34	2 Jo Rowland	(Craw)	2.40
2 Georgina West	(SLH)	8.28	Long Jump	()	
3 Carla Letheby	(Walt)	8.17	1 Jane Ejimafrugha	(HHH)	5.38
-	(,, are)	0.17	2 Emily Martin	(HW)	5.36
UNDER 17 WOMEN			3 Natasha Risman	(G&G)	5.15
60M			Triple Jump	(343)	3.13
1 Twinelle Hopeson	(Croy)	7.69	1 Jane Ejimafrugha	(HHH)	12.01CBP
2 Jade Phillips	(HHH)	7.74	2 Emily Martin	(HW)	11.21
3 Kimberlie Le Geyt	(Sutt)	8.02	Shot	(11 //)	
60M Hurdles			1 Briony Phillips	(HHH)	11.43
1 Harriet Lester	(K&P)	9.17	2 Jo Rowland	(Craw)	9.58
2 Sophie Wilmot	(HHH)	9.58	2 00 ROWIGHG	(Claw)	7.50
3 Lucy Jones	(K&P)	9.65			

COUNTY CHAMPIONSHIPS

Indoor Track & Field	(continue	d)			
SENIOR WOMEN			2 Babatunde Ogunsina	(Sutt)	11.27
60M			High Jump		
1 Azaria Francis	(WGEL)	7.72	1 Jordan Staples	(Croy)	1.60
2 Michelle Watson	(HHH)	7.80	2 Sean Lee-Rice	(SMR)	1.55
3 Helen Channon	(Walt)	7.90	3 Blade Ashby	(HHH)	1.50
60M Hurdles			Long Jump		
1 Channelle Garnett	(HHH)	8.65CBP	1 Julien Allwood	(HHH)	5.73
High Jump			2 Rorie Robinson	(HHH)	5.49
1 Ayamba Akin	(HHH)	1.60	3 Blade Ashby	(HHH)	5.29
Pole Vault			Shot		
1 Tracey Grant	(Belg)	3.90CBP	1 Khalil Njoya	(HHH)	12.84
2 Louisa Clark	(Sutt)	3.20	UNDER 17 MEN		
3 Natasha Hart	(Wok)	2.60	60M		
Long Jump			1 Jordan Huggins	(G&G)	6.90=CBP
1 Azaria Francis	(WGEL)		2 Omar Dixon	(Croy)	7.02
2 Helen Channon	(Walt)	5.42	3 Tom Kennedy	(Sutt)	7.24
3 Katryna Euridge	(Sutt)	5.31	60M Hurdles	(Suit)	7.21
Triple Jump			1 Tom Parry	(K&P)	9.17
1 Jo Regan	(Walt)	10.07	2 Jake Rose	(C'ley)	9.80
2 Olamide Williams	(SLH)	10.05	3 Gordon Lester	(K&P)	10.07
Shot			High Jump	(11661)	10.07
1 Eleanor Gatrell	(Wok)	14.89	1 Ned Quiney	(Croy)	1.70
UNDER 13 BOYS			2 Tom Kennedy	(Sutt)	1.65
60M			3 Kola Adedoyin	(Sutt)	1.60
1 Ethan Shakespeare-			Pole Vault	, ,	
Roberts	(Croy)	8.25	1 Gordon Lester	(K&P)	3.80
2 Linus Field	(SMR)	8.69	Long Jump		
3 Oliver Newport	(Craw)	8.70	1 Omar Dixon	(Croy)	6.30
Long Jump			2 Kola Adedoyin	(Sutt)	6.24
1 Linus Field	(SMR)	4.60	3 Derek Yeboah	(Croy)	5.82
2 Oliver Newport	(Craw)	4.59	Triple Jump		
UNDER 15 BOYS			1 Kola Adedoyin	(Sutt)	13.64CBP
60M			2 Babatunde Omosu	(Croy)	13.52
1 Jordan Staples	(Croy)	7.56	3 Patrick Hillyer	(K&P)	11.96
2 Rorie Robinson	(HHH)	7.62	Shot		
3 Kristian Wright	(Croy)	7.02	1 Michael Wheeler	(HHH)	17.73
60M Hurdles	(Cluy)	1.11	2 Erasmus Ntim-Dwem	oh (Croy)	14.74
1 Blade Ashby	(HHH)	10.11			
1 Diage Asiloy	(111111)	10.11			

COUNTY CHAMPIONSHIPS

Indoor Track & Field	(continue	d)			
UNDER 20 MEN			Shot		
60M			1 Marcus Williams	(HHH)	15.12
1 Idowu Akindele	(Sutt)	7.06	2 Thomas Ashby	(HHH)	11.48
2 Neil Francis	(B&B)	7.12	SENIOR MEN		
3 Dele Onitade	(HHH)	7.22	60M		
60M Hurdles			1 Joe Felix	(111111)	6.89
1 Jamel Beckford	(Croy)	8.40	2 Joshua Wood	(HHH)	
2 Matthew Field	(K&P)	8.46		(Harrow	
3 Jamie East	(C'ley)	8.68	3 Dominique Richards	(Harrow) 0.90
High Jump			High Jump 1 David Cole	(WCEII)	1.00
1 Tsidi Dagadu	(Croy)	1.90	Pole Vault	(WSEH)) 1.90
2 Graham Cole	(WSEH)	1.65	1 Joe Ive	(Pala)	5.20CBP
3 Hansley Jones	(HHH)	1.60		(Belg)	2.80
Pole Vault			2 Jasyn Savage Long Jump	(Serp)	2.80
1 Sam Colgate	(Wok)	4.50	1 Leon Smith	(HHH)	6.47
2 Ryszard Buk	(Croy)	4.40	2 David Cole	` /	
Long Jump				(WSEH)	5.61
1 Paul Oluyemi	(HHH)	6.69	3 Joseph Ibe Shot	(HHH)	3.01
2 Jamie East	(C'ley)	6.25		(V % D)	14.59
3 Christopher Hall	(K&P)	6.14	1 Kyle Stevens 2 Marcus Williams	(K&P)	13.56
Triple Jump			2 Maicus Williams	(HHH)	13.30
1 Christopher Hall	(K&P)	12.43			
2 Ka Chuen To	(HW)	11.36			

INTER-COUNTY EVENTS

CAU Inter-County Cross Country, Nottingham, 24 February 2007

EMELIA GORECKA FIRST & RUTH HAYNES SECOND IN U13 EVENT UNDER 13 GIRLS & UNDER 15 GIRLS WIN CAU TEAM RACES

SENIOR WOMEN - Team: 4th. Individuals: 16th Emily Adams (AFD), 23rd Naomi Warner (THH), 28th Jo Ronaldson (Rane), 42nd Emily Nelson (E&E), 63rd Sarah Murphy (Belg), 103rd Anna McLaughlin (Rane), 108th Ceri Diss (HHH), 144th Rachel Disley (THH). 269 finishers.

U20 WOMEN - Team: 4th. Individuals: 11th Georgie Bruinvels (DMV), 14th Hannah Brooks (Craw), 45th Monique Davis (HHH), 64th Jessica Cawley (AFD), 78th Sinead Long (Sutt), 102nd Rosie Musgrave (HHH). 130 finishers.

U17 WOMEN - Team: 26th. Individuals: 88th Fiodhna Raleigh (Wok), 110th Sophie Cowper (RSyB), 125th Becky Gardner (DMV), 165th Jennifer Fernando (HW), 173rd Hannah Thompson (AFD), 187th Rosemary Fernando (HW), 221st Helena Corbin (Wok). 258 finishers.

INTER-COUNTY EVENTS

CAU Inter-County Cross Country, Nottingham, 24 February 2007 (continued)

U15 GIRLS - Team: 1st. Individuals: 16th Catherine Hall (G&G), 17th Catherine Taylor (AFD), 22nd Isabel Brinsden (E&E), 27th Loulou Rowlands (SLH), 37th Grace Shepherd (E&E), 43rd Emily Eastland (HBS), 80th Bethan Hubbard (AFD), 83rd Adele Tracey (G&G). 283 finishers

U13 GIRLS - Team: 1st. Individuals: 1st Emelia Gorecka (AFD), 2nd Ruth Haynes (AFD), 9th Kate Snowden (HHH), 22nd Mae Partridge (AFD), 30th Georgia Peel (Wok), 42nd Helen Wilson (SLH), 106th Ciara Denny (DMV), 190th Cora Harrison (DMV). 286 finishers

SENIOR MEN - Following the County Championship, four of the first six runners, entitled to be selected, by right, to represent the County accepted the invitation to do so. Four others out of the first ten indicated their wish to run. These eight, together with seven others, who had all run in the County race, down to twenty-fifth position (!) were entered. Optimism, with the consolidation of the front runners, was good for a reasonable performance.

Prior to the event, the back markers had shown excellent improvement, but sadly four of front runners had withdrawn! Phil Wicks had, to his credit, given an assurance of his intention to run in spite of having been selected for the World Cross.

The day was fine, but muddy underfoot - an unremittingly tough course. In the event the team finished a close contest in twelfth position with 574 points. Middlesex - our fiercest rivals - were eighth with 526 points. Though disappointing, it was not for the lack of determination for which the team are to be commended. *Mick Firth*

Team: 12th. Individuals: 8th Phil Wicks (Belg), 96th Ben Paviour (HHH), 101st Malachi Byansi (Belg), 115th Will Clark (E&E), 123rd Tom Jenkins (SLH), 131st Nick Hodges (DMV), 133rd Andy Weir (THH), 144th Jon Thorpe (B&B), 170th Richard Xerri (HW). 282 finishers.

U20 MEN - Following the County Championship, only nine runners made themselves available for the Inter Counties - some were too old for this competition! On the day only six runners were available. Our third scorer, on paper, was one of those not able to run. The day was fine, but very wet and muddy underfoot. The team with evident commitment finished in a commendable tenth position. They were lead home by Sam Perkins running an excellent race finishing in tenth position, only 53 secs behind the winner. *Mick Firth* Team: 10th. Individuals: 10th Sam Perkins (Rane), 41st Johnny van Deventer (AFD), 55th John Redshaw (Walt), 107th Harry Martin (Sutt R), 130th Michael McManus (J Fisher Sch), 144th Andy Statham (Oxted Sch). 172 finishers.

U17 MEN - Team: 13th. Individuals: 58th Mickey Reed (AFD), 64th Joe Morwood (AFD), 72nd Josh Gorecki (AFD), 75th Luke Caldwell (DMV), 86th James Wheldon (HHH), 113th Ben Snowball (AFD), 156th Daniel Sellman (SLH), 227th Alex Ward (DMV). 263 finishers

INTER-COUNTY EVENTS

CAU Inter-County Cross Country, Nottingham, 24 February 2007 (continued)

U15 BOYS - Team: 10th. Individuals: 11th Jonny Hay (AFD), 29th Oli Aitchison (AFD), 77th Elliot Woolmer (AFD), 85th Dominic Stieirt (Oxted Sch), 105th Richard Calder (Wok), 108th Nathan Ditton (AFD). 288 finishers

U13 BOYS - Team: 3rd. Individuals: 7th Matthew Wyatt (E&E), 12th Stephen Knuckey (AFD), 42nd Gari Brown (AFD), 60th James Tidd (AFD), 67th Johnny Dry (AFD), 77th Ed Saywell (HW). 285 finishers.

SPORTSHALL

U13	Boys Teams		U1:	3 Girls Teams	
1	Herne Hill H	287	1	Walton AC	602.5
2	Guildford & G AC	218	2	Guildford & G AC	564.5
3	Hercules Wimbledon	217.5	3	Herne Hill H	561
4	Camberley & District	198	4	Camberley & District	523.5
5	South London H	181	5	South London H	486
6	Kingston AC & Poly H	180	6	Wandsworth Borough	459.5
7	Wandsworth Borough	160.5	7	Walton AC 'B'	416
8	Walton AC	97.5	8	Guildford & G 'B'	392
9	Epsom & Ewell H	72.5	9	Kingston AC & Poly H	359
			10	Hercules Wimbledon	314
			11	Sutton & District AC	311.5
			12	Guildford & G 'C'	244.5
			13	Herne Hill H 'B'	241.5
			14	South London 'B'	235
			15	Epsom & Ewell H	229
			16	Epsom & Ewell 'B'	216.5
			17	South London 'C'	122
			18	Sutton & D 'B'	65
U15	5 Boys Teams		U1 :	5 Girls Teams	
1	Kingston AC & Poly H	356	1	South London H	345.5
2	Walton AC	290	2	Herne Hill H	330.5
3	Herne Hill H	288	3	Guildford & G AC	318.5
4	South London H	271	4	Guildford & G 'B'	291
5	Kingston AC & Poly H	252	5	Camberley & District	257
6	Hercules Wimbledon	221.5	6	Kingston AC & Poly H	150.5
7	Herne Hill H 'B'	141	7	Walton AC	131.5
8	Guildford & G AC	119.5	8	Hercules Wimbledon	114.5
9	Epsom & Ewell H	115	9	Epsom & Ewell H	108.5

SPORTSHALL

Spectrum Leisure Centre, Guildford on Sunday 4 February 2007 (continued).

Best Individual points scorers:

U13 Boys		U13 Girls	
Taj Johnson (HHH)	36	Shola Shakoya (HHH)	71
Khalil Njoya (HHH)	35	Tahara Grant (Wands)	68
Edward Saywell (HW)	35	Laura Highton (Walt)	68
Blade Ashby (HHH)	35	Abbi Wroth (Walt)	66
Nathaniel Isidore (Wands)	35	Soracha Healey (K&P)	64.5
U15 Boys		U15 Girls	
Peter Wau (Walt)	79	Molly Renfer (K&P)	75.5
Louis Johnson (Walt)	79	Katie Wren (G&G)	75
Tom Kennedy (SLH)	77	Takara Wilson (HHH)	74.5
Patrick Hillier (K&P)	75.5	Sophie Small (SLH)	73
Jake Budd (K&P)	71	Areeka Skeete (HHH)	69.5

London & South East Regional Finals, Spectrum, Guildford, 18 February 2007

Un	ider 13 Girls		Uı	ider 13 Boys	
1	Surrey	731	1	Surrey	662
2	Kent	654	2	Middlesex	654
3	Middlesex	568	3	Sussex	634
4	Sussex	567	4	Kent	536
			TT-	. J 15 D	
Un	ider 15 Girls		UI	ider 15 Boys	
Un 1	Surrey	636	1	Middlesex	667
Un 1 2		636 616	1 2	·	667 656
1	Surrey		1	Middlesex	

National Finals, National Indoor Arena, Birmingham, 22 April 2007

Un	der 13 Girls		Ur	nder 13 Boys		Un	der 15 Girls	
1	Birmingham	1319	1	Birmingham	1378	1	Birmingham	1279
2	Devon	1171	2	SURREY	1157	2	Essex	1139
3	SURREY	1119	3	Avon	1151	3	Hampshire	1045
						9	SURREY	907

COUNTY DIARY 2007 - 2008

2007

6 May	Sutton Runners10k (RL)	Sutton
12/13 May	SCAA Track & Field Championships	Kingsmeadow
13 May	SCAA Half Marathon Championship	Richmond
26 May	SCAA Veterans T & F Championships	Kingsmeadow
26/27 May	SEAA U15/U17 Championships	Ashford, Kent
27/28 May	CAU Inter-Counties	Bedford
3 June	SCAA 10 Miles Championship (RL)	Dorking
9 June	Surrey Schools Track & Field Champs	Kingsmeadow
9 June	London Schools Track & Field Champs	Battersea Park
9/10 June	EA U20/Senior Combined Events	Stoke
16/17 June	SEAA U20/Senior T & F Champs	Crystal Palace
23 June	Surrey Youth Games Athletics	Spectrum, Guildford
23/24 June	EA U23/U20 T&F Championships	Bedford
24 June	SCAA 10km Road Championship (RL)	Petersham
6/7 July	English Schools Track & Field Champs	Sheffield
15 July	Elmbridge 10K (RL)	Elmbridge
27-29 July	UK World Trials & Championships	Manchester
29 July	U13 Inter-Counties T&F	Kingsmeadow
4/5 August	SEAA Combined Events Championships	Bedford
5 August	U17 Inter-Counties Track & Field	Barnet Copthall
11/12 August	EA U15/U17 Track & Field Champs	Sheffield
12 August	Senior 8 Counties Track & Field	Portsmouth
12 August	SCAA 5k Road Championship (RL)	Wimbledon
18/19 August	EA U15/U17 Combined Events Champs	Stoke
25 August	SCAA 10,000M Track Championship	Tooting Bec
26 August	SEAA U15/U20 Inter Counties T&F	Barnet Copthall
8/9 September	SCAA Combined Events & S'chases	Broadbridge Heath
6 October	SCAA YA Cross Country Relays	Stoke Park, Guildford
28 October	U13/U15 Sportshall	Spectrum, Guildford
2 December	U13/U15 Sportshall	Spectrum, Guildford

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5 January	SCAA Cross Country Championships	Lloyd Park, Croydon
13 January	U13/U15 Sportshall	Spectrum, Guildford

RL = Surrey Road League

Updates to the Diary are published on the county web site and can be found at: www.surreyathletics.org.uk/diary

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