SURREY COUNTY ATHLETIC NEWS

(Issue 48 - August 2006)

BRUCE JUDD

A service of thanksgiving for Bruce Judd was held at St Nicolas Parish Church, Cranleigh on 5 June 2006. It was attended by family and friends including colleagues on the Surrey County Committee and contemporaries of Bruce from Walton AC. An address was given by Derek Crookes and the following is based upon that and the remarks made by the Rector, the Rev'd Canon Nigel Nicholson.

Those of us in the Athletics community knew of his activities in and around the sport but we learnt how he and Eileen had been very involved in the local community. Bruce was a member of the local Robbie Burns Society and became very involved with the schemes to help orphans in Romania.

Bruce's active athletic career was with Walton AC where he achieved a high standard in Road, Cross Country and Track over the middle and long distances. The main focus for the club over the winter months were the Southern Area 12-stage relay, the London to Brighton in October and the National event (also London to Brighton) in March. Bruce was, at various times, Captain and Team Manager of the Walton teams which held their own with the best in these events. This obviously meant a lot of administration by Bruce as well as competing. Bruce ran well on the track in races with the likes of Gordon Pirie, Peter Driver and Chris Chattaway.

At the time when Bruce was running his training and competition had to be fitted around a working week where Saturday working, at least half a day, but some times a full day, was the norm. He was an engineer with Cooper (the world-famous motor racing marque) in Surbiton. The story was told where Bruce received an invitation for a race at Chiswick on a Saturday - a day that he was working all day. He worked out that he could travel from work to Chiswick, race, and then get back to work without his absence causing much attention. Unfortunately, he had not reckoned on the race being televised and he was spotted by one of his managers! Luckily Bruce did not loose his job and, no doubt made up the time and probably gained in the esteem of his colleagues. One of his roles at Cooper was a significant involvement in the initial Mini Cooper project.

In his active days and later, a characteristic of Bruce was his modesty with regard to his achievements. Clearly he was a very loyal team man. Following this he went into officiating and administration. In addition to roles he held at Walton AC, including running their successful road relays for many years, he became a committee member of the South of the Thames CC Association and was their president in 1994/1995. He also joined the Surrey County AA Committee and was our President in 1995/1996.

Bruce Judd (continued)

The vast amount of hard work done can be seen from the number of County sub-committees he was involved with:-

(a) **Road** - this included visiting road races in the County to check on such things as Course Marshalling, First Aid, Refreshments and checking for points of danger.

(b) Championships - as meeting secretary for the Young Athletes CC Relays, the Veterans Championships and the main CC Championships he was a key member.

(c) **Coaching & Development** - where he liaised with Regional and County Development Officers to provide opportunities for promising young athletes to further their goals.

One proviso for all his hard work was that there had to be at least 3 free weekends for him to go to Scotland (his roots were Scottish) to visit family and to see his favourite football team - Falkirk.

His officiating duties included being a Track Judge and a Recorder. Several people have described Bruce as unflappable. One example of this occurred at a Surrey Youth Games where he was the Chief Judge with only one assistant. A 100 Metres race had five competitors all wearing number 4! Calmly, a result was obtained by quickly writing down such features as: Blue Shorts, Long hair, Glasses etc on the result card.

In spite of the difficulties inherent with the roles he has undertaken Bruce was never derogatory about anyone. He was a high-class athlete, official and administrator. Bruce was characterised as quiet and unassuming - a person who got on with things, often in the background, not seeking any personal glory - a real gentleman. He will be greatly missed.

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VACANCIES

Following the death of Bruce Judd we are seeking volunteers for the positions he held. In particular we urgently need to fill the following 2 posts for our Cross Country Championships:-

(1) Young Athletes Cross Country Relays to be held on 1st October 2006 at Stoke Park, Guildford. We need someone to take on the role of meeting organiser and to take the entries. Marking the course is undertaken by Guildford & Godalming AC. Organising officials and results stewards is undertaken by Patricia & Michael Cole, the County Officials Secretary.

(2) **Main Cross Country Championships** to be held on 6th January 2007 at Lloyd Park, Croydon. We need someone to take on the role of meeting manager. Organising the officials is undertaken by the County Officials Secretary. We have volunteers in place to take the entries and to produce the results.

If you are able to help or require further information then please contact Don Turner by e-mail or telephone 020 8393 8950.

DEREJE KEBEDE 1981-2006

It is with deep regret that Hercules Wimbledon Athletic Club report the death of Dereje Kebede who was a member of the winning Ethiopian team at the IAAF World half-marathon championships in Bristol in October 2001 and ran for Surrey in the UK Inter-Counties cross country championships in 2003.

His performance in Bristol where he finished 62nd in a personal best of 64:30, an improvement of almost two minutes on his previous best half-marathon time, was probably the highlight of his short and traumatic life.

Kebede's father was murdered when he was just seven and although he was in the Ethiopian police force he was subjected to considerable ill-treatment. Despite knowing that he would be leaving his family behind (his mother and sister still live in Ethiopia), Kebede decided to seek asylum in Britain.

He joined Hercules Wimbledon towards the end of 2002 and regularly raced in road running events across the country setting course records in the Leeds half-marathon and Stratford Shakespeare half marathons in 2005.

He was also a talented cross country runner, finishing runner-up in the Surrey cross country championship at Banstead in January 2003. He was selected to run in the UK Inter-Counties championship that year. He also won the South of the Thames five miles race in Richmond Park race in November 2005. Soon after that he settled in Britain he came under the care of Dr Michael Korzinski, a clinical psychiatrist at the Medical Foundation for the Victims of Torture in London. Dr Korzinski arranged for Kebede to live in various hostels around the capital.

Last year, he arranged for Kebede to spend two months training in Kenya. Unfortunately, he appears to have picked up a bug while in Africa and when he returned to London he fell ill. He was treated at University College, London where experts from the London School of Hygiene and Tropical Medicine were unable to identify what was ailing him but they did discover he was suffering from epilepsy and he was put on medication to treat his condition.

In March this year, he was granted British citizenship and his aim was to run for Britain at the Beijing Olympics. Earlier this year he moved into his own flat in Islington. It was there that he was found dead on June 5. A post mortem failed to identify the cause of death although it is thought it was related to the epileptic seizures he had been experiencing.

Tom Pollak

OFFICIALS COURSES

The new Level 1 – Assistant Officials course is now available and already four courses have been held in the County. The course is designed for those people who help at club meetings with an aim to give them a greater understanding of officiating. All those who have taken the course say they would strongly recommend it.

We would be pleased to hear from any clubs interested in holding a course.

GRADE 4

The Grade 4 Officials Instructional Courses will again be held this Autumn, one in the Camberley area end of September early October and one in the North of the county late October early November. These courses are for the individual disciplines, Starter/Marksman – Timekeeping – Track Judging – Field Judging. Full details will be available soon. These Grade IV courses will be the last ones held; in the Spring Level 2 courses will commence.

Anyone interested in taking one of the courses should contact the Officials Secretary as should any club willing to host these courses.

PRACTICAL TIMEKEEPERS TEST

A practical timekeeper's test is planned to be held at Walton AC on Sunday 22 October 2006 (date subject to confirmation). Anyone interested should contact the Officials Secretary.

Patricia & Michael Cole - Officials Secretary, 01372 458650

LOST & FOUND

A black county fleece was left at Kingsmeadow on the Saturday (13th May) of the County Track & Field Championships, Please contact the Officials Secretary (see above) if it could be your's.

COUNTY RECORDS

In the previous issue of SCAN I asked the question - how many records will be set in 2006? As at the end of July County records have been set on 15 occasions this year in 7 events. (In 2005 the figures for the whole year were 9 and 6 respectively).

The revised records are:

SW	PV	4.35m	Janine Whitlock (Belgrave)	Crystal Palace	28.07.2006
U20W	JT	45.33m	Jade Dodd (HHH)	Bedford	22.07.2006
U20W	Hept	5405	Dominique Blaize (K&P)	Berne, SUI	22/23.07.2006
SM	400M	45.35	Martyn Rooney (Croydon)	Melbourne	21.03.2006
U20M	400M	45.35	Martyn Rooney (Croydon)	Melbourne	21.03.2006
U15B	200M	22.8	Ehi Oboite (Croydon)	Eton	23.07.2006
U15B	SP	18.43m	Michael Wheeler (HHH)	Kingston	02.07.2006

Track & Field, Kingsmeadow, 13/14 May 2006

UNDER 13 GIRLS

100M (-2.0) 1 Christianne Risman (G&G) 13.80, 2 Shola Shokoya (HHH) 14.17, 3 Soracha Healy (K&P) 14.20. 200M 1 Soracha Healy (K&P) 27.91, 2 Charlotte Gibbs (G&G) 28.30, 3 Jessica McCabe (G&G) 29.11. 800M 1 Georgia Peel (Wok) 2:20.69 CBP, 2 Laura Suggitt (AFD) 2:26.20, 3 Ruth Haynes (AFD) 2:26.73. 1500M 1 Georgia Peel (Wok) 4:55.31 CBP, 2 Ruth Haynes (AFD) 5:03.86, 3 Emilia Gorecki (DMV) 5:07.96. 70H 1 Christianne Risman (G&G) 12.09, 2 Abi Neate (G&G) 13.65, 3 Jessica Case (Croy) 13.76. HJ 1 Vicky Maguire (G&G) 1.25, 2 Abi Neate (G&G) 1.15, 3 Zena May Williams (HHH) 1.10. LJ 1 Christianne Risman (G&G) 4.46/+0.4, 2 Charlotte Gibbs (G&G) 4.22/+0.8, 3 Zena May Williams (HHH) 4.16/+1.6. SP 1 Carla Letheby (Walt) 7.64, 2 Emma Parish (HHH) 7.14, 3 Vicky Maguire (G&G) 5.55. DT 1 Carla Letheby (Walt) 22.75 CBP, 2 Emma Parish (HHH) 21.48, 3 Giselle Cooper (G&G) 15.32. JT 1 Carla Letheby (Walt) 24.81, 2 Giselle Cooper (G&G) 17.09.

UNDER 15 GIRLS

100M (+1.5) 1 Twinelle Hopeson (ArchT) 12.52, 2 Amelia Richards (HW) 13.07, 3 Katherine Clay (Slough) 13.48. 200M 1 Twinelle Hopeson (Arch T) 25.73, 2 Amy Allcock (AFD) 28.06, 3 Katie Sheehan (C'ley) 28.21. 800M 1 Frederica Foster (SLH) 2:19.05, 2 Maddie Gunn (AFD) 2:20.04, 3 Adele Tracey (G&G) 2:22.33. 1500M 1 Maddie Gunn (AFD) 5:02.12, 2 Bethan Hubbard (AFD) 5:02.68, 3 Emily Eastland (HBS) 5:03.05. 75H (+0.4) 1 Lucy Jones (K&P) 12.02, 2 Amelia Richards (HW) 12.17, 3 Amelia Chong (G&G) 12.79. HJ 1 Emily Browne (Sutt) 1.50, 2 Phoebe Haynes (K&P) 1.45, 3 Jessica Collins (G&G) 1.35. PV 1 Jade Ive (Sutt) 2.70 CBP, 2 Rosa Williams (HHH) 1.80, 3 Phoebe Haynes (K&P) 1.60. LJ 1 Katie Sheehan (C'ley) 4.79, 2 Amelia Richards (HW) 4.72, 3 Rebecca Underhay (G&G) 4.70. SP 1 Sarah Breen (Sutt) 9.54, 2 Katie Sheehan (C'ley) 7.73, 3 Katie Wren (G&G) 7.59. DT 1 Amelia Maugauber (DMV) 24.65, 2 Sarah Breen (Sutt) 22.87, 3 Aisling Kyte (G&G) 22.31. JT 1 Zoe Edmunds (G&G) 26.88, 2 Holly Stroud (G&G) 23.93, 3 Jenny Grout (HBS) 22.81.

UNDER 17 WOMEN

100M (-1.5) 1 Jo White (SMR) 12.64, 2 Natasha Risman (G&G) 12.85, 3 Magali Franka (HHH) 12.95. **200M** (+1.5) 1 Jo White (SMR) 25.02, 2 Magali Franka (HHH) 25.86, 3 Mary Iheke (K&P) 26.06. **300M** 1 Odette Campbell (Croy) 41.05, 2 Mary Iheke (K&P) 41.42, 3 Lauren Atkins (Sutt) 42.21. **800M** 1 Daisy Collingridge (Croy) 2:18.32, 2 Christine Lowson (G&G) 2:19.37, 3 Jennifer Fernando (HW) 2:20.72. **1500M** 1 Nicola Baddeley (AFD) 5:04.83, 2 Sophie Cowper (R&SB) 5:06.95, 3 Philippa Sweetnam (AFD) 5:14.06. **3000M** 1 Sophie Cowper (R&SB) 10:57.90, 2 Philippa Sweetnam (AFD) 11:18.04, 3 Yasmin Goater (G&G) 11:31.01. **80H** 1 Sandra Seaton (E&E) 11.91, 2 Natasha Risman (G&G) 12.17, 3 Harriet Lester (K&P) 12.73. **300H** 1 Elizabeth Thompson (E&E) 50.34, 2 Roseanne Mackay (K&P) 50.54, 3 Grace Wales-Bonner (HHH) 53.35.

Track & Field (contd.)

UNDER 17 WOMEN (contd)

HJ 1 Jo Rowland (Craw) 1.55, 2 Anita Cooper (HHH) 1.50, 3 Daisy Collingridge (Croy) 1.45. PV 1 Jo Rowland (Craw) 2.40, 2 Lauren Horner (K&P) 1.90, LJ 1 Amy Quelch (Wok) 5.09/+1.3, 2 Asha Forde-Scille (HHH) 4.89/+0.3, 3 Natasha Risman (G&G) 4.87/+0.6. TJ 1 Natasha Risman (G&G) 10.74/+0.4, 2 Roseanne Mackay (K&P) 9.84/+0.4, 3 Natalie Green (Wok) 9.79. SP 1 Montana Marshall (HHH) 9.02, 2 Jo Rowland (Craw) 8.50, 3 Rachael Abbott (E&E) 8.30. DT 1 Felicity Dickinson (Sutt) 29.55, 2 Amy Simmons (K&P) 24.98, 3 Rachael Abbott (E&E) 24.82. HT 1 Josephine Piercy (E&E) 17.92. JT 1 Chantelle Evans (Sutt) 32.59, 2 Jo Rowland (Craw) 30.86, 3 Sarah Hearsum (Ldy EH) 29.81.

UNDER 20 WOMEN

100M (+1.1) 1 Denise Osei (HHH) 12.21, 2 Amy Godsell (B&B) 12.27, 3 Emily Martin (HW) 12.65. 200M (-1.6) 1 Amy Godsell (B&B) 25.51, 2 Denise Osei (HHH) 25.63, 3 Emily Martin (HW) 26.06. 400M 1 Sarah Harris (K&P) 58.04, 2 Lauren Betts-Bucke (WSEH) 58.48, 3 Leeanne Best (Craw) 60.02. 800M 1 Hannah Brooks (Craw) 2:17.17, 2 Leeanne Best (Craw) 2:18.33. 1500M 1 Hannah Brooks (Craw) 4:36.95, 2 Georgie Bruinvels (DMV) 4:52.73. 3000M 1 Georgie Bruinvels (DMV) 10:40.63, 2 Jessica Cawley (AFD) 10:59.22, 3 Zoe Shannon (DMV) 11:57.97. 100H (-1.7) 1 Dominique Blaize (K&P) 14.78, 2 Kayleigh Ferguson (Croy) 15.68, 3 Vanessa Ward (G&G) 16.33. 400H 1 Alex Banner (G&G) 63.28, 2 Claire O'Neill (Brack) 64.59, 3 Nicola Jelley (E&E) 66.51. HJ 1 Shani Rainford (HHH) 1.75 CBP, 2 Charis O'Connor (G&G) 1.70, 3 Dominique Blaize (K&P) 1.65. PV 1 Jennifer Honeyball (HHH) 2.40. LJ 1 Dominique Blaize (K&P) 5.90/+0.7, 2 Shani Rainford (HHH) 5.62/+1.2, 3 Emily Martin (HW) 5.44/+1.5. TJ 1 Harriet Abbiss (AFD) 10.27/+0.8, 2 Nicola Jelley (E&E) 10.18/+1.0, 3 Katherine Mertens (Wok) 9.84/+0.2. SP 1 Briony Phillips (HHH) 10.70, 2 Makeda Ouamina (HHH) 9.25, 3 Emily Martin (HW) 8.48, DT 1 Jade Lally (Sutt) 42.99, 2 Briony Phillips (HHH) 38.77, 3 Makeda Quamina (HHH) 32.56. HT 1 Kalesha Smith (Croy) 35.53. JT 1 Jade Dodd (HHH) 35.18, 2 Frances Athawes (B&B) 31.31, 3 Katherine Mertens (Wok) 24.98.

SENIOR WOMEN

100M (-1.2) 1 Janine Whitlock (Belg) 12.33, 2 Azaria Francis (WG+EL) 12.36, 3 Helen Williams (Walt) 12.59. **200M** 1 Janine Whitlock (Belg) 25.12, 2 Chrissie Foster (Belg) 26.76, 3 Nassou Keita (Croy) 28.11. **400M** 1 Jennifer Culley (Belg) 57.43, 2 Clementine Adams (AFD) 58.35, 3 Chrissie Foster (Belg) 59.98. **800M** 1 Lauren Webb (Sutt) 2:14.89, 2 Emily Adams (AFD) 2:15.74, 3 Emily Nelson (E&E) 2:16.89. **1500M** 1 Emily Adams (AFD) 4:35.74, 2 Emily Nelson (E&E) 4:37.09, 3 Caroline Shanklyn (Belg) 4:43.62. **3000M** 1 Emily Nelson (E&E) 10:02.40, 2 Stephanie Robson (C le St) 10:20.24, 3 Sarah-Jane Murphy (Belg) 10:42.39. **100H** (-1.7) 1 Kylie Bardell (E&E) 20.94.

Track & Field (contd.)

SENIOR WOMEN (contd)

400H 1 Susan McLoughlin (Birch) 61.37, 2 Jennifer Culley (Belg) 62.42, 3 Claire Heafford (Shaft B) 63.17. **HJ** 1 Julia Bennett (E&E) 1.75, 2 Ayamba Akim (HHH) 1.55. **PV** 1 Louisa Clark (Sutt) 3.00, 2 Hayley Crosswell (G&G) 2.70, 3 Laura Batchelor (Sutt) 2.70. **LJ** 1 Sarah Wellstead (Sutt) 6.01/+1.4, 2 Julia Bennett (E&E) 5.75/+2.1, 3 Azaria Francis (WG+EL) 5.66/+2.1. **SP** 1 Eleanor Gatrell (Wok) 14.96, 2 Camilla Thrush (K&P) 10.67. **DT** 1 Eleanor Gatrell (Wok) 38.44, 2 Angela Mitchell (Harrow) 38.15, 3 Kasia Kublik (R&SB) 32.89. **HT** 1 Helen Ephgrave (G&G) 45.07, 2 Eleanor Gatrell (Wok) 44.63, 3 Camilla Thrush (K&P) 37.61. **JT** 1 Hayley Crosswell (G&G) 31.67.

UNDER 13 BOYS

100M (+0.8) 1 Khalil Njoya (HHH) 13.41, 2 Jose Costa (HW) 13.70, 3 Babatunde Ogunsina (Sutt) 13.76. **200M** (-1.0) 1 Jose Costa (HW) 28.53, 2 Edward Hicks (E&E) 28.74, 3 Babatunde Ogunsina (Sutt) 29.04). **800M** 1 Gari Brown (AFD) 2:28.17, 2 James Tidd (AFD) 2:19.21, 3 Jordan Maurice (Croy) 2:20.10. **1500M** 1 James Tidd (AFD) 4:44.94, 2 Gari Brown (AFD) 4:50.25, 3 Matthew Wyatt (E&E) 4:52.98. **80H** 1 James Mole (Wok) 14.51, 2 Babatunde Ogunsina (Sutt) 14.71, 3 George Wilkins (K&P) 14.94. **HJ** 1 George Wilkins (K&P) 1.35, 2 James Mole (Wok) 1.30, 3 Luke Mathews-Patience (C'ley) 1.25. **LJ** 1 James Mole (Wok) 4.57/+2.3, 2 Jose Costa (HW) 4.42/+0.5, 3 Khalil Njoya (HHH) 4.33/+2.7. **SP** 1 Khalil Njoya (HHH) 11.59, 2 Tom Brandon (HW) 7.65, 3 Reece Evans (HHH) 6.80. **JT** 1 Jose Costa (HW) 30.70, 2 Tom Brandon (HW) 28.52, 3 Khalil Njoya (HHH) 26.89.

UNDER 15 BOYS

100M (-2.5) 1Thomas Kennedy (SLH) 12.40, 2 Simeon Ramsey-Graham (HHH) 12.46, 3 Ashley Warner (AFD) 12.64. 200M 1 Simeon Ramsey-Graham (HHH) 24.01, 2 Thomas Kennedy (SLH) 24.04, 3 Joash Howard (Croy) 24.15. 400M 1 Joash Howard (Croy) 54.02, 2 Burton Dredge (HHH) 55.39, 3 Richard Smeaton (K&P) 55.61, 800M 1 Ben McDaniel (SLH) 2:06.95, 2 Oli Aitchison (AFD) 2:08.07, 3 Rikkie Letch (AFD) 2:12.18. 1500M 1 Oli Aitchison (AFD) 4:21.40, 2 Rikkie Letch (AFD) 4:33.97, 3 Elliott Woolmer (AFD) 4:34.11. 3000M 1 Jonathan Hay (AFD) 9:45.85, 2 Jack Lee (AFD) 9:49.80, 3 Jonathan Burgess (HW) 9:55.20. 80H (-2.2) 1 Matthew Walcott (Whitgift S) 12.31, 2 Jed Casco (Grnshw S) 12.46, 3 Robert Jaye (G&G) 12.55. HJ 1 Babatunde Amosu (Selh S) 1.70, 2 Ned Quiney (SLH) 1.65, 3 Jed Casco (Grnshw S) 1.60. PV 1 Gordon Lester (K&P) 2.70. LJ 1 Derek Yeboah (Croy) 5.66/+1.1, 2 Benjamin Tomkins (Sutt) 5.43/+0.4, 3 Christopher Gibbs (G&G) 5.34 /+0.2. SP 1 Michael Wheeler (HHH) 17.06 CBP, 2 Temi Ladega (Croy) 11.76, 3 Arran Williamson (AFD) 9.39. **DT** 1 Kariym Irving (Croy) 33.76, 2 Michael Wheeler (HHH) 33.52, 3 Sam Wilkinson (WSEH) 32.42. HT 1 Sam Wilkinson (WSEH) 37.45, 2 Kariym Irving (Croy) 33.93. JT 1 Jake Rich (Brack) 37.69, 2 Ross Norton (Sutt) 37.41, 3 Jack Young (E&E) 36.38.

Track & Field (contd.)

UNDER 17 MEN

100M 1= Tremayne Gilling (Sutt) & Mark Barella (E&E) 11.2, 3 Adam Mohammed (Belg) 11.3. 200M (-1.2) 1 Faron Griffiths-Moore (E&E) 23.66, 2 Praful Nargund (HW) 23.74, 3 Lewis Cox (AFD) 23.77. 400M 1 Jack Pearce (Ton) 52.04, 2 Joss Garnier (E&E) 52.24, 3 Alex Jackson (E&E) 52.95. 800M 1 Peter Humphrey (SLH) 2:01.49, 2 Alex Jackson (E&E) 2:02.35, 3 Tom Hart (Sutt) 2:03.16. 1500M 1 Daniel Altendorff (SLH) 4:10.42, 2 Mickey Reed (AFD) 4:18.88, 3 Matthew Grant (SLH) 4:22.65. 3000M 1 Mickey Reed (AFD) 9:21.22, 2 Ben Snowball (AFD) 9:28.58, 3 Daniel Sellman (SLH) 9:29.84. 100H 1 Jamie East (C'ley) 14.41, 2 Jamel Beckford (Croy) 14.42, 3 Anton Denny-Brown (Croy) 14.55. 400H 1 Jamie East (C'ley) 60.73, 2 Matt Threadgold (E&E) 62.28, 3 Oliver Crawshaw (Craw) 65.48. 1500SC 1 Claudius Ricketts (Croy) 5:17.1. HJ 1 Graham Cole (WSEH) 1.85, 2 Tsidi Dagadu (Croy) (R Russ S) 1.80, 3 Jamie East (C'ley) 1.65. PV 1 Adam Bosher (Wok) 2.85. LJ 1 Gavin Roye (Croy) 6.36, 2 Jamie East (C'lev) 5.80, 3 Michael Adjei-Tabirade (HW) 5.67, TJ 1 Trevor Okoroafor (Crov) 14.27 CBP, 2 Kola Adedovin (Sutt) 13.17, 3 Tom Bettinson (AFD) 10.66. SP 1 Erasmus Ntim-Dwemoh (Croy) 12.93, 2 Oliver Newman (Croy) 11.64, 3 Avrton Richards (E&E) 9.52. DT 1 Thomas Andrew (SMR) 33.22, 2 Oliver Crawshaw (Craw) 31.02, 3 Ayrton Richards (E&E) 24.31. JT 1 Richmond Baah (Croy) 52.61, 2 Joss Garnier (E&E) 34.76, 3 Elliott Heighes (Brack) 30.13.

UNDER 20 MEN

100M (-1.8) 1 Harry Aikines-Aryeetey (Sutt) 10.53, 2 James Dasaolu (Croy) 10.84, 3 Idowu Akindele (Sutt) 11.15. 200M (+0.9) 1 Harry Aikines-Aryeetey (Sutt) 21.41 CBP, 2 Idowu Akindele (Sutt) 21.99, 3 Daniel Davis (Sutt) 22.48. 400M 1 George Thatcher (Croy) 50.52, 2 Tim Kuria (Wok) 50.71, 3 Dominic Parsons (B&B) 51.04. 800M 1 Joe Van der Toorn (Belg) 1:54.26, 2 George Thatcher (Croy) 1:59.11, 3 Daniel Sheppard (AFD) 2:00.55. 1500M 1 Joe Van der Toorn (Belg) 3:59.54, 2 Alex Bodin (HW) 4:06.94, 3 Martin Marshall (E&E) 4:14.60. 3000M 1 Sam Perkins (Rane) 8:56.76, 2 Adam Przedrzymirski (HW) 8:58.92, 3 Alex Bodin (HW) 9:03.48. 400H 1 Kieran Edward (E&E) 57.43 CBP, 2 Daniel Xiao-Ho (Croy) 62.05. 2000SC 1 Gary Bradbury (Wok) 6:17.9. HJ 1 David Cole (WSEH) 1.90, 2 Milan Stanisavljevic (Int CS) 1.70, 3 Paul Mortimer (Sutt) 1.65. PV 1 Sam Colgate (Wok) 4.30. LJ 1 Ike Mba (HW) 6.91, 2 Ashley Harris (B&B) 6.75, 3 Ka Chuen To (HW) 6.06/+1.6, TJ 1 Jeremy Odametev (HHH) 13.77, 2 Ka Cheun To (HW) 11.31/+0.2, 3 Shaun Burchell (G&G) 10.60 /+0.8. SP 1 Marcus Williams (HHH) 14.02, 2 Robert Smith (K&P) 11.57. DT 1 Chris Scott (G&G) 51.59, 2 Nicholas Webb (Wok) 43.75, 3 Marcus Williams (HHH) 28.18. HT 1 Chris Scott (G&G) 54.69, 2 Kaine Harrington (Craw) 49.85, 3 Robert Smith (K&P) 45.73.

Track & Field (contd.)

SENIOR MEN

100M (+0.9) 1 Idris Ojuriye (HHH) 10.93, 2 Lawrence Mensah (HHH) 10.94, 3 Nengi Ossai (Shaft B) 11.11. 200M (-0.9) 1 Jonathan Barbour (B&B) 21.83, 2 Lawrence Mensah (HHH) 22.14, 3 Idris Ojuriye (HHH) 22.32. 400M 1 Joe Godsell (B&B) 48.97, 2 Andrew Watson (Wok) 49.68, 3 Jamie McCullagh (K&P) 50.57. 800M 1 Gareth Price (Shaft B) 1:56.45, 2 Richard Ward (Belg) 1:57.00, 3 David Taylor (B&B) 1:59.43. 1500M 1 Gareth Price (Shaft B) 3:49.86, 2 Philip Wicks (Belg) 3:51.89, 3 Richard Ward (Belg) 3:55.50, **5000M** 1 Stuart Maior (SLH) 15:16.11, 2 Ben Paviour (HHH) 15:41.98, 3 Timothy Elsey (DMV) 15:47.49. 110H (-2.3) 1 James Parker (E&E) 16.26, 2 Mark Roberts (K&P) 17.00, 3 Adam McCarthy (Walt) 17.16. 400H 1 James Parker (E&E) 56.18, 2 Chris Minn (Belg) 56.46, 3 Paul Beaumont (Belg) 59.98, 3000SC 1 Andrew Arbour (K&P) 10:29.2, 2 Terry Lappins (Croy) 11:23.8. HJ 1 Nick Stanisavljevic (Wok) 2.10. PV 1 Greg Conlon (TVH) 4.30, 2 Craig Timmings (Walt) 4.00, 3 Mark Roberts (K&P) 3.30. LJ 1 Richard Danso (Belg) 7.06/+2.6, 2 Ezekiel Ewulo (HHH) 6.50/+1.0, 3 John Shepherd (E&H) 6.16/+1.0. SP 1 Bill Fuller (E&E) 15.06, 2 Kyle Stevens (K&P) 14.41, 3 Ashley Kibblewhite (Serp) 10.32. DT 1 Mark Wiseman (Sale) 50.57, 2 Tom Norman (WSEH) 46.11, 3 Ashley Kibblewhite (Serp) 32.41. HT 1 Gareth Cook (K&P) 56.12, 2 Bill Fuller (E&E) 52.51, 3 Chris Smale (unat) 38.07. JT 1 James Apps (Padd W) 54.04, 2 Roy Chambers (Wok) 48.68, 3 Jonathan Middleditch (K&P) 42.21.

Half-Marathon, Petersham, 14 May 2006

3 Thames Hare & Hounds

	MEN				WOMEN	
1	P Killingley	Rane	70:30	1	Marie Synott-Wells	Rane 84:48
2	Paul Doyle	Rane	73:15	2	S Lidbury	Stragg 88:16
3	D Symons	THH	73:50	3	K Symons	THH 92:49
M40	R Reeder	Stragg	74:08	W35	Marie Synott-Wells	Rane 84:48
M50	T Woods	Rane	77:09	W45	J Newstead	26.2 1:43:46
M60	P Warren	Rane	1:43:12	W55	A Springings	Wok 99:09
TEAN	MS					
1 Ranelagh H 9			9	1 Ran	elagh H	8
e			29	2 Eps	om Allsorts	24

32

3 The Stragglers

29

Veterans Track & Field Championships, Kingsmeadow, 27 May 2006

Winners - Men

100M M40 Glen Reddington (SCVAC) 12.5/-1.7; M45 Pat Logan (K&P) 12.0/-1.7; M50 Geoff Walcott (HW) 12.2/-0.7 =CBP; M60 Charles Isetts (K&P) 13.9/-0.7; M65 Kevin Burnett (SoC) 17.0/-1.2.

200M M40 Glen Reddington (SCVAC) 26.1/-1.4; M45 Pat Logan (K&P) 24.5/-1.4; M50 Geoff Walcott (HW) 24.6/-0.7 CBP; M55 Robin Roach (Walt) 30.0; M60 Terry Bissett (E&E) 27.6/-0.1; M65 Kevin Burnett (SoC) 36.1/-1.0.

400M M40 Ralph Hyde (Met Pol) 58.2; M45 Kwei Sankofa (HHH) 54.9; M60 Terry Bissett (E&E) 63.3; M65 Kevin Burnett (SoC) 88.3.

800M M45 David Warren (Croy) 2:21.9; M50 Kevin Archer (Reig P) 2:17.4; M55 Michael Mann (HHH) 2:20.4; M60 Richard Somers (E&E) 2:27.4; M70 Brian Shave (HHH) 3:25.1.

1500M M40 Victor Maughn (HHH) 4:27.8; M45 David Warren (Croy) 5:05.3; M50 Kevin Archer (Reig P) 4:41.2; M55 Stephen Knight (HHH) 4:50.8; M60 Peter Giles (HW) 5:31.1; M70 Brian Shave (HHH) 7:05.4.

5000M M40 Mark Tennyson (G&G) 16:52.7; M45 Tony Harran (HHH) 16:52.4; M50 Jerry Carnell (Reig P) 17:51.2; M55 Michael Mann (HHH) 18:13.7; M60 Peter Giles (HW) 19:43.2; M70 Carl Cross (Wimb W) 23:53.0.

3000M Walk M50 Dave Hoben (Sy WC) 20:18.8; M55 Carl Lawton (Belg) 16:01.9; M60 Peter Hannell (Sy WC) 16:39.8 CBP; M65 Michael Harran (HHH) 16:47.9 CBP; M80 Jack Fitzgerald (Sutt) 24:44.3.

PV M65 John Webster (HW) 2.20.

LJ M65 Tom Pollak (HW) 3.19.

SP M45 Paul Williams (Kent) 5.46; M50 Nigel Hooker (G&G) 10.75; M55 Tony Richards (Croy) 11.60; M60 Ken Prior (E&E) 10.84; M65 Kevin Burnett (SoC) 6.63; M70 Cliff Taylor (Vets AC).

DT M45 Charles Scouller (Winch) 23.13; M55 Tony Richards (Croy) 35.16; M60 Ken Prior (E&E) 37.91; M65 Kevin Burnett (SoC) 20.95; M75 Ian Briggs (R&SB) 24.19. **HT** M40 Iwan Borczsz (SLH) 42.00; M45 Chris Privett (Belg) 44.49; M50 Nigel Hooker (G&G) 38.38; M60 Chris Melhuish (CambH) 47.39 CBP; M65 John Webster (HW) 38.55 CBP.

JT M40 Neil Warzee (G&G) 45.85; M45 Geoff van Claveren (K&P) 35.90; M55 Joe Eastwood (Wok) 39.59; M60 Ken Prior (E&E) 30.23; M65 John Webster (HW) 33.78

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ENGLAND ATHLETICS - REGIONAL COUNCIL ELECTIONS

The results of the elections were announced on 21st July 2006. We are pleased to see that Andy Glover has been elected to the London Region Council and Mike Scott has been elected to the South East Region Council. It is reassuring that we have a Surrey voice in both of the Regional Councils that cover our County.

Veterans Track & Field (contd)

Winners - Women

100M W40 Angela Griffiths (E&E) 14.0/-1.0; W50 Ros Aylett (Walt) 15.2/-1.0; W60 Val Parsons (WSEH) 14.4 CBP.

200M W40 Angela Griffiths (E&E) 29.3/-0.6; W50 Ros Aylett (Walt) 31.4/-0.6; W60 Val Parsons (WSEH) 30.4 CBP.

400M W40 Alison Collins (SLH) 66.7; W50 Ros Aylett (Walt) 74.7; W60 Liz Sissons (E&E) 92.8 CBP.

800M W45 Jane Searle (K&P) 2:47.8.

1500M W55 Ros Tabor (Dul R) 5:38.9; W65 Bridget Cushen (Vets AC) 7:38.5 CBP. **5000M** W40 Pippa Major (SLH) 20:02.7; W45 Janet Ray (DMV) 19:42.5; W55 Ros Tabor (Dul R) 20:29.2 CBP; W65 Bridget Cushen (Vets AC) 26:37.6 CBP.

3000M Walk W35 Estle Viljoen (HW) 15:30.2 CBP; W45 Fiona Bishop (Wok) 18:06.4 **PV** W35 Jayne Anderson (Belg) 2.30 =CBP.

LJ W35 Joanne Regan (Walt) 4.85 CBP; W40 Angela Griffiths (E&E) 4.53; W55 Linda Harrison (Croy) 2.70.

TJ W35 Joanne Regan (Walt) 9.94; W55 Linda Harrison (Croy) 5.69.

SP W35 Camilla Thrush (K&P) 10.51 CBP; W50 Jenny Piercy (E&E) 7.82; W60 Liz Sissons (E&E) 10.04 CBP.

DT W35 Camilla Thrush (K&P) 31.17; W45 Debbie Singleton (Walt) 26.36 CBP; W50 Barbara Macanas (HHH) 19.23; W60 Liz Sissons (E&E) 19.83.

HT W35 Camilla Thrush (K&P) 37.72; W45 Debbie Singleton (Walt) 25.76; W50 Jenny Piercy (E&E) 30.99 CBP; W55 Mary Waddington (K&P) 24.65; W60 Liz Sissons (E&E) 28.79 CBP.

JT W50 Jenny Piercy (E&E) 17.99 CBP; W55 Linda Harrison (Croy) 13.73; W60 Liz Sissons (E&E) 27.57.

10 Miles, Dorking, 4 June 2006

MEN

WOMEN

1	I Horrocks	HW	53:43	1	Emily Nelson	E&E	64:12
2	Stuart Major	SLH	54:26	2	A Richmond	THH	65:49
3	P Killingley	Rane	55:10	3	Marie Synott-Wells	Rane	66:12
M40	M Lane	Rane	58:24	W35	Marie Synott-Wells	Rane	66:12
M50	Ian Kitching	SLH	60:19	W45	Dee Smale	Stragg	67:13
M60	P Giles	HW	68:37	W55	S Garner	Ling	81:20

TEAMS

1 Ranelagh H	18	1 The Stragglers	19
2 The Stragglers	31	2 South London H	32
3 Dorking Mole Valley	32	3 Ranelagh H	35

10K Road Race, Petersham, 25 June 2006

THH	34:52					
Rane	36:33					
WimbV	V37:48					
Rane	36:33					
Stragg	39:52					
Ling	47:28					
TEAMS						
14						
21						
23						
	Rane WimbW Rane Stragg Ling 14 21					

INTER-COUNTY EVENTS

CAU Inter-Counties, Bedford, 28/29 May 2006

Senior Men			Senior Women	Senior Women		
Acł	nilles Trophy - Division 1		Bedford Plate - Division 1			
1	Yorkshire	92	1 Essex	76		
2	Middlesex	54	2 Yorkshire	61¾		
3	Kent	52	3 SURREY	46¾		
4	Essex	51	4 Middlesex	39		
5	Hampshire	49	5 East Districts, Scotland	36		
6	SURREY	46	6 Warwickshire	33		

Senior Men

100M 5s1 Jonathan Barbour 10.57/+2.1; **200M** 4h5 Leroy Slue 21.87/+3.4; **400M** 5h2 Andrew Watson 51.01; **800M** - Tom Jenkins DSQ; **110H** 7h2 James Parker 15.5/+4.4; **400H** 6h2 James Parker 56.27; **3000SC** 10 Daniel Chappell 9:55.7; **3000MWalk** 17 Carl Lawton 15:54.9; **PV** 1 Joe Ive 5.00; **LJ** 4 Ike Mba 7.36/+2.6; **TJ** 3 Seni Majekodunmi 15.41/+5.1; **SP** 10 Kyle Stevens 14.18; **DT** 1 Abdul Buhari 56.72; **JT** 8 Felix Hatton 62.38.

Senior Women

100M 4h Sabrina Scott 12.1/+3.1; **200M** 5h Sabrina Scott 25.3/+4.1; **400M** 6h Claire Heafford 62.83; **800M** 5 Emily Adams 2:13.05; **1500M** 9 Emily Nelson 4:31.76; **100H** 4 Sarah Porter 13.79/+1.9; **400H** 2 Jennifer Culley 62.10; **3000MWalk** 7 Fiona Bishop 18:17.4; **HJ** 1= Julia Bennett 1.75; **PV** 14= Louisa Clarke 3.00; **LJ** 4 Sarah Wellstead 6.02/+3.8; **SP** 10 Briony Phillips 11.34; **DT** 7 Jade Lally 43.99; **HT** 13 Helen Ephgrave 41.98; **JT** 7 Jade Dodd 38.97.

INTER-COUNTY EVENTS

Army v Hampshire v Surrey v Achilles, Aldershot, 12 July 2006

Senior Women

1 Surrey 206, 2 Hampshire 191, 3 Army 132, 4 Achilles 71

100M A1 Helen Williams 12.6, B3 Katryna Euridge 13.1; 200M A1 Helen Williams 25.9;
400M A1 G Adams 59.1, B1 Virginia Mitchell 60.0; 800M A1 Emily Adams 2:15.1;
1500M A1 Emily Nelson 4:39.7, B2 Jenna Tarrant 5:26.6; 3000M A1 Genevieve Gardner 10:09.1; 100H A2 Julia Bennett 15.1; 400H A1 Susan McLoughlin 62.9, Claire O'Neil 65.3; HJ A1 Julia Bennett 1.75, B1 Shani Rainford 1.70; PV A1 Laura Batchelor 2.50;
TJ A1 Liz Patrick 11.03, B1 Katryna Euridge 10.46; SP A1 Camilla Thrush 11.10, B1 Shani Rainford 10.48; DT A1 Kasia Kublik 32.65, B1 Camilla Thrush 30.97; JT A1 Shani Rainford 35.59, B1 Camilla Thrush 27.21.

Senior Men

1 Army 270, 2 Surrey 224, 3 Hampshire 162, 4 Achilles 120

100M A2 James Dasaolu 10.9, B2 Phillip Doorgachurn 11.3; 200M A1 Danny Doyley 21.6; 400M A1 Ryan Thomas 48.0; 800M A2 George Thatcher 1:56.2, B2 Tom Jenkins 1:58.7; 1500M A2 Ben Paviour 4:06.2; 3000M A2 Stuart Major 8:50.5; 110H A2 Daniel Davis 14.9; 2000SC A1 Mike Maranzano 6:31.0, B1 Chris Hogg 7:25.2; HJ A3 Roy Chambers 1.70; PV A1 Joe Ive 4.80, B1 Tom Crawford 4.40; LJ A2 James Heptonstall 6.62, B2 David Wellstead 6.17; TJ A2 David Wellstead 13.67, B1 James Heptonstall 12.49; SP A1 Kyle Stevens 14.53, B1 Nick Owen 13.96; DT A1 Tom Norman 48.18, B1 Chris Scott 46.94; HT A2 Chris Privett 41.69, B2 Iwan Borszcz 37.92; JT A1 Felix Hatton 64.55, B1 Duncan MacDonald 57.73.

NATIONAL TRACK & FIELD CHAMPIONS 2006

English Schools

SG 200M Amy GODSELL, JT Jade DODD.

SB 1500M Gary BRADBURY, 110H Daniel DAVIS, TJ Jeremy ODAMETEY, DT Chris SCOTT.

IB TJ Trevor OKOROAFOR.

JB 100M Dijon ARCHER, SP Michael WHEELER (he set a CBP of 18.29m).

AAA Championships

SW 100M & 200M Joice MADUAKA, 400H Natasha DANVERS.

U20W DT Jade LALLY, HEPT Dominique BLAIZE.

U20M 100M Harry AIKINES-ARYEETEY, DT Chris SCOTT.

INTER-COUNTY EVENTS

Under 13 Inter-Counties, Kingsmeadow, 30 July 2006

Team Results (Top 6 counties - 11 counties participated)

	BOYS	I I I I I	GIRLS	
1	Surrey	295.5	Essex	283.5
2	Kent	266	Surrey	274.5
3	Essex	264	Middlesex	274
4	Sussex	261.5	Sussex	268.5
5	Hampshire	249.5	Hertfordshire	249.5
6	Middlesex	245.5	Hampshire	247.5
100M	A1 Sylvester Akpalara	12.55/-2.6 A	2 Rianna Alleyne	13.33/-1.0
	B4 George Gomez	13.72/-0.9 B	5 Shola Shakoya	13.99/-1.6
200M	A5 Blade Ashby	26.74/-0.8 A	2 Rianna Alleyne	27.01/-2.5
	B5 Jordan Maurice	27.87/-1.4 B	6 Soracha Healy	29.34/-1.0
800M	A2 Gari Brown	2:17.45 A	1 Georgia Peel	2:19.64
	B1 Syvester Akpalara	2:17.54 B	1 Laura Suggit	2:28.76
1500M	A2 James Tidd	4:46.00 A	6 Ruth Haynes	4:59.02
	B4 Elliot Veheary	5:04.54 B	1 Emelia Gorecka	5:10.32
75/70H	A6 James Mole	14.01 A	6 Christianne Risman	12.31/-1.8
	B1 Wilton Brown	13.09 B	1 Jessie Knight	11.99/-0.9
HJ	6= Josh Corrigan	1.35 8=	= Shola Shokoya	1.30
LJ	A9 David Fitzpatrick	4.55/+1.9 A	Victoria Douglas	NJ
	B4 James Mole	4.52/+1.4 B	3 Christianne Risman	4.41/-0.1
SP	A1 Khalil Njoya	12.84 A	2 Shola Shokoya	8.66
	B1 Andre Whyte	11.06 B	3 Carla Letheby	9.13
DT	A2 Khalil Njoya	29.79 A	4 Carla Letheby	21.87
	B2 Wilton Brown	22.94 B	4 Emma Parish	20.26
JT	A3 Jose Costa	30.78 A	3 Carla Letheby	22.91
	B5 Josh Corrigan	24.88 B	3 Eleanor van Klavere	n 17.66
4x100	2 Surrey	52.55 2	Surrey	53.56

SURREY ATHLETES AT INTERNATIONAL MEETINGS (May 2006 - July 2006)

Spa European Cup, Malaga, Spain, 28/29 June 2006

Natasha Danvers-Smith (SB) won the 400H in 55.65. Joice Maduaka (WG+EL) was second in the 100M in 11.29. Tim Abeyie (WG+EL) and Harry Aikines-Aryeetey (Sutt) were members of the 4x100M team that failed to finish.

Combined Events International, Berne, Switzerland, 22/23 July 2006

Dominique Blaize (K&P) won the U20 Heptathlon with a score of 5405points which broke the previous Surrey record set in 1985 by Debbi Marti. Dominique's individual performances were 100H 14.14/+1.6; HJ 1.72; SP 12.34; 200M 24.84/-2.5; LJ 6.00/+1.3; JT 33.16; 800M 2:38.20.

CROSS COUNTRY

Surrey Ladies Cross Country League 2006-2007

The four fixtures next season are:-

7th October - Epsom Downs (hosted by 26.2 RRC), 11th November - Lightwater (Woking AC), 13th January - Wimbledon Common (Thames H&H) and 10th February - Richmond Park, Petersham end (Ranelagh H). Start times vary and will be notified to clubs in due course.

There will be 3 races at each fixture and there is a slight change this season re the format of the races particularly so far as the younger athletes are concerned. U13s will run on their own, the U15s and U17s will be combined and U20s will now run with the Seniors and Veterans.

We have 33 Clubs at present and another has made enquiries about joining but there are still a few Clubs affiliated or based in Surrey who are not members and would be most welcome to join us.

Ron Gobey - League Secretary

Sweatshop Surrey Cross Country League 2006 - 2007

Our fixtures for 2006/7 season are;

7/10/06 Divn. 1 HHH @ Brockwell Pk., D.2 Kingston/Poly. in Rich. Pk., D.3 26.2 on Epsom Downs.

11/11/06 D.1 SLH @ Coulsdon, D.2 Hercules/Wimb. on Wimb. Cm., D.3 Runnymede @ Lightwater.

13.01.07 D.1 Belgrave on Wimbledon Cm, Walton @ Oxshott Woods, D. 3 British Airways @ Cranford Pk.

10/02/07 D.1 Ranelagh in Richmond Pk., D. 2 Epsom and Ewell on Epsom Downs, D. 3 Woking @ Lightwater.

Bill Bird - League Secretary

FORTHCOMING INTERNATIONAL CHAMPIONSHIPS

We are pleased to report that 4 Surrey athletes have been selected for the GB&NI team at
the European Championships to be held in Gothenburg, on 7-13 August 2006. They are:Tim ABEYIE (200M & 4 x 100M)
Jade JOHNSON (Long Jump)Natasha DANVERS-SMITH (400M Hurdles)
Joice MADUAKA (100M & 4 x 100M)

We also have 4 Surrey athletes selected for the World Junior Championships to be held in Beijing, China on 15-20 August 2006. They are:

Harry AIKINES-ARYEETEY (100M & 4 x 100M) Martyn ROONEY (400M & 4 x 400M) Dominique BLAIZE (Heptathlon) Danielle CHRISTMAS (800M)

COUNTY DIARY 2006 - 2007

2006

- 1 - 1		
5/6 August	AAA U17/U15 Championships	Birmingham
13 August	Senior Inter-County T&F	K2 Crawley
13 August	SCAA 5K Road Championships + RL	Wimbledon
19/20 August	AAA U17/U15 Combined Events	Stoke
20 August	U17 Inter-County T&F	Ashford
26 August	U15 & U20 Inter-County T&F	Eton
26 August	SCAA 10K Track Championship	Tooting Bec
9 September	SCAA Road Relays	Wimbledon Park
9/10 September	SCAA Combined Events Champs	K2 Crawley
1 October	SCAA YA Cross Country Relays	Stoke Park, Guildford
7 October	Surrey Cross Country Leagues	various (see Page 15)
14 October (tbc)	SCAA Vets Cross Country Champs	Petersham
11 November	Surrey Cross Country Leagues	various (see Page 15)
3 December	U13/U15 Sportshall	Spectrum, Guildford
2007		
6 January	SCAA Cross Country Championships	Lloyd Park, Croydon
7 January	U13/U15 Sportshall	Spectrum, Guildford
13 January	Surrey Cross Country Leagues	various (see Page 15)
4 February	U13/U15 Sportshall	Spectrum, Guildford
10 February	Surrey Cross Country Leagues	various (see Page 15)

RL = Surrey Road League

Updates to the Diary are published on the county web site and can be found at: www.surreyathletics.org.uk/diary

SCAN

If you do not normally receive SCAN but would like to, it can be downloaded from the County web site: www.surreyathletics.org.uk/scan. If you would like an E-mail informing you that a new edition has been published then please contact the editor (see below).

If you have any views that you wish to express that would be of interest to SCAN readers then the editor will publish suitable material.

The closing dates for submissions for forthcoming issues are:

15 October 2006 (November issue)	15 January 2007 (February issue)
15 April 2007 (May issue)	15 July 2007 (August issue)

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