

# SURREY COUNTY ATHLETIC NEWS

(Issue 44 - August 2005)

## *2012 AND ALL THAT*

With the 2012 Olympic Games being awarded to London the spotlight will be on sport in general over the next seven years. With Athletics being the premier Olympic discipline attention on our sport is likely to be intense. Already some of our athletes, whose performances in recent international championships are featured elsewhere in this edition of SCAN, are being highlighted as potential Olympians at the London Games. We have all seen how the media thrives on personalities and, on occasions, this has not been to the benefit of the sportsman or sportswoman concerned. We have to be mindful to protect our Junior athletes who may well not be equipped to handle all the hype that may be thrust upon them.

It does not appear that the facilities to be built for the London Olympics will be within our county. Therefore, if we are to benefit from the “legacy” it is unlikely to be in terms of “bricks and mortar” but rather in less tangible items such as profile / awareness which will, we hope, lead to greater support from the community at large.

The media has focused on the potential for greater success by British participants in a Games held on home soil. However, if the London Olympics are to provide a catalyst for a higher standard of participation by British athletes then we are more likely to see the improvement in 2016/2020 rather than 2012. It is now seven years before the 2012 Games. At the Athens Olympics Surrey had 6 athletes taking part whose ages in 1997 were 16, 17, 18, 23, 24 & 24 with all (except Joice Maduaka) having participated in Surrey Track and Field Championships by that time. At the Sydney Olympics, Surrey had three participants whose ages in 1993 were 18, 23 & 38 and they had all competed in Surrey Championships by then. This suggests that if athletes are not already heavily involved in our sport then they will be unlikely to be compete at London 2012 and for a more successful British team at those Games then the concentration should be on retention rather than recruitment. However, this could be detrimental to the long-term future of our sport. The emphasis needs to be focused beyond 2012 - after all the Olympics happens every four years.

What the statistics given above do emphasise is the important role of County Championships in the careers of our best athletes and therefore the importance of counties within our sport (and most other sports). At the recent “Buckner” meeting at Crawley when asked why counties had not been mentioned in any of the papers the reply that this was because they could not mention all the “other” bodies involved in the sport suggested a lack of appreciation of the role that counties play. In answer to another question it was admitted that the “London” situation with the traditional counties straddling two regions was a problem which UKA was not going to attempt to resolve - it would be left to the counties concerned to work out a solution. Babies and bath water come to mind!

*Keith Burchell*

## **OFFICIALS**

### ***Officials Courses***

The new Level 1 - Assistant Officials course is now available and, already, three courses have been held in the County. The course is designed for those people who help at club meetings with an aim to give them a greater understanding of officiating. All those who have taken the course say they would strongly recommend it.

We would be pleased to hear from any clubs interested in holding a course.

### ***Grade 4***

The Grade 4 (soon to be Level 2) officials instructional courses will again be held this Autumn either at Walton AC or at Belgrave headquarters in Wimbledon. These courses are for the individual disciplines: Starter / Marksman - Timekeeping - Track Judging - Field Judging. Full details will be available soon.

Anyone interested in taking one of the courses should contact the Officials Secretary (see below for details).

### ***Practical Timekeeper's Test***

A practical timekeeper's test is planned to be held at Walton AC on Sunday 23 October 2005 (date subject to confirmation).

Anyone interested should contact the Officials Secretary.

### ***Health and Safety***

It is hoped to hold a Health and Safety Course at Sutton Arena early in November 2005. Date and final details to be advised.

*Patricia & Michael Cole - Officials Secretary*  
01372 458650

## **LONDON REGION**

The following items have been extracted from the June 2005 newsletter:

### ***Gary Penn RDC moves on***

London RDC Gary Penn has moved on to greener pastures. Gary left the region to become a Partnership Development Manager for Norwich. We wish Gary the very best in his new position. Prior to modernisation completion Gary's departure has meant that only one RDC will remain in London. There are no plans to replace Gary at present. David Reader will now deal with any dealings you had with Gary.

### ***School Sportshall League***

The 2004/5 London Secondary Schools Sportshall Athletics League and Cup competitions culminated in the finals on 7<sup>th</sup> & 8<sup>th</sup> March at Brunel University. Approximately 100 schools took part in the annual league for year 7 pupils with the top 11 schools taking part in the final.

## ***LONDON REGION (continued)***

### ***School Club link update***

Following the completion of the Secondary Schools Sportshall League all the schools have been given the opportunity to link to the local club. Each competitor has been given a school-club link flyer. Many clubs in the region will have received a small grant to support these schools, and the schools should make some contact with the clubs to utilise that link.

### ***Schools work for 2005/6***

Over recent weeks, we have been working with schools, teachers and new partnership managers to plan our activities for the new academic year. In addition to our work on Sportshall athletics we are also introducing support for junior school activity and cross-country. This new activity has come about after we merged the funds from Active Sports and PESSCL (School - Club links). Active Sports is now coming towards the end of its life and no further awards will be made under this banner. The activity we plan to help schools with next year includes: Junior school coaching programme; Year 7 Sportshall competition; Joint years 8 and 9 Sportshall competition; cross-country activity & promotion and Special needs Sportshall activity.

*David Reader - London RDC Tele: 020 7902 0218*

*E:dreader@englandathletics.org*

## ***SOUTH EAST REGION***

The following items have been extracted from the July newsletter:

### ***Clubmark***

Guildford & Godalming AC and Woking AC are very close to completing Clubmark. If your club would like to embark on the accreditation process then please contact either Sarah-Jane Sykes or Elspeth Turner.

### ***Coaching Clinics in the South East***

The following practical Coaching Clinics have been planned for the 2005/6 autumn winter period:

#### ***October-December***

Surrey & Middlesex - Endurance (BMC), Pole Vault, Discus, Hurdles.

Sussex - Weight Training for Throwers, Road Running Training - 3 venues.

#### ***January-March***

Surrey & Middlesex - Sprints, High Jump, Hammer, Long Jump.

Sussex - Sprints, Hurdles, HJ & LJ.

### ***Flying Coaches***

To contact a coach to visit your club log on to [www.surreyathletics.org.uk/flyingcoaches](http://www.surreyathletics.org.uk/flyingcoaches).

*Elspeth Turner - SE RDC Tele:01403 259583*

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## COUNTY CHAMPIONSHIPS

### Half Marathon, Hastings, 13 March 2005

MEN				WOMEN			
1	Andy Weir	THH	70:34	1	Jo Kelsey	Winchester	78:19
2	Paul Doyle	Rane	70:46	2	Clare Nicholson	Stragg	86:33
3	Will Cockerell	Belg	71:56	3	Susannah Harrison	Wok	87:58
M40	Steve Sinnott	HW	78:13	W35	Clare Nicholson	Stragg	86:33
M50	Mike Mann	Dul R	82:24	W45	C Steward	Dul R	1:44:37
M60	Graham Stapleton	Red RM	114:50	W55	Roz Tabor	Dul R	1:33:54

### TEAMS

1	Hercules-Wimbledon AC	17	1	Dulwich Runners	6
2	Dulwich Runners	23	2	Wimbledon Windmilers	15
3	Epsom & Ewell H	30			

### Track & Field Championships, Kingsmeadow, 14/15 May 2005

#### UNDER 13 GIRLS

**100m** (+0.4) 1 Amelia Richards (HW) 13.47, 2 Amy Allcock (AFD) 13.74, 3 Caleisha Cole (Walt) 13.79. **200m** (0.0) 1 Caleisha Cole (Walt) 27.76, 2 Amelia Richards (HW) 28.20, 3 Lucy Morris (Wok) 28.64. **800m** 1 Frederica Foster (SLH) 2:27.67, 2 Bethan Hubbard (AFD) 2:28.80, 3 Harriet Field (SLH) 2:29.48. **1500m** 1 Bethan Hubbard (AFD) 5:16.53, 2 Hannah Fay (DMV) 5:18.78, 3 Emelia Gorecki (DMV) 5:20.57. **70H** (-0.7) 1 Phoebe Haynes (K&P) 13.08, 2 Harriet Newhouse (E&E) 13.21, 3 Georgia Taylor (AFD) 13.62. **HJ** 1 Phoebe Haynes (K&P) 1.23, 2 Harriet Newhouse (E&E) 1.15. **LJ** 1 Amelia Richards (HW) 4.38/+1.3, 2 Jessica Collins (G&G) 4.17/+2.4, 3 Christianne Risman (G&G) 4.00/-1.0. **SP** 1 Hannah Fay (DMV) 6.14, 2 Charlotte Hewett (Wok) 4.58. **JT** 1 Emma Albon (E&E) 14.97.

#### UNDER 15 GIRLS

**100m** 1 Twinelle Hopeson (Arch T) 12.84, 2 Charlotte Cole (Walt) 12.87, 3 Lizzie Cave (AFD) 13.05. **200m** (-0.6) 1 Charlotte Cole (Walt) 25.76, 2 Lizzie Cave (AFD) 25.93, 3 Twinelle Hopeson (Arch T) 26.00. **800m** 1 Daisy Collingridge (Croy) 2:25.45, 2 Christine Lowson (G&G) 2:26.28, 3 Maddie Gunn (AFD) 2:26.85. **1500m** 1 Lily Partridge (AFD) 4:55.88, 2 Rosie Clarke (E&E) 4:56.37, 3 Emily Eastland (HBS) 4:58.44. **75H** (-1.0) 1 Harriet Lester (K&P) 12.09, 2 Natasha Alexander (Wok) 12.18, 3 Sian Michell (SLH) 12.31. **HJ** 1 Elizabeth Thompson (E&E) 1.44, 2 Rosie Clarke (E&E) 1.40, 3 Takara Wilson (HHH) 1.35. **PV** 1 Santina Philips (Sutt) 2.30. **LJ** 1 Lizzie Cave (AFD) 4.96/-0.1, 2 Amy Quelch (Wok) 4.80/+0.7, 3 Jo White (R&T) 4.79/+0.4. **SP** 1 Sarah Breen (Sutt) 8.65, 2 Kay Wilson (SLH) 7.40, 3 Rebecca Rosenberg (Wok) 7.37. **DT** 1 Felicity Dickinson (Sutt) 29.62, 2 Katie Parker (G&G) 19.57, 3 Sarah Breen (Sutt) 19.33. **JT** 1 Felicity Dickinson (Sutt) 23.12, 2 Jayde Cook (Craw) 22.61, 3 Katie Parker (G&G) 20.27.

## COUNTY CHAMPIONSHIPS

### Track & Field Championships (continued)

#### UNDER 17 WOMEN

**100m** (+0.6) 1 Kandi Ejofor (HHH) 12.45, 2 Natasha Risman (G&G) 12.61, 3 Magali Franka (HHH) 12.65. **200m** (-0.6) 1 Emily Martin (HW) 25.76, 2 Alys Morgan (G&G) 25.96, 3 Claire Stonestreet (K&P) 26.36. **300m** 1 Alys Morgan (G&G) 40.96, 2 Cassie Bardell (E&E) 43.31, 3 Odette Campbell (Croy) 43.34. **800m** 1 Montana Jones (Wok) 2:18.34, 2 Leeanne Best (Craw) 2:19.70, 3 Emma Paton (E&E) 2:20.25. **1500m** 1 Zoe Shannon (DMV) 5:10.37, 2 Nicola Jelley (E&E) 5:20.67, 3 Jmaela Brooks (HHH) 5:21.54. **3000m** 1 Zoe Shannon (DMV) 10:54.28, 2 Jessica Cawley (AFD) 11:14.74, 3 Katherine Mertens (Wok) 11:33.43. **80H** (-0.7) 1 Natasha Risman (G&G) 12.24, 2 Jade Bee (HHH) 12.82, 3 Kayleigh Ferguson (Croy) 12.88. **300H** 1 Cassie Bardell (E&E) 46.79, 2 Vanessa Ward (G&G) 47.21, 3 Harriet Abbiss (AFD) 47.57. **HJ** 1 Jo Rowland (Craw) 1.50, 2 Celia Livesey (R&T) 1.40. **PV** 1 Jo Rowland (Craw) 2.20, 2 Cassie Bardell (E&E) 1.90. **LJ** 1 Emily Martin (HW) 5.66/+1.7, 2 Kandi Ejofor (HHH) 5.59/+0.5, 3 Katherine Mertens (Wok) 5.06/+0.3. **TJ** 1 Nicola Jelley (E&E) 10.63/+0.4, 2 Natasha Risman (G&G) 10.37/+1.2, 3 Serena Brotherton (HW) 9.85/+0.8. **SP** 1 Briony Phillips (HHH) 9.93, 2 Jo Rowland (Craw) 9.24, 3 Katherine Mertens (Wok) 8.16. **DT** 1 Briony Phillips (HHH) 29.90, 2 Makeda Quimina (HHH) 25.86, 3 Natasha Matthews (Croy) 23.23. **HT** 1 Elizabeth Audergon (Sutt) 24.43, 2 Amy Dodd (K&P) 20.63. **JT** 1 Jade Dodd (HHH) 36.66, 2 Chantelle Evans (Sutt) 32.21, 3 Frances Athawes (B&B) 30.78.

#### UNDER 20 WOMEN

**100m** 1 Joscelynn Hopeson (ArchT) 12.11, 2 Denise Osei (HHH) 12.61, 3 Zerlina Klu (Sutt) 12.72. **200m** (+0.8) 1 Joscelynn Hopeson (Arch T) 24.65 **CBP**, 2 Denise Osei (HHH) 25.67, 3 Dominique Blaize (K&P) 25.78. **400m** 1 Hannah Brooks (Craw) 57.59, 2 Sarah Harris (K&P) 58.52, 3 Michelle Nash-Odai (HHH) 59.90. **800m** 1 Hannah Brooks (Craw) 2:12.85, 2 Georgina Furze (AFD) 2:29.02, 3 Amandine King (HW) 2:32.17. **1500m** 1 Danielle Christmas (Craw) 4:28.60 **CBP**, 2 Jessica Fogarty (Sutt) 5:28.61. **3000m** 1 Georgina Furze (AFD) 10:50.12. **100H** (+1.5) 1 Dominique Blaize (K&P) 15.30, 2 Natasha Clementis (E&E) 15.92. **400H** 1 Claire O'Neill (Brack) 64.73, 2 Alex Banner (G&G) 65.97, 3 Isabelle Hatton (K&P) 76.22. **HJ** 1 Charis O'Connor (G&G) 1.73. **PV** 1 Samantha Poulter (E&E) 2.70, 2 Hayley Crosswell (G&G) 2.20. **TJ** 1 Denise Osei (HHH) 10.53/+0.7. **SP** 1 Jade Lally (Sutt) 9.48. **DT** 1 Jade Lally (Sutt) 38.57. **HT** 1 Kelesha Smith (Croy) 35.77, 2 Jade Lally (Sutt) 33.50. **JT** 1 Hayley Crosswell (G&G) 29.47, 2 Isabelle Hatton (K&P) 28.32.

## CROSS COUNTRY

The dates & venues for the Sweatshop Surrey Cross-Country League 2005/6 are:

8/10 - Brockwell Pk; Epsom Downs; Wimbledon Common.

19/11 - Prory Pk; Richmond Pk; Lightwater.

14/01 - Merrow; Lloyd Pk; Epsom Downs.

4/02 - Coulsdon; Richmond Pk; Wimbledon Common.

## COUNTY CHAMPIONSHIPS

### Track & Field Championships (continued)

#### SENIOR WOMEN

**100m** (+0.5) 1 Sabrina Scott (WGEL) 12.14, 2 Michelle Watson (HHH) 12.49, 3 Chanelle Garnett (HHH) 12.58. **200m** (0.0) 1 Sabrina Scott (WGEL) 24.89, 2 Michelle Watson (HHH) 25.65, 3 Sarah Porter (Sutt) 25.73. **400m** 1 Ruth Brereton (T Sol) 57.43, 2 Susan Bovill (Sutt) 57.71, 3 Clementine Adams (AFD) 58.28. **800m** 1 Claire Robinson (BMH) 2:10.07, 2 Elizabeth Williams (Birch) 2:11.36, 3 Lauren Webb (Sutt) 2:14.50. **1500m** 1 Emily Nelson (E&E) 4:35.32, 2 Fiona Love (G&G) 4:48.76, 3 Sara Grosvenor (R&T) 5:01.43. **3000m** 1 Alice Lethbridge (AFD) 10:07.57, 2 Sarah-Jane Murphy (Belg) 10:26.12, 3 Janet Ray (DMV) 10:28.67. **100H** (+1.5) 1 Sarah Porter (Sutt) 14.03. **400H** 1 Susan McLoughlin (Birch) 60.29, 2 Jennifer Culley (Belg) 60.47, 3 Claire Heafford (SB) 62.47. **HJ** 1 Julia Bennett (E&E) 1.85, 2 Ayamba Akim (HHH) 1.72, 3 Ali Hunt (C'ley) 1.25. **PV** 1 Louise Clarke (Sutt) 3.01, 2 Laura Batchelor (Sutt) 2.80. **LJ** 1 Sarah Wellstead (Sutt) 6.17/+2.8, 2 Julia Bennett (E&E) 5.93/-0.4, 3 Joanna Trotman (WGEL) 5.74/+1.3. **TJ** 1 Azaria Francis (WGEL) 12.15 /+1.1, 2 Elizabeth Patrick (Birch) 11.50/+0.4, 3 Joanne Trotman (WGEL) 11.21/+0.4. **SP** 1 Eleanor Gatrell (Wok) 14.26, 2 Camilla Thrush (K&P) 10.30. **DT** 1 Angela Mitchell (Harrow) 38.45, 2 Kasia Kublik (RSB) 33.40, 3 Eleanor Gatrell (Wok) 32.83. **HT** 1 Helen Ephgrave (G&G) 46.54, 2 Eleanor Gatrell (Wok) 42.94, 3 Camilla Thrush (K&P) 36.21. **JT** 1 Jenny Grimstone (SB) 39.74.

#### UNDER 13 BOYS

**100m** 1 Bismark Donkor (AMRTC) 13.08, 2 Andre Thomas-Richards (HHH) 13.18, 3 Jezzell Domas (AMRTC) 13.44. **200m** (+1.5) 1 Sunny Adebajji (AMRTC) 26.41, 2 Andre Thomas-Richards (HHH) 27.89, 3 Julian Allwood (HHH) 29.44. **800m** 1 Sunny Adebajji (AMRTC) 2:19.39, 2 Connor Vine (AFD) 2:20.82, 3 Joshua Grace (AFD) 2:22.47. **1500m** 1 Joshua Grace (AFD) 4:42.13, 2 Jonathan Burgess (HW) 4:44.29, 3 Connor Vine (AFD) 4:46.05. **HJ** 1 Julian Allwood (HHH) 1.40, 2 Lukas Vogel (K&P) 1.11. **LJ** 1 Connor Vine (AFD) 4.78/+1.3, 2 Julian Allwood (HHH) 4.71/+2.1, 3 Andre Thomas-Richards (HHH) 4.44/+0.9. **SP** 1 David Simmonds (G&G) 5.87, 2 Lukas Vogel (K&P) 3.55. **JT** 1 David Simmonds (G&G) 29.01, 2 Lukas Vogel (K&P) 18.31.

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### LONDON REGION REORGANISATION

The London Sports Board has confirmed that London is to be split into 5 sub-regions - 2 of which will cover SCAA territory. London South will comprise Bromley, Croydon, Kingston, Merton, Richmond and Sutton. London Central will comprise Lambeth, Southwark, Wandsworth plus 7 other boroughs north of the river. Each sub-region will have its own partnership which will be the successors to the former London Active Partnership.

It remains to be seen how the RDC structure for London will be changed in the light of this and the Foster proposals.

## COUNTY CHAMPIONSHIPS

### Track & Field Championships (continued)

#### UNDER 15 BOYS

**100m** (+1.2) 1 Robert Hunt (Wok) 11.52, 2 Faron Griffiths-Moore (E&E) 11.56, 3 Damilola Segun (Croy) 11.77. **200m** (0.0) 1 Robert Hunt (Wok) 23.33, 2 Faron Griffiths-Moore (E&E) 23.67, 3 Damilola Segun (Croy) 23.93. **400m** 1 Michael Crabtree (Wok) 57.68, 2 Joshua Perella (K&P) 58.38, 3 Sami Rice (E&E) 66.84. **800m** 1 Martin Cousins (Wok) 2:04.42, 2 Tom Hart (Sutt) 2:09.83, 3 Alex Ferrelly (Walt) 2:11.96. **1500m** 1 Martin Cousins (Wok) 4:22.81, 2 Alex Ferrelly (Walt) 4:33.91, 3 Oli Aitchison (AFD) 4:41.27. **3000m** 1 Joshua Gorecki (Wok) 10:03.00, 2 Mickey Reed (AFD) 10:15.34, 3 Alex Rice (E&E) 10:18.56. **80H** (0.0) 1 Kariym Irving (Croy) 13.23, 2 Matthew Walcott (Whit S) 13.39, 3 Stephen Onaloye (AMRTC) 13.77. **HJ** 1 Ben Sharples (Wok) 1.45, 2 Ned Quiney (SLH) 1.45, 3 Robert Jaye (G&G) 1.45. **PV** 1 Jan Dominik Vogel (K&P) 2.20, 2 Gordon Lester (K&P) 2.10. **LJ** 1 Neal Renfer (K&P) 5.26/+1.5, 2 Praful Nargund (HW) 5.24/+0.8, 3 Christopher Gibbs (G&G) 4.95/+0.6. **SP** 1 Michael Wheeler (HHH) 14.03, 2 Erasmus Ntim-Dwemoh (Croy) 12.92, 3 William Trimble (K&P) 7.87. **DT** 1 Michael Wheeler (HHH) 27.97, 2 Stuart Vockins (K&P) 26.05, 3 Thomas Francis (K&P) 23.34. **JT** 1 Johnny Fairclough (HHH) 30.77, 2 Jake Rich (Brack) 30.67, 3 Jack Young (E&E) 29.19.

#### UNDER 17 MEN

**100m** 1 Danny Doyley (B&B) 11.1, 2 Rab Babataher (Sutt) 11.4, 3 Christopher Burton (HHH) 11.7. **200m** (+1.0) 1 Danny Doyley (B&B) 22.37, 2 Rab Babataher (Sutt) 23.26, 3 Lawrence Dight (Croy) 23.40. **400m** 1 Tim Kuria (Wok) 50.62, 2 Lawrence Dight (Croy) 51.16, 3 George Thatcher (Croy) 51.86. **800m** 1 Daniel Sheppard (AFD) 2:03.98, 2 Alex Byrne (E&E) 2:04.06, 3 Julian Anderson (AFD) 2:04.21. **1500m** 1 Gary Bradbury (Wok) 4:04.29, 2 Daniel Altendorff (SLH) 4:18.22, 3 Daniel Sheppard (AFD) 4:19.33. **3000m** 1 Alex Hawkins (E&E) 9:46.35, 2 Johnny Van Deventer (Chart S) 9:47.31, 3 Lee Humphries (SLH) 9:53.88. **100H** (0.0) 1 Stuart Price (K&P) 14.77, 2 Jamie East (C'ley) 15.01, 3 Ashley Healy (HHH) 15.77. **400H** 1 Kieran Edward (E&E) 59.48, 2 Ashley Healy (HHH) 63.83. **HJ** 1 Graham Cole (WSEH) 1.86, 2 Henry Shiplee (R&T) 1.80, 3 Prathamesh Kaneri (K&P) 1.75. **PV** 1 Ryszard Buk (Croy) 3.40, 2 Sam Colgate (Wok) 3.30, 3 Michael Robinson (R&T) 3.00. **LJ** 1 Ashley Harris (B&B) 7.04. **CBP**, 2 Tawanda Mukusha (B&B) 6.57, 3 Paul Oluyemi (AMRTC) 6.33. **TJ** 1 Henry Shiplee (R&T) 12.03, 2 Shaun Burchell (G&G) 10.89, 3 Jamie East (C'ley) 10.78. **SP** 1 Luke Adekoya (Croy) 11.88, 2 Andrew Bonham (G&G) 11.32, 3 Tom Bonham (G&G) 10.81. **DT** 1 Kevin Thompson (AMRTC) 34.27, 2 Cassius Trotman-Wilson (HHH) 23.14, 3 Prathamesh Kaneri (K&P) 23.02. **HT** 1 Luke Adekoya (Croy) 38.79. **JT** 1 Paul Oluyemi (AMRTC) 42.36, 2 Joss Garner (E&E) 33.47.

## COUNTY CHAMPIONSHIPS

### Track & Field Championships (continued)

#### UNDER 20 MEN

**100m** (+0.4) 1 Harry Aikines-Aryeetey (Sutt) 10.67, 2 Emlyn Akoto-Dwemoh (Croy) 11.02, 3 Phillip Doorgachurn (Belg) 11.14. **200m** (0.0) 1 Harry Aikines-Aryeetey (Sutt) 21.66, 2 Ryan Thomas (unatt) 22.12, 3 Daniel Davis (Sutt) 22.21. **400m** 1 Martyn Rooney (Croy) 47.65, 2 Ryan Thomas (unatt) 48.59, 3 Dominic Parsons (B&B) 52.14. **800m** 1 Martyn Rooney (Croy) 1:52.33, 2 Joe van der Toorn (Belg) 1:53.05, 3 Craig Price (K&P) 1:54.55. **1500m** 1 Craig Price (K&P) 4:09.08, 2 Matthew Leslie (AFD) 4:19.24, 3 Stephen Blake (AFD) 4:21.18. **3000m** 1 Stephen Blake (AFD) 9:01.00, 2 Matthew Leslie (AFD) 9:16.24, 3 Andrew Conway (HHH) 9:23.94. **400H** 1 Humphrey Waddington (K&P) 61.09. **2000SC** 1 Stephen Blake (AFD) 6:22.5, 2 Martin Marshall (E&E) 6:23.4. **HJ** 1 David Cole (WSEH) 1.90, 2 Hansley Jones (SLH) 1.55. **PV** 1 Joe Ive (Sutt) 4.80. **LJ** 1 Ezekiel Ewulo (HHH) 6.88/+1.0, 2 Ike Mba (HW) 6.66/-2.0, 3 Roy Chambers (Wok) 6.32/-0.6. **TJ** 1 Jeremy Odametey (HHH) 14.66, 2 Dexter Nicols (HHH) 14.09, 3 Ezekiel Ewulo (HHH) 14.08. **SP** 1 Marcus Williams (HHH) 11.99, 2 Nicholas Webb (Wok) 11.58, 3 Robert Smith (K&P) 11.16. **DT** 1 Chris Scott (G&G) 45.77, 2 Nicholas Webb (Wok) 41.27, 3 Roy Collier (Belg) 28.54. **HT** 1 Chris Scott (G&G) 50.44, 2 Robert Smith (K&P) 41.82, 3 Alexander Best (Craw) 37.78. **JT** 1 Roy Chambers (Wok) 46.36, 2 Humphrey Waddington (K&P) 45.90, 3 Roy Collier (Belg) 37.95.

#### SENIOR MEN

**100m** 1 Leroy Slue (Harrow) 10.93, 2 Joshua Wood (Harrow) 11.05, 3 William Pobie (HHH) 11.16. **200m** (+2.2) 1 Leroy Slue (Harrow) 22.03, 2 Victor Nwagbara (K&P) 22.21, 3 Lawrence Mensah (HHH) 22.23. **400m** 1 Dedan Simmons (Harrow) 48.77, 2 John Heanley (WSEH) 49.87, 3 Robbie McIntyre (Croy) 50.53. **800m** 1 Russell Bentley (B&B) 1:52.71, 2 Laurence Chandy (TVH) 1:56.08, 3 Joe Godsell (B&B) 1:56.59. **1500m** 1 Philip Wicks (Belg) 3:59.37, 2 Ben Paviour (Serp) 4:00.17, 3 Paul Mainwaring (G&G) 4:04.64. **5000m** 1 Philip Wicks (Belg) 15:00.07, 2 Stuart Major (SLH) 15:19.32, 3 Karl Corpez (AFD) 16:21.91. **110H** 1 John Heanley (WSEH) 14.99, 2 Charles Akpabio (WGEL) 15.01, 3 James Parker (E&E) 15.77. **400H** 1 Austin Ferns (HW) 54.49, 2 Paul Beaumont (Belg) 57.51, 3 James Parker (E&E) 58.48. **3000SC** 1 Jonathan Brine (Walt) 11:19.4. **HJ** 1 Yasir Maafri (Kingst Uni) 1.70. **PV** 1 John Heanley (WSEH) 4.86, 2 Greg Conlon (TVH) 4.70, 3 Steve Carpenter (Wok) 4.20. **LJ** 1 Darren Dodds (G&G) 6.72/+1.9, 2 Richard Danso (Belg) 6.62/-1.0, 3 Christiaan de Jager (HW) 6.15/-0.8. **TJ** 1 Curtis May (HHH) 14.63, 2 Matthew Pullan (Wok) 13.80, 3 Akin Oyediran (HHH) 13.73. **SP** 1 Kyle Stevens (K&P) 15.23, 2 Anthony Soalla-Bell (SB) 14.45, 3 Michael Small (WSEH) 13.42. **DT** 1 Leith Marar (RSB) 49.34, 2 Michael Small (WSEH) 42.23, 3 John Heanley (WSEH) 37.07. **HT** 1 Gareth Cook (K&P) 56.95, 2 Gavin Cook (TVH) 51.26, 3 Mark Covington (G&G) 49.56. **JT** 1 Duncan MacDonald (TVH) 53.98, 2 John Heanley (WSEH) 49.57, 3 Mark Roberts (K&P) 48.48.



## COUNTY CHAMPIONSHIPS

*Veterans Track & Field Championships, Kingsmeadow, 28 May 2005*

### Winners - Men

**100m** M40 Mark Baker (HW) 12.0, M45 Kwei Sankofa (HHH) 11.8 CBP, M50 Geoff Walcott (HW) 12.3, M60 Charles Isetts (K&P) 13.5, M65 Kevin Burnett (SoC) 16.9 CBP, M70 Gordon Daborn (E Vets) 15.6 CBP, M75 Alf Woods (E&E) 19.4.

**200m** M40 John Shepherd (E&H) 24.5, M45 Kwei Sankofa (HHH) 24.1 CBP, M50 Geoff Walcott (HW) 24.8, M55 Robin Roach (Walton) 29.4, M60 Terry Bissett (E&E) 27.0, M65 Kevin Burnett (SoC) 34.7, M70 Gordon Daborn (E Vets) 32.1 CBP.

**400m** M40 Mark Butler (E&E) 57.4, M45 Kwei Sankofa (HHH) 53.9 CBP, M55 David Hayward (Vets AC) 62.2, M60 David Whittaker (E&E) 72.0, M65 Kevin Burnett (SoC) 83.3, M70 Gordon Daborn (E Vets) 82.3 CBP.

**800m** M40 Ian Wright (Croy) 2:07.1, M45 David Warren (Croy) 2:20.5, M50 Jack Rutherford (Walt) 2:24.1, M60 Richard Somers (E&E) 2:25.9 CBP.

**1500m** M40 Victor Maughn (HHH) 4:30.3, M45 Tony Harran (HHH) 4:43.5, M50 Barry Attwell (SLH) 4:36.4, M55 Michael Mann (HHH) 4:38.2 CBP, M60 Peter Giles (HW) 5:24.9, M70 Brian Shave (HHH) 7:21.4.

**5000m** M40 Tony St Leger (Belg) 16:52.1, M45 Ray Marriott (SLH) 16:31.3, M50 Steve Newton (HW) 17:07.4, M55 Michael Mann (HHH) 17:44.1, M60 Peter Giles (HW) 19:02.4 CBP, M65 Alan Lang (Ran) 22:10.9.

**80H** M70 Gordon Daborn (E Vets) 15.5, **100H** Yarn Ballard (Croy) 19.2, **110H** M40 Peter Roberts (Croy) 20.1.

**300H** M60 David Barrington (K&P) 53.1, M70 Gordon Daborn (E Vets) 59.3 CBP.

**400H** M40 Peter Roberts (Croy) 68.6, M45 David Moles (Walt) 62.1 CBP, M50 Yarn Ballard (Croy) 77.4.

**HJ** M40 Peter Roberts (Croy) 1.61 CBP, M50 Hollis Wilson (SLH) 1.40, M55 Joe Eastwood (Wok) 1.35, M75 Alf Woods (E&E) 1.00.

**PV** M40 John Andrews (E&E) 3.95 CBP, M50 Nick Phipps (Wok) 3.40 =CBP, M60 Brian Harlick (E&E) 2.70.

**LJ** M40 John Shepherd (E&H) 6.43 CBP, M45 Geoff Van Klaveren (HW) 4.23, M50 Hollis Wilson (SLH) 4.71, M70 Colin Sheppard (BMH) 3.73 CBP.

**TJ** M40 Peter Roberts (Croy) 10.98, M70 Colin Sheppard (BMH) 7.58 CBP.

**SP** M40 Peter Todd (RSB) 11.32, M45 Ashley Kibblewhite (TVH) 10.38, M50 Mike Small (WSEH) 15.08 CBP, M55 Tony Richards (Croy) 11.43, M60 Chris Melhuish (CambH) 9.27, M65 Kevin Burnett (SoC) 6.57, M75 Ian Briggs (RSB) 7.65.

**DT** M40 Peter Todd (RSB) 36.14, M45 Ashley Kibblewhite (TVH) 30.70, M50 Mike Small (WSEH) 48.14 CBP, M55 Tony Richards (Croy) 38.12 CBP, M60 Chris Melhuish (Camb H) 36.57, M65 Kevin Burnett (SoC) 20.28, M75 Ian Briggs (RSB) 26.73 CBP.

**HT** M40 Iwan Borszcz (Vets AC) 40.78, M45 Chris Privett (Belg) 41.92, M50 Nigel Hooker (G&G) 38.72, M55 Ken Prior (E&E) 39.09, M60 Chris Melhuish (CambH) 47.03, M65 John Webster (HW) 37.16 CBP.

**JT** M40 Jeremy Davis (Walt) 44.36, M45 Geoff Van Klaveren (HW) 35.23, M55 Les Hatton (K&P) 42.93 CBP, M60 Brian Harlick (E&E) 25.92, M65 John Webster (HW) 36.37 CBP.

## COUNTY CHAMPIONSHIPS

### Veterans Track & Field Championships (continued)

**JT** M70 Gordon Daborn (E Vets) 28.34.

**3000m walk** M45 John Ryan (Vets AC) 22:29.3, M50 David Hoben (SoC) 20:14.9, M55 Carl Lawton (Belg) 16:35.1, M60 Nolan Simmons (SyWC) 18:28.5, M65 Michael Harran (HHH) 17:41.1 CBP, M70 John May (Vets AC) 24:58.2, M80 Jack Fitzgerald (S&D) 26:48.6

### Winners - Women

**100m** W35 Melina Healey (B&B) 14.6, W40 Angela Griffiths (E&E) 14.0, W55 Val Parsons (WSEH) 14.2, W60 Iris Holder (Wok) 16.2.

**200m** W35 Melina Healey (B&B) 29.9, W40 Angela Griffiths (E&E) 28.6, W50 Ros Aylett (Walt) 31.7, W55 Val Parsons (WSEH) 30.8, W60 Iris Holder (Wok) 33.9 CBP

**400m** W40 Alison Collins (SLH) 66.5

**800m** W35 Susan McDonald (SLH) 2:41.4, W45 1 Jane Searle (K&P) 2:38.4

**5000m** W40 Janet Ray (DMV) 18:28.6, W45 Jan Ross (Winch) 18:42.8 CBP.

**PV** W35 Jayne Anderson (Belg) 1.90.

**LJ** W35 Joanne Regan (Walt) 4.71 CBP, W40 Jacqui Honeyball (NHH) 3.22, W50 Linda Harrison (Croy) 2.96, W60 Iris Holder (Wok) 3.84.

**TJ** W35 Joanne Regan (Walt) 9.30, W50 Linda Harrison (Croy) 6.46 CBP.

**SP** W35 Camilla Thrush (K&P) 10.50 CBP, W50 Vilma Thompson (Belg) 10.17, W55 Mary Waddington (K&P) 5.22, W60 Liz Sissons (E&E) 9.55 CBP

**DT** W35 Camilla Thrush (K&P) 33.69 CBP, W50 Vilma Thompson (Belg) 23.33, W55 Mary Waddington (K&P) 14.57, W60 Liz Sissons (E&E) 21.91 CBP.

**HT** W35 Camilla Thrush (K&P) 36.00, W45 Debbie Singleton (Walt) 24.21, W50 Vilma Thompson (Belg) 28.98 CBP, W55 Mary Waddington (K&P) 23.46, W60 Liz Sissons (E&E) 27.33 CBP.

**JT** W35 Camilla Thrush (K&P) 24.35, W50 Vilma Thompson (Belg) 25.37, W60 Liz Sissons (E&E) 27.99 CBP.

**3000m Walk** W45 Fiona Bishop (Woking) 17:35.4 CBP

### 10 Miles Road, Dorking, 5 June 2005

#### MEN

1	J Simpson	SLH	52:48
2	I Lockett	HHH	53:21
3	P Doyle	Rane	53:25
M40	M Airey	Box	57:37
M50	I Kitching	SLH	58:48
M60	P Giles	THH	65:42

#### WOMEN

1	Marie Synnott-Wells	Rane	63:29
2	Becky McNichols	HHH	63:34
3	Clare Nicholson	Stragg	63:59
W35	Marie Synnott-Wells	Rane	63:29
W45	Dee Smale	Stragg	68:28
W55	Jane Davies	E&E	73:48

#### TEAMS

1	SLH	20	1	Ranelagh H	10
2	Belgrave H	28	2	Wimbledon Windmilers	29
3	Ranelagh H	35	3	The Stragglers	34

## COUNTY CHAMPIONSHIPS

### 10 Kilometres Road, Petersham, 26 June 2005

#### MEN

1	Paul Doyle	Rane	31:53
2	Stuart Major	SLH	32:38
3	Will Cockerell	Belg	32:54
M40	Barry Broe	E&E	34:41
M50	Ian Kitching	SLH	36:01
M60	Guy Phelps	WimbW	41:54

#### WOMEN

1	Naomi Warner	THH	35:23
2	Jo Ronaldson	Rane	36:25
3	Marie Synnott-Wells	Rane	37:38
W35	Jo Ronaldson	Rane	36:25
W45	Dee Smale	Stragg	40:13
W55	Sue Garner	Ling	44:56

#### TEAMS

1	Thames Hare & Hounds	1	Ranelagh H
2	Epsom & Ewell H	2	The Stragglers
3	South London H	3	Striders of Croydon

## INTER-COUNTY EVENTS

### CAU Inter-Counties, Bedford, 29/30 May 2005

#### TEAM RESULT:

MEN: 1 Yorkshire 84, 2 Middlesex 76, 3 Essex 72, 4 SURREY 60.5, 5 Herts 56

WOMEN: 1 SURREY 80, 2 Essex 71.5, 3 Middlesex 64.5, 4 Hants 51.5, 5 Yorkshire 51

#### MEN

100M	8s2 Jonathan Barbour	10.78/+0.4
200M	3 Tim Abeyie	21.18w/+2.5
400M	1B Dedan Simmons	48.06
800M	4 Jamie McCullagh	1:57.05
1500m	-	
Mile	5 Russell Bentley	4:15.84
5000M	3 Philip Wicks	14:20.10
100H	-	
110H	4h3 John Heanley	15.22/+1.7
400H	2h1 Austin Ferns	53.40
2000SC	-	
3000SC	14 Christopher Hogg	10:58.56
3000W	14 Tim Watt	15:54.44
PV	8 John Heanley	4.10m
HJ	9= Nick Stanisavljevic	2.00m
LJ		
TJ	3 Seni Majekodummi	15.45m/+1.5
DT	3 Abdul Buhari	53.57m
JT	16 Duncan MacDonald	56.94m
HT		
SP	9 Anthony Soalla-Bell	14.72m

#### WOMEN

7	Sabrina Scott	11.99 / +1.2
2	Donna Fraser	23.72/+1.6
6h3	Ruth Brereton	58.02
6	Claire Robinson	2:11.79
7	Emily Adams	4:42.57
-		
6	Alice Lethbridge	17:08.42
2	Sarah Porter	13.67/+1.6
-		
6	Jennifer Culley	61.71
5	Alice Lethbridge	7:10.01
-		
4	Estle Viljoen	14:14.24
15	Louise Clarke	2.80m
1	Julia Bennett	1.85m
3	Sarah Wellstead	6.13m/+1.4
10	Azaria Francis	11.84m
14	Angela Mitchell	34.23m
6	Jenny Grimstone	41.43m
19	Helen Ephgrave	35.53m
4	Eleanor Gatrell	14.14m

## ***INTER-COUNTY EVENTS***

### ***Army v Surrey v Hampshire v Achilles, Aldershot, 29 June 2005***

Team Scores:-

Men: 1 Surrey 170; 2 Achilles 166, 3 Hampshire 143; 4 Army 123

Women: 1 Hampshire 170; 2 Achilles 138; 3 Surrey 130; 4 Army 60

	<b>MEN</b>	<b>WOMEN</b>
100M	4 Josh Wood 11.3 8 Victor Nwagbara 11.6	1 Helen Williams 12.6
200M	2 Josh Wood 23.0 3 Victor Nwagbara 23.5	2 Susan Bovill 25.8 3 Liz Williams 25.9
400M	4 Robbie McIntyre 51.6 5 George Thatcher 52.3	
800M	5 Robbie Powell 1:58.6	1 Emily Adams 2:14.0 2 Lauren Webb 2:15.1
1500M	5 Ben Paviour 4:05.1	1 Emily Nelson 4:33.9 3 Georgina Furze 4:56.8
3000M	2 Ben Paviour 9:11.0 7 Humphrey Waddington 10:38.0	
2000SC	1 Mike Maranzano 6:27.4 4 Chris Hogg 6:55.3	
110H	1 Charles Akpabio 15.2 4 James Parker 16.0	
400H	1 Austin Ferns 54.5 3 James Parker 56.3	2 Claire O'Neil 66.5
HJ	5 Humphrey Waddington 1.80m 6 Mike Assamoah 1.75m	
PV	2 Greg Conlon 4.80m	
LJ	2 James Hepstontall 6.38m 6 David Wellstead 6.16m	3 Helen Williams 5.33m 4 Katryna Euridge 5.15m
TJ	3 David Wellstead 13.38m 4 James Hepstontall 13.26m	1 Liz Patrick 11.29m 2 Katryna Euridge 10.93m
SP	1 Tony Soalla-Bell 14.74m	1 Eleanor Gatrell 14.04m 4 Camilla Thrush 10.33m
DT	2 Leith Marar 51.40m	3 Eleanor Gatrell 32.70m 4 Kasia Cobliik 31.71m
HT	3 Mark Covington 47.45m 4 Iwan Borszcz 41.73m	2 Eleanor Gatrell 36.51m 1 Jenny Grimstone 39.58m
JT	1 Bekele Tola 58.01m 2 Duncan Mc Donald 51.64m	
4x100M	Surrey DSQ	1 Surrey 50.6
4x400M	2 Surrey 3:34.6	

## **INTER-COUNTY EVENTS**

**Under 13 Inter-Counties, Kingsmeadow, 24 July 2005**

*Team Results (Top 6 counties)*

<i>BOYS</i>			<i>GIRLS</i>		
1	Surrey	331	Middlesex	314	
2	Dorset	311.5	Surrey	313.5	
3	Hampshire	311	Essex	309	
4	Middlesex	296	Oxfordshire	305	
5	Kent	289.5	Hertfordshire	297	
6	Sussex	280	Hampshire	288	
100M	A3 Bismark Donkor	12.80/-0.7	A7 Amy Allcock	13.72/0.0	
	B3 Andre Thomas-Richards	13.60/0.0	B6 Emily de Beaux	14.14/0.0	
200M	A3 Sunny Adebajji	25.78/0.0	A5 Caleisha Cole	28.48/0.0	
	B5 Andre Thomas-Richards	27.90	B1 Amy Allcock	28.04/0.0	
800M	A3 Connor Vine	2:16.81	A6 Harriet Field	2:33.96	
	B1 Elliot Woolmer	2:17.57	B5 Hannah Fay	2:38.15	
1500M	A1 Joshua Grace	4:46.55	A4 Bethan Hubbard	5:04.43	
	B1 Jonathan Burgess	4:43.18	B3 Hannah Edwards	5:14.22	
80/70H	A1 Andre Thomas-Richards	12.97	A5= Phoebe Haynes	12.36/+2.7	
	B8 Rob Smallcombe	15.91	B4 Christianna Risman	12.35/+2.8	
HJ	5 Julian Allwood	1.35	8 Phoebe Hayes	1.35	
LJ	A8 Julian Allwood	4.62/+0.8	A1 Caleisha Cole	4.75/+2.1	
	B5 Connor Vine	4.57/-0.2	B3 Sarah Abrams	4.28/+0.2	
SP	A8 Thomas Bullen	7.88	A8 Katie Wren	7.44	
	B9 Jordan Staples	6.84	B10 Kaylin Purvor	7.10	
DT	A4 David Mitchell	22.51	A13 Hannah Fay	14.42	
	B3 Elliott Welch	18.27	B6 Holly Stroud	16.76	
JT	A7 David Simmonds	30.21	A6 Charlotte Kanini-Parsons	21.29	
	B12 Josh Corrigan	12.80	B5 Holly Stroud	19.16	
4x100	2 Surrey	53.13	3 Surrey	55.22	

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## **COUNTY RECORDS**

The following new County Track & Field records have set this season:

- 11 June U17W & U20W Javelin - 42.80m Jade DODD (HHH) - Battersea
- 11 June SW 3000M Steeplechase - 10:51.82 Alice LETHBRIDGE (AFD) - Watford
- 2 July U15B Shot Putt - 15.97m Michael WHEELER (HHH) - Tooting
- 3 July U20M 400M - 46.44 Martyn ROONEY (Croydon) - Bedford
- 22 July U20M 400M - 46.44 Martyn ROONEY (Croydon) - Kaunas, Lithuania
- 27 July U15B Shot Putt - 16.02m Michael Wheeler (HHH) - Tooting

**SURREY ATHLETES AT INTERNATIONAL MEETINGS**  
**(May - July 2005)**



*Spar* *European*  
*Florence, Italy, 17-19 June 2005*

*Cup,*

Men's Discus: 8th Emeka UDECHUKU 57.38m

*Spar European Cup, Leira, Portugal, 18-19 June 2005*

Women's 100M: 3rd Joice MADUAKA 11.45 SB

Women's 200M: 3rd Joice MADUAKA 23.59 SB

Women's 400M: 1st Donna FRASER 52.34 SB

Women's High Jump: 3rd= Julia BENNETT 1.85m

Women's 4x400M: 1st GB&NI (Donna Fraser ran 3rd leg) 3:27.03



*European Cup Combined Events First League, Jyväskylä, Finland, 2-3 July 2005*

Men's Decathlon: 20th John HEANLEY 7136 (11.54/+0.9, 7.03/+1.7, 11.63 1.92 50.25; 15.16/+1.0, 36.70, 4.50, 46.86, 4:33.33)



*IAAF World Youth Championships, Marrakesh, Morocco, 13-17 July 2005*

Harry Aikines-Aryeetey (Sutton & District) gained the distinction of winning both the 100M & 200M - the first time any athlete has achieved this double at the WYC.

Girl's 100M: 6th in SF Joscelynn HOPESON 11.86/+0.6

Girls High Jump: 6th Charis O'CONNOR 1.79m

Boys 100 Metres: 1st Harry AIKINES-ARYEETAY 10.35/+0.8 PB

Boys 200 Metres: 1st Harry AIKINES-ARYEETAY 20.91/+0.7 PB

## **SURREY ATHLETES AT INTERNATIONAL MEETINGS** **(May - July 2005)**



### ***European Under 23 Championships, Erfurt, Germany, 14-17 July 2005***

Women's 5000M: 6th Eleanor BAKER 16:22.51

### ***European Under 20 Championships, Kaunas, Lithuania, 21-24 July 2005***

Women's 100M: 4th in SF Joscelynn HOPESON 12.21 / -0.9

Women's 4x100m: 5th GB & NI (4th leg Joscelynn HOPESON) 45.24

Men's 400M: 2nd Martyn ROONEY 46.44

Men's 4x100m: DNF in heat GB & NI (1st leg Harry AIKINES-ARYEETEEY) DNF

Men's 4x400m: 1st GB & NI (4th leg Martyn ROONEY) 3:06.67

Men's High Jump: 9th Nick STANISAVLJEVIC 2.10m

## ***SURREY ATHLETES SELECTED FOR FUTURE INTERNATIONAL EVENTS***



### ***IAAF WORLD CHAMPIONSHIPS, HELSINKI, 6-14 AUGUST 2005***

Women's 400M & 4x400M : Donna FRASER

Men's 200M & 4x100M: Chris LAMBERT (subject to fitness test)

Men's 4x400M: Martyn ROONEY

## **SURREY COUNTY ATHLETIC ASSOCIATION 100 CLUB**

You can help the finances of the Association by joining the 100 Club.

Each share costs £12 for a year. Further details from:-

Mike Scott, 30 Silver Birch Close, Woodham, Surrey KT15 3QW

Tele: 01932 343108

## **COUNTY DIARY 2005 - 2006**

### **2005**

13 August	Vets T&F Inter-County	Ashford, Kent
13/14 August	AAA U17/U15 T&F Championships	Birmingham
14 August	SCAA 5K Championship & RL	Wimbledon
14 August	SEAA Senior Inter-County	Haringey
20/21 August	AAA U17/U15 Comb Events + 3000m	Birmingham
21 August	U17 Inter-County	Portsmouth
21 August	CAU 10K Road Race	Bishop Auckland
27 August	SCAA 10,000M Track Championship	Tooting Bec
28 August	U15 & U20 Inter Counties	Abingdon
10 September	SCAA Road Relays	Wimbledon Park
10/11 September	SCAA Combined Events	Crawley
17/18 September	English Schools Comb Events + Walks	Southampton
2 October	SCAA YA Cross Country Relays	Stoke Park, Guildford
15 October	SCAA Vets Cross Country Champs	Petersham
27 November	U13/U15 Sportshall	Spectrum, Guildford
10 December	SEAA Inter-County Cross Country	Southend

### **2006**

7 January	SCAA Cross Country Championships	Lloyd Park
8 January	U13/U15 Sportshall	Spectrum, Guildford
5 February	U13/U15 Sportshall	Spectrum, Guildford

Updates to the Diary are published on the county web site and can be found at:  
[www.surreyathletics.org.uk/diary](http://www.surreyathletics.org.uk/diary)

If you do not normally receive SCAN but would like to - it can be downloaded from the County web site: [www.surreyathletics.org.uk](http://www.surreyathletics.org.uk). If you would like an E-mail informing you that a new edition has been published then please contact the editor (details below):

Editor: Keith Burchell, 26 Norfolk Avenue, Sanderstead, SOUTH CROYDON, Surrey CR2 8BN E-mail: [scan@surreyathletics.org.uk](mailto:scan@surreyathletics.org.uk)

If you have any views that you wish to express that would be of interest to SCAN readers then the editor will publish suitable material.

Please note the following dates for submission of items for inclusion in SCAN:

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17<sup>th</sup> April 2006 (May issue) & 17<sup>th</sup> July 2006 (August issue).