

SURREY COUNTY ATHLETIC NEWS

(Issue 74 - mid-September 2013)

MARIANNE BLACK (nee DEW) 1938 - 2013

We regret to announce the death of Marianne Black on 16 September 2013 aged 75. As Marianne Dew of Selsonia Ladies AC she made her breakthrough in 1958 when, after winning the Surrey 220 yards title, followed by the Southern title, she then finished 3rd in the WAAA final. She was selected to represent England in the 1958 British Empire & Commonwealth Games, held in Cardiff, and GB&NI in the 1958 European Championships, held in Stockholm, where she reached the semi-finals of the 200m and was part of the British team which finished 2nd in the 4x100m relay. She married Alan Black the Belgrave Harriers runner. Her last international appearance was in 1962. Her profile on the County website shows many of her performances including 3 Surrey Senior 220 yards titles. Marianne's funeral will be held at Randalls Park Crematorium, Leatherhead on Friday, 4th October at 11:45am.



The Surrey 4 x 110 yards relay team of (from left to right) Jenny Taylor, Marianne Dew, Mary Hall & Janette Neil after setting a meeting record of 47.6 in the Women's Inter-County Meeting held on 6 August 1960.

Photo by G.E.H. Cranham was first published in SCAN in the issue dated October 1960.

BOB BELMORE 1927 - 2013

We are sad to report the passing of Bob Belmore on 9th September 2013 after a long illness. Bob, was a member of Guildford & Godalming AC and a regular performer in County 3 Miles & 6 Miles and Cross-Country Championships in the 1950s & 1960s. In more recent years he was an ardent supporter of Veterans/Masters athletics and will be remembered particularly for his efforts to establish County Championships for this group. He was a life member of the County Association.

CROSS COUNTRY 2013-2014

2XU SURREY CROSS COUNTRY LEAGUE

Div 1	Div 2	Divs 3/4
19 Oct Wimbledon Common	Richmond Park	Lightwater
9 Nov Mitcham Common	Wimbledon Common	Roundshaw Downs
11 Jan Putney Vale	Reigate Priory	Oxshott
8 Feb Richmond Park	Lloyd Park, Croydon	Newlands Corner

Spare Dates: 7 December & 1 March.

SURREY LADIES CROSS-COUNTRY LEAGUE

19.10.2013 Lightwater	07.12.2013 Coulsdon
11.01.2014 Putney Vale	08.02.2014 Lloyd Park, Croydon

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SURREY ROAD LEAGUE 2013

The overall winners were:-

Men: Alister Moses (Reigate Priory)	Women: Lisa Harris (Croydon)
M40: Philip Pearson (SLH)	W35: Jay Hadfield (Elmbridge)
M50: Gary Ironmonger (HHH)	W45: Phyllis Flynn (Stragglers)
M60: Peter Rand (Tadworth)	W55: Annette Morris (Reigate Priory)
Men's Team: Clapham Chasers	Women's Team: Ranelagh Harriers

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WHAT'S NEW ON THE WEBSITE

Our researchers have been busy looking through the archives to add further historical results to the database. In particular full results of the Women's County Track & Field Championships held in 1978 have been added as well as results from the championships held in 2013.

A new feature is the ability to view a chronological list of Senior County Champions (*from the Home Page click on "Track & Field" then click on "County Championships" and then click on "Chronological list of County Champions by event"*) - for some events we can go back as far as 1897. Please note these lists can only include data that we possess. If you can fill any gaps then please let us know.

COUNTY RECORDS SET IN 2013

SM 100m	10.08/-0.1	James Dasaolu (Croydon H)	Prague, CZE	10 Jun
SM 100m	10.05/-1.3	James Dasaolu (Croydon H)	Birmingham	30 Jun
SM 100m	10.03/+0.8	James Dasaolu (Croydon H)	Birmingham	30 Jun
SM 100m	9.91/+1.1	James Dasaolu (Croydon H)	Birmingham	13 Jul
SM 5k Walk	19:27.39	Alex Wright (Belgrave H)	Birmingham	14 Jul
SM 20k Walk	1:23.05	Alex Wright (Belgrave H)	Lugano, SUI	17 Mar
U20M 400mH	52.03	Jacob Paul (WindsorSE&H)	Basildon	28 Apr
U20M 400mH	51.56	Jacob Paul (WindsorSE&H)	Oordegem, BEL	1 June
U20M 400mH	50.74	Jacob Paul (WindsorSE&H)	Rieti, ITA	19 July
U20M 400mH	50.71	Jacob Paul (WindsorSE&H)	Rieti, ITA	21 July
U20M Long J	7.70m/-0.6	Elliot Safo (Croydon H)	Loughborough	19 May
U20M Long J	7.73m/+0.9	Elliot Safo (Croydon H)	Mannheim, GER	30 June
U20M Long J	7.82m/-0.1	Elliot Safo (Croydon H)	Rieti, ITA	19 July
U20M Long J	7.86m/-0.3	Elliot Safo (Croydon H)	Rieti, ITA	19 July
U17M 1500m	3:52.80	Gus Cockle (Aldershot,F&D)	Watford	12 June
U17M 1500m	3:51.81	Gus Cockle (Aldershot,F&D)	Watford	7 Aug
U17M 1 Mile	4:15.79	Tom Holden (South London H)	Oxford	20 July
U17M 3000m	8:21.39	Gus Cockle (Aldershot,F&D)	Watford	29 May
SW Heptathlon	5638pts	Jo Rowland (Crawley)	Florence, ITA	2 May
SW Heptathlon	5702pts	Jo Rowland (Crawley)	Arona, ESP	2 June
U20W 1500m	4:14.40	Georgia Peel (AldershotF&D)	Tallahassee, USA	13 Apr
U20W 400mH	60.06	Shona Richards (WindsorSEH)	Sint Niklaas, BEL	9 May
U20W 400mH	59.87	Shona Richards (WindsorSEH)	Bedford	16 June
U20W 400mH	58.88	Shona Richards (WindsorSEH)	Birmingham	6 July
U20W 400mH	58.64	Shona Richards (WindsorSEH)	Rieti, ITA	20 July
U20W 400mH	58.33	Shona Richards (WindsorSEH)	Rieti, ITA	21 July
U17W 1500mSC	5:15.58	Phoebe Law (Kingson & Poly)	Carshalton	7 Sept
U17W Triple J	12.26m/+1.8	Morgan Lake (WindsorSEH)	Hendon	11 Aug
U17W Triple J	12.35m/+0.3	Morgan Lake (WindsorSEH)	Birmingham	8 Sept
U17W Hammer	39.82m	Sophie Mace (Walton AC, U15)	Oxford	14 Aug
U15G 800m	2:10.99	Katy-Ann McDonald (Herne Hill)	Milton Keynes	18 May
U15G Discus	40.38m	Sophie Mace (Walton AC)	Kingston	1 May
U15G Discus	41.30m	Sophie Mace (Walton AC)	Horsham	4 Aug
U15G Discus	42.06m	Sophie Mace (Walton AC)	Woking	7 Aug
U15G Hammer	43.83m	Sophie Mace (Walton AC)	Swindon	16 Feb
U15G Hammer	46.05m	Sophie Mace (Walton AC)	Luton	6 April
U15G Hammer	47.94m	Sophie Mace (Walton AC)	Hendon	11 Aug

These records were set on 37 occasions in 17 events. The following table shows a comparison with the preceding years (previous years figures are for the complete calendar year):-

	2013	2012	2011	2010	2009	2008	2007	2006	2005
Occasions	37	26	11	9	10	19	17	15	8
Events	17	16	10	9	9	14	9	7	6

COUNTY CHAMPIONSHIPS

Half-Marathon, Petersham, 5 May 2013

MEN				WOMEN			
1	Phil Killingley	Rane	74.57	1	Natalie Glover	SLH	90.02
2	Darren McNeely	Elm	75.28	2	Sally Goble	Has B	90.49
3	Tom Griffiths	G&G	75.43	3	Phyllis Flynn	Strag	90.50
M40	David Freema	Tad	76.19	W35	Sally Goble	Has B	90.49
M50	Duncan Haughey	Elm	83.41	W45	Sally Goble	Has B	90.49
M60	Peter Rand	Tad	88.16	W55	Annette Morris	Reig P	106.30
TEAMS							
1	Clapham Chasers		21	1	Haslemere Border AC		24
2	Ranelagh Harriers		38	2	The Stragglers		27
3	Tadworth AC		42	3	Ranelagh Harriers		40

Track & Field, Kingsmeadow, 25/26 May 2013

UNDER 13 GIRLS

100m (-1.9) 1 Lakeisha Owusu-Junior (Sutt) 13.65; 2 Pippa Earley (K&P) 13.71; 3 Esinam Dake (Croy) 13.85. **200m** (-1.4) 1 Pippa Earley (K&P) 27.80; 2 Lakeisha Owusu-Junior (Sutt) 28.22; 3 Marcia Sey (Croy) 28.30. **800m** 1 Eloise O'Shaughnessy (HHH) 2:25.00; 2 Alexandra Shaw (G&G) 2:25.02; 3 Eimear Griffin (HHH) 2:25.25. **1500m** 1 Alexandra Brown (HHH) 4:54.19 CBP; 2 Elsa Palmer (DMV) 4:54.84; 3 Claudia Lance-Jones (G&G) 5:10.62. **70mH** (-1.8) 1 Ayse Hussein (Belg) 12.33; 2 Similda Turay (HHH) 12.43; 3 Georgia Duthie (E&E) 13.15. **HJ** 1 Kaitlin Lawrence (G&G) 1.35m; 2 Georgia Duthie (E&E) 1.30m. **LJ** 1 Ore Adamson (HHH) 4.52m/+0.9; 2 Pippa Earley (K&P) 4.51m/+3.0; 3 India Dryburgh (Walt) 4.44m/+2.1. **SP** 1 Ayse Hussein (Belg) 7.84m 2 Tait Jones (Walt) 7.78m. 3 Renae Jenoure-Jackson (Croy) 7.66m. **DT** 1 Tait Jones (Walt) 27.05m 2 Nicola Bell (Walt) 19.46m; 3 Hana Yun-Stephens (Tonb) 15.68m. **JT** 1 Zoe Macrae (G&G) 29.92m; 2 Nicola Bell (Walt) 26.12m; 3 Tait Jones (Walt) 22.03m.

UNDER 15 GIRLS

100m (-1.8) 1 Lucy Hoad (ReigP) 12.75; 2 Sophia Henlon (Sutt) 12.82; 3 Nicole Okologume (Sutt) 13.06. **200m** (-1.9) 1 Lucy Hoad (ReigP) 26.22; 2 Ellie Grove (G&G) 26.70; 3 Chloe Roddy (Wok) 26.95. **800m** 1 Katy-Ann McDonald (HHH) 2:17.46; 2 Clara Grinyer (ReigP) 2:18.56; 3 Mollie O'Sullivan (K&P) 2:20.47. **1500m** 1 Saskia Millard (HHH) 4:42.63; 2 Eugenie Cockle (AFD) 4:47.28; 3 Niamh Brown (AFD) 4:49.55. **75mH** (nwr) 1 Sophie Elliss (ReigP) 11.47; 2 Lois Drummie (E Grin) 11.97; 3 Megan Hildrew (G&G) 12.06. **HJ** 1 Breagha Campbell (HHH) 1.50m; 2 Lauryn John-Greenwood (Croy) 1.45m; 3= Jemma Wood (G&G) & Lois Drummie (E Grin) 1.45m. **PV** 1 Madeleine Sketchley (Sutt) 1.90m; 2 Freddie Target-Parker (HHH) 1.80m. **LJ** 1 Jemma Wood (G&G) 5.01m/+2.4; 2 Rhianna Reynolds (K&P) 4.88m/+3.3; 3 Emily Hornung (DMV) 4.65m/+0.4. **SP** 1 Sophie Mace (Walt) 11.76m; 2 Hetty Taylor (Walt) 9.70m; 3 Breagha Campbell (HHH) 8.99m. **DT** 1 Sophie Mace (Walt) 39.11m **CBP**; 2 Belinda Willoughby (C'ley) 22.19m; 3 Saskia Millard (HHH) 20.10m. **HT** 1 Sophie Mace (Walt) 42.15m **CBP**; 2 Eleanor Frame (G&G) 25.01m. **JT** 1 Rachel Woods (Wok) 27.90m; 2 Bintu Freeman (HHH) 26.80m; 3 Emma Brown (DMV) 26.72m.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 25/26 May; Tooting Bec, 24 August (10,000m) & Carshalton, 7 September 2013 (S/C).

UNDER 17 WOMEN

100m (-2.4) 1 Imani Lansiquot (Sutt) 12.11; 2 Ashleigh Clarke (Croy) 12.46; 3 Michella Obijiaku (HHH) 12.57. **200m** (-2.8) 1 Imani Lansiquot (Sutt) 24.86; 2 Ashleigh Clarke (Croy) 25.03; 3 Michella Obijiaku (HHH) 26.69. **300m** 1 Jasmine Mitchell (G&G) 42.89; 2 Elle Butcher (K&P) 43.81; 3 Eleanor Arnfield (K&P) 44.12. **800m** 1 Alice Chandler (ReigP) 2:16.28; 2 Lianne Lafreniere (G&G) 2:19.21; 3 Pippa Tilney (AFD) 2:22.93. **1500m** 1 Phoebe Law (K&P) 4:53.30; 2 Stevie Lawrence (Croy) 4:54.06; 3 Emma Headley (HW) 4:55.57. **3000m** 1 Phoebe Law (K&P) 10:35.56; 2 Eloise Milbourn (AFD) 10:46.63; 3 Kathryn Ditton (WSEH) 10:59.22. **80mH** (-0.6) 1 Elizabeth Foster (G&G) 12.32; 2 Hope Sarti (G&G) 12.38; 3 Taylor Campbell (Croy) 13.03. **300mH** 1 Elizabeth Foster (G&G) 47.88; 2 Lianne Lafreniere (G&G) 48.38; 3 Freya Savage (G&G) 49.19. **1500m S/C** 1 Phoebe Law (K&P) 5:15.58 **CBP** (new event); 2 Lucy Drummond (E&E) 5:54.98; 3 Caitlin Critchley (AFD) 6:07.70. **HJ** 1 Phoebe Callaghan-Mills (K&P) 1.59m; 2 Jessica Hall (G&G) 1.55m; 3 Sophie Hubbard (Belg) 1.55m. **PV** 1 Caitlin Dimpleby (K&P) 2.80m; 2 Stevie Lawrence (Croy) 2.30m. **LJ** 1 Kerri Davidson (B&B) 5.19m/+2.3; 2 Chloe Last (Wok) 5.12m/+2.2; 3 Hannah Knights (G&G) 4.94m/+1.3. **TJ** 1 Kerri Davidson (B&B) 11.70m/+4.2 **CBP**; 2 Rhianna Reynolds (K&P) 10.54m/+1.9; 3 Hannah Knights (G&G) 10.29m/+1.7. **SP** 1 Michella Obijiaku (HHH) 10.39m; 2 Jordyn Robinson (E&E) 8.63m; 3 Anieshka Mido (Croy) 8.45m. **DT** 1 Cathy Coleman (G&G) 25.56m; 2 Jordyn Robinson (E&E) 19.99m; 3 Latisha Fleming (HHH) 17.50m. **HT** 1 Jordyn Robinson (E&E) 33.32m; 2 Anieshka Mido (Croy) 31.00m; 3 Emma Fossett (Croy) 30.56m. **JT** 1 Katie Barrow (AFD) 36.03m; 2 Cathy Coleman (G&G) 35.86m; 3 Emma Fossett (Croy) 33.33m.

UNDER 20 WOMEN

100m (nwr) 1 Taiye Musa (Craw) 13.02; 2 Olivia Parrott (AFD) 13.05; 3 Tolu Oluwole-Ojo (E&E) 13.18. **200m** (-2.1) 1 Mae Thompson (K&P) 26.13; 2 Megan Aitchison (AFD) 26.45; 3 Tolu Oluwole-Ojo (E&E) 27.19; **400m** 1 Megan Aitchison (AFD) 56.94; 2 Matilda Rainsborough (G&G) 57.84; 3 Elle Butcher (K&P) 63.37. **800m** 1 Poppy Disley-May (AFD) 2:22.30; 2 Layla Thompson (K&P) 2:24.85; 3 Ilana Marismari (E&E) 2:34.18. **1500m** 1 Sophie Foreman (Tonb) 4:48.74; 2 Poppy Disley-May (AFD) 4:49.39; 3 Suzannah Monk (G&G) 4:56.61. **3000m** 1 Harriet Preedy (AFD) 11:00.75. **100mH** (-1.6) 1 Lisa O'Brien (Walt) 15.94; 2 Laura Reilly (Sutt) 16.03. **400mH** 1 Shona Richards (WSEH) 61.08 **CBP**; 2 Mae Thompson (K&P) 64.24; 3 Vicky Maguire (G&G) 66.49. **1500m S/C** 1 Suzannah Monk (G&G) 5:23.46 **CBP** (new event); 2 Layla Thompson (K&P) 5:51.23; 3 Claire Thomas (Walt) 6:48.58. **HJ** 1 Camellia Hayes (AFD) 1.73m. **PV** 1 Clare Maurer (Wok) 3.40m; 2 Amy de Beaux (G&G) 3.20m; 3 Freya Cooper (HHH) 2.80m. **LJ** 1 Lisa O'Brien (Walt) 4.96m/+0.6; 2 Rosanta Yarde (HHH) 4.89m/+2.4; 3 Sarah Rusling (E Grin) 4.71m/+1.7. **TJ** 1 Zoe Fossett (Croy) 10.36m/+1.7; 2 Sarah Rusling (E Grin) 10.26m/+2.5. **SP** 1 Iyani Obi-Adewole (SLH) 10.54m; 2 Tamara Reid (Croy) 9.56m; 3 Sinead O'Brien (Walt) 9.19m. **DT** 1 Iyani Obi-Adewole (SLH) 31.98m; 2 Tamara Reid (Croy) 30.47m; 3 Sinead O'Brien (Walt) 26.04m. **HT** 1 Alex Bartle (K&P) 32.29m; 2 Sinead O'Brien (Walt) 31.83m; 3 Tamara Reid (Croy) 29.44m. **JT** 1 Zoe Fossett (Croy) 26.91m.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 25/26 May; Tooting Bec, 24 August (10,000m) & Carshalton, 7 September 2013 (S/C).

SENIOR WOMEN

100m (-3.2) 1 Dominique Blaize (K&P) 12.13; 2 Shanice Harrison (SLH) 12.28; 3 Amy Allcock (AFD) 12.59. **200m** (-0.9) 1 Michelle Watson (HHH) 25.17; 2 Jade Phillips (HHH) 25.59; 3 Emma Wakrim (Sutt) 25.67; **400m** 1 Mary Iheke (K&P) 55.02; 2 Susan McLoughlin (Walt) 57.16; 3 Virginia Mitchell (Wok) 61.48. **800m** 1 Montana Jones (AFD) 2:08.81; 2 Hannah Edwards (HHH) 2:16.34; 3 Fiona Parry (Walt) 2:17.87. **1500m** 1 Fiona Parry (Walt) 04:51.10; 2 Josephine Rhodes (Belg) 05:05.16; 3 Katie Bingle (G&G) 05:08.90. **10,000m** 1 Hayley Munn (ClapC) 36:38.59 **CBP**; 2 Sophie Bates (W35) (Croy) 42:26.94; 3 Inga Bellahn (W40) (HHH) 45:48.24. **100mH** (-1.6) 1 Jodie Favell (Belg) 15.93. **400mH** 1 Jodie Favell (Belg) 64.97; 2 Lizzie Thompson (E&E) 65.15; 3 Sian Mitchell (TVH) 66.89. **3000m S/C** 1 Jo Locker (Walt) 11:29.02 **CBP**. 3000m Walk 1 Kristine Belka (AFD) 17:34.98; 2 Jane Angell (AFD) 20:45.66. **HJ** 1 Ayamba Akim (WGEL) 1.73m. **PV** 1 Jade Ive (SB) 3.80m. **LJ** 1 Helen Channon (Walt) 5.27m/+2.6; 2 Jodie Favell (Belg) 5.11m/+3.4. **TJ** 1 Tina Howell (Walt) 9.82m/+1.1. **SP** 1 Pippa Wingate (K&P) 10.82m; 2 Carla Letheby (Walt) 10.74m; 3 Holly Stroud (G&G) 9.82m. **DT** 1 Carla Letheby (Walt) 37.99m; 2 Angela Mitchell ((Harrow)) 36.30m; 3 Pippa Wingate (K&P) 33.49m. **HT** 1 Pippa Wingate (K&P) 50.37m; 2 Carla Letheby (Walt) 41.81m; 3 Helen Ephgrave (G&G) 38.16m. **JT** 1 Carla Letheby (Walt) 35.39m; 2 Holly Stroud (G&G) 33.38m; 3 Jodie Favell (Belg) 32.47m.

UNDER 13 BOYS

100m (-3.2) 1 Ethan Murray (SLH) 13.17; 2 Ryan Lees (Wok) 13.83; 3= Adel Latifi (HHH) & Michael Miller (HHH) 13.87. **200m** (-2.7) 1 Ethan Murray (SLH) 26.30; 2 Theseus Ricketts (Sutt) 27.87; 3 Darren Sam (Croy) 28.33. **800m** 1 Sam Shaw (K&P) 2:23.57; 2 Sebastian Fallowfield (HHH) 2:24.05; 3 Art Croasdale (AFD) 2:24.81. **1500m** 1 Oscar Millard (HHH) 4:50.25; 2 Marcus Shantry (AFD) 4:57.91; 3 Aaron Enser (Brack) 5:08.54. **75mH** (nwr) 1 Meikhi Hemans (Croy) 13.26; 2 Joshua Loach (Craw) 13.62; 3 Reuben Vaughan (Croy) 14.15. **HJ** 1 Lewis Morrison (C'ley) 1.42m; 2 Josh Watson (HollSp) 1.36m; 3 Meikhi Hemans (Croy) 1.25m. **LJ** 1 Ryan Lees (Wok) 4.99m/+1.3; 2 Joshua Loach (Craw) 4.57m/+1.1; 3 Euan Murray (C'ley) 4.37m/+0.7. **SP** 1 Sam Mace (Walt) 12.05m; 2 Reuben Vaughan (Croy) 7.17m; 3 Tolu Ayo-Ojo (C'ley) 5.25m. **DT** 1 Sam Mace (Walt) 35.37m **CBP** 2 Oscar Millard (HHH) 15.83m. **JT** 1 Sam Mace (Walt) 40.65m **CBP**; 2 Sebastian Fallowfield (HHH) 28.82m; 3 Charlie Dugdale (K&P) 26.61m.

UNDER 15 BOYS

100m (-0.8) 1 Kishon Allen (HHH) 11.49; 2 Ace McCarthy (Sutt) 12.02; 3 Chuks Ajeh (Croy) 12.02. **200m** (-1.3) 1 Kishon Allen (HHH) 23.64; 2 Tom Harmsworth (Sutt) 24.17; 3 Killian Elliot (Croy) 24.47. **300m** 1 Tom Harmsworth (Sutt) 37.39 **CBP**; 2 Joseph Massimo (Craw) 38.69; 3 Alex Gooch (AFD) 39.07. **800m** 1 Feysel Nadew (HHH) 2:01.96; 2 Matthew Boxall (Craw) 2:07.20; 3 Tom Fitch (AFD) 2:09.81. **1500m** 1 Paul Burgess (HHH) 4:21.73; 2 Harry Reynolds (K&P) 4:22.00; 3 Calum Beauchamp (Walt) 4:25.92. **3000m** 1 Matthew Gibbons (HW) 10:10.31; 2 Omar Harhara (Croy) 10:25.70; 3 William Brockman (Tonb) 10:33.20. **80mH** (-2.4) 1 Ade Adeniran (HHH) 11.97; 2 Andrei Smirnov (HW) 12.37; 3 Sawa Yamakawa (Walt) 12.38.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 25/26 May; Tooting Bec, 24 August (10,000m) & Carshalton, 7 September 2013 (S/C).

UNDER 15 BOYS (continued)

HJ 1 = Curtis Court (Walt) & Paul Burgess (HHH) 1.56m; 3 Michael Fieldus (G&G) 1.53m.
PV 1 Connor Dearden (HBS) 2.70m. **LJ** 1 Sawa Yamakawa (Walt) 5.62m/+2.9; 2 Alex Gooch (AFD) 5.59m/+2.7; 3 Reegan Boyce (Croy) 5.45m/+1.6. **SP** 1 Dominic Barnaby (SLH) 12.97m; 2 Dejean Marshall-Brown (HHH) 11.45m; 3 Charlie Smith (HollSp) 11.23m.
DT 1 William Hur (Wok) 32.78m; 2 Calum O'Neill (SLH) 30.04m; 3 Sawa Yamakawa (Walt) 27.15m. **HT** 1 Sam Mace (U13) (Walt) 29.92m; 2 William Hur (Wok) 29.24m; 3 Oscar Tyrrell (K&P) 22.76m. **JT** 1 Benjamin Deuchar (Whitgift Sch) 38.27m; 2 Sawa Yamakawa (Walt) 37.20m; 3 Oscar Tyrrell (K&P) 34.90m.

UNDER 17 MEN

100m (-3.6) 1 Theo Etienne (HW) 11.12; 2 Fawwaz Okunola (HHH) 11.15; 3 Zanson Plummer (HHH) 11.30. **200m** (-2.8) 1 Theo Etienne (HW) 22.93; 2 Daniel Luke (Croy) 23.36; 3 Ismail Abdul Karim (HHH) 23.44. **400m** 1 Shaun Cooke (Sutt) 50.51; 2 Ricardo King (Croy) 52.33; 3 Ocean Schwartz (HollSp) 52.39. **800m** 1 Nathan Inkester (Sutt) 1:58.63; 2 Harry Spawforth (G&G) 1:59.12; 3 Edward Olsen (HHH) 1:59.43. **1500m** 1 Gus Cockle (AFD) 4:03.0; 2 Tom Holden (SLH) 4:06.8; 3 Edward Olsen (HHH) 4:08.0. **3000m** 1 Lascelles Hussey (HHH) 9:09.12; 2 George Gathercole (AFD) 9:12.91; 3 Merhawi Yemane (HHH) 9:26.05. **100mH** (-2.1) 1 Jack Major (C'ley) 14.02; 2 Adam Magni (HW) 14.22; 3 Adam Ssali (HHH) 14.28. **400mH** 1 Stirling Gibbons (WSEH) 58.27; 2 Tom Coe (AFD) 60.63; 3 Lewis Sullivan (Croy) 61.80. **1500m S/C** 1 James Harvey (G&G) 4:58.77; 2 Harry Critchley (AFD) 5:32.94. **HJ** 1 Jamie Horne (Peterboro) 1.85m; 2 Jake Field (Sutt) 1.80m; 3 Ocean Schwartz (HollSp) 1.80m. **PV** 1 Dylan Carlsson-Smith (SB) 3.50m; 2 Justin Tarrant (Craw) 3.40m; 3 Liam Fennell (Croy) 2.40m. **LJ** 1 Jed Botham (B&B) 6.28m/+2.2; 2 Tife Ajibade (Croy) 6.25m/+0.7; 3 David Bishop (Craw) 5.95m/+2.7. **TJ** 1 Jacob Veerapen (Sutt) 13.05m/+2.7; 2 Nathaniel Jaques (HHH) 11.74m/+3.1; 3 Ollie Leatherdale (C'ley) 11.59m/+2.6. **SP** 1 Munroe Ritchie (Craw) 12.78m; 2 Adam Magni (HW) 12.74m; 3 Ben Myburgh (SLH) 10.66m. **DT** 1 Adesimi Obi-Adewole (SLH) 43.15m; 2 Giacomo Spagnoli (Croy) 38.34m; 3 Munroe Ritchie (Craw) 38.32m. **HT** 1 Munroe Ritchie (Craw) 59.92m; 2 Rory Kelly (Wok) 36.90m; 3 Ben Myburgh (SLH) 32.09m. **JT** 1 Munroe Ritchie (Craw) 45.39m; 2 Dylan Carlsson-Smith (SB) 45.12m; 3 Justin Tarrant (Craw) 37.96m.

UNDER 20 MEN

100m (-1.1) 1 Marvin Popoola (HHH) 10.94; 2 Max Mondelli (HW) 11.00; 3 Damien Powell (Croy) 11.14. **200m** (-0.2) 1 Josh Street (SLH) 21.84; 2 Marvin Popoola (HHH) 22.33; 3 Jamal Rhoden-Stevens (HHH) 22.55. **400m** 1 Jonathan Osbourne (HW) 49.83; 2 Chris McAlister (Sutt) 50.77; 3 Alex Hobbs (G&G) 52.72. **800m** 1 Adam Hulin (AFD) 1:57.57; 2 Calum Roots (G&G) 1:58.48; 3 Ben Foreman (Tonb) 2:00.19. **1500m** 1 Daniel Wallis (G&G) 4:05.06; 2 Peter Chambers (Croy) 4:06.76; 3 Ben Bradley (AFD) 4:10.17. **3000m** 1 Jack Rowe (AFD) 9:00.32; 2 Charlie Critchley (AFD) 9:01.61; 3 Macauley Geddes (SLH) 9:38.21. **110mH** (-2.6) 1 Rushane Thomas (HHH) 14.71 CBP; 2 George Huxley (Ashford) 14.82; 3 Johnoi Josephs (Sutt) 14.99. **400mH** 1 Jacob Paul (WSEH) 52.19 CBP; 2 Lolu Oluwole-Ojo (WSEH) 54.90. **2000M S/C** 1 Conor Kissane-Wood (Walt) 6:55.46.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 25/26 May; Tooting Bec, 24 August (10,000m) & Carshalton, 7 September 2013 (S/C).

UNDER 20 MEN (continued)

HJ 1 Alex Macintosh (K&P) 1.85m; 2 Connor Thomas (HHH) 1.80m; 3 Tayo Andrews (HHH) 1.75m. **PV** 1 Jack Phipps (Wok) 4.86m **CBP**; 2 Mark Popov (SB) 4.00m; 3 Daniel Ditton (WSEH) 3.40m. **LJ** 1 Oliver Newport (Craw) 7.30m/+2.6; 2 Jamal Rhoden-Stevens (HHH) 6.53m/+2.8; 3 Javari Cameron (B&B) 6.20m/+0.4. **TJ** 1 Matthew Broderick (K&P) 12.44m/+3.6. **DT** 1 Omar Reid (Croy) 43.15m; 2 Curtis Knight (Walt) 36.34m. **HT** 1 Curtis Knight (Walt) 44.73m; 2 Luke Macaree (C'ley) 19.90m. **JT** 1 Luke Macaree (C'ley) 47.46m; 2 Curtis Knight (Walt) 44.07m; 3 Adam Davies (BMH) 37.73m.

SENIOR MEN

100m (-3.5) 1 Dele Onifade (HHH) 10.90; 2 Femi Owolade (B&B) 10.91; 3 Robert Graham (HHH) 11.01. **200m** (-2.8) 1 Byron Robinson (HHH) 21.79; 2 Peter Phillips (HHH) 22.25; 3 Oweka Wanogho (Croy) 22.32. **400m** 1 Nicholas Atwell (HHH) 48.43; 2 Tim Kuria (Wok) 49.14; 3 Samuel Adeyemi (HHH) 49.26. **800m** 1 Oli Aitchison (AFD) 1:49.22; 2 Zak Curran (WSEH) 1:49.48; 3 Jonathan Darby (K&P) 1:54.47. **1500m** 1 Gilbert Grundy (Wok) 4:05.62; 2 David White (Croy) 4:06.36; 3 Jonathan Darby (K&P) 4:08.30. **5000m** 1 Andrew Robinson (K&P) 16:01.34; 2 Nathan Ditton (WSEH) 16:01.96; 3 Robert Tuer (HW) 16:05.97. **10,000m** 1 Kojo Kyereme (HHH) 31:34.91; 2 Dave Alcock Thames H&H 32:59.77; 3 Matthew Sharp (HW) 33:18.84. **110mH** (-2.6) 1 Blade Ashby (HHH) 14.73 **CBP**; 2 Loic Malroux (K&P) 17.29. **400mH** 1 Andy Clements (WSEH) 53.11; 2 Will Hartley (Bristol Uni) 55.81; 3 Caspar Eliot (Bristol&W) 57.01. **3000m S/C** 1 Gilbert Grundy (Wok) 9:33.56; 2 Robert Tuer (HW) 10:15.18; 3 Alex Urban (HW) 10:42.63. **3000m Walk** 1 Michael Harran (SyWC) 18:02.89; 2 Peter Hannell (SyWC) 18:16.10; 3 Ian Statter (SyWC) 18:28.26. **HJ** 1 Mark Andrews (HollSp) 1.75m; 2 George Thomas (Walt) 1.70m. **PV** 1 Craig Timmings (Walt) 3.20m; 2 Thomas Rady (HollSp) 3.00m; 3 Andy del Nevo (D&T) 2.50m. **LJ** 1 Joe Lawrence (Kent) 7.62m/+2.9 **CBP**; 2 Dami Omohwa (HHH) 7.08m/+2.7; 3 David Wellstead (Belg) 6.46m/+1.0. **TJ** 1 David Wellstead (Belg) 13.88m/+2.0; 2 Mark Andrews (HollSp) 11.31m/+3.8. **SP** 1 Thomas Bullen (SLH) 12.47m; 2 Loic Malroux (K&P) 12.36m; 3 Gareth Cook (K&P) 11.97m. **DT** 1 Tom Norman (WGEL) 54.91m; 2 Thomas Bullen (SLH) 38.67m; 3 Paul Derrien (SMR) 35.85m. **HT** 1 Gareth Cook (K&P) 51.51m; 2 Paul Derrien (SMR) 41.92m; 3 Paul Kelly (Wok) 41.44m. **JT** 1 Gavin Johnson-Assoon (HHH) 63.03m; 2 Leonardo Buter (WSEH) 31.81m.

Nwr = Wind speed reading not available.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Kingsmeadow, 1 June 2013

Winners:-100m W35 Helen Channon (Walt) 12.6 **CBP**; W45 Clare Nelson (K&P) 15.9; W50 Susan Wisdom 14.7; M35 Stuart Channon (Walt) 11.7; M40 Dan Donovan (E&E) 11.9; M45 Steve Beak (Wok) 11.8; M50 Robert Shephard (E&E) 13.0; M60 Alasdair Ross (WSEH) 12.9; M65 David Whittaker (E&E) 15.8; M70 Kevin Burnett (SoC) 19.8.

200m W35 Susan McLoughlin (Walt) 25.6 **CBP**; W40 Helen Eve (Wok) 30.0; W45 Clare Nelson (K&P) 33.5; W50 Susan Wisdom (E&E) 30.8; M35 Adam Bellis (K&P) 23.6; M40 Dan Donovan (E&E) 24.8; M45 Steve Beak (Wok) 24.2; M50 Mark Butler (E&E) 26.7; M60 Alasdair Ross (WSEH) 26.0; M65 Richard Somers (E&E) 31.0; M70 Kevin Burnett (SoC) 42.3.

400m W40 Helen Eve (Wok) 73.6; W45 Julie Barclay (Wok) 74.5; M35 Adam Bellis (K&P) 51.9; M40 Paul Stanford (SoC) 60.9; M45 Steve Beak (Wok) 54.3; M50 Mark Butler (E&E) 59.8; M65 Richard Somers (E&E) 71.9.

800m W35 Lizzie Amos (Walt) 2.27.3; W40 Sophie Allistone (Elm) 2.33.6; W45 Julie Barclay (Wok) 2.48.9; M35 Stuart Flack (E&E) 2.10.2; M40 Chris Ness (Walt) 2.14.3; M45 Tim Grose (VPTH) 2.14.4; M50 Simon Bean (E&E) 2.26.2; M55 Alan Dolton (SoC) 2.41.6.

1500m W45 Vanda Caulfield (E&E) 5.27.1; M35 Stuart Flack (E&E) 4.23.1 **CBP**; M35 Ben Gilmore (Serp) 4.56.2; M45 Alan Burn (Croy) 4.31.0; M50 Simon Bean (E&E) 5.01.7; M55 Alan Dolton (SoC) 5.22.1; M60 Stuart Littlewood (HW) 6.05.1; M65 Alan Davidson (Liss R) 6.13.2; M75 Brian Shave (HHH) 8.23.3.

5000m W35 Penelope Fixter (HHH) 22.54.6; W45 Kay Trinder (Wok) 19.58.0; M35 Jonathan Brine (Walt) 17.18.1; M40 Darren Bradley (C'ley) 18.27.1; M45 Philip Cross (Wok) 18.32.7; M55 Jerry Carnell (Reig P) 19.10.1; M60 Michael Mann (HHH) 19.35.9; M65 Alan Davidson (Liss R) 22.26.6.

400mH M50 David Moles (Walt) 66.9.

3000m Walk W50 Kim Ford (SoC) 23.55.0; M70 Peter Hannell (SyWC) 18.13.8; M75 Micheal Harran (SyWC) 17.51.1; M80 John May (VAC) 25.01.6.

HJ W40 Ayamba Akim (WGEL) 1.74m **CBP**; W50 Mandy Rowley-Jones (Croy) 1.25m **CBP**; M40 Chris Ness (Walt) 1.60m; M50 Mark Thomas (Walt) 1.30m.

PV W45 Kay Trinder (Wok) 2.10m; W50 Debbie Singleton (Walt) 2.30m; M40 Craig Timmings (Walt) 3.20m; M45 John Andrews (E&E) 3.60m; M70 Brian Harlick (E&E) 2.20m.

LJ W35 Helen Channon (Walt) 5.37m **CBP**; W45 Brenda Smith Unattached 2.45m; W50 Mandy Rowley-Jones (Croy) 3.90m; M35 Stuart Channon (Walt) 5.49m; M40 Neil Lincoln (Holl Sp) 5.67m; M45 Robert Lowe (K&P) 3.64m; M50 Mark Thomas (Walt) 4.99m.

SP W35 Diana Norman (E&E) 10.48m; W45 Brenda Smith (unat) 6.07m; W55 Barbara Macanas (HHH) 7.50m; W55 Sheila Lay (E&E) 6.16m; W60 Vilma Thompson (Belg) 10.25m; W65 Liz Sissons (E&E) 9.54m; W70 Catherine Korabiowska (E&E) 4.19m; M40 Daren Cripps (HW) 9.65m; M45 Robert Lowe (K&P) 8.21m; M50 Chris Privett (Belg) 11.72m; M60 Tony Richards (Croy) 11.95m; M65 Mike Ferne (S&E) 9.17m; M70 Norman Rice (E&E) 10.10m.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Kingsmeadow, 1 June 2013

Winners (continued):-

DT W50 Debbie Singleton (Walt) 26.25m; W55 Barbara Macanas (HHH) 20.87m; W60 Vilma Thompson (Belg) 23.96m **CBP**; W65 Liz Sissons (E&E) 21.32m; W70 Catherine Korabiowska (E&E) 7.43m; M40 Peter Evans (Wok) 29.64m; M45 Robert Lowe (K&P) 21.09m; M50 Chris Privett (Belg) 41.17m; M60 Tony Richards (Croy) 40.44m; M65 Mike Ferne (S&E) 37.07m; M70 Brian Harlick (E&E) 28.42m; M80 Clifford Taylor (VAC) 21.31m.

HT W50 Debbie Singleton (Walt) 25.83m; W55 Barbara Macanas (HHH) 23.49m; W60 Vilma Thompson (Belg) 32.71m; W65 Liz Sissons (E&E) 23.07m; M45 Paul Kelly (Wok) 40.66m; M50 Chris Privett (Belg) 44.67m; M55 Jack Rutherford (Walt) 25.54m; M60 Nigel Hooker (G&G) 40.84m; M65 Chris Melliush (CambH) 37.24m; M70 Brian Harlick (E&E) 28.05m; M80 Clifford Taylor (VAC) 29.98m.

W/HT W60 Vilma Thompson (Belg) 12.71m; W65 Liz Sissons (E&E) 10.54m; M50 Chris Privett (Belg) 16.64m **CBP**; M65 Chris Melliush (CambH) 13.33m; M70 Brian Harlick (E&E) 12.03m **CBP**.

JT W35 Diana Norman (E&E) 28.47m **CBP**; W55 Barbara Macanas (HHH) 14.91m; W60 Vilma Thompson (Belg) 24.03m; W65 Liz Sissons (E&E) 22.33m; M35 Andrew Gordon (K&P) 34.49m; M40 Daren Cripps (HW) 33.04m; M45 Robert Lowe (K&P) 27.72m; M50 Chris Privett (Belg) 38.03m; M70 Norman Rice (E&E) 28.34m.

10 Miles, Dorking 2 June 2013

MEN

1	Kieran White	HW	54.39
2	Alister Moses	Reig P	56.52
3	Paul O'Callaghan	Tad	57.37
M40	Steve Bishop	Holl Sp	57.57
M50	Glenn Quarton	SLH	61.12
M60	Peter Rand	Tad	65.40

WOMEN

1	Emily Wicks	AFD	59.07
2	Claire Grima	HW	64.08
3	Lisa Harris	Croy	64.14
W35	Claire Grima	HW	64.08
W45	Phyllis Flynn	Strag	67.46
W55	Jane Davies	E&E	73.26

TEAMS

1	Clapham Chasers	26	1	Elmbridge Road Runners	43
2	Tadworth AC	30	2	Reigate Priory AC	61
3	Reigate Priory AC	34	3	South London Harriers	65

COUNTY CHAMPIONSHIPS

10K Road Race, Petersham, 23 June 2013

MEN				WOMEN			
1	Phil Wicks	Belg	30.45	1	Emily Wicks	AFD	35.31
2	Alister Moses	Reig P	33.05	2	Shona Macintosh	Dul R	36.29
3	Brendan Murphy	Croy	33.13	3	Lauren Stewart	Rane	37.14
M40	Steve Whitehead	Rane	35.52	W35	Claire Grima	HW	38.15
M50	Mike Boyle	HHH	34.49	W45	Sally Goble	Has B	40.23
M60	Peter Rand	Tad	41.15	W55	Jane Davies	E&E	43.00
TEAMS							
1	Belgrave Harriers		29	1	Ranelagh Harriers		33
2	Clapham Chasers		31	2	Hercules Wimbledon AC		44
3	Herne Hill Harriers		43	3	The Stragglers		46

5K Road Race, Wimbledon, 11 August 2013

MEN				WOMEN			
1	Gilbert Grundy	Wok	15.31	1	Sophie Cowper	SLH	18.15
2	Ryan Evans	SLH	16.03	2	Claire Grima	HW	18.24
3	Majell Backhausen	Clap C	16.11	3	Lisa Harris	Croy	18.27
M40	David Williamson	Tad	17.57	W35	Claire Grima	HW	18.24
M50	Knut Hegvold	Belg	17.27	W45	Marie Synnott-Wells	Rane	20.46
M60	Steve Sandham	Strag	20.44	W55	Annette Morris	Reig P	23.14
TEAMS							
1	Clapham Chasers		23	1	Clapham Chasers		30
2	South London Harriers		23	2	Ranelagh Harriers		36
3	Guildford & Godalming AC		39	3	Elmbridge RR		50

10,000 Metres Track, Tooting Bec, 24 August 2013

Included within main championship results (Pages 5 & 8)

Steeplechases, Carshalton, 7 September 2013

Included within main championship results (Pages 5 to 8) .

Track Relays, Carshalton, 7/8 September 2013

U13 Boys 4x100m: 1 Woking AC (Kieran Lowe, Jonathan Efedje, Markus Steinbach, Ryan Lees) 53.87; 2 Epsom & Ewell Harriers (Oliver King, Blade Grim, Lewis Chouls, Zach Brettle) 61.76.

U13 Boys 4x200m: Woking AC (Kieran Lowe, Ryan Lees, Kenny Ball, Ryan White) 1:58.02; 2 Sutton & District AC (Thomas Jewell, Mark McCormack, Rory Payn, James Kennedy-Mason) 2:05.60; 3 Epsom & Ewell Harriers (Oliver King, Blade Grim, Lewis Chouls, Zach Brettle) 2:15.99.

COUNTY CHAMPIONSHIPS

Track Relays, Carshalton, 7/8 September 2013 (continued)

U15 Boys 4x100m: 1 Herne Hill Harriers (Tyrell Howell, Brandon Wallace, Ade Adeniran, Kishon Allen) 48.23; 2 Epsom & Ewell Harriers (Rhys Fesnoux, Connor Bassett, Christian Quevedo, Philip Matthews) 50.61; 3 Reigate Priory AC (Chris Chalder, Hayden Young, Bradley Young, Kofi Appu) 52.40.

U15 Boys 4x200m: 1 Herne Hill Harriers (Tyrell Howell, Brandon Wallace, Ade Adeniran, Kishon Allen) 1:44.30; 2 Epsom & Ewell Harriers (Rhys Fesnoux, Connor Bassett, Christian Quevedo, Philip Matthews) 1:50.88.

U17 Men 4x100m: 1 Herne Hill Harriers (Frederik Afrifa, Zansom Plummer, Ismail Abdul-Karim, Fawaaz Okunole) 42.80; 2 Hercules Wimbledon AC (Omar John, Rechmial Miller, Joshua Lessey, Theo Etienne) 46.02; 3 Reigate Priory AC (Ben Moberg, Laurie Overtoom, Bradley Martinez-Hare, Brandon Harrington) 47.01.

U20 Men 4x100m: 1 Herne Hill Harriers (Eugene Osei-Areveni, Mackandi Williams, Marvin Poopola, Jamal Rhoden-Stevens) 43.49 CBP; 2 Sutton & District AC 'A' (David Bartley, Cameron Starr, Chris McAlister, Jake Field) 44.29.

U13 Girls 4x100m: 1 Sutton & District AC A (Tennessee Thresher, Lakeisha Owusu-Junior, Keely Elgar, Grace Crompton) 55.03; 2 Herne Hill Harriers (Michella Pottinger, Ore Adamson, Isobel Newbold, Ella Dennis) 55.22; 3 Guildford & Godalming AC (Katie Dibb, Tallulah McKinlay, Katie Ellis, Anna Brophy) 56.24.

U13 Girls 4x200m: 1 Sutton & District AC A (Lakeisha Owusu-Junior, Tennessee Thresher, Keely Elgar, Grace Crompton) 1:58.02; 2 Herne Hill Harriers A (Michella Pottinger, Ore Adamson, Isabelle Newbold, Isabella Setyabule) 2:02.63; 3 Woking AC (Tumi Araga, Katie Hopkins, Zoe Davis, Freya Challis) 2:04.77.

U15 Girls 4x100m: 1 Sutton & District AC 'A' (Francesca Forbes, Sophia Henlon, Nicole Okologume, Millie Jones) 50.58; 2 Woking AC (Alice Smith, Amy Brown, Nia Kelly, Katie Barrett) 52.40; 3 Kingston AC & Polytechnic Harriers 'A' (Mica Powell, Rhianna Reynolds, Sophie Dimpleby, Ella Eze) 53.34.

U15 Girls 4x200m: 1 Sutton & District 'A' (Francesca Forbes, Sophia Henlon, Nicole Okologume, Millie Jones) 1:50.27; 2 Woking AC (Alice Smith, Amy Brown, Nia Kelly, Katie Barrett) 1:55.28; 3 Herne Hill Harriers (Natasha Alfred, Denisha Marshall-Brown, Alice Setyabule, Caprice Smith) 1:59.76.

U17 Women 4x100m: 1 Woking AC (Ellie Richardson, Ellie Lane, Katrina Francis, Nicole Davies) 51.17.

Combined Events, Carshalton, 7(a) & 8(b) September 2013

SENIOR MEN DECATHLON: 1 Loic Malroux (K&P) 6219pts; 2 Tom Parry (K&P) 4790pts; 3 Mark Roberts (K&P) 4741pts..

UNDER 17 MEN OCTATHLON: 1 Justin Tarrant (Craw) 4292pts; 2 Rory Kelly (Wok) 4017pts; 3 Ocean Schwartz (Hol Sp) 4016pts.

COUNTY CHAMPIONSHIPS

Combined Events, Carshalton, 7(a) & 8(b) September 2013 (continued)

UNDER 15 BOYS PENTATHLON(a): 1 AJ Bennetts (Belg) 2787pts; 2 Sawa Yamakawa (Walt) 2254pts; 3 Oscar Tyrrell (K&P) 2213pts.

UNDER 13 BOYS PENTATHLON(a): 1 Theseus Ricketts (Sutt) 1687pts; 2 Joshua Loach (Craw) 1481pts; 3 Luke Mann (C'ley) 1177pts.

MASTERS - MEN PENTATHLON(a): 1 Gary Palmer (SMR - M45) 2585pts; 2 Chris Ness (Walt - M40) 2180pts; 3 Richard Drew (Walt - M45) 1664pts.

UNDER 20 WOMEN HEPTATHLON: 1 Vicky Maguire (G&G) 3322pts; 2 Zoe Fossett (Croy) 2183pts.

UNDER 17 WOMEN HEPTATHLON: 1 Laura Darcey (K&P) 3608pts; 2 Tabitha Lambe (Sutt) 3263pts; 3 Hannah Knights (G&G) 3111pts.

UNDER 15 GIRLS PENTATHLON(b): 1 Breagha Campbell (HHH) 2748pts; 2 Lois Drummie (E Grin) 2546pts; 3 Amelia Thorpe (Walt) 2428pts.

UNDER 13 GIRLS PENTATHLON(b): 1 Anna Brophy (G&G) 2390pts; 2 Pippa Earley (K&P) 2331pts; 3 Isabella Bretherton (C'ley) 2086pts.

Road Relays, Wimbledon Park, 14 September 2013

SENIOR MEN (6 x 3 miles)

1 Hercules Wimbledon AC 1:31:06
2 Herne Hill Harriers 1:33:50
3 Wimbledon Windmilers 1:36:40

Fastest leg:

14:17 Paskar Owor (Belgrave)

M50 (4 x 3 miles)

1 South London Harriers 1:10:36
2 Ranelagh Harriers 1:13:42
3 Dorking & Mole Valley 1:15:52

Fastest leg:

16:41 Dave Clarke (HW)

SENIOR WOMEN (4 x 3 miles)

1 Thames Hare & Hounds 1:15:02
2 Guildford & Godalming 1:18:27
3 Wimbledon Windmilers 1:18:32

Fastest leg:

17:09 Ruth Wallace (THH)

W45 (3 x 3 miles)

1 South London Harriers 58:37
2 Herne Hill Harriers 62:14
3 Reigate Priory AC 65:26

Fastest leg:

18:14 Ceri Diss (HHH)

M40 (4 x 3 miles)

1 South London Harriers 1:02:15
2 Wimbledon Windmilers 1:10:55
3 Hercules Wimbledon AC 1:11:05

Fastest leg:

15:11 Stuart Major (SLH)

M60 (3 x 3 miles)

1 South London Harriers 56:51
2 Hercules Wimbledon AC 63:31
3 Dorking & Mole Valley 63:45

Fastest leg:

18:31 Paul Williams (SLH)

W35 (4 x 3 miles)

1 Hercules Wimbledon AC 1:15:58
2 Herne Hill Harriers 1:21:27
3 Dorking & Mole Valley 1:24:12

Fastest leg:

18:19 Claire Grima (HW)

INTER-COUNTY EVENTS

Senior 8 Counties, 21 July 2013, Abingdon

Team Scores

Senior Men			Senior Women		
1	Essex	332	1	Middlesex	324
2	Hertfordshire	246	2	Essex	306
3	Middlesex	241	3	Kent	269
4	SURREY	217	4	Hertfordshire	231
5	Oxfordshire	135	5	SURREY	179
6	Hampshire	5	6	Hampshire	170
7	Kent	0	7	Oxfordshire	125

Individual performances

100m	A3	Byron Robinson	11.2	200m	A2	Aisha Naibe-Wey	25.51
200m	A3	Dwayne Cowan	21.54 -1.2	400m	A2	Jessie Knight	55.91
200m	B1	Byron Robinson	22.34/-4.4	800m	A5	Hannah Edwards	2:17.58
400m	A2	Tim Kuria	48.87	1500m	A4	Fiona Parry	4:53.86
400m	B1	Nicholas Atwell	48.12	3000m	A2	Sophie Cowper	10:20.22
1500m	A2	Gilbert Grundy	3:58.22	100mH	A4	Jahisha Thomas	15.47/-1.2
1500m	B1	David White	4:03.75	100mH	B1	Aisha Naibe-Wey	15.28
110mH	A1	Blade Ashby	14.6/-3.4	400mH	A4	Jess McCabe	62.82
110mH	B1	Will Hartley	16.25/-2.3	3000W	A2	Fiona Bishop	19:28.63
400mH	A1	Andy Clements	52.75	HJ	A5	Ayamba Akim	1.60m
400mH	B1	Will Hartley	54.27	LJ	A2	Jahisha Thomas	5.78m
4x400m	1	SURREY	3:18.85	SP	A1	Eleanor Gatrell	15.06m
HJ	A4	George Thomas	1.70m	SPB2		Carla Letheby	10.50m
PV	A1	Jack Phipps	4.70m	DT	A6	Angela Mitchell	34.55m
LJ	A1	Paul Ogun	6.89m	DT	B3	Carla Letheby	34.09m
TJ	A1	David Wellstead	14.28m	HT	A4	Carla Letheby	42.97m
DT	A1	Tom Norman	51.87m	JT	A6	Carla Letheby	34.17m
DT	B2	Andy Wheble	40.65m				
HT	A2	Paul Derrien	43.87m				
HT	B2	Andy Wheble	41.33m				
JT	A2	Gavin Johnson-Assoon	59.07m				
JT	B3	William Trimble	51.11m				

Other Performances

100m	Dwayne Cowan	11.31/-2.7
110mH	Joe Yarde	15.79/-2.3

INTER-COUNTY EVENTS

Under 13 Inter-Counties, Kingsmeadow, 28 July 2013

Under 13 Boys

1	Kent	355
2	Sussex	352
3	Essex	348
4	SURREY	341
5	Berkshire	333
6	Hampshire	306.5
7	Middlesex	299.5
8	Hertfordshire	297.5
9	Oxfordshire	233
10	Bedfordshire	232
11	Buckinghamshire	187
12	Dorset	135
13	Suffolk	80.5

Under 13 Girls

1	SURREY	359
2	Essex	351
3	Middlesex	316.5
4	Kent	305.5
5	Hertfordshire	301
6	Sussex	295
7	Hampshire	294
8	Berkshire	291
9	Oxfordshire	255
10	Dorset	243
11	Buckinghamshire	218
12	Bedfordshire	205
13	Suffolk	148

100m	A3	Ethan Murray	12.49/+0.4
100m	B8	Kameron Nimoh	13.49/-1.2
200m	A6	Ethan Murray	25.97/-0.2
200m	B1	Emmanuel Lloyd	26.02/+1.5
800m	A5	Sam Shaw	2:21.48
800m	B9	Dario Kan	2:33.70
1500m	A7	Harris Mier	4:55.88
1500m	B6	Thomas Dennis	5:03.98
75mH	A7	Harvey Marchant	12.70
75mH	B 4	Theseus Ricketts	13.37/-1.5
4x100m	2	SURREY	51.62
HJ	9	Lewis Morrison	1.35m
LJ	A2	Ryan Lees	4.82m/+0.3
LJ	B3	Emmanuel Lloyd	4.91m/-2.8
SP	A2	Sam Mace	12.05m
SP	B3	Ben McLaren-Porter	8.90m
DT	A2	Sam Mace	35.55m
DT	B3	Ben McLaren-Porter	24.75m
JT	A12	Ben McLaren-Porter	24.57m
JT	B1	Sam Mace	35.93m

Other Performances

800m	Ewan Bate	2:31.48
800m	Elliot Mier	2:33.74

100m	A5	India Dryburgh	13.36/-3.4
100m	B1	Esinam Dake	13.31/-1.0
200m	A7	Pippa Earley	28.29/-0.5
200m	B3	Marcia Sey	28.22/-0.9
800m	A1	Eloise O'Shaughnessy	2:23.82
800m	B1	Alexandra Shaw	2:28.09
1500m	A2	Alexandra Brown	4:53.46
1500m	B1	Elsa Palmer	5:00.06
70mH	A3	Marcia Sey	12.01/-2.7
70mH	B3	India Dryburgh	11.99/-0.8
4x100m	2	SURREY	53.52
HJ	5	Kaitlin Lawrence	1.40m
LJ	A2	Pippa Earley	4.63m/+0.9
LJ	B1	Ore Adamson	4.69m/+1.3
SP	A5	Tait Jones	8.80m
SP	B10	Zoe Macrae	6.81m
DT	A4	Tait Jones	25.03m
DT	B3	Nicola Bell	26.01m
JT	A1	Zoe Macrae	29.10m
JT	B4	Nicola Bell	27.05m

Other Performances

100m	Lakeisha Owusu-Junior	13.89/-0.8
100m	Marcia Sey	14.01/-0.8
100m	Keely Elgar	14.70/-0.3
800m	Claudia Lance-Jones	2:32.60
800m	Emily Roe	2:33.71
800m	Alexandra Roe	2:36.94
800m	Darby Begley-Jones	2:39.76

INTER-COUNTY EVENTS

SEAA Under-15 & Under-20 Inter-Counties, Cophall, 11 August 2013

Under 15 Boys

1	Essex	68
2	Hertfordshire	64
3	Hampshire	54
4	SURREY	51
5	Middlesex	49
6	Kent	44.3
7	Sussex	42
8	Berkshire	36
9	Norfolk	27
10	Oxfordshire	16
11	Bedfordshire	15.3
12	Suffolk	14
13	Cambridgeshire	10
14	Cornwall	6
15	Buckinghamshire	5.3

Under 15 Girls

1	Kent	55
2	SURREY	53
3	Essex	46
4	Hampshire	41
5	Hertfordshire	36
=6	Buckinghamshire	31
=6	Middlesex	31
8	Berkshire	28
=9	Oxfordshire	26
=9	Suffolk	26
11	Cambridgeshire	18.5
12	Cornwall	16
13	Sussex	15.5
14	Bedfordshire	9

Individual performances:-

100m	-	-		100m	8th	Sophia Henlon	13.02/-1.5
200m	5h1	Alex Gooch	25.06/+0.6	200m	5th	Jemma Wood	26.88/+1.1
300m	8th	Tom Harmsworth	38.75	800m	6h2	Mollie O'Sullivan	2:27.95
800m	1st	Feysel Nadew	2:02.71	1500m	1st	Saskia Millard	4:45.93
1500m	4th	Harry Reynolds	4:20.65	75mH	1st	Sophie Elliss	11.24/+1.7
80mH	6th	Sawa Yamakawa	11.77/+4.4	HJ	11th	Rhianna Reynolds	1.40m
HJ	3rd	Feysel Nadew	1.75m	PV	10 th	Madeleine Sketchley	2.30m
PV	4th	Connor Dearden	2.80m	LJ	3rd	Jemma Wood	5.00m/+1.2
LJ	7th	Alex Gooch	5.73m/+1.9	SP	1st	Sophie Mace	11.98m
TJ	1st	Alex Meaklim	12.59m/+2.5	DT	1st	Sophie Mace	36.71m
SP	3rd	Michelangelo Buter	13.97m	HT	1st	Sophie Mace	47.94m
DT	4th	William Hur	38.60m	JT	7th	Alexandra Woods	25.51m
HT	7th	Sam Mace	34.29m				
JT	10th	Sawa Yamakawa	36.92m				

Meeting record set by Sophie Mace (Walton AC) in the U15 Girls Hammer.

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COUNTY RANKINGS

Clubs are requested to ensure that their athletes best 2013 performances are included in the Surrey rankings by submitting updates as soon as possible so that the statisticians can finalise this year's lists.

INTER-COUNTY EVENTS

SEAA Under-15 & Under-20 Inter-Counties, Cophall, 11 August 2013

Under 20 Men			Under 20 Women		
1	Essex	89.5	1	Middlesex	55
2	Hertfordshire	62	2	Kent	53
3	SURREY	60	3	SURREY	52.5
4	Berkshire	49.5	4	Sussex	45
5	Hampshire	48	5=	Buckinghamshire	44.5
6	Middlesex	46	5=	Essex	44.5
7	Sussex	43.5	7	Hampshire	41
8	Cornwall	32	8	Cornwall	37
9	Bedfordshire	27.5	9	Hertfordshire	36
10	Cambridgeshire	24	10	Cambridgeshire	35
11	Oxfordshire	21	11	Berkshire	32.5
12	Suffolk	20	12	Oxfordshire	19
13	Norfolk	19	13	Bedfordshire	17
14	Buckinghamshire	15	14	Norfolk	13
			15	Suffolk	8
			16	Dorset	7

Individual performances:-

100m	2nd	Jamal Rhoden-Stevens	10.90/+1.8	100m	3rd	Ashleigh Clarke	12.13/+3.7
200m	2nd	Marvin Popoola	21.92/+2.2	200m	5h1	Taiye Musa	26.36/+1.8
400m	2nd	Lolu Oluwole-Ojo	49.11	400m	2nd	Jessie Knight	56.51
800m	6h2	Sam Vassall	2:05.40	800m	8th	Layla Thompson	2:24.49
1500m	2nd	Daniel Wallis	4:04.07	1500m	1st	Katie Snowden	4:27.15
110mH	-	Kertis Beswick	DSQ	100mH	-	-	-
400mH	3rd	Chris McAlister	56.89	400mH	4th	Mae Thompson	67.31
2000m S/C	-	-	-	HJ	5th	Amy de Beaux	1.65m
HJ	6th	Tayo Andrews	1.95m	PV	=1	Amy de Beaux	3.60m
PV	-	-	-	LJ	9th	Lisa O'Brien	4.89m/+1.4
LJ	1st	Oliver Newport	7.06m/+1.1	TJ	1st	Morgan Lake	12.45m/+2.2
TJ	5th	Jacob Veerapen	12.73m/+0.7	SP	4th	Iyani Obi-Adewole	10.80m
SP	1st	Joey Watson	15.50m	DT	11th	Tamara Reid	26.38m
DT	6th	Joey Watson	41.78m	HT	7th	Sinead O'Brien	35.38m
HT	10th	Luke Macaree	20.78m	JT	-	-	-
JT	9th	Luke Macaree	43.07m				

Meeting records set by Katie Snowden (HHH) in the U20 Women 1500m and by Morgan Lake (WSEH) in the U20 Women Triple Jump. Meeting record equalled by Amy de Beaux (Guildford & Godalming) in the U20 Women Pole Vault.

INTER-COUNTY EVENTS

CAU Inter-Counties, Bedford, 24/25 August 2013

Senior Men			Senior Women		
1	Essex	94.5	1	Kent	66.0
2	Middlesex	63.0	2	Yorkshire	60.5
3	Cambridgeshire	41.0	3	Essex	52.0
4=	SURREY	38.0	4	Middlesex	51.0
4=	Yorkshire	38.0	5	SURREY	49.0
6=	Hampshire	36.0	6	North East Counties	48.0
6=	Hertfordshire	36.0	7	Sussex	39.0
8	Sussex	27.0	8	Hertfordshire	37.0
9=	Bedfordshire	22.0	9	Hampshire	30.0
9=	Kent	22.0	10	Warwickshire	25.0
11	Warwickshire	15.0	11	Buckinghamshire	18.0
			12	Northern Ireland	16.0

Individual performances

100m	1st	Greg Cackett	10.27/+1.2	100m	7h1	Yehnine Gayle	13.02/-1.2
200m	2nd	Greg Cackett	20.83/-1.3	200m	-	no competitor	
400m	4h2	Tim Kuria	49.09	400m	1st	Mary Iheke	54.33
800m	8th	Hugo Fleming	1:56.77	800m	-	no competitor	
Mile	-	no competitor		1500m	6th	Katie Snowden	4:29.69
5000m	-	no competitor		5000m	5th	Sophie Cowper	17:33.62
110mH	7th	Joe Yarde	15.09/+2.7	100mH	-	no competitor	
400mH	-	no competitor		400mH	7th	Mae Thompson	64.28
3000mSC	-	no competitor		3000mSC	-	no competitor	
HJ	-	no competitor		HJ	3rd	Julia Machin	1.71m
PV	-	no competitor		PV	2nd	Amy De Beaux	3.70m
LJ	6th	Paul Ogun	6.63m	LJ	-	no competitor	
TJ	-	no competitor		TJ	-	no competitor	
SP	-	no competitor		SP	-	no competitor	
DT	-	no competitor		DT	1st	Jade Lally	56.53m
HT	-	no competitor		HT	8th	Pippa Wingate	49.40m
JT	4th	Gavin Johnson-Assoon	59.87m	JT	16th	Carla Letheby	32.75m
Other Performances				Other Performances			
100m		Aidan Syers	10.38/+1.2	1500m		Jo Locker	4:38.26
200M		Dwayne Cowan	21.08/-1.3	HT		Carla Letheby	34.94m
400M		Lolu Oluwole-Ojo	49.30				

Under 17 Inter-Counties

Event not held in 2013.

NATIONAL CHAMPIONS 2013

EA U23/U20 Championships, Bedford, 15/16 June 2013

U23M	800 m	Oli Aitchison (Aldershot, Farnham & District AC)	1:50.41
U20M	400mH	Jacob Paul (Windsor, Slough, Eton & Hounslow AC)	51.99
U23W	1500m	Rosie Clarke (Epsom & Ewell Harriers)	4:24.2
U20W	PV	Tilly Hooper (U17 - Sutton & District AC)	3.45m

English Schools Championships, Birmingham, 5/6 July 2013

SB	400mH	Jacob Paul (Windsor, Slough, Eton & Hounslow AC)	51.79
SB	LJ	Oliver Newport (Blackheath & Bromley Harriers AC)	7.44m/+0.6
IB	100m	Fawwaz Okunola (Herne Hill Harriers)	10.86/-1.5
IB	3000m	Gus Cockle (Aldershot, Farnham & District AC)	8:28.37
IB	TJ	Stefan Amokwandoh (Blackheath & Bromley Harriers AC)	14.33m/0.0
IG	100m	Imani Lansiquot (Sutton & District AC)	12.19/-1.7
JG	DT	Sophie Mace (Walton AC)	CBP 39.89m

UK Championships & World Trials, Birmingham, 12-14 July 2013

SM	5000m Walk	Alex Wright (Belgrave Harriers)	19:27.39
SW	DT	Jade Lally (Shaftesbury Barnet Harriers)	60.23m

EA U17/U15 Championships, Bedford, 31 August / 1 September 2013

U17M	TJ	Stefan Amokwandoh (Blackheath & Bromley Harriers AC)	14.56m/+3.0
U15B	SP	Michelangelo Buter (Windsor, Slough, Eton & Hounslow AC)	15.93m
U17W	HJ	Morgan Lake (Windsor, Slough, Eton & Hounslow AC)	CBP 1.88m
U17W	LJ	Morgan Lake (Windsor, Slough, Eton & Hounslow AC)	5.91m/+2.0
U17W	TJ	Morgan Lake (Windsor, Slough, Eton & Hounslow AC)	CBP 12.34m/+3.3
U15G	DT	Sophie Mace (Walton AC)	40.51m

SURREY ATHLETES AT INTERNATIONAL MEETINGS

IAAF World Youth Championships, Donetsk, Ukraine, 10 - 14 July 2013

Shirin IRVING (Croydon H) Girls 100mH 5s1 13.71/-1.1.

European U23 Championships, Tampere, Finland, 11 - 14 July 2013

Luke CALDWELL (Dorking & Mole Valley) 5000m 5th 14:23.74.

Sam OSEWA (Croydon H) 100m 7th 10.58/-0.3. Also ran in heats of 4x100m relay.

European U20 Championships, Rieti, Italy, 10 - 15 July 2012

Emelia GORECKA (Aldershot, Farnham & District AC) 3000m 1st 9:12.53.

Elliot SAFO (Croydon H) Long Jump 1st 7.86m/-0.3

Jacob PAUL (Windsor, Slough, Eton & Hounslow) 400mH 3rd 50.71.

Shona RICHARDS (Windsor, Slough, Eton & Hounslow) 400mH 5th 58.33.

IAAF World Championships, Moscow, 10 - 18 August 2013

Martyn ROONEY (Croydon H) 4x400m (Leg 2) 4th 3:00.88.

James DASAOLU (Croydon H) 100m 8th 10.21/-0.3 (9.97/+0.4 in semi-final).

Marty DENT (Belgrave H) Marathon 23rd 2:17:11 (representing Australia).

Alex WRIGHT (Belgrave H) 20k Walk 31st 1:26.40.

Harry AIKINES-ARYEETEEY 100m 7s1 10.34/-0.2 (10.16/-0.1 in heats); 4x100m 1h2 42.75 (ran in Final but team was disqualified).

COUNTY DIARY 2013 - 2014

2013

5 October	SEAA Cross-Country Relays	Wormwood Scrubs
12 October	Surrey Masters Cross-Country Championships	Richmond Park
19 October	Surrey Cross-Country Leagues	various
26 October	Bruce Judd Young Athletes Cross-Country Relays	Stoke Park, Guildford
27 October	Surrey U13/U15/U17 Sportshall	Spectrum, Guildford
9 November	Surrey Men's Cross-Country Leagues	various
24 November	Surrey U13/U15/U17 Sportshall	Spectrum, Guildford
7 December	Surrey Women's Cross-Country Leagues	Coulsdon
14 December	SEAA Inter-Counties Cross-Country	Biggleswade

2014

4 January	Surrey County Cross-Country Championships	Denbies, Dorking
4/5 January	EA Senior/U20 Indoor Combined Events	Sheffield (tbc)
11 January	Surrey Cross-Country Leagues	various
12 January	SEAA Indoor Championships Part 1	Lee Valley
18 January	Surrey Schools Cross-Country Championships	Priory Park, Reigate
18/19 January	SEAA Indoor Championships Part 2	Lee Valley
25 January	SEAA Cross-Country Championships	Parliament Hill
26 January	Surrey U13/U15/U17 Sportshall	Spectrum, Guildford
1 February	SE Schools Inter-County Cross-Country	Hampshire
8 February	Surrey Cross-Country Leagues	various
8/9 February	UK Indoor Championships & Trials	Sheffield (tbc)
15/16 February	Surrey & Sussex Indoor Championships	DWLC, Carshalton
22 February	England National Cross-Country Championships	Wollaton Park, Nottingham
22/23 February	EA U20/U17/U15 Indoor Championships	Birmingham (tbc)
8 March	CAU Inter-County Cross-Country Championships	Cofton Park, Birmingham
15 March	ESAA Cross-Country Championships	Castle Donington

Updates to the Diary are published on the county web site and can be found at:
www.surreyathletics.org.uk/diary

SCAN

The closing dates for submissions for forthcoming issues are:

- 15 January 2014 (February issue) 15 April 2014 (May issue)
15 August 2014 (September issue)

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