

SURREY COUNTY ATHLETIC NEWS

(Issue 71 - mid-September 2012)



Although the Olympic Games has been the primary focus of many during 2012 the outstanding achievement by a Surrey athlete was the third place by Emelia Gorecka in the IAAF World Junior Championships 3000 Metres held in Barcelona on 10th July. She set a personal best time of 9:09.43 and was the only non-East African in the top five. Emelia has shown, for several years, that she is able to compete with the best with her performances on the track and over cross-country courses.

Lawrence Okoye is, compared to Emelia, relatively new to international competition even though they both contested the previous World Juniors in 2010. Although showing great potential he has yet to perfect his technique. This meant that, in both his major championships this year, although in the qualifying rounds he was 5th in the Europeans and 4th in the Olympics, when it came to the finals things did not come right and he was last in both. Despite many experts stating that he has the potential to break the world record his future in the sport is in some doubt .

We have two other Surrey athletes about whom great things were forecast. Both Harry Aikines-Aryeetey and Martyn Rooney could, a few years back, have anticipated greater success this year than they actually achieved. We need to be careful that the expectations we place on the shoulders of our young people do not become an intolerable burden.

Keith Burchell

COUNTY RECORDS

The following new County records have been set this year (as at 14th September):-

SM Discus	68.24m	Lawrence Okoye (Croydon H)	Halle, GER	19 May
U20M 110mH	13.94/-0.5	Blade Ashby (Herne Hill H)	Bromley	22 July
U20M 400mH	52.74	Jacob Paul (WindsorSE&H)	Birmingham	2 June
U20M 400mH	52.26	Jacob Paul (WindsorSE&H)	Birmingham	2 June
U20M 400mH	52.11	Jacob Paul (WindsorSE&H)	Birmingham	3 June
U20M Long J	7.70m/+1.1	Oliver Newport (Crawley AC)	Birmingham	2 June
U17M 100mH	12.97/+0.3	Kertis Beswick (Croydon H)	Bedford	19 Aug
U15B Hammer	55.71m	Munroe Ritchie (Crawley AC)	Crawley	27 Aug
U15B Hammer	55.71m	Munroe Ritchie (Crawley AC)	Crawley	27 Aug
SW 3000m	8:55.11	Emelia Gorecka (AldershotF&D)	Birmingham	26 Aug
U20W 3000m	8:55.11	Emelia Gorecka (AldershotF&D)	Birmingham	26 Aug
U20W 5000m	15:34.21	Emelia Gorecka (AldershotF&D)	Watford	9 June
U20W Hammer	49.85m	Pippa Wingate (Kingston&P)	Kingston	14 April
U20W Hammer	50.83m	Pippa Wingate (Kingston&P)	Olympic Park	7 May
U20W Hammer	51.76m	Pippa Wingate (Kingston&P)	Crystal Palace	8 July
U17W 300mH	41.84	Shona Richards (Epsom&Ewell)	Bedford	19 Aug
U15G Pole Vault	3.35m	Tilly Hooper (Sutton&Dist)	Guildford	2 June
U15G Pole Vault	3.51m	Tilly Hooper (Sutton&Dist)	Watford	15 July
U15G Shot Putt	12.76m	Michella Obijiaku (Herne Hill H)	Battersea Park	16 June
U15G Discus	39.23m	Sophie Mace (Walton AC)	Cheltenham	04 June
U15G Discus	39.80m	Sophie Mace (Walton AC)	Kingston	16 June
U15G Hammer	35.16m	Sophie Mace (Walton AC)	Crookham Common	11 March
U15G Hammer	36.03m	Sophie Mace (Walton AC)	Crawley	22 April
U15G Hammer	40.64m	Sophie Mace (Walton AC)	Kingston	2 May
U15G Hammer	41.73m	Sophie Mace (Walton AC)	Crawley	27 Aug
U15G Javelin	35.44m	Katie Barrow (AldershotF&D)	Bracknell	16 June

These records were set on 26 occasions in 16 events. The following table shows a comparison with the preceding years (previous years figures are for the complete calendar year):-

	2012	2011	2010	2009	2008	2007	2006	2005
Occasions	26	11	9	10	19	17	15	8
Events	16	10	9	9	14	9	7	6

COUNTY CHAMPIONSHIPS

Half-Marathon, Petersham, 6 May 2012

MEN				WOMEN			
1	Justin West	Strag	72.58	1	Sarah Winter	Strag	89.53
2	James Ellis	ClapC	73.09	2	Sonia Bandeira	Strag	90.00
3	Pat Wright	Tad	73.17	3	Carys Mills	Strag	90.09
M40	David Williamson	Tad	78.07	W35	Sarah Winter	Strag	89.53
M50	John McCawley	Cley	81.41	W45	Carys Mills	Strag	90.09
M60	Geoff Newton	Tad	89.59	W55	Helen Brett	Strag	130.01

TEAMS

1	Tadworth AC	12	1	Stragglers	6
2	Clapham Chasers	15	2	Elmbridge RC	27
3	Striders of Croydon	42	3	South London H	33

Track & Field, Kingsmeadow, 12/13 May 2012

UNDER 13 GIRLS

100m (-2.8) 1 Denisha Marshall-Brown (HHH) 13.81; 2 Lohita Allen-Aigbodion (SLH) 14.03; 3 Maxine Coldrey (Reig P) 14.10. **200m** (+0.3) 1 Lohita Allen-Aigbodion (SLH) 28.48; 2 Chanice Gordon (Croy) 28.95; 3 Lakeisha Owusu-Junior (Sutt) 29.33. **800m** 1 Eugenie Cockle (WSEH) 2:27.25; 2 Alexandra Brown (HHH) 2:33.57; 3 Eloise O'Shaughnessy (HHH) 2:34.99. **1500m** 1 Tara de Klerk (WSEH) 5:22.98; 2 Amelia Stiff (SLH) 5:31.01; 3 Claudia Pattison (Walt) 5:41.15. **70mH** (-1.7) 1 Chanice Gordon (Croy) 13.8; 2 Sophie Dimbleby (K&P) 14.5; 3 Elena Barkatullah (C'ley) 16.0. **HJ** 1 Rhianna Reynolds (K&P) 1.25m; 2 Holly Blackburn (C'ley) 1.25m; 3 Lucy Richardson (C'ley) 1.05m. **LJ** 1 Amy Richardson (K&P) 4.17m; 2 Maxine Coldrey (Reig P) 4.08m; 3 Lucy Sumner (Holl S) 3.97m. **SP** 1 Denisha Marshall-Brown (HHH) 9.89m; 2 Phoebe Wright (Wok) 6.25m; 3 Rhianna Reynolds (K&P) 5.93m. **DT** 1 Saskia Millard (HHH) 18.50m; 2 Phoebe Wright (Wok) 16.75m; 3 Rhianna Reynolds (K&P) 16.04m. **JT** 1 Sophie Dimbleby (K&P) 26.55m; 2 Phoebe Wright (Wok) 22.24m.

UNDER 15 GIRLS

100m (-1.7) 1 Ashleigh Clarke (Croy) 12.6; 2 Maya Bruney (B&B) 12.8; 3 Michella Obijiaku (HHH) 13.0. **200m** (-0.7) 1 Maya Bruney (B&B) 25.41; 2 Imani Lansiquot (Sutt) 25.63; 3 Ashleigh Clarke (Croy) 25.67. **800m** 1 Molly Pocock (AFD) 2:17.54; 2 Lianne Lafreniere (G&G) 2:19.08; 3 Elle Butcher (K&P) 2:22.21. **1500m** 1 Katherine Shiel-Rankin (AFD) 4:37.64; 2 Niamh Brown (Reig P) 4:45.34; 3 Breagha Campbell (HHH) 5:01.02. **75mH** (-1.4) 1 Taylor Campbell (Croy) 12.17; 2 Sophie Ellis (Reig P) 12.22; 3 Sonyce Archer (Croy) 12.68. **HJ** 1 Emily Thorpe (AFD) 1.56m; 2 Pippa Monk (G&G) 1.50m; 3 Lois Drummie (E Grin) 1.45m. **LJ** 1 Chloe Last (Wok) 4.82m/+2.9; 2 Georgina Hennah (C'ley) 4.73m/+0.4; 3 Sonyce Archer (Croy) 4.51m/-0.7. **SP** 1 Michella Obijiaku (HHH) 12.16m. **CBP**; 2 Sophie Mace (Walt) 10.46m; 3 Jody Edwards (K&P) 8.55m. **DT** 1 Sophie Mace (Walt) 35.72m. **CBP**; 2 Chantal Banton (WSEH) 22.24m; 3 Belinda Willoughby (C'ley) 20.83m. **HT** 1 Sophie Mace (Walt) 38.17m. **CBP**. **JT** 1 Katie Barrow (AFD) 32.79m; 2 Emma Fossett (Croy) 30.21m; 3 Sophie Mace (Walt) 23.46m.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 12/13 May 2012

UNDER 17 WOMEN

100m (-2.2) 1 Eleanor Smith-Hahn (Croy) 12.71; 2 Vanessa La Fon (HHH) 12.93; 3 Olivia Parrott (AFD) 12.99. **200m** (-0.2) 1 Shona Richards (E&E) 24.96; 3 Eleanor Smith-Hahn (Croy) 25.24; 3 Vanessa La Fon (HHH) 25.65. **300m** 1 Shona Richards (E&E) 39.73; 2 Matilda Rainsborough (G&G) 40.88; 3 Kloe Storrie (AFD) 43.39. **800m** 1 Alice Chandler (Reig P) 2:15.89; 2 Lisa Ferguson (Reig P) 2:17.57; 3 Molly-Kate Sharples (AFD) 2:20.28. **1500m** 1 Emma Headley (HW) 4:50.48; 2 Emily Reeves (WSEH) 4:51.26; 3 Harriet Preedy (AFD) 4:51.95. **3000m** 1 Josie Savill (WSEH) 10:12.73; 2 Harriet Preedy (AFD) 10:30.64; 3 Sophie Foreman (Tonb) 10:32.24. **800mH** (-2.4) 1 Shirin Irving (Croy) 11.90; 2 Laura Reilly (E&E) 12.47; 3 Issie Grant (Reig P) 12.54. **3000mH** 1 Shona Richards (E&E) 44.60 **CBP**; 2 Emma Nanson (AFD) 45.99; 3 Laura Cook (K&P) 50.74. **HJ** 1 Phoebe Callaghan-Mills (K&P) 1.55m; 2 Elena Rodham-Cooke (HHH) 1.50m; 3= Lois Uduje (HHH) & Amy Syder (Sutt) & Elizabeth Foster (G&G) 1.40m. **LJ** 1 Jessica Hall (G&G) 4.97m/+2.0; 2 Sarah Rusling (E Grin) 4.95m/+2.3; 3 Monica Hill (Reig P) 4.77m/+1.4. **TJ** 1 Kerri Davidson (Sutt) 11.20m/+1.7; 2 Sarah Rusling (E Grin) 10.22m/+0.9; 3 Nicole Kendall (K&P) 10.18m/+1.3. **SP** 1 Tamara Reid (Croy) 9.29m; 2 Ellie Lane (Wok) 8.39m; 3 Jordyn Robinson (E&E) 8.17m. **DT** 1 Tamara Reid (Croy) 28.21m; 2 Yasmin Campbell (Sutt) 22.43m; 3 Kate Gurney (C'ley) 21.49m. **HT** 1 Alex Bartle (K&P) 31.05m; 2 Joanna Lennon (K&P) 28.28m; 3 Anieshka Mido (Croy) 25.42m. **JT** 1 Shirin Irving (Croy) 34.36m; 2 Ellie Lane (Wok) 27.95m; 3 Emily McDermott (G&G) 26.81m.

UNDER 20 WOMEN

100m (-1.5) 1 Shanice Harrison (SLH) 12.58; 2 Rosanta Yarde (HHH) 12.80; 3 Emily Ashong (Sutt) 13.04. **200m** (-4.1) 1 Jessie Knight (HHH) 25.52; 2 Shanice Harrison (SLH) 25.85; 3 Rosanta Yarde (HHH) 26.90. **400m** 1 Adelle Tracey (G&G) 56.0; 2 Jessie Knight (HHH) 56.3; 3 Yimika Adewakun (B&B) 57.8. **800m** 1 Katie Snowden (HHH) 2:08.45 **CBP**; 2 Maddy Austin (G&G) 2:10.54; 3 Georgia Peel (AFD) 2:13.68. **1500m** 1 Adelle Tracey (G&G) 4:30.3 **CBP**; 2 Georgia Peel (AFD) 4:35.7; 3 Laura Gent (AFD) 4:39.7. **3000m** 1 Laura Gent (AFD) 10:00.22. **100mH** (-1.5) 1 Jahisha Thomas (WallingtonGS) 14.92; 2 Natalie Thomas (Sutt) 17.55; 3 Lisa O'Brien (Walt) 15.88. **400mH** 1 Aisha Naibe-Wey (HHH) 61.42 **CBP**; 2 Jess McCabe (WSEH) 62.19; 3 Rachel Robinson (B&B) 66.55. **HJ** 1 Sophy Milton (unat) 1.45m. **PV** 1 Amy de Beaux (G&G) 3.00m; 2 Clare Maurer (Wok) 2.90m; 3 Sam Morrison (Wok) 2.70m. **LJ** 1 Jahisha Thomas (WallingtonGS) 5.66m/+1.6; 2 Lisa O'Brien (Walt) 5.05m/+0.7; 3 Rosanta Yarde (HHH) 4.73m/+1.0. **TJ** 1 Rebecca Zelic (HHH) 11.01m/-0.6; 2 Lisa O'Brien (Walt) 10.75m/+1.5; 3 Vicky Maguire (G&G) 10.52m/+2.8. **SP** 1 Pippa Wingate (K&P) 10.63m; 2 Carla Letheby (Walt) 10.38m; 3 Sinead O'Brien (Walt) 8.53m. **DT** 1 Carla Letheby (Walt) 35.79m; 2 Pippa Wingate (K&P) 34.98m; 3 Sinead O'Brien (Walt) 27.47m. **HT** 1 Pippa Wingate (K&P) 49.06m **CBP**; 2 Carla Letheby (Walt) 41.20m; 3 Sinead O'Brien (Walt) 32.64m. **JT** 1 Carla Letheby (Walt) 31.99m.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 12/13 May 2012

SENIOR WOMEN

100m (-1.7) 1 Twinelle Hopeson (Croy) 12.32; 2 Azaria Francis (WGEL) 12.38; 3 Shayone Simao (B&B) 12.64. **200m** (-0.6) 1 Jo White (SMR) 24.47; 2 Twinelle Hopeson (Croy) 25.11; 3 Shayone Simao (B&B) 25.41. **400m** 1Twinelle Hopeson (Croy) 56.52; 2 Laura Burke (WSEH) 57.13; 3 Michelle Watson (HHH) 61.63. **800m** 1 Montana Jones (AFD) 2:08.40; 2 Emily Alden (E&E) 2:16.59; 3 Cecilia Savundra (Oxford Uni) 2:25.93. **1500m** 1 Montana Jones (AFD) 4:26.0; 2 Emily Wicks (AFD) 4:32.3; 3 Lily Partridge (AFD) 4:37.7. **3000m** 1 Emily Alden (E&E) 9:57.07; 2 Estelle Damant (Rane) 10:15.60; 3 Sophie Cowper (Lincoln Well) 10:42.16. **3000m S'chase** 1 Suzannah Monk (U17 G&G) 12:39.5 **CBP** (new event); 2 Claire Thomas (U20 Walt) 13:45.9. **100mH** (-1.5) 1 Jodie Favell (Belg) 15.29. **400mH** 1 Jodie Favell (Belg) 64.23; 2 Susan McLoughlin (Walt) 65.89; 3 Louise Aylwin (unat) 67.08. **3000m Walk** 1 Susanne Dietrich (K&P) 19:49.1. **HJ** 1 Jo Rowland (Craw) 1.58m. **PV** 1 Jade Ive (SB) 3.81m **CBP**; 2 Louisa Clarke (Sutt) 3.00m. **LJ** 1 Jade Johnson (HHH) 6.25m/+0.7; 2 Emily Martin (HW) 5.69m/+1.8; 3 Jo Rowland (Craw) 5.53m/+2.5. **TJ** 1 Rebecca Klys (HHH) 9.74m/+0.9. **SP** 1 Eleanor Gatrell (Wok) 15.02m; 2 Jo Rowland (Craw) 12.70m; 3 Holly Stroud (G&G) 10.61m. **DT** 1 Angela Mitchell (Harrow) 36.60m; 2 Holly Stroud (G&G) 34.56m; 3 Rebecca Klys (HHH) 27.05m. **HT** 1 Carla Letheby (Walt) 38.60m; 2 Gillian Staerck (G&G) 28.77m; 3 Holly Stroud (G&G) 27.83m. **JT** 1 Holly Stroud (G&G) 34.42m; 2 Jodie Favell (Belg) 32.16m; 3 Hayley Crosswell (G&G) 25.71m.

UNDER 13 BOYS

100m (-2.3) 1 Joseph Massimo (Craw) 12.94; 2 Eric Sarfo (Sutt) 12.98; 3 Thomas McGachie (DMV) 13.32. **200m** (-2.2) 1 Joseph Massimo (Craw) 26.35; 2 Eric Sarfo (Sutt) 26.55; 3 Thomas McGachie (DMV) 27.51. **800m** 1 Sam Cohen (HHH) 2:21.79; 2 Bradley Young (Reig P) 2:27.89; 3 Samuel Moody (HHH) 2:28.84. **1500m** 1 Sam Cliff (DMV) 4:52.55; 2 Daniel Cooke (C'ley) 4:54.11; 3 James Fleming (C'ley) 4:57.79. **75mH** (-1.2) 1 Thomas McGachie (DMV) 13.30 =**CBP**; 2 Elliot Bailey (Croy) 13.84; 3 Alex Rodrigues (C'ley) 15.45. **HJ** 1 Sam Cohen (HHH) 1.32m; 2 Moa Wanogho (HHH) 1.00m. **LJ** 1 Sawa Yamakawa (Walt) 4.96m/+1.6; 2 Joseph Massimo (Craw) 4.92m/+1.4; 3 Eric Sarfo (Sutt) 4.81m/+0.9. **SP** 1 Sawa Yamakawa (Walt) 9.54m; 2 Dejean Marshall-Brown (HHH) 9.06m; 3 Sam Mace (Walt) 8.89m. **DT** 1 Sam Mace (Walt) 27.04m; 2 Sawa Yamakawa (Walt) 25.41m; 3 Dejean Marshall-Brown (HHH) 21.99m. **JT** 1 Sawa Yamakawa (Walt) 33.93m; 2 William Bates (HHH) 31.41m; 3 Harvey Gillard (Wok) 31.02m.

UNDER 15 BOYS

100m (-0.7) 1 Rechmial Miller (HW) 11.84; 2 Rob Page (WSEH) 11.86; 3 Daniel Luke (Croy) 12.06. **200m** (-1.2) 1 Creston Harrison (SLH) 23.46; 2 Rob Page (WSEH) 23.90; 3 Daniel Luke (Croy) 23.98. **300m** 1 Ocean Schwartz (Holl S) 38.86 **CBP**; 2 Anthony Ahatty (HHH) 39.04; 3 Nathan Obayori (Harris Acad) 39.35. **800m** 1 Feysel Nadew (HHH) 2:07.09; 2 Nathan Inkester (Sutt) 2:07.75; 3 Jamie Brown (Reig P) 2:12.04. **1500m** 1 Rian McCawley (C'ley) 4:32.67; 2 Charlie Wyllie (DMV) 4:34.30; 3 Henry McCann (Reig P) 4:35.94. **3000m** 1 James Rady (Holl S) 10:22.7; 2 Max Ferrari (HHH) 10:24.1; 3 Daniel Haughton (Sutt) 11:08.1. **80mH** (-2.5) 1 Sean Rafique (WSEH) 12.25; 2 Alex Wall (C'ley) 12.82; 3 Anthony Ahatty (HHH) 13.44.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 12/13 May 2012

UNDER 15 BOYS (continued)

HJ 1 Ocean Schwartz (Holl S) 1.70m; 2 Sid Walters (Sutt) 1.65m; 3 Jamie Horne (Peterborough) 1.65m. **LJ** 1 Jed Botham (B&B) 5.90m/+0.9; 2 Ocean Schwartz (Holl S) 5.60m/+1.4; 3 Christopher Sinclair (HHH) 5.54m/+1.6. **SP** 1 Michelangelo Buter (WSEH) 12.88m; 2 Munroe Ritchie (Craw) 11.52m; 3 Maleek Montgomery (Croy) 10.05m. **DT** 1 Munroe Ritchie (Craw) 37.08m; 2 Rory Kelly (Wok) 36.12m; 3 Craig Rawlings (Sutt) 33.61m. **HT** 1 Munroe Ritchie (Craw) 46.50m CBP; 2 Rory Kelly (Wok) 35.94m; 3 Sam Mace (Walt) 21.18m. **JT** 1 James Yun-Stephens (Tonb) 36.46m; 2 Josh Knight (Holl S) 21.14m; 3 Ross Maxwell (C'ley) 19.90m.

UNDER 17 MEN

100m (+0.2) 1 Max Mondelli (HW) 11.05; 2 Marvin Popoola (HHH) 11.11; 3 Damien Powell (Croy) 11.27. **200m** (-0.7) 1 Marvin Popoola (HHH) 22.91; 2 Damien Powell (Croy) 22.92; 3 Ornette Matthews (HHH) 23.34. **400m** 1 Shaun Cooke (Sutt) 51.84; 2 Rob Hall (WSEH) 52.29; 3 Jacob Rainier (WSEH) 53.11. **800m** 1 Tom Holden (SLH) 1:58.12; 2= Femi Agbetoyin (Croy) & Patrick Lucas (Croy) 1:59.27. **1500m** 1 Tom Holden (SLH) 4:05.3; 2 Charlie Critchley (WSEH) 4:07.9; 3 Gus Cockle (WSEH) 4:10.7. **3000m** 1 Jack Rowe (WSEH) 8:57.16; 2 Lascelles Hussey (HHH) 9:33.08; 3 George Gathercole (WSEH) 9:34.55. **1500m S'chase** 1 Greg Baynham (WSEH) 5:02.4. **100mH** (-0.2) 1 Kertis Beswick (Croy) 13.33 CBP; 2 Reece Young (SLH) 13.66; 3 Jordan Otu (Croy) 15.16. **400mH** 1 Stirling Gibbons (Croy) 61.46. **3000m Walk** 1 Andrew Statter (Croy) 18:56.8. **HJ** 1 Tayo Andrews (HHH) 1.90m; 2 Max Davis (C'ley) 1.65m. **PV** 1 Maksims Karacuns (Croy) 3.50m. **LJ** 1 Max Davis (C'ley) 6.03m/+0.7; 2 Tife Ajibade (Croy) 6.01m/-0.8; 3 Chrioni Myers Reid (HHH) 5.58m/-1.2. **TJ** 1 Stefan Amokwandoh (B&B) 13.26m/+0.2; 2 Daniel Rusling (E Grin) 11.41m/+1.0; 3 Ciaran Geraghty (K&P) 11.16m/-0.3. **SP** 1 Adam Magni (HW) 12.72m; 2 Charlie Sandford (C'ley) 12.14m; 3 Royan Moore (HHH) 12.02m. **DT** 1 Omar Reid (Croy) 49.54m; 2 Nathan Carty (Croy) 40.92m; 3 Curtis Knight (Walt) 37.26m. **HT** 1 Curtis Knight (Walt) 40.30m; 2 Charlie Sandford (C'ley) 37.43m; 3 Nik Brown (Sutt) 22.07m. **JT** 1 Simpe Mpopfu (Croy) 52.25m; 2 Royan Moore (HHH) 43.72m; 3 Curtis Knight (Walt) 41.45m.

UNDER 20 MEN

100m (-1.1) 1 Cameron Smith (Croy) 11.04; 2 Tshon Carnegie (HHH) 11.06; 3 Tucker Bryant (K&P) 11.07. **200m** (-0.5) 1 Josh Street (SLH) 21.43; 2 Lolu Oluwole-Ojo (WSEH) 22.02; 3 Tucker Bryant (K&P) 22.18. **400m** 1 Lolu Oluwole-Ojo (WSEH) 49.40; 2 Jonathan Osbourne (HW) 49.56; 3 Adam Taylor (Sutt) 51.28. **800m** 1 Zak Curran (WSEH) 1:53.51; 2 Hugo Fleming (Walt) 1:55.85; 3 Adam Taylor (Sutt) 1:58.95. **1500M** 1 Joshua Grace (AFD) 3:59.40; 2 Peter Chambers (Croy) 4:00.00; 3 Henry Pearce (Tonb) 4:07.40. **3000m** 1 Ian Bailey (AFD) 8:40.07; 2 Peter Chambers (Croy) 8:56.42; 3 Mark Plackett (Croy) 9:02.18. **110mH** (NWI) 1 Blade Ashby (HHH) 14.92; 2 Johnoi Josephs (Sutt) 15.95; 3 Harry Barnett (C'ley) 16.80. **400mH** 1 Jacob Paul (WSEH) 53.25 CBP; 2 Thomas Rady (Holl S) 65.27. **HJ** 1 Guy Pearce (HBS) 1.83m. **PV** 1 Daniel Ditton (WSEH) 3.70m; 2 John Tayleur (HHH) 2.80m. **LJ** 1 Elliot Safo (Croy) 7.47m/+2.0 **CBP**; 2 Oliver Newport (Craw) 7.23m/+2.1; 3 James Lelliott (WSEH) 6.86m/+2.2. **DT** 1 Luke Macaree (C'ley) 32.67m. **JT** 1 Luke Macaree (C'ley) 44.39m.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 12/13 May 2012

SENIOR MEN

100m (0.0) 1 Robert Graham(HHH)10.69; 2 Cyle Carty (Sutt) 10.73; 3 Oweka Wanogho (Croy) 10.75. **200m** (-0.7) 1 Oweka Wanogho (Croy) 21.81; 2 Idris Ojuriye (HHH) 22.24; 3 Ollie King (Wok) 22.26. **400m** 1 Peter Phillips (HHH) 48.57; 2 Lawrence Croll Mensah (HHH) 48.86; 3 Matthias Bos (SB) 49.35. **800m** 1 Oli Aitchison (AFD) 1:54.54; 2 Liam White (HW) 2:03.01; 3 Nathan Ditton (WSEH) 2:05.06. **1500m** 1 Jonathan Henderson (HHH) 4:05.99; 2 Liam White (HW) 4:07.99; 3 Nathan Ditton (WSEH) 4:22.32. **5000M** 1 Steven Connor (AFD) 15:05.42; 2 Ben Paviour (HHH) 15:28.66; 3 Kieran White (HW) 15:29.21. **3000m S'chase** 1 Gilbert Grundy (Wok) 9:40.22; 2 Robert Tuer (HW) 10:22.21; 3 Andrew Robinson (M45 K&P). **110mH** (NWI) 1 Gary Wilson (Belg) 14.95; 2 Kaspars Kazemaks (Wok) 16.96. **400mH** 1 Andy Clements (WSEH) 54.32; 2 Tom Parry (K&P) 55.29; 3 Richard Holt (B&B) 59.00. **3000M Walk** 1 Ian Statter (Sy WC) 18:00.0; 2 Chris Flint (Sy WC) 18:01.5; 3 Peter Hannell (Sy WC) 18:09.4. **HJ** 1 Kaspars Kazemaks (Wok) 1.70m. **PV** 1 Joe Ive (SB) 5.20m; 2 Greg Conlon (Walt) 4.00m; 3 Kaspars Kazemaks (Wok) 3.80m. **LJ** 1 Ezekiel Ewulo (WGEL) 7.59m/+2.0; 2 Reynier Basutil (SB) 7.10m/-0.8; 3 Paul Ogun (Croy) 6.97m/+1.8. **TJ** 1 Julien Allwood (HHH) 15.06m/+0.4; 2 David Wellstead (Belg) 14.10m/+0.1; 3 Emmanuel Fashoyin (Kent) 13.38m/+0.7. **SP** 1 Ian Frankish (E&E) 13.08m; 2 Thomas Bullen (SLH) 12.54m; 3 Gareth Cook (K&P) 11.84m. **DT** 1 Tom Norman (WGEL) 53.41m; 2 Leith Marar (Belg) 48.21m; 3 Gareth Cook (K&P) 36.37m. **HT** 1 Gareth Cook (K&P) 48.88m; 2 Rob Smith (Walt) 41.12m; 3 Paul Kelly (Wok) 37.39m. **JT** 1 Gavin Johnson-Assoon (HHH) 58.39m; 2 Roy Chambers (Wok) 50.17m; 3 Neil Jennings (SMR) 39.25m.

NWI = Wind speed reading not available.

NOTES. The Steeplechase events were held on 8th September 2012 at Sutton Arena in conjunction with the Combined Events (See Page 11).

Masters Track & Field Championships, Ewell Court, 26 May 2012

Winners:-

100m W50 Susan Wisdom (E&E) 14.7; W55 Sue Dassie (E&E) 15.7; M35 Andrew Gordon (K&P) 11.6; M40 Kwadjo Adjepong (Belg) 12.1; M45 Steve Beak (Wok) 11.9; M50 Stuart White (HW) 13.1; M60 Alasdair Ross (WSEH) 12.9; M65 Charles Isetts (K&P) 14.7; M70 Kevin Burnett (SoC) 19.4.

200m W40 Joanne Regan (Walt) 31.8; W50 Susan Wisdom (E&E) 30.9; W55 Anna Garnier (THH) 34.1; M35 Scott Ware (Met Pol) 23.6; M40 Kwadjo Adjepong (Belg) 25.8; M45 Steve Beak (Wok) 23.7; M50 Stuart White (HW) 26.6; M60 Alasdair Ross (WSEH) 25.8; M65 Charles Isetts (K&P) 30.6.

400m W35 Beatrix Lafreniere (G&G) 66.4; W50 Dina Francis (K&P) 78.0; M35 James Thomas (Wok) 51.6; M40 Chris Taplin (Walt) 56.3; M45 Steve Beak (Wok) 55.2; M50 Stuart White (HW) 62.1; M60 Geoffrey Walcott (HW) 58.9; M65 Richard Somers (E&E) 67.6.

COUNTY CHAMPIONSHIPS



© Roland Adams - Malden Camera Club.

This photo of Elliot Safo was taken during the Under 20 Men's Long Jump championship at Kingsmeadow on 12th May. Elliot won the event, setting a new Championship Best Performance of 7.47m/+2.0. In second place was Oliver Newport who jumped 7.23m/+2.1. Elliot & Oliver continued their rivalry throughout the season.

At the England Senior Closed Championships on 2nd June Oliver came out on top setting a new County U20 record of 7.70m/+1.1. Elliot was second with a personal best of 7.51m/0.0. Two weeks later, at the England Under 20 Championships Elliot was triumphant with a jump 7.51m/-1.8. Oliver was fourth with 7.18m/-0.3. To confirm Surrey's strength in this event James Lelliott (7.21m/-0.4) was third and Jonathan Grant (6.91m/-0.8) was seventh.

Both Elliot and Oliver are coached by John Shepherd who was Surrey's leading Long Jumper in the 1980s.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Ewell Court, 26 May 2012

Winners (continued):-

800m W35 Beatrix Lafreniere (G&G) 2.30.2; W55 Anna Garnier (THH) 2.49.9; M35 Simon Loughran (Croy) 2.14.1; M50 Simon Bean (E&E) 2.22.7; M55 Alan Dolton (SoC) 2.43.1; M65 Derek Wardle (VAC) 2.40.2.

1500m W35 Zoe West (E&E) 5.12.3; W45 Vanda Caulfield (E&E) 5.28.3; W55 Anna Garnier (THH) 5.31.9; M35 Stuart Flack (E&E) 4.24.0; M40 Jonathan Monk (G&G) 4.45.8; M45 Andrew Del Nevo (D&T) 4.46.6; M50 Colin Oxlade (Croy) 5.04.8; M55 Alan Dolton (SoC) 5.22.2; M65 Alan Davidson (Liss R) 6.09.3.

5000m W35 Penelope Fixter (HHH) 23.28.3; W45 Kay Trinder (Wok) 19.41.7; M35 Stuart Flack 17.19.3; M45 Peter Ranyard (BBC RC) 18.27.0; M50 John McCawley (C'ley) 17.54.4; M55 Stephen Newton (HW) 19.13.7; M60 Liam O'Hare (Barnet) 19.03.7; M65 Geoff Newton (Tad) 20.53.6.

80m H W55 Sandra Francis (SoC) 20.5.

3000m Walk M65 Peter Hannell (Sy WC) 17.52.0; M70 Micheal Harran (Sy WC) 18.05.2; M80 John May (Sy WC) 23.05.1.

High Jump W35 Ayamba Akim (WGEL) 1.70m; W50 Amanda Rowley-Jones (Croy) 1.20m; M40 Peter Evans (Wok) 1.45m; M45 Paul Cripps (SoC) 1.45m; M50 David Orchard (HW) 1.35m; M55 David Blunt (E&E) 1.45m; M80 Clifford Taylor (VAC) 1.06m.

Pole Vault W45 Kay Trinder (Wok) 2.10m; M40 Craig Timmings (Walt) 3.00m; M45 John Andrews (E&E) 3.70m; M50 David Orchard (HW) 2.60m; M55 David Blunt (E&E) 2.80m; M70 Brian Harlick (E&E) 2.40m.

Long Jump W40 Joanne Regan (Walt) 4.25m; W50 Amanda Rowley-Jones (Croy) 4.04m; W55 Sandra Francis (SoC) 3.09m; W60 Linda Harrison (Croy) 2.54m; M35 Stuart Channon (Walt) 5.40m; M40 Neil Lincoln (Holl S) 6.20m; M45 Glen Reddington (WSEH) 5.10m; M50 David Orchard (HW) 4.30m; M55 David Blunt (E&E) 4.35m; M65 Derek Wardle (VAC) 4.51m; M75 Colin Sheppard (BMH) 3.27m.

Triple Jump W55 Sandra Francis (SoC) 5.83m; W60 Linda Harrison (Croy) 5.45m; W50 Amanda Rowley-Jones (Croy) 8.80m; M40 Neil Lincoln (Holl S) 12.30m; M45 Paul Cripps (SoC) 9.79m; M65 Allan Long (HHH) 8.20m; M75 Colin Sheppard (BMH) 6.45m.

Shot Putt W40 Rachael Dinsdale (HW) 7.75m; W55 Sue Dassie (E&E) 8.23m; W60 Vilma Thompson (Belg) 9.80m; W65 Liz Sissons (E&E) 9.53m; W70 Catherine Korabiowska (E&E) 4.12m; M40 Peter Evans (Wok) 8.80m; M45 Rob Dinsdale (HW) 9.20m; M50 David Orchard (HW) 10.05m; M55 Nigel Hooker (G&G) 9.93m; M60 Tony Richards (Croy) 12.23m; M70 Brian Harlick (E&E) 9.71m; M75 Norman Fullick (HBAC) 7.01m; M80 Clifford Taylor (VAC) 8.73m.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Ewell Court, 26 May 2012

Winners (continued):-

Discus W40 Rachael Dinsdale (HW) 19.55m; W55 Sue Dassie (E&E) 18.93m; W60 Vilma Thompson (Belg) 22.41m; W65 Liz Sissons (E&E) 20.96m; M40 Leith Marar (Belg) 46.68m; M45 Rob Dinsdale (HW) 27.21m; M50 David Orchard (HW) 29.88m; M60 Tony Richards (Croy) 37.30m; M65 Chris Melliush (Camb H) 28.55m; M70 Brian Harlick (E&E) 30.69m; M75 Norman Fullick (HBAC) 15.98m; M80 Clifford Taylor (VAC) 18.64m.

Hammer W35 Odette Mchenry (K&P) 26.91m; W55 Barbara Macanas (HHH) 24.34m; W60 Vilma Thompson (Belg) 31.11m; W65 Liz Sissons (E&E) 28.44m; M45 Paul Kelly (Wok) 37.27m; M50 David Orchard (HW) 30.24m; M55 Nigel Hooker (G&G) 33.31m; M60 Tony Richards (Croy) 30.30m; M65 Chris Melliush (Camb H) 40.75m; M70 John Webster (HW) 33.40m; M75 Norman Fullick (HBAC) 21.78m; M80 Clifford Taylor (VAC) 29.73m.

Javelin W40 Rachael Dinsdale (HW) 18.45m; W50 Amanda Rowley-Jones (Croy) 19.52m; W55 Barbara Macanas (HHH) 17.37m; W60 Vilma Thompson (Belg) 20.63m; W65 Liz Sissons (E&E) 23.35m; M45 Rob Dinsdale (HW) 26.85m; M50 David Orchard (HW) 32.34m; M60 Joe Eastwood (Walt) 37.43m; M70 John Webster (HW) 26.36m; M80 Clifford Taylor (VAC) 19.40m; M75 Norman Fullick (HBAC) 16.15m.

H/Hammer W35 Odette McHenry (K&P) 8.41m; W65 Liz Sissons (E&E) 11.08m; W60 Vilma Thompson (Belg) 11.73m; M55 Nigel Hooker (G&G) 11.50m; M65 Chris Melliush (Camb H) 14.67m; M70 Brian Harlick (E&E) 10.65m.

10 Miles, Dorking, 10 June 2012

MEN

1	Justin West	Strag	55.21
2	James Ellis	ClapC	55.31
3	John Kettle	HHH	56.03
M40	Stuart Major	THH	56.32
M50	Glenn Quarton	SLH	61.01
M60	Ian Kitching	SLH	61.55

WOMEN

1	Fiona Love	ClapC	63.55
2	Jaydee Hunt	Wok	68.04
3	Tracy Kotzee	Elmb	68.20
W35	Tracy Kotzee	Elmb	68.20
W45	Marie Synnott-Wells	Rane	68.33
W55	Jane Davies	E&E	71.36

TEAMS

1	Reigate Priory AC	39	1	Woking AC	27
2	South London Harriers	46	2	Elmbridge Road Runners	37
3	Hercules Wimbledon AC	53	3	South London Harriers	60

COUNTY CHAMPIONSHIPS

10K Road Race, Petersham, 24 June 2012

MEN				WOMEN			
1	Justin West	Strag	33.07	1	Sandra Wilson	Serp	35.54
2	Kieran White	HW	33.17	2	Lauren Stewart	WGEL	37.01
3	Martin Shore	THH	33.40	3	Catherine Bryson	Belg	39.36

TEAMS

1	Dorking & Mole Valley AC	45	1	Stragglers	25
2	Reigate Priory AC	48	2	(Rane)	48
3	Clapham Chasers	51	3	Clapham Chasers	59

5K Road Race, Wimbledon, 11 August 2012

EVENT CANCELLED..

The Surrey 5km road running championships, due to be staged in conjunction with the Perseverance Dash race organised by Hercules Wimbledon Athletic Club from Wimbledon Park athletics stadium, was cancelled due to the staging of the Olympic tennis at the nearby All England Club.

Despite assurances from both LOCOG and Merton Council that the race could go ahead on Saturday, August 11th, and that the usual course would not be obstructed, race organiser Richard Xerri decided it would be both impossible and unsafe to do so. Very late in the run-up to the start of the Olympic tennis tournament, LOCOG decided, with Merton Council's agreement, to billet 200 security staff in Wimbledon Park in tented accommodation. This occupies the northern part of the park and completely blocks the roadway used for the road race. At the same time, a solid anti-terrorist-style concrete barrier had been installed on the pavement in Church Road which was also on the course.

With the tennis tournament due to end on August 5th, with the option to continue until August 6th if weather disrupted play, there was little likelihood these major obstructions to the course would be removed by Saturday, August 11th, in time for the road race to be staged safely.

10,000 Metres Track, Tooting Bec, 18 August 2012

MEN			WOMEN		
1	Nick Torry (M35 Serp)	32:10.45	1	Nicky St. Clair (HHH)	44:10.60
2	Nick Gould (Croy)	34:36.87			
3	Robert Tuer (HW)	34:59.07			

Steeplechases, Sutton Arena, 8 September 2012

Included within main championship results (Pages 5 & 7).

COUNTY CHAMPIONSHIPS

Track Relays, Sutton Arena, 8/9 September 2012

U13 Boys 4x100m: 1 Reigate Priory AC (Chris Chalder, Hayden Young, Bradley Young, Kofi Appau-Kwateng) 54.41; 2 Herne Hill Harriers (Tyrell Howell, Taalib Wilson, Adel Latif, Jonathan Chen) 55.90.

U15 Boys 4x100m: 1 Herne Hill Harriers (Christopher Sinclair, Phillip Thomas, Garfield Francis, Kishon Allen); 2 Kingston AC & Polytechnic Harriers (Nick Osman, Alex Parkinson, Oliver Phelps, Neil Wellard) 51.22.

U17 Men 4x100m: 1 Herne Hill Harriers (Frederick Afrifa, Fawaaz Okunole, Marvin Poopola, Zansom Plummer) 42.70 CBP; 2 Hercules Wimbledon AC (Samuel Aning, Yakob Ysrayah, Alastair Donkor, Devonte Casely-Heyford) 46.35; 3 Reigate Priory AC (Ben Moberg, Laurie Overtoom, Bradley Martinez-Ware, Brandon Harrington-Smith) 47.82.

Senior Men 4x100m: 1 Hercules Wimbledon AC (Justin Smith, Olu Oduwusi, Dwayne Cowan, Richard Agyapong) 45.80.

U13 Girls 4x100m: 1 Sutton & District AC (Rhoda Reichelt, Tyla Morson, Rebecca Williams, Francesca Forbes) 55.54 CBP; 2 Kingston AC & Polytechnic Harriers (Amy Richardson, Rhianna Reynolds, Sophie Dimpleby, Rebecca Keddie) 56.83; 3 Herne Hill Harriers (Lauren Pusey, Samira Innverity, Jacinda Finnigan, Jhada Dawkins) 63.20.

U15 Girls 4x100m: 1 Sutton & District AC 'A' (Elena Tuson, Sophia Henlon, Nicole Okologume, Imani Lansiquot) 51.41; 2 Kingston AC & Polytechnic Harriers 'A' (Caitlin Dimpleby, Nina Gibbins, Louise Trott, Laura Darcey) 55.37; 3 Kingston AC & Polytechnic Harriers 'B' (Caitlin Grealy, Ella Norman, Charlotte Nossiter, Amelia Steans) 58.74.

U17 Women 4x100m: 1 Woking AC (Ellie Richardson, Ellie Lane, Gaby Home, Nicole Davies) 50.95 CBP (new event).

Combined Events, Sutton Arena, 8(a) & 9(b) September 2012

SENIOR MEN DECATHLON: 1 Thomas Ashby (HHH) 6258pts; 2 Harry McCulloch (SMR) 4161pts; 3 Mark Andrews (Holl S) 4081pts.

UNDER 20 MEN DECATHLON: 1 Jack Phipps (Wok) 5457pts.

UNDER 17 MEN OCTATHLON: 1 Max Davis (C'ley) 4089pts; 2 Justin Tarrant (Craw) 3951pts; 3 Daniel Pinn (Croy) 1792pts.

UNDER 15 BOYS PENTATHLON(a): 1 Garfield Francis (HHH) 2363pts; 2 Rory Kelly (Wok) 2245pts; 3 AJ Bennetts (Grey Court School) 2229pts.

UNDER 13 BOYS PENTATHLON(a): 1 Sawa Yamakawa (Walt) 1658pts; 2 Thomas McGachie (DMV) 1395pts; 3 Adeyinka Adeniran (HHH) 1356pts.

MASTERS - MEN PENTATHLON(a): 1 Nick Phipps (Wok - M60) 3162pts; 2 Steve Beak (Wok - M45) 2519pts; 3 Mark Thomas (Walt - M45) 2235pts.

COUNTY CHAMPIONSHIPS

Combined Events, Sutton Arena, 8(a) & 9(b) September 2012

SENIOR WOMEN HEPTATHLON: 1 Jodie Favell (Belg) 4740pts; 2 Heather Letley (HW) 2363pts.

UNDER 20 WOMEN HEPTATHLON: 1 Vicky Maguire (G&G) 3673pts.

UNDER 17 WOMEN HEPTATHLON: 1 Saskia Fitzpatrick (K&P) 3670pts; 2 Rebecca Pritchard (G&G) 3460pts; 3 Stevie Lawrence (Croy) 3093pts.

UNDER 15 GIRLS PENTATHLON(b): 1 Laura Darcey (K&P) 2355pts; 2 Tabitha Lambe (Sutt) 2336pts; 3 Ellie Butcher (K&P) 2307pts.

UNDER 13 GIRLS PENTATHLON(b): 1 Hetty Taylor (Walt) 2128pts; 2 Amy Morphy (G&G) 2084pts; 3 Rhianna Reynolds (K&P) 2052pts.

Road Relays, Wimbledon Park, 15 September 2012

SENIOR MEN (6 x 3 miles)

1	Herne Hill Harriers	1:32:11
2	Hercules Wimbledon AC	1:32:59
3	Thames Hare & Hounds	1:33:57

Fastest leg:

14:01 Paskar Owor (Belgrave)

M40 (4 x 3 miles)

1	South London Harriers	1:05:50
2	Hercules Wimbledon AC	1:07:54
3	Thames Hare & Hounds	1:08:10

Fastest leg:

15:44 Nick Mallynn (Thames H&H)

M50 (4 x 3 miles)

1	South London Harriers	1:08:54
2	Dorking & Mole Valley AC	1:15:04
3	Sutton Runners	1:15:13

Fastest leg:

16:35 Andy Tindall (SLH)

M60 (3 x 3 miles)

1	South London Harriers	58:23
2	Hercules Wimbledon AC	59:25
3	Ranelagh Harriers	59:57

Fastest leg:

18:03 Peter Giles (HW)

SENIOR WOMEN (4 x 3 miles)

1	Epsom & Ewell Harriers	1:10:38
2	South London Harriers	1:11:07
3	Wimbledon Windmilers	1:14:40

Fastest leg:

15:30 Emily Alden (E&E)

W35 (4 x 3 miles)

1	Herne Hill Harriers	1:20:02
2	Thames Hare & Hounds	1:23:07
3	Reigate Priory AC	1:25:57

Fastest leg:

18:19 Natalie Wilson (Reig P)

W45 (3 x 3 miles)

1	Thames Hare & Hounds	59:15
2	Ranelagh Harriers	61:27
3	Reigate Priory AC	61:56

Fastest leg:

18:51 Marie Synott-Wells (Rane)

INTER-COUNTY EVENTS

SEAA Under 15 & Under 20 Inter Counties, Abingdon, 26 May 2012

<i>UNDER 20 MEN</i>				<i>UNDER 20 WOMEN</i>			
1	Kent	70.0		1	SURREY	56.0	
2	Hampshire	61.5		2	Hertfordshire	47.0	
3	Middlesex	60.0		3	Sussex	46.5	
4	Berkshire	55.5		4	Kent	44.5	
5=	Hertfordshire	49.5		5	Berkshire	44.0	
5=	SURREY	49.5		6	Hampshire	40.0	
7	Oxfordshire	37.0		7	Wiltshire	37.0	
8	Dorset	36.5		8	Oxfordshire	35.0	
9	Sussex	36.0		9	Middlesex	34.0	
10	Buckinghamshire	21.0		10	Essex	26.0	
11	Cambridgeshire	19.0		11	Bedfordshire	15.0	
12	Bedfordshire	17.5		12	Cambridgeshire	14.0	
13	Wiltshire	9.0		13	Dorset	11.0	
14	Norfolk	1.0		14	Buckinghamshire	9.0	
100M	6	Cameron Smith	11.65/-3.2	100M	5	Eleanor Ball	13.17/-3.2
200M	8	Cameron Smith	23.70/-4.1	200M	3	Shona Richards	25.89/-2.8
400M	5h1	James Tidd	54.39	400M	3	Matilda Rainsborough	58.07
800M	4	Hugo Fleming	1:57.62	800M	5	Alice Chandler	2:22.32
1500M	3	Joshua Grace	4:00.36	1500M	-	no competitor	-
110H	1	Blade Ashby	14.83/-4.0	100H	1	Jahisha Thomas	15.55/-5.7
400H	7	Thomas Rady	64.92	400H	4	Rachel Robinson	65.20
2000MS/C	1	Charlie Critchley	6:06.47 (No Water Jump)				
HJ	6=	Blade Ashby	1.80m	HJ	8	Amy de Beaux	1.55m
PV	1	Jack Phipps	4.85m	PV	7=	Amy de Beaux	3.30m
LJ	-	no competitor	-	LJ	4	Jahisha Thomas	5.55m
TJ	3	Stefan Amokwandoh	13.43m	TJ	1	Kerri Davidson	11.64m
SP	10	Luke Macaree	9.27m	SP	4	Carla Letheby	9.73m
DT	10	Luke Macaree	29.07m	DT	-	no competitor	-
HT	-	Event not held	-	HT	-	Event not held	-
JT	9	Luke Macaree	42.10m	JT	5	Carla Letheby	35.24m

INTER-COUNTY EVENTS

SEAA Under 15 & Under 20 Inter Counties, Abingdon, 26 May 2012

<i>UNDER 15 BOYS</i>				<i>UNDER 15 GIRLS</i>			
1	Hampshire	61.0		1	Hampshire	67.0	
2	SURREY	56.0		2	SURREY	53.5	
3	Kent	50.0		3	Middlesex	40.0	
4	Buckinghamshire	43.0		4	Oxfordshire	35.0	
5	Hertfordshire	41.0		5	Dorset	31.5	
6	Norfolk	35.0		6	Berkshire	30.0	
7	Sussex	34.0		7	Hertfordshire	26.0	
8	Middlesex	33.0		8	Buckinghamshire	23.0	
9	Cambridgeshire	23.0		9	Kent	22.0	
10	Bedfordshire	17.0		10	Sussex	16.5	
11=	Dorset	16.0		11	Wiltshire	13.0	
11=	Wiltshire	16.0		12	Essex	12.0	
13=	Berkshire	14.0		13	Bedfordshire	10.0	
13=	Oxfordshire	14.0		14	Cambridgeshire	8.0	
15	Suffolk	8.0		15	Norfolk	3.5	
100M	7	Rob Page	12.22/-3.6	100M	1	Maya Bruney	12.81/-3.7
200M	1	Creston Harrison	23.62/-3.7	200M	1	Ashleigh Clarke	25.91/-2.6
300M	8	Nathan Inkester	39.44	800M	2	Molly Pocock	2:18.89
800M	1	Jamie Brown	2:08.07	1500M	15	Ria Wingfield	5:20.53
1500M	9	Henry McCann	4:40.81	75M H	8	Taylor Campbell	12.83/-4.8
80M H	2	Adam Ssali	12.31/-5.4	HJ	6=	Lois Drummie	1.45m
HJ	2	Jamie Horne	1.80m	PV	1	Natalie Hooper	3.10m
PV	-	no competitor	-	LJ	10	Chloe Last	4.56m
LJ	3	Ocean Schwartz	5.53m	SP	3	Sophie Mace	10.40m
TJ	1	Jermaine Graham	12.75m	DT	2	Sophie Mace	36.64m
SP	3	Munroe Ritchie	12.46m	HT	-	Event not held	-
DT	11	William Hur	26.10m	JT	2	Katie Barrow	33.60m
HT	-	Event not held	-				
JT	6	Rory Kelly	41.13m				

INTER-COUNTY EVENTS

Under 13 Inter-Counties, Kingsmeadow, 22 July 2012

Team Results

<i>UNDER 13 BOYS</i>				<i>UNDER 13 GIRLS</i>			
1	Essex		355	1	Berkshire		339.5
2	Kent		347	2	Hertfordshire		324
3=	Berkshire		336	3	Essex		318
3=	SURREY		336	4	SURREY		317
5	Hertfordshire		317.5	5	Kent		316
6	Sussex		271	6	Hampshire		310.5
7	Hampshire		268	7	Sussex		302
8	Middlesex		267.5	8	Middlesex		270.5
9	Bedfordshire		262.5	9	Buckinghamshire		249
10	Dorset		249.5	10	Dorset		247.5
11	Oxfordshire		219	11	Oxfordshire		247
12	Suffolk		165.5	12	Bedfordshire		199
13	Buckinghamshire		146.5	13	Suffolk		146
100M	A2	Chuks Ajay	12.58/+0.2	A1	Denisha Marshall-Brown		13.02/-0.3
	B2	Joseph Massimo	12.97/-0.7	B9	Lohita Allen-Aigbodion		13.76/+1.3
200M	A2	Eric Sarfo	25.15/-2.0	A5	Lohita Allen-Aigbodion		28.46/+0.4
	B5	Capre Cole	27.98/-0.2	B4	Chanice Gordon		28.32/-1.2
800M	A3	Sam Cohen	2:20.32	A2	Saskia Millard		2:22.66
	B3	Ethan Sears	2:25.98	B1	Eugenie Cockle		2:30.81
1500M	A8	Sam Cliff	4:52.88	A4	Bea Allan		5:09.36
	B8	Max O'Neill	5:02.69	B8	Tara de Klerk		5:22.08
70/75H	A5	Jonty Mitchell	12.85/+0.2	A2	Lohita Allen-Aigbodion		11.74/-0.7
	B1	Tom McGachie	12.73/-0.1	B7	Lucy Sumner		12.52/-0.8
4x100M	1	SURREY	51.13	1	SURREY		52.74
HJ	-	No competitor	-	11	Rhianna Reynolds		1.25m
LJ	A4	Joseph Massimo	4.64m/-0.2	A6	Amy Richardson		4.49m/-0.8
	B1	Sawa Yamakawa	4.84m/+0.5	B10	Maxine Coldrey		4.03m/+0.5
SP	A4	Sam Mace	8.49m	A2	Denisha Marshall-Brown		9.73m
	B4	Dejean Marshall-Brown	9.58m	B4	Hetty Taylor		9.58m
DT	A2	Sawa Yamakawa	31.53m	A9	Denisha Marshall-Brown		18.31m
	B1	Sam Mace	30.34m	B7	Rhianna Reynolds		16.18m
JT	A2	Sawa Yamakawa	33.11m	A5	Sophie Dimpleby		26.14m
	B2	Harvey Gillard	30.59m	B7	Phoebe Wright		20.50m

INTER-COUNTY EVENTS

CAU Inter-Counties, Bedford, 25/26 August 2012

SENIOR MEN

SENIOR WOMEN

Achilles Trophy - Division 1

1	<i>Middlesex</i>	79
2	<i>Essex</i>	76
3	<i>Kent</i>	59
4	<i>SURREY</i>	47
5	<i>Hampshire</i>	44
6	<i>Sussex</i>	43.5
7	<i>Yorkshire</i>	41
8	<i>Staffordshire</i>	19
9	<i>Hertfordshire</i>	13
=10	<i>Warwickshire</i>	11
=10	<i>Leicestershire & Rutland</i>	11
12	<i>West District Scotland</i>	8

Bedford Plate - Division 1

1	<i>Yorkshire</i>	65
2	<i>SURREY</i>	52
3	<i>Kent</i>	44
4	<i>Hertfordshire</i>	42
5	<i>Essex</i>	40
6	<i>Sussex</i>	30
7	<i>Warwickshire</i>	29
8	<i>Buckinghamshire</i>	22
9	<i>North-East Counties</i>	22
10	<i>Hampshire</i>	20
11	<i>Northamptonshire</i>	11
12	<i>Oxfordshire</i>	2

SENIOR MEN

100M 2 Greg Cackett 10.35/+1.5; **200M** 6h2 Jonathan Osbourne 22.55/+1.9; **400M** 4 Peter Phillips 48.52; **800M** 8 Hugo Fleming 1:55.61; **1500M** 8 Liam White (HW) 3:59.40; **5000M** -; **110M H** 4 Matt Field 14.44/+0.9; **400M H** 4h2 Joe Yarde 55.10; **3000M SC** -; **3000M Walk** 1 Alex Wright 11:49.41; **HJ** -; **PV** -; **LJ** 7 Paul Ogun 6.98m/+0.9; **TJ** -; **SP** -; **DT** 1 Tom Norman 54.15m; **HT** -; **JT** -.

SENIOR WOMEN

100M -; **200M** 6 Vickie Hewett 25.73/+1.2; **400M** -; **800M** 3 Maddie Austin 2:10.13; **1500M** 5 Rosie Clarke 4:22.62; **5000M** 6 Sophie Cowper 17:56.77; **100M H** 6 Jahisha Thomas 14.29/+1.9; **400M H** 5 Shona Richards 60.88; **3000M SC** -; **3000M Walk** 9 Susanne Dietrich 19:33.86; **HJ** 1 Julia Machin 1.73m; **PV** -; **LJ** 6 Jahisha Thomas 5.60m/+2.6; **TJ** 9 Lisa O'Brien 10.41m/=3.4; **SP** 9 Sinead O'Brien 9.39m; **DT** 2 Jade Nicholls 55.68m; **HT** q Pippa Wingate 45.85m; **JT** -.

Senior Eight Counties

Event not held in 2012.

Under 17 Inter-Counties

Event not held in 2012.

NATIONAL CHAMPIONS 2012

EA Combined Events, Bedford, 26/27 May 2012

Jo Rowland (Crawley AC) SW Heptathlon 5381pts

EA U23/U20 Championships, Bedford, 16/17 June 2012

U23M 100m Tremayne Gilling (Blackheath & Bromley Harriers AC) 10.42/+0.7
U23M 1500m Jonny Hay (Aldershot, Farnham & District AC) 3:45.03
U23M Discus Lawrence Okoye (Croydon Harriers) 63.66m CBP
U20M 200m Josh Street (South London Harriers) 20.90/+0.9
U20M 5000m Joshua Grace (Aldershot, Farnham & District AC) 14:53.19
U20M 400m Hurdles Jacob Paul (Windsor, Slough, Eton & Hounslow AC) 52.76
U20M Long Jump Elliot Safo (Croydon Harriers) 7.51m/-1.8
U20M Triple Jump Jonathan Ilori (Blackheath & Bromley Harriers AC) 15.55m/+2.1
U20W 3000m Emelia Gorecka (Aldershot, Farnham & District AC) 9:22.11
U20W 400m Hurdles Aisha Naibe-Wey (Herne Hill Harriers) 61.00

UK Championships & Olympic Trials, Birmingham, 22-24 June 2012

SM 400m Martyn Rooney (Croydon Harriers) 45.93
SM 5000m Walk Alex Wright (Belgrave Harriers) 19:48.14
SM Discus Lawrence Okoye (Croydon Harriers) 63.46m

English Schools Championships, Gateshead, 6/7 July 2012

SB 800m Zak Curran (Windsor, Slough, Eton & Hounslow AC) 1:52.30
SB 400m Hurdles Jacob Paul (Windsor, Slough, Eton & Hounslow AC) 52.14
IB 100m Hurdles Kertis Beswick (Croydon Harriers) 13.09/+0.1
SG 200m Funto Fabunmi-Alade (Herne Hill Harriers) 24.30/+0.6
SG 400m Jessie Knight (Herne Hill Harriers) 54.41
SG 800m Maddy Austin (Guildford & Godalming AC) 2:12.08
IG 80m Hurdles Shirin Irving (Croydon Harriers) 11.39/-0.6
IG 300m Hurdles Shona Richards (Epsom & Ewell Harriers) 42.37
JG 100m Maya Bruney (Blackheath & Bromley Harriers AC) 12.10/+1.0
JG Discus Sophie Mace (Walton AC) 37.48m

EA U17/U15 Championships, Bedford, 18/19 August 2012

U17M 100m Hurdles Kertis Beswick (Croydon Harriers) 12.75/+2.2 (Surrey record of 12.97/+0.3 in semi-finals)
U17W 300 Metres Shona Richards (Epsom & Ewell Harriers) 39.15
U17W 80m Hurdles Shirin Irving (Croydon Harriers) 11.36/-1.5
U17W 300m Hurdles Shona Richards (Epsom & Ewell Harriers) 41.84. . . Surrey U17 Record
U15G 100m Maya Bruney (Blackheath & Bromley Harriers AC) 11.82/+2.3
U15G Pole Vault Tilly Hooper (Sutton & District AC) 3.43m

NATIONAL CHAMPIONS 2012

RWA 10K Championships, Hillingdon, 2 September 2012.

SM Alex Wright (Belgrave Harriers) 44:06.

SURREY ATHLETES AT INTERNATIONAL MEETINGS

Once again Surrey has been well represented at this year's international championships

European Championships, Helsinki, 27 June - 1 July 2012

Harry AIKINES-ARYEETAY (Sutton & District AC) 100m 4th 10.31/-0.7.

Lawrence OKOYE (Croydon H) Discus 12th 60.09m (64.86m 5th in qualification).

Samson ONI (Belgrave H) High Jump NH (2.23m 10th in qualification).

Jade NICHOLLS (Shaftesbury Barnet H) Discus 51.75m 22nd in qualification.

Abdul BUHARI (Newham & Essex B) Discus 58.57m 24th in qualification.

IAAF World Junior Championships, Barcelona, Spain, 10 - 15 July 2012

Emelia GORECKA (Aldershot, Farnham & District AC) 3000m 3rd 9:09.43.

Elliot SAFO (Croydon H) Long Jump 6th 7.51m/-0.4 (7.62m/+2.3 in qualification)

Josh STREET (South London H) 200m 6s 1 21.36/-2.8 (21.30/+0.1 in heat).

Olympic Games, London, 3 - 12 August 2012

Lawrence OKOYE (Croydon H) Discus 12th 61.03m (65.28m 4th in qualification)

Martyn ROONEY (Croydon H) 4x400m (Leg 4) 4th 2:59.53. 400m 5s 3 45.31.

James DASAOLU (Croydon H) 100m 7s 1 10.18/+0.7 (10.13/+0.4 in heats)

Abdul BUHARI (Newham & Essex B) Discus 28th = 60.08m in qualification.

SURREY ROAD LEAGUE 2012

The overall winners were:-

Men: Justin West (Stragglers)

Women: Natalie Glover (SLH)

M40: Darryl McDonald (Ranelagh)

W35: Natalie Wilson (Reigate Priory)

M50: Glen Quarton (SLH)

W45: Pam Iannella (SLH)

M60: Peter Rand (Tadworth)

W55: Annette Morris (Reigate Priory)

Men's Team: Tadworth AC

Women's Team: South London Harriers

COUNTY DIARY 2012 - 2013

2012

13 October	Surrey Masters Cross-Country Championships.....	Richmond Park
20 October	Surrey Cross-Country Leagues.....	various
27 October	Bruce Judd Young Athletes Cross-Country Relays...	Stoke Park, Guildford
28 October	Surrey U13/U15/U17 Sportshall.....	Spectrum, Guildford
10 November	Surrey Cross-Country Leagues.....	various
25 November	Surrey U13/U15/U17 Sportshall.....	Spectrum, Guildford

2013

5 January	Surrey County Cross-Country Championships.....	Lloyd Park, Croydon
5/6 January	EA Senior/U20 Indoor Combined Events.....	Sheffield (tbc)
12 January	Surrey Cross-Country Leagues.....	various
19 January	Surrey Schools Cross-Country Championships.....	Reigate (tbc)
19/20 January	SEAA Indoor Championships.....	Lee Valley
26 January	SEAA Cross-Country Championships.....	Parliament Hill
27 January	Surrey U13/U15/U17 Sportshall.....	Spectrum, Guildford
2 February	SE Schools Inter-County Cross-Country.....	tbc
9 February	Surrey Cross-Country Leagues.....	various
9 February	UK Indoor Championships & Trials.....	Sheffield (tbc)
23 February	England National Cross-Country Championships	
23/24 February	EA U20/U17/U15 Indoor Championships.....	Birmingham (tbc)
1/3 March	European Indoor Championships.....	Göthenburg
2/3 March	EA U17/U15 Indoor Combined Events.....	Sheffield (tbc)
9 March	CAU Inter-County Cross-Country Championships	

Updates to the Diary are published on the county web site and can be found at:

www.surreyathletics.org.uk/diary

SCAN

The closing dates for submissions for forthcoming issues are:

15 January 2013 (February issue) 15 April 2013 (May issue)

15 August 2013 (September issue)

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