

# SURREY COUNTY ATHLETIC NEWS

(Issue 69 - February 2012)

It is often my sad duty to report upon those who have died since the publication of the previous issue. This issue is no exception but I am pleased to start with some happier news.

In the September 2011 issue I reported that **Doris Dean** had been taken ill at the Surrey Schools Championships. I recently received a letter from Doris where she says that she is back at home and feeling much better. She was overwhelmed with cards and good wishes for which she is most grateful. She is looking forward to attending the Indoor Championships in March and the Main Championships in May.

It is also pleasing to note that **Martin Goodway** has recovered from his “scare” and has been active for many months.

**Jim Heathfield** died in St Helier Hospital on 28 November. He was a long-standing supporter of athletics in Surrey and several organisations have benefitted from his auditing skills.

**Lesley Nightingale** passed away, aged 93, on 6 November. She was a Chief Timekeeper and had worked for many years in the County.

**John Davies**, the husband of our past president Pam Davies, also died in November. Although a Middlesex man he was a member of Belgrave Harriers. It has taken some time for Pam to recover from her loss but we were pleased to see her at a recent County Committee Meeting.

At that Committee Meeting we were informed that **Sarah Wade** (formerly Porter) had returned from maternity leave to her previous post as CCSO for South London. In welcoming her back we extend our thanks to those who substituted during her absence.

The County AGM will be held on 23 March 2012 at our new venue of the Leatherhead Institute. As usual we shall open with the Presentation of Awards by our President, Anne Roden. A listing of most of the award winners can be found on Page 7.

## *ALL-TIME RANKINGS*

Back in the Autumn we released a facility on the website to display all-time track & field rankings for all of the standard age groups. The listings are based upon the information contained in the rankings database which, although complete for recent years, is less so the further back in time you go. Initially we set an arbitrary standard which meant that around 20-25 athletes were shown. The release has prompted a response from several whose competitive days were several decades ago but still retain an interest in the sport.

By the time you receive this issue we shall have moved on to version 2 which allows the viewer to choose to see the Top 10 or the Top 25 or the Top 50 or the Top 100 performers in all the standard events. If you know of any omissions then please let us know.

## **COUNTY CHAMPIONSHIPS**

### ***Masters Cross Country, Richmond Park, 15 October 2011***

WOMEN (54 finishers)			MEN (86 finishers)		
W35-1	Natalie Wilson	ReigP 24:39	M40-1	Brian Wilder	HHH 33:54
W35-2	Nici Cahusac	HHH 25:10	M40-2	Stuart Major	THH 35:06
W35-3	Liz Stavreski	THH 25:20	M40-3	David Symons	THH 35:11
W40-1	Pippa Major	THH 25:14	M45-1	Andy Robinson	THH 35:22
W40-2	Juliet Cleghorn	Strag 25:38	M45-2	Carl Plumpton	SLH 36:22
W40-3	Vikki Filsell	THH 26:13	M45-3	Roy Reeder	Strag 36:35
W45-1	Marie Synott-Wells	Rane 24:19	M50-1	Mike Boyle	HHH 35:32
W45-2	Ruth Hutton	SLH 25:01	M50-2	Chris Phelan	SLH 36:58
W45-3	Susanna Harrison	Wok 26:01	M50-3	Glen Quarton	SLH 37:53
W50-1	Chris Costiff	SLH 25:03	M55-1	Andrew Fay	DMV 38:07
W50-2	Ramona Thevenet	Wok 25:06	M55-2	Barry Atwell	SLH 39:47
W50-3	Pam Iannella	SLH 25:26	M55-3	Chris Owens	Rane 39:52
W55-1	Anna Garnier	THH 25:54	M60-1	Steve Knight	HHH 42:22
W55-2	Jo Quantrill	SLH 28:11	M60-2	Stewart McIntyre	ReigP 43:25
W55-3	Hazel Imeson	Tad 29:07	M60-3	Francis Upcott	SLH 43:40
W60-1	Ros Tabor	Dul R 27:06	M65-1	Geoff Newton	Tad 41:33
W60-2	Nina Pinkerton	SLH 39:30	M65-2	Maurice Sharp	HW 45:59

#### **TEAMS**

##### **WOMEN 35-44**

1 Thames Hare & Hounds	9
2 Dorking & Mole Valley	21
3 Herne Hill H	22

##### **WOMEN 45+**

1 South London H	7
2 Woking AC	14
3 Dorking & Mole Valley	30

##### **MEN 50-59**

1 South London H	11
2 Ranelagh H	25
3 Thames H&H	42

##### **MEN 40-49**

1 Thames Hare & Hounds	9
2 South London H	26
3 Guildford & Godalming	45

##### **MEN 60+**

1 South London H	22
2 Ranelagh H	24
3 Herne Hill H	28

## ***SURREY SHOP***

All Surrey Merchandise can now be purchased via the Surrey Website by following the links to the Surrey Shop. We have two categories, one for Officials requirements and one for the general public. Items can be posted or collected in person by special arrangement and payment can be by cheque made payable to SCAA or via Internet banking as details on web site.

*Patricia Cole*

## COUNTY CHAMPIONSHIPS

### ***Bruce Judd YA Cross-Country Relays, Stoke Park, Guildford, 22 October 2011***

UNDER 13 GIRLS (3 laps) - 18 teams finished.

1 Windsor, Slough, Eton & Hounslow 25:59; 2 Herne Hill Harriers 26:22; 3 Dorking & Mole Valley 26:41. Fastest lap: 8:16 Saskia Millard (HHH).

UNDER 15 GIRLS (3 laps) - 11 teams finished.

1 Guildford & Godalming 26:14; 2 Aldershot, Farnham & District 26:29; 3 Woking AC 26:36. Fastest lap: 8:25 Holly Haile (Croy).

UNDER 17 WOMEN (3 laps) - 7 teams finished.

1 Guildford & Godalming 25:17; 2 Aldershot, Farnham & District 25:30; 3 Reigate Priory AC 26:05. Fastest lap: 7:50 Laura Gent (ReigP).

UNDER 13 BOYS (3 laps) - 18 teams finished.

1 Herne Hill H 24:51; 2 Camberley & District 24:53; 3 Dorking & Mole Valley 25:10. Fastest lap: 7:50 Paul Burgess (HHH).

UNDER 15 BOYS (3 laps) - 26 teams finished.

1 Windsor, Slough, Eton & Hounslow 22:26; 2 South London H 22:47; 3 Herne Hill H 22:49. Fastest lap: 6:57 Tom Holden (SLH).

UNDER 17 MEN (3 laps) - 7 teams finished.

1 Guildford & Godalming 21:24; 2 Oxted School 21:45; 3 Windsor, Slough, Eton & Hounslow 21:55. Fastest lap: 6:42 Daniel Wallis (G&G).

### ***Cross-Country, Denbies Vineyard, Dorking, 7 January 2012***

U13 GIRLS (70 finishers)

1 Saskia Millard	HHH	11:59
2 Niamh Brown	Reig P	12:28
3 Hannah Morris	DMV	13:03

U13 BOYS (75 finishers)

1 Henry McCann	ReigP	11:50
2 Paul Burgess	HHH	12:05
3 Sam Cliff	DMV	12:06

TEAMS (4 to score)

1 Dorking & Mole Valley	37
2 Windsor, Slough, Eton & H.	49
3 Herne Hill Harriers	53

TEAMS (4 to score)

1 Herne Hill Harriers	29
2 Camberley & District AC	57
3 Dorking & Mole Valley	82

U15 GIRLS (54 finishers)

1 Katie Shiel-Rankin	AFD	14:58
2 Josie Savill	WSEH	15:37
3 Molly Pocock	AFD	15:44

U15 BOYS (71 finishers)

1 Tom Holden	SLH	13:19
2 Gus Cockle	WSEH	13:26
3 George Gathercole	WSEH	13:49

TEAMS (4 to score)

1 Windsor, Slough, Eton & H.	45
2 Aldershot, Farnham & District	57
3 Guildford & Godalming AC	67

TEAMS (4 to score)

1 Windsor, Slough, Eton & H	45
2 Herne Hill Harriers	55
3 Camberley & District AC	68

## **COUNTY CHAMPIONSHIPS**

### ***Cross-Country, Denbies Vineyard, Dorking, 7 January 2012 (continued)***

#### **U17 WOMEN (19 finishers)**

1	Laura Gent	AFD	19:22
2	Harriet Preedy	AFD	19:30
3	Ruth Bourne	Tonbridge	19:46

#### **TEAMS**

combined with U20 Women

#### **U20 WOMEN (11 finishers)**

1	Jo Klaptocz	G&G	19:51
2	Adelle Tracey	G&G	20:04
3	Steph McCall	SLH	20:08

#### **TEAMS (3 to score)**

1	Aldershot, Farnham & District	10
2	Guildford & Godalming AC	19
3	Tonbridge AC	24

#### **SENIOR WOMEN (143 finishers)**

1	Georgie Bruinvels	AFD	29:02
2	Hayley Munn	ClapC	30:36
3	Ruth Clifton	THH	32:11

#### **TEAMS (4 to score)**

1	Thames Hare & Hounds	28
2	Hercules Wimbledon AC	86
3	South London Harriers	99

#### **U17 MEN (36 finishers)**

1	Jack Rowe	WSEH	20:09
2	Sam Eglén	AFD	20:21
3	Ben Bradley	AFD	20:35

#### **TEAMS (4 to score)**

1	Aldershot, Farnham & District	38
2	Windsor, Slough, Eton & H	54
3	Herne Hill Harriers	72

#### **U20 MEN (18 finishers)**

1	Ian Bailey	AFD	18:55
2	Lewis Lloyd	HHH	19:25
3	Liam White	HW	20:33

#### **TEAMS (3 to score)**

1	Windsor, Slough, Eton & H	23
2	Hercules Wimbledon AC	30
3	Herne Hill Harriers	33

#### **SENIOR MEN (215 finishers)**

1	Nick Torry	Serp	38:32
2	Luke Caldwell	DMV	38:59
3	James Kelly	Belg	39:09

#### **TEAMS (6 to score)**

1	Herne Hill Harriers	74
2	Belgrave Harriers	82
3	Hercules Wimbledon AC	145

### ***Combined Events Meeting 8/9th September 2012***

The County has decided to include Championship Relays in this years Combined Events meeting. This will be the first time Championship Relays have been held in the County since 1995 and we are looking for all clubs to strongly support these Relays as this meeting does not clash with any others within the County. For this year the relays will be restricted to 4 x 100m's only for all age groups and be timetable as far as possible not to clash with the multi events thus allowing those competitors the opportunity to also take part in the relays. There will plenty of time for both heats and finals so it is hoped clubs will enter several teams for each age group. It is also intended that the three Steeplechase events will this year be held on Saturday.

*Michael Cole - Meeting Manager*

## ***INTER-COUNTY EVENTS***

### ***SEAA Inter-County Cross Country, Lloyd Park, Croydon, 10 December 2011***

Our Senior Women's team led home by third-placer Georgie Bruinvels (AFD) was our only winning team. Georgie was also the first Under 23 finisher in the Senior race.

Tom Holden (SLH) repeated his 2010 victory in the Under 15 Boys race and with good backing-up our team were second.

Also second was our Under 13 Girl's team with Saskia Millard (HHH) placing third. Our Under 17 Men's team were third. Paul Burgess (HHH) was the fourth Surrey athlete to gain a top-3 placing with his third position in the Under 13 Boys.

#### **SENIOR WOMEN (44 finishers)**

Teams: 1 SURREY 24, 2 Middlesex 39, 3 Essex 48, 4 Kent 61, 5 Hampshire 106, 6 Sussex 108, 7 Norfolk 135.

Surrey athletes: 3 Georgie BRUINVELS 24:09; 5 Ruth CLIFTON 24:54; 7 Emily ALDEN 25:09; 9 Beckie WOODLAND 25:27; 18 Karen ELLISON 26:13; 24 Claire GRIMA 26:30; 27 Joanna RODRIGUEZ 26:39; 38 Zoe WEST 27:38.

#### **U20 WOMEN (38 finishers)**

Teams: 1 Kent 35, 2 Hampshire 67, 3 Sussex 69, 4 Essex 78, 5 Middlesex 98.

Surrey athletes: 4 Katie SNOWDEN 25:15; 6 Steph McCALL 26:04; 27 Amy MITCHELL 29:39.

#### **U17 WOMEN (63 finishers)**

Teams: 1 Hampshire 29, 2 Essex 40, 3 Sussex 62, 4 Kent 62, 5 SURREY 73, 6 Norfolk 74, 7 Buckinghamshire 114, 8 Hertfordshire 152, 9 Suffolk 215, 10 Middlesex 225.

Surrey athletes: 6 Ruth BOURNE 19:56; 14 Sophie FOREMAN 20:25; 16 Eleanor HARRISON 20:32; 37 Layla THOMPSON 22:00; 40 Mae THOMPSON 22:08; 52 Lisa FERGUSON 22:51.

#### **U15 GIRLS (78 finishers)**

Teams: 1 Essex 34, 2 Buckinghamshire 61, 3 Sussex 74, 4 Hampshire 81, 5 Kent 82, 6 Bedfordshire 84, 7 SURREY 111, 8 Hertfordshire 130, 9 Suffolk 155, 10 Middlesex 202, 11 Norfolk 217.

Surrey athletes: 20 Alice CHANDLER 15:48; 22 Josie SAVILLE 15:50; 33 Stevie LAWRENCE 16:10; 36 Molly POCOCK 16:15; 43 Georgie HAY 16:18; 50 Holly HAILE 16:34; 58 Skye O'SHAUNESSY 16:49.

#### **U13 GIRLS (75 finishers)**

Teams: 1 Kent 25, 2 SURREY 28, 3 Essex 34, 4 Hampshire 87, 5 Sussex 117, 6 Hertfordshire 128, 7 Buckinghamshire 142, 8 Middlesex 171, 9 Bedfordshire 180, 10 Suffolk 236, 11 Norfolk 241.

Surrey athletes: 3 Saskia MILLARD 12:48; 5 Niamh BROWN 12:51; 7 Breagha CAMPBELL 12:53; 13 Bea ALLAN 12:59; 18 Hannah MORRIS 13:10; 26 Georgina HOLDEN 13:23; 33 Peony MYALL 13:33; 35 Megan WINSLADE 13:38.

## ***INTER-COUNTY EVENTS***

### ***SEAA Inter-County Cross Country (continued)***

#### **U17 MEN (71 finishers)**

Teams: 1 Hertfordshire 30, 2 Kent 33, 3 SURREY 61, 4 Hampshire 71, 5 Buckinghamshire 104, 6 Essex 118, 7 Sussex 125, 8 Middlesex 150, 9 Bedfordshire 165, 10 Norfolk 181.

Surrey athletes: 8 Peter CHAMBERS 17:01; 15 Ben BRADLEY 17:17; 18 Jack ROWE 17:23; 20 Sam EGMEN 17:25; 21 Dom NOLAN 17:25; 25 Dan WALLIS 17:38; 41 Tim LIVINGSTONE 18:15; 43 Jack WYLIE 18:19.

#### **U15 BOYS (79 finishers)**

Teams: 1 Hertfordshire 52, 2 SURREY 53, 3 Essex 60, 4 Sussex 69, 5 Hampshire 75, 6 Middlesex 84, 7 Kent 95, 8 Buckinghamshire 113, 9 Bedfordshire 188, 10 Suffolk 226, 11 Norfolk 246.

Surrey athletes: 1 Tom HOLDEN 12:50; 13 Gus COCKLE 13:42; 19 Josh BOWDEN 13:52; 20 George GATHERCOLE 13:53; 27 Lascelles HUSSEY 14:07; 33 James HANCOCK 14:17; 37 Rian McCAWLEY 14:19.

#### **U13 BOYS (71 finishers)**

Teams: 1 Buckinghamshire 30, 2 Essex 36, 3 Bedfordshire 71, 4 SURREY 83, 5 Hampshire 95, 6 Middlesex 102, 7 Kent 112, 8 Hertfordshire 135, 9 Sussex 161, 10 Suffolk 213, 11 Norfolk 243.

Surrey athletes: 3 Paul BURGESS 11:26; 23 Henry McCANN 12:12; 25 Harry REYNOLDS 12:16; 32 Sam CLIFF 12:22; 38 Harry GRACE 12:30; 42 James FLEMING 12:32; 48 Daniel COOKE 12:39.

## ***ENGLAND ATHLETICS CLUB & COACH SUPPORT***

### **Recruit Volunteers now!**

With less than 200 days to go to the Olympic and Paralympic Games and interest rising in our sport, now is a good time to get some articles in your local paper and radio about volunteering opportunities at your club and supply details of any volunteer vacancies to your local volunteer centre. We are also advertising vacancies on our Jobs section. New volunteers are also signing up on our Volunteer page and we are putting them in touch with Athletics Networks. There will also be an 0800 Find a Club number announced in the near future.

### **Disability Athletics Update**

Saturday 25th February 10am-3pm - AVIVA Parallel Success Coach and Athlete Talent Introduction Day for athletes with a learning disability and for coaches interested in learning more about coaching athletes with a learning disability.

Brunel University, Kingston Lane, Uxbridge, Middlesex, UB8 3PH. For more information or to book a FREE place contact: Liz Purbrick (Disability Athletics Support Officer, South East) [lpurbrick@englandathletics.org](mailto:lpurbrick@englandathletics.org) 07850514936

Training sessions for athletes on running, jumping and throwing led by experienced coaches and classification slots. Booking is essential for these sessions and entry standards have been set for athletes.

## ***ANNUAL AWARDS***

The following awards for the best performance in the 2011 County Championships have been agreed and will be presented at the AGM:-

### UNDER 13 GIRLS

SOPHIE MACE (Walton AC) Shot Put 10.91m CBP.

### UNDER 15 GIRLS

KATHERINE SHIEL-RANKIN (Aldershot, Farnham & District AC) 1500m 4:45.68.

### UNDER 17 WOMEN

CAMELLIA HAYES (Aldershot, Farnham & District AC) High Jump 1.70m.

### UNDER 20 WOMEN

JADE IVE (Shaftesbury Barnet Harriers) Pole Vault 3.70m CBP.

### SENIOR WOMEN

HELEN PRYER (Windsor, Slough, Eton & Hounslow AC) 200m 24.24.

### UNDER 13 BOYS

FEYSEL NADEW (Herne Hill Harriers) 800m 2:19.33.

### UNDER 15 BOYS

ZANSON PLUMMER (Herne Hill Harriers) 60m Indoors 7.24 CBP

### UNDER 17 MEN

LOLU OLUWOLE-OJO (Epsom & Ewell Harriers) 400m Hurdles 53.74 CBP.

### UNDER 20 MEN

JOE LAWRENCE (Blackheath & Bromley Harriers) Triple Jump 15.39m.

### SENIOR MEN

LAWRENCE OKOYE (Croydon Harriers) Discus Throw 63.25m CBP.

The award for the best performance by an Under 23 Woman in an International meeting goes to EMELIA GORECKA (Aldershot, Farnham & District AC) for her victory in the European Cross-Country Championships held in Velenje, Slovenia.

The awards for the highest individual points achieved in the 2011/2012 Sportshall season go to:

UNDER 13 GIRLS - BREAGHA CAMPBELL (Herne Hill Harriers)

UNDER 15 GIRLS - RHIANNA MADDEN-HANSLE (South London Harriers)

UNDER 13 BOYS - JOYDEN GONZALES (Wandsworth)

UNDER 15 BOYS - Jermaine GRAHAM (Herne Hill Harriers)

## ***2011 TRACK & FIELD SEASON***

Enclosed with this edition of SCAN is an analysis based upon the Surrey Ranking Lists of the performances of Surrey athletes in the Under 13 and Under 15 age groups. It is from this group of athletes that the future of our sport will be made. I believe that we need to ensure that they are encouraged to participate in a range of events and to learn the disciplines of both training and competition. The numbers of athletes achieving the Surrey standard is a measure of how successful we are.

I would hope that clubs look at their figures and then ask themselves why their figures have stayed the same as previous years or have changed. By asking these questions the answers they get should be useful in planning their future development.

Clubs who seek financial support from bodies such as Sport England are asked to provide performance indicators so that they can be measured. I would suggest that the figures shown in the analysis could be used for this purpose.

The figures provide a yearly comparison since of both the relative strength of our clubs and of numbers and quality of performance in the various events for these age groups. The figures shown are extracted from the tabulations shown on the website which cover 2005 - 2011 and the six Under 17, Under 15 & Under 13 age groups. From these figures I have produced the table:

	U13G	U15G	U17W	U13B	U15B	U17M
2005	112	117	87	110	132	126
2006	92	121	94	130	167	139
2007	115	135	109	119	160	160
2008	126	126	109	145	162	171
2009	162	143	140	140	164	152
2010	154	158	120	142	190	178
2011	176	163	133	181	204	167

The table shows the total number of Surrey athletes achieving a Surrey standard in at least one event. 2005 is the year that London was announced as the host city for the 2012 Olympics. For it to be said that there is a positive legacy from the Games then one measure could be that the figures shown indicate a rising trend. Although the pattern is not identical across all the age groups it is clear that by 2009 there has been a significant increase in participation (ranging from 20% to 60%) and that the following two years show consolidation in the Under 17s and a continuing rise in the Under 13s & Under 15s.

*Keith Burchell*



## SPORTSHALL

*Spectrum Leisure Centre, Guildford, 23 October 2011.*

### U13 Boys Teams

1	Herne Hill H	436.5
2	Camberley & District	350
3	Dorking & Mole Valley	348
4	Guildford & G AC	314.5
5	Walton AC	280.5
6	Wandsworth Borough	271
7	Epsom & Ewell H	244
8	Belgrave H	222.5
9	South London H	217
10	Camberley & D 'B'	167
11	Kingston AC & Poly H	120
12	Herne Hill H 'B'	99
13	St Thomas' School	39

### U13 Girls Teams

1	Guildford & G AC	613.5
2	Kingston AC & Poly H	542.5
3	Dorking & Mole Valley	518
4	Walton AC	516
5	Belgrave H	471
6	Epsom & Ewell H	431.5
7	Guildford & G 'B'	423
8	Camberley & District	417.5
9	Herne Hill H	411.5
10	Epsom & Ewell 'B'	405
11	Camberley & D 'B'	309.5
12	Walton 'B'	248.5
13	South London H	238
14	South London 'B'	223
15	Herne Hill H 'B'	175.5
16	Epsom & Ewell 'C'	111.5
17	Guildford & G 'C'	90
18	South London 'C'	56

### U15 Boys Teams

1	Herne Hill H	375
2	Camberley & District	328
3	South London H	296.5
4	Kingston AC & Poly H	181
5	Herne Hill H 'B'	145.5
6	St Thomas' School	74
7	Walton AC	63.5
8	Belgrave H	62
9	Dorking & Mole Valley	49

### U15 Girls Teams

1	South London H	383.5
2	Camberley & District	376
3	Herne Hill H	370
4	Dorking & Mole Valley	341.5
5	Kingston AC & Poly H	272.5
6	Guildford & G AC	262
7	Kingston & Poly 'B'	193.5
8	Walton AC	122.5
9	Epsom & Ewell H	105
10	Herne Hill H 'B'	90

### Best Individual points scorers:

#### U13 Boys

Joyden Gonzales (Wands)	52
Dennis Asante (HHH)	50
Jermaine Robinson (Wands)	50
Michael Fieldus (G&G)	49
Marlon Fossey (K&P)	49
Ross Maxwell (C'ley)	47
Finn Burley (DMV)	47
Paul Burgess (HHH)	47

#### U13 Girls

Breagha Campbell (HHH)	71
Jessica Robinson (G&G)	67
Sophie Mace (Walton)	67
Julia Doukrou (Belg)	66
Eleanor Frame (G&G)	66
Anna Harvey (K&P)	66
Nina Gibbins (K&P)	66

## **SPORTSHALL**

### ***Spectrum Leisure Centre, Guildford, 23 October 2011 (continued).***

U15 Boys		U15 Girls	
Jermaine Graham (HHH)	79	Rhianna Madden-Hansle (SLH)	86
Creston Harrison (SLH)	77	Lucy Watson (DMV)	85
Rhys Francis (St Thom)	74	Michella Obijiaku (HHH)	83
Christopher Sinclair (HHH)	73	Jazz Crawford (SLH)	82.5
Aaron Wells (SLH)	71.5	Eve Bushell (C'ley)	75.5
Chrioni Myers-Reid (HHH)	71	Nicola Evans (C'ley)	75
Charlie Sandford (C'ley)	68	Kyanne Cornwall (HHH)	75

### ***Spectrum Leisure Centre, Guildford, 27 November 2011.***

U13 Boys Teams		U13 Girls Teams	
1 Herne Hill H	558	1 Guildford & G AC	485.5
2 Camberley & District	511	2 Kingston AC & Poly H	485
3 Dorking & Mole Valley	488	3 Herne Hill H	481
4 Guildford & G AC	422	4 Dorking & Mole Valley	470
5 Herne Hill H 'B'	420	5 Guildford & G 'B'	459
6 Kingston AC & Poly H	414	6 Kingston & Poly 'B'	424
7 Hercules Wimbledon	375.5	7 Camberley & District	413
8 Camberley & D 'B'	343.5	8 Guildford & G 'C'	366.5
9 Walton AC	330.5	9 Walton AC	332
10 Wandsworth Borough	308	10 Sutton & District	329
11 South London H	293.5	11 Epsom & Ewell H	325
12 Belgrave H	269.5	12 South London H	308.5
13 Sutton & District	193.5	13 Camberley & D 'B'	279
14 St Thomas' School	188	14 Herne Hill H 'B'	250.5
15 Epsom & Ewell H	166	15 Belgrave H	243
16 Guildford & G 'B'	112.5	16 South London 'B'	240
17 Herc Wimbledon 'B'	45.5	17 Kingston & Poly 'B'	219.5
		18 Belgrave 'B'	205.5
		19 Arch Lanfranc S	200.5
		20 Epsom & Ewell 'B'	178
		21 Wandsworth	175
		22 Walton 'B'	137.5
		23 Camberley & D 'C'	123
		24 South London 'C'	94
		25 Hercules Wimbledon AC	92

## **COUNTY HANDBOOK**

The 2012 edition of the County Handbook will be published in May. Please inform Keith Burchell of any amendments that affect the content by 15<sup>th</sup> April 2012.

## ***SPORTSHALL***

***Spectrum Leisure Centre, Guildford, 27 November 2011 (continued).***

### U15 Boys Teams

1	Herne Hill H	323
2	Camberley & District	270.5
3	South London H	253
4	Kingston AC & Poly H	240.5
5	St Thomas' School	132
6	Walton AC	88
7	Belgrave H	66
8	Arch Lanfranc S	61

### U15 Girls Teams

1	Kingston AC & Poly H	369
2	Dorking & Mole Valley	368.5
3	South London H	363
4	Guildford & G AC	352
5	Camberley & District	327.5
6	Herne Hill H	320.5
7	Walton AC	176
8	Kingston & Poly 'B'	151
9	Epsom & Ewell H	138
10	Hercules Wimbledon AC	71.5

### Best Individual points scorers:

#### U13 Boys

Kishan Allen (HHH)	68
Brandon Wallace (HHH)	67
Seb Fallowfield (HHH)	66
Charley Williamson (HHH)	65
Joyden Gonzales (Wands)	64
Ross Maxwell (C'ley)	63
Joel MacFarlane (Sutton)	63

#### U13 Girls

Breagha Campbell (HHH)	98
Nicole Ologume (SLH)	97
Denisha Marshall Brown (HHH)	96
Ellie Holland (DMV)	95
Anna Harvey (K&P)	94.5
Carla Doukrou (Belg)	93.5
Sophie Mace (Walton)	93

#### U15 Boys

Anthony Ahatty (St Thom)	69
Jermaine Graham (HHH)	68
Segan Babatola (HHH)	65
Creston Harrison (SLH)	65
Aaron Wells (SLH)	65
Chrioni Myers-Reid (HHH)	63
Rhys Francis (St Thom)	63

#### U15 Girls

Freya Savage (G&G)	84
Lucy Watson (DMV)	83
Michella Obijiaku (HHH)	83
Lauren Edwards (K&P)	82.5
Jazz Crawford (SLH)	81
Vanessa Saunders (K&P)	79
Rhianna Madden-Hansle (SLH)	79

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## ***ENGLAND ATHLETICS CLUB & COACH SUPPORT***

### **England Athletics Conference dates for your diary.**

South Schools Conference will be taking place on Friday 25th May and a Club and Volunteer Conference on Saturday 26th May. These will take place in Leatherhead at the Leatherhead Leisure Centre. Similar events will take place in the Midlands and North. The programme for both days will be announced shortly.

Chris Benning, Club and Coach Support Officer, England Athletics - 07968 498708 or [cbenning@englandathletics.org](mailto:cbenning@englandathletics.org)

## **SPORTSHALL**

***Spectrum Leisure Centre, Guildford, 22 January 2012.***

### **U13 Boys Teams**

1	Herne Hill H 'A'	421
2	Walton AC	405.5
3	Herne Hill H 'B'	380.5
4	Camberley & District	377.5
5	Dorking & Mole Valley	361.5
6	Guildford & G AC	342
7	Camberley 'B'	313.5
8	Wandsworth Borough	281.5
9	Kingston AC & Poly H	224.5
10	Hercules Wimbledon	198.5
11	St Thomas the Apostle	180.5
12	Sutton & District	169
13	Guildford & G 'B'	163.5
14	Epsom & Ewell H	149.5
15	Belgrave H	57

### **U13 Girls Teams**

1	Guildford & G AC	821
2	Walton AC	623.5
3	Camberley & District	614
4	Guildford & G 'D'	590
5	Herne Hill H	589
6	Epsom & Ewell H	582.5
7	Guildford & G 'B'	572
8	Wandsworth Borough	545.5
9	Kingston AC & Poly H	539
10	Belgrave H	494
11	Dorking & Mole Valley	442.5
12	Camberley & D 'B'	429.5
13	South London H	419.5
14	Kingston & Poly 'B'	405
15	Guildford & G 'C'	378.5
16	Guildford & G 'E'	375
17	Herne Hill H 'B'	374.5
18	Kingston & Poly 'C'	334.5
19	Walton 'B'	316.5
20	South London 'B'	282.5
21	Belgrave 'B'	265.5
22	Epsom & Ewell 'B'	138
23	Hercules Wimbledon AC	101

### **U15 Boys Teams**

1	Herne Hill H	323
2	St Thomas the Apostle	315.5
3	Kingston AC & Poly H	241
4	Camberley & District	240.5
5	Dorking & Mole Valley	149
6	Walton AC	137.5
7	Belgrave H	119.5
8	South London H	58.5

### **U15 Girls Teams**

1	South London H	331.5
2	Guildford & G AC	327.5
3	Camberley & District	304
4	Herne Hill H	285.5
5	Kingston AC & Poly	258
6	Kingston & P 'B'	181
7	Walton AC	171
8	Dorking & Mole Valley	131.5
9	Belgrave H	13

## **SPORTSHALL**

***Spectrum Leisure Centre, Guildford, 22 January 2012 (continued).***

Best Individual points scorers:

U13 Boys		U13 Girls	
Kishan Allen (HHH)	58.5	Amaya Jones (E&E)	91
Brandon Wallace (HHH)	58	Breagha Campbell (HHH)	90
Joyden Gonzales (Wands)	58	Sophie O'Neill (G&G)	88
Souleyman Bah (K&P)	57.5	Brittany King (Wands)	88
Charley Wilkinson (HHH)	57	Imani Akimba-Golding (DMV)	87.5
Jamal Graffi-Smith (HHH)	56	Jemma Wood (G&G)	87
Ross Maxwell (C'ley)	55	Nina Gibbins (K&P)	86
Finn Burley (DMV)	53	Ellie Holland (DMV)	86
Samual Cheesman (G&G)	53	Sophie Wilson (G&G)	84
Thomas Wadajo (HHH)	53	Denisha Marshall Brown (HHH)	84

U15 Boys		U15 Girls	
Jermaine Graham (HHH)	71	Freya Savage (G&G)	77
Ezekiel Onasanya (St Thom)	69	Bobbie Seaville (G&G)	72.5
Chrioni-Myre Reid (HHH)	68	Rhianna Madden-Hansle (SLH)	71
Rhys Francis (St Thom)	62.5	Tosin Babjible (HHH)	69
Christopher Sinclair (HHH)	59	Grace Keen (DMV)	67
Aaron Wells (SLH)	58.5	Rachel Madden (HHH)	66.5
Ismail Abdulkarim (St Thom)	58	Lisa Iyamu (HHH)	65
George Dixon (Walt)	55.5	Keauna Phillips-Darko (SLH)	65
Alex Parkinson (K&P)	52.5	Susie Clayton (DMV)	64.5
Philip Thomas (HHH)	50	Nicola Evans (Camb'y)	63.5

## ***ENGLAND ATHLETICS CLUB & COACH SUPPORT***

### **Celebrate 100 days to go to the Olympics with a Try Athletics Day**

Clubs are now signing up to host a Try Athletics Day between 16 and 20th April. Go on to [www.englandathletics.org/volunteer](http://www.englandathletics.org/volunteer) to sign up and receive resources to help you plan the day. Herne Hill Harriers, Blackheath and Bromley Harriers AC, Hercules Wimbledon AC, Overton Harriers and AC are just a few of the clubs that have signed up so far.

England Athletics has put together a toolkit with templates and information on how clubs can promote themselves in the local press very easily. Use the occasion to recruit new athletes and new volunteers. If you can't manage the precise dates, we can still help you to promote your event so please sign up....

Please aim to sign up by 16th March and you could win a visit from a leading athlete at your Try Athletics Day as well as other incentives..

Chris Benning, Club and Coach Support Officer, England Athletics - 07968 498708 or [cbenning@englandathletics.org](mailto:cbenning@englandathletics.org)

## **ENGLAND ATHLETICS CLUB & COACH SUPPORT**

### **Local Coach Development Programme**

The following sessions have been planned for coaches on the Local Coach Development Programme. There may be a few extra places - please ask Chris for further information.

#### Evening Sessions

Date	Time	Workshop	Venue
Wed 1 Feb	7-9.30	What is Mentoring? (Mentoring 1 session)	Winchester
Wed 8 Feb	7-9	Youth Endurance - repeat of session in Guildford.	Southampton
Wed 15 Feb	7-9.30	Building rapport (Mentoring 2 session)	Winchester
Wed 7 Mar	7-9	How do I give feedback to my athletes?	Guildford or Woking
Wed 14 Mar	7-9	Injury Prevention Workshop	Andover
Wed 21 Mar	7-9	Quintic Workshop	Portsmouth
Wed 28 Mar	7-9	Nutrition Workshop	Andover

#### Weekend sessions

Date	Time	Event	Venue
Sat 4 Feb	10 - 3	Marathon Running	Twickenham
Sat 4 Feb	tbc	Sprints	Portsmouth
Sat 4 Feb	tbc	Hurdles	Portsmouth
Sat 4 Feb	tbc	Jumps	Portsmouth
Sat 4 Feb	10-4	Throws	Portsmouth
Sun 4 Mar	10-3	Steeplechase	Twickenham
Sat 10h Mar	10-12	Jumps	Andover
Sat 10 Mar	1-3	Sprints	Andover
Sat 10 Mar	10-12	Hurdles	Andover
Sat 10 Mar	10-4	Throws	Andover

Please note - all the Twickenham- based sessions are organized by Neville Taylor, Area Coach Mentor for Endurance [ntaylor@englandathletics.org](mailto:ntaylor@englandathletics.org)

### **Coach and Official Education Courses in the South East Region.**

Please contact Stacy Tuohy on [stuohy@englandathletics.org](mailto:stuohy@englandathletics.org) for more info on coaching courses and Cheryl Moore [cmoore@englandathletics.org](mailto:cmoore@englandathletics.org) or 0121 3476548 for officiating courses.

Wed 15 Feb	Athletics Leader	Bracknell
Sat 18 Feb	Leadership in Running Fitness	Winchester
Sat/Sun 18/19 Feb	Coaching Assistant	Crawley
Wed/Thur 21/22 Mar	Coaching Assistant	Winchester
tbc	New Children's Course	

This is a summary of the closest courses for Hampshire and South Surrey area - A complete list of coaching courses is displayed at [www.englandathletics.org/coaching](http://www.englandathletics.org/coaching) Subsidies /bursaries are potentially available for coaches and officials in Network clubs..

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## ***EUROPEAN CROSS COUNTRY CHAMPIONSHIPS, VELENJE, SLOVENIA, 11 DECEMBER 2011***

Emelia GORECKA (AFD) became a European Champion following her victory in the U20 race. Johnny HAY (AFD) was 8<sup>th</sup> in the U20 Men's race and Lily PARTRIDGE (AFD) was 20<sup>th</sup> in the U23 Women's race.

Emily WICKS (AFD) did not finish the Senior Women's event and was subsequently diagnosed with a collapsed lung. She is now recovering from a series of operations. We send her our best wishes for a full recovery.

### ***SEAA CHAMPIONSHIPS***

#### ***INDOOR, LEE VALLEY, 15/21/22 JANUARY 2012***

The following Surrey athletes won finals:-

Sen Women - Twinelle Hopeson (Croy) 200m 24.76; Adelle Tracey (G&G) 800m 2:13.79

Sen Men - Samson Oni (Belg) HJ 2.26m CBP; Joe Ive (SB) PV 5.30m.

U20 Women - Camellia Hayes (AFD) HJ 1.76m; Jahisha Thomas (Sutt) LJ 5.63m.

U20 Men - Blade Ashby (HHH) 60mH 8.07; Oliver Newport LJ 7.02m.

U17 Women - Kerri Davidson (Sutt) TJ 11.40m.

U15 Girls - Natalie Hooper (Sutt) PV 3.20m CBP (better than Surrey Outdoor Record);  
Ashleigh Clarke (Croy) 200m 26.01.

U15 Boys - Creston Harrison (SLH) 200m 23.51; Ocean Schwartz (Holl S) HJ 1.70m.

### ***ENGLAND ATHLETICS CLUB & COACH SUPPORT***

#### **Club Stationery and Banners**

Clubs can order letter-headed notepaper, leaflets, business cards, banners and Athletics 365 equipment at [www.Englandathletics.repronetpro.com](http://www.Englandathletics.repronetpro.com) This is a secure site.

#### **A Guide to Asset Transfers**

Some local authorities are looking to dispose of their assets, which may include tracks. England Athletics has produced an advice guide for clubs finding themselves in this position.

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## ***COUNTY DIARY 2012***

4 February	South East Schools Inter-County Cross-Country	Chelmsford
11 February	Surrey Cross-Country Leagues	various
25 February	National Cross-Country Championships	Parliament Hill
3/4 March	Surrey County Indoor Championships	Sutton Arena
10 March	CAU Inter-County Cross-Country	Cofton Park, Birmingham
2 April	Surrey Squad Day	St Mary's
6 May	Surrey Half-Marathon Championship (RL)	Richmond
12/13 May	Surrey County Track & Field Championships	Kingsmeadow
13 May	Sutton 10km (RL)	Wallington
26 May	Surrey Masters Track & Field Championships	Ewell Court
30 May	London Schools Combined Events	Lee Valley
3 June	Surrey 10 Miles Championship (RL)	Dorking
16 June	Surrey Schools Track & Field Championships	Kingsmeadow
16 June	London Schools Track & Field Championships	Battersea Park
23 June	South East Schools Inter-County Track & Field	Kingsmeadow
24 June	Surrey 10k Road Championship (RL)	Richmond
6/7 July	ESAA (English Schools) Track & Field Championships	Gateshead
14 July	Elmore 7miles (RL)	Chipstead
22 July	Under 13 Inter-County Track & Field	Kingston
22 July	Elmbridge 10k (RL)	
11 August	Surrey 5k Road Championship (RL)	Wimbledon
8/9 September	Surrey County Combined Events, Steeplechases & Relays	Sutton Arena
15 September	Surrey County Road Relays	Wimbledon Park

(RL) These events are part of the Surrey Road League.

Updates to the Diary are published on the county web site and can be found at:

[www.surreyathletics.org.uk/diary](http://www.surreyathletics.org.uk/diary)

If you do not normally receive SCAN but would like to, it can be downloaded from the County web site: [www.surreyathletics.org.uk/scan](http://www.surreyathletics.org.uk/scan). If you would like an E-mail informing you that a new edition has been published then please contact the editor (see below).

Please note the following dates for submission of items for inclusion in SCAN:

17<sup>th</sup> April 2012 (May issue)                      17<sup>th</sup> September 2012 (October issue)  
17<sup>th</sup> January 2013 (February issue)

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