

SURREY COUNTY ATHLETIC NEWS

(Issue 64 - September 2010)

As another track & field season draws to a close the natural inclination is to look back at what has been achieved and forward to what may happen in the future. As a county we can point to considerable success by our athletes much of which is detailed in the following pages. We also need to draw conclusions from the significant gaps in the Surrey teams as shown on pages 14-16. We should pay tribute to both the County officials who make a significant contribution to our ability to provide competitive opportunities for our athletes and also to those in our clubs who have nurtured the athletes over many years.

We can all see the strengths and weaknesses of how our sport functions in Surrey and if we ignore the latter then future generations will suffer. Our county has a population which represents 4.7% of the UK and 5.7% of England. Surrey athletes make up 7% of the England team for the Commonwealth Games and were 4.5% of the GB team at the European Championships and 8.8% of the GB team at the World Juniors. This demonstrates that, at the elite level, we are a shade above average compared to other counties. In the next issue of SCAN I shall be publishing the stats which chart how the standard of our young athletes has changed since the declaration that London would be hosting the Olympic Games. This relies on performance data as recorded in the County Rankings shown on the website. Please make sure the performances of your club's athletes are included.

Keith Burchell

COUNTY RECORDS

The following new County records have been set this year (as at 31st August):-

U20W 5000 Metres	15:56.87	Emelia Gorecka (AFD)	Manchester	29 May
U17W 400 Metres	54.59	Katie Snowden (HHH)	Bedford	20 June
U17W 3000 Metres	9:18.38	Emelia Gorecka (AFD)	Kingston	9 May
U17W 5000 Metres	15:56.87	Emelia Gorecka (AFD)	Manchester	29 May
U15G 75M Hurdles	11.15 (+0.3)	Shirin Irving (Croy)	Bedford	22 Aug
SM Triple Jump	15.93m (+0.5)	Kola Adedoyin (NEB)	Loughborough	23 May
U20M Triple Jump	15.93m (+0.5)	Kola Adedoyin (NEB)	Loughborough	23 May
U17M 400 Metres	47.96	Josh Street (SLH)	Birmingham	10 July
U17M 400M Hurdles	53.00	Jacob Paul (E&E)	Birmingham	10 July

These records were set on 9 occasions in 9 events. The following table shows a comparison with the preceding years (previous years figures are for the complete calendar year):-

	2010	2009	2008	2007	2006	2005
Occasions	9	10	19	17	15	8
Events	9	9	14	9	7	6

OFFICIALS

Officials Courses 2010/11 - South

LEVEL 1 - £10 per person

Course Codes

Mon 11th Oct 2010	Lee Valley Athletic Centre	SO/0098
Mon 13th Dec 2010	Lee Valley Athletic Centre	SO/0099
Mon 14th Feb 2011	Lee Valley Athletic Centre	SO/0100
Mon 4th April 2011	Lee Valley Athletic Centre	SO/0101

LEVEL 2 - £15 per person

Course Codes

Sat 16th Oct 2010	Barnet Copthall Stadium, Barnet London NW4 1PW	SO/0095TR - Track SO/0095FD - Field SO/0095TK - Timekeeping SO/0095SM - Starter/Marksman
Sun 17th Oct 2010	Danesfield Manor School Rydens Avenue, Walton on Thames, KT12 3JB	SO/0080TR - Track SO/0080FD - Field SO/0080TK - Timekeeping SO/0080SM - Starter/Marksman
Sun 21st Nov 2010	Newham Leisure Centre Prince Regent Lane Newham E13 8SD	SO/0094TR - Track SO/0094FD - Field SO/0094TK - Timekeeping SO/0097SM - Starter/Marksman
Sun 10th April 2011	Lee Valley Athletic Centre, 61 Meridian Way, Picketts Lock, London, N9 0AR	SO/0097TR - Track - 10am SO/0097FD - Field - 10am SO/0097TK - Timekeeping - 2pm SO/0097SM - Starter/Marksman - 2pm

Health & Safety (Track & Field) - £10 per person

Sat 16th Oct 2010	Barnet Copthall Stadium	SO/0096
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Officials licence application forms can be downloaded from the England Athletics website. To reserve a place on the course, please complete the officials licence application form, include a passport photo plus a cheque for the course fee made payable to "England Athletics" and send to England Athletics, Wellington House, Starley Way, Birmingham International Park, Solihull, B37 7HE

OFFICIALS

UKA has announced the Autumn/Winter 2010/11 schedule of Level 3 and Level 4 courses.

Modules available at each course are still to be confirmed, registration available from 6th September 2010.

Level 4 Course Dates and Venues

30th October – Leeds Metropolitan University

7th November – Grangemouth, Scotland

5th December – Filton College, Bristol

22nd January 2011 – Alexander Stadium, Birmingham

5th February 2011 – Hayes College, London

Level 3 Course Dates and Venues

31st October – Leeds Metropolitan University

6th November – Grangemouth, Scotland

4th December – Filton College, Bristol

13th November – Alexander Stadium, Birmingham

6th February 2011 – Hayes College, London

13th March 2011 – Cardiff International Stadium, Cardiff

UKA will also be organising a series of local workshops in Call Room and Disability Track and Field. These modules will be the level 4 modules but will be open to officials of all levels for their development as officials. Further information on this will follow in September/October 2010.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 8/9 May 2010

UNDER 13 GIRLS

100M (-0.3) 1 Maya Bruney (B&B) 13.39, 2 Kassa Sealy (HHH) 13.93, 3 Phobe Larn-Jones (Rei P) 13.94. **200M** (+1.6) 1 Maya Bruney (B&B) 27.23, 2 Kassa Sealy (HHH) 28.58, 3 Katrina Francis (Wok) 28.72. **800M** 1 Lianne Lafreniere (G&G) 2:27.07, 2 Katherine Shiel-Rankin (AFD) 2:28.69, 3 Keauna Phillips-Darko (SLH) 2:33.41. **1500M** 1 Katherine Shiel-Rankin (AFD) 5:05.16, 2 Victoria Picken (HHH) 5:17.27, 3 Tamara Myall (AFD) 5:17.61. **70mH** (NWI) 1 Tonia Campbell (Croy) 12.53, 2 Kristen Roche (C'ley) 13.06, 3 Jasmine Mitchell (Wok) 14.98. **HJ** 1 Megan Houska (Walt) 1.30. **LJ** 1 Maya Bruney (B&B) 4.89/-0.1 **CBP**, 2 Chloe Last (Wok) 4.49/-0.3, 3 Phoebe Larn-Jones (Rei P) 4.27/+0.3. **SP** 1 Sophie Mace (Walt) 7.79, 2 Katie Barrow (AFD) 6.71, 3 Holly Campbell (C'ley) 6.52. **DT** 1 Sophie Mace (Walt) 23.80, 2 Marcella Cato (SLH) 13.13, 3 Seun Ayo-Ojo (C'ley) 12.14. **JT** 1 Katie Barrow (AFD) 29.61 **CBP**, 2 Caitlin Maguire (G&G) 14.39, 3 Sophie Mace (Walt) 12.00.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 8/9 May 2010

UNDER 15 GIRLS

100M (+2.3) 1 Vanessa La Fon (HHH) 12.57, 2 Camilla Papa (Walt) 12.90, 3 Leona Brako (Croy) 12.94. **200M** (-2.7) 1 Shona Richards (E&E) 26.80, 2 Camilla Papa (Walt) 27.02, 3 Rebecca Moore (AFD) 27.20. **800M** 1 Ruth Bourne (Tonb) 2:20.10, 2 Rebecca Dingemans (G&G) 2:20.87, 3 Molly Sharples (AFD) 2:25.46. **1500M** 1 Ruth Bourne (Tonb) 4:51.66, 2 Harriet Preedy (AFD) 4:56.88, 3 Sophie Foreman (SLH) 4:58.30. **75mH** (NWI) 1 Emma Nanson (AFD) 11.69, 2 Shirin Irving (Croy) 11.81, 3 Lilian Brower (C'ley) 12.18. **HJ** 1 Lilian Brower (C'ley) 1.50, 2 Emily Haberfeld (WSEH) 1.45, 3 Emily Runton (G&G) 1.45. **LJ** 1 Saskia Fitzpatrick (K&P) 4.56/+0.2, 2 Jessica Hall (G&G) 4.51/-0.2, 3 Sarah Rusling (E Grin) 4.35/-0.1. **SP** 1 Shirin Irving (Croy) 10.35, 2 Helen Bridgman (DMV) 7.86, 3 Alexandra Roberts (SLH) 7.32. **DT** 1 Emily Runton (G&G) 22.10, 2 Helen Bridgman (DMV) 19.00, 3 Maddie Parnell (C'ley) 15.78. **JT** 1 Jojo Jameson (G&G) 25.32, 2 Beth Bridgman (E&E) 23.07, 3 Laura Vailey (AFD) 18.94.

UNDER 17 WOMEN

100M (-0.3) 1 Shanice Harrison (SLH) 12.92, 2 Emily Ashong (Sutt) 13.25, 3 Cleo-Patrice Barbour (Croy) 13.25. **200M** (+1.7) 1 Jessie Knight (E&E) 25.57, 2 Megan Aitchison (AFD) 25.97, 3 Shanice Harrison (SLH) 26.07. **300M** 1 Jessie Knight (E&E) 40.67, 2 Naomi Carvalho (Sutt) 44.02, 3 Laura Suggitt (WSEH) 44.19. **800M** 1 Georgia Peel (AFD) 2:10.29. **CBP**, 2 Katie Snowden (HHH) 2:13.34, 3 Emelia Gorecka (AFD) 2:13.91. **1500M** 1 Ruth Haynes (AFD) 4:41.46, 2 Susan Shiel-Rankin (AFD) 4:46.69, 3 Helen Wilson (SLH) 4:50.49. **3000M** 1 Emelia Gorecka (AFD) 9:18.38. **CBP**, 2 Georgia Peel (AFD) 9:35.35, 3 Ruth Haynes (AFD) 9:55.65. **80mH** (NWI) 1 Jahisha Thomas (Sutt) 11.80. 2 Lisa O'Brien (Walt) 12.48. 3 Rebecca Zelic (HHH) 13.34. **300mH** 1 Jess McCabe (G&G) 45.4, 2 Shona Richards (E&E) 47.2, 3 Eleanor Simpson (AFD) 48.6. **HJ** 1 = Fiona Clarke (C'ley) & Nicole Loucaides (Reig P) 1.50, 3 Christianne Risman (G&G) 1.45. **PV** 1 Christianne Risman (G&G) 2.80, 2 Annabel Sharpe (G&G) 2.60. **LJ** 1 Jahisha Thomas (Sutt) 5.67/+0.6, 2 Christinne Risman (G&G) 5.00/+1.0, 3 Lisa O'Brien (Walt) 4.90/+1.7. **TJ** 1 Christianne Risman (G&G) 10.34/-1.0, 2 Vicky Maguire (G&G) 9.90/-0.2, 3 Rachel Woodman (Reig P) 9.36/-0.5. **SP** 1 Carla Letheby (Walt) 9.25, Sinead O'Brien (Walt) 9.06, 3 Iyani Obi-Adewole (SLH) 8.79. **DT** 1 Carla Letheby (Walt) 33.65, 2 Leanne Bettis (DMV) 29.99, 3 Chioma Obi-Adewole (SLH) 27.97. **HT** 1 Carla Letheby (Walt) 32.53, 2 Sinead O'Brien (Walt) 28.95. **JT** 1 Carla Letheby (Walt) 32.62, 2 Rahannah Gillette-Vernon (K&P) 27.01, 3 Giselle Cooper (G&G) 26.95.

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ALL-TIME RANKINGS

We shall be publishing, on the website, the Surrey All-Time rankings for track & field events during September. These will show the best known performances by Surrey athletes in all the standard Senior events. We are grateful for the research undertaken by David Cocksedge who, we can report, has recently returned to live in the UK. Thanks are also due to Pete Mulholland and Keith Burchell who have added the performances to the database.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 8/9 May 2010

UNDER 20 WOMEN

100M (+0.7) 1 Twinelle Hopeson (Croy) 12.13, 2 Eleanor Ball (G&G) 12.53, 3 Emma Wakrim (Sutt) 12.74. **200M** (-0.9) 1 Twinelle Hopeson (Croy) 25.21, 2 Victoria Hewett (Wok) 25.97, 3 Emma Wakrim (G&G) 26.19. **400M** 1 Twinelle Hopeson (Croy) 55.41 **CBP**, 2 Katie Snowden (HHH) 55.70, 3 Yimika Adewakun (Sutt) 56.83. **800M** 1 Adelle Tracey (G&G) 2:13.33, 2 Hannah Edwards (HHH) 2:13.76, 3 Molly Renfer (K&P) 2:14.02. **1500M** 1 Loulou Rowlands (SLH) 4:41.40, 2 Hannah Edwards (HHH) 4:47.87, 3 Grace O'Leary (SLH) 4:49.26. **3000M** 1 Isabel Brinsden (E&E) 10:06.86. **400mH** 1 Laura Burke (WSEH) 63.1, 2 Katie Evans (G&G) 68.5, 3 Aisha Naibe-Wey (HHH) 71.2. **HJ** 1 Rosie Clarke (E&E) 1.55. **PV** 1 Rosa Williams (HHH) 2.40. **TJ** 1 Lucy Barnard (E&E) 10.43/-1.0. **SP** 1 Jasmin Dotzek (Craw) 10.73, 2 Holly Stroud (G&G) 10.69, 3 Pippa Wingate (K&P) 9.60. **DT** 1 Carla Letheby (Walt) 33.89, 2 Holly Stroud (G&G) 31.47. **HT** 1 Pippa Wingate (K&P) 36.54, 2 Davine Dubidad (Croy) 18.50. **JT** 1 Jasmin Dotzek (Craw) 32.20, 2 Holly Stroud (G&G) 32.16, 3 Zoe Edmonds (G&G) 29.39.

SENIOR WOMEN

100M (0.0) 1 Joscelynn Hopeson (Croy) 12.33, 2 Azaria Francis (WG+EL) 12.39, 3 Shayone Simao (SLH) 12.39. **200M** (+0.2) 1 Shayone Simao (SLH) 25.07, 2 Michelle Watson (HHH) 25.60, 3 Mary Iheke (K&P) 25.71. **400M** 1 Emily Parker (E&E) 56.24, 2 Sarah Holmes (Wok) 58.96. **800M** 1 Clementine Adams (AFD) 2:14.83, 2 Sophie Morris (WSEH) 2:15.94, 3 Liz Kipling (SMR) 2:22.99. **1500M** 1 Sophie Morris (WSEH) 4:32.22, 2 Emily Adams (AFD) 4:33.63, 3 Liz Kipling (SMR) 4:47.08. **3000M** 1 Liz Kipling (SMR) 10:11.42, 2 Alice Lethbridge (AFD) 10:25.91, 3 Madeleine Hardwick (K&P) 10:39.70. **100mH** (NWR) 1 Jo Rowland (Craw) 16.16, 2 Kaylee Price (Walt) 17.12. **400mH** 1 Jessica Case (SLH) 65.41, 2 Jodie Favell (Sutt) 66.35. **HJ** 1 Julia Machin (E&E) 1.75, 2 Ayamba Akim (WG+EL) 1.70. **PV** 1 Jennifer Honeyball (HHH) 3.20, 2 Louisa Clarke (Sutt) 2.80, 3 Natasha Hart (Wok) 2.60. **LJ** 1 Sarah Wellstead (Sutt) 5.72, 2 Jo Rowland (Craw) 5.09. **SP** 1 Eleanor Gatrell (Wok) 15.32, 2 Joanna Bennett (E&E) 11.93, 3 Jo Rowland (Craw) 11.63. **DT** 1 Jade Nicholls (Shaft B) 48.83, 2 Eleanor Gatrell (Wok) 38.76, 3 Briony Phillips (HHH) 31.71. **HT** 1 Helen Ephgrave (G&G) 42.56, 2 Belinda Heil (Belg) 40.85. 3 Camilla Thrush (K&P) 37.69. **JT** 1 Jo Rowland (Craw) 31.82.

UNDER 13 BOYS

100M (+1.0) 1 Rohan Henry (Croy) 13.25, 2 Sean Rafique (WSEH) 13.34, 3 Rory Kelly (Wok) 13.60. **200M** (NWI) 1 Rohan Henry (Croy) 27.54, 2 Andrew Lomax (Wok) 27.77, 3 Daniel James (E&E) 27.83. **800M** 1 Nathan Inkester (E&E) 2:19.07, 2 Jamie Brown (Reig P) 2:25.43, 3 Charlie Mills (AFD) 2:28.07. **1500M** 1 Charlie Mills (AFD) 4:57.07, 2 Charlie Wyllie (DMV) 4:57.10, 3 Rian McCawley (C'ley) 4:58.52. **75mH** (NWI) 1 Garfield Francis (HHH) 13.30 **CBP**, 2 Rory Kelly (Wok) 13.93, 3 Andrew Lomax (Wok) 14.12. **HJ** 1 Ocean Schwartz (Holl S) 1.40, 2 Sid Walters (Sutt) 1.35, 3 Garfield Francis (HHH) 1.30. **LJ** 1 David Bishop (Craw) 4.61/+1.1, 2 Ocean Schwartz (Holl S) 4.29/+0.4, 3 Joshua Bartholomew (Sutt) 4.05/+0.8.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 8/9 May 2010

UNDER 13 BOYS

SP 1 Munroe Ritchie (Craw) 7.66, 2 Daniel Johnson (Wok) 7.47, 3 Liam Walter (Sutt) 6.66. **DT** 1 Hamish Owen (G&G) 23.85, 2 Craig Rawlings (Sutt) 19.33, 3 Joshua Bartholomew (Sutt) 18.93. **JT** 1 Hamish Owen (G&G) 26.24, 2 Louis Rossi-Jones (SLH) 25.26, 3 Craig Rawlings (Sutt) 23.98.

UNDER 15 BOYS

100M (-1.5) 1 Max Mondelli (HW) 12.06, 2 Zanson Plummer (HHH) 12.26, 3 Laurie Overtoom (Reig P) 12.45. **200M** (0.0) 1 Taiwo Kamoju (Croy) 23.87, 2 Zanson Plummer (HHH) 24.49, 3 Daniel Ghosh (Sutt) 24.97. **400M** 1 Patrick Lucas (Croy) 55.58, 2 Joseph Stanley (Reig P) 57.99, 3 Tom Dawson (K&P) 58.73. **800M** 1 Patrick Lucas (Croy) 2:05.94, 2 Timothy Livingstone (HW) 2:07.83, 3 Joseph Stanley (Reig P) 2:10.50. **1500M** 1 Tom Holden (SLH) 4:25.84, 2 Jack Crabtree (Old & Roy) 4:26.07, 3 Charlie Critchley (WSEH) 4:33.41. **3000M** 1 Jack Crabtree (Old & Roy) 9:42.71, 2 Lascelles Hussey (HHH) 9:49.88, 3 Gus Cockle (WSEH) 10:02.84. **800mH** (NWI) 1 Scott Thomas (C'ley) 11.95, 2 Reece Young (SLH) 11.96, 3 Jordan Otu (Croy) 13.11. **HJ** 1 Reece Young (SLH) 1.60, 2 Tayo Andrews (HHH) 1.57, 3 Matthew Broderick (K&P) 1.45. **LJ** 1 Daniel Ghosh (Sutt) 5.64/+1.2, 2 Reece Barnett (Walt) 5.52/-0.8, 3 Tife Ajibade (Croy) 5.14/+0.2. **SP** 1 Justin Tarrant (Craw) 10.03, 2 Adesimi Obi-Adewole (SLH) 9.48, 3 Curtis Knight (Walt) 8.67. **DT** 1 Adesimi Obi-Adewole (SLH) 29.82, 2 Justin Tarrant (Craw) 28.52, 3 Cameron Starr (Sutt) 21.34. **HT** 1 Matthew Szepletowski (St Johns) 26.46, 2 Curtis Knight (Walt) 25.73, 3 Josh Maguire (G&G) 13.60. **JT** 1 William van Klaveren (K&P) 40.48, 2 Matthew Szepletowski (St Johns) 39.33, 3 Justin Tarrant (Craw) 27.75.

UNDER 17 MEN

100M (+2.2) 1 Cameron Smith (Croy) 10.93, 2 Joshua Street (SLH) 11.09, 3 Tucker Bryant (K&P) 11.20. **200M** (NWI) 1 Joshua Atille (Croy) 23.63, 2 Lolu Oluwole-Ojo (E&E) 23.65, 3 Adedeji Williams (Belg) 24.26. **400M** 1 Jonathan Osbourne (HW) 50.66, 2 Zak Curran (WSEH) 50.97, 3 Lolu Oluwole-Ojo (E&E) 51.04. **800M** 1 Zak Curran (WSEH) 1:56.97, 2 Jordan Maurice (HHH) 1:59.47, 3 Hugo Fleming (Walt) 2:01.71. **1500M** 1 Jordan Maurice (HHH) 4:10.19, 2 Matt Wyatt (E&E) 4:14.38, 3 Edward Saywell (HW) 4:22.56. **3000M** 1 Peter Chambers (Croy) 9:00.03, 2 Henry Pearce (Tonb) 9:03.40, 3 Mark Plackett (Croy) 9:29.77. **100mH** (NWI) 1 Blade Ashby (HHH) 13.80, 2 Joseph Yarde (Croy) 13.83, 3 Jacob Paul (E&E) 14.24. **400mH** 1 Jacob Paul (E&E) 55.06 **CBP**, 2 Ben Kennard (Walt) 64.36, 3 Tom Butcher (G&G) 64.81. **HJ** 1 Blade Ashby (HHH) 1.80. **PV** 1 Jack Phipps (Wok) 4.00. **LJ** 1 Elliot Safo (Croy) 7.15 **CBP**, 2 Oliver Newport (Craw) 6.71, 3 Blade Ashby (HHH) 6.28. **TJ** 1 Javari Cameron (Croy) 12.90, 2 Joshua Thompson (Arch Lanf) 12.25, 3 Kiran Richards (K&P) 10.82. **SP** 1 Levy Smith (Craw) 12.29, 2 Luke Macaree (C'ley) 9.82, 3 Andrew Clarke (HW) 9.68. **DT** 1 Faraz Rafi (Croy) 40.35, 2 Khalil Njoya (HHH) 38.64, 3 Levy Smith (Craw) 31.51. **HT** 1 Harry Green (E&E) 25.37. **JT** 1 Luke Macaree (C'ley) 40.89, 2 Asha Nelson (K&P) 34.87, 3 Kiran Richards (K&P) 34.69.

COUNTY CHAMPIONSHIPS

Track & Field, Kingsmeadow, 8/9 May 2010

UNDER 20 MEN

100M (-2.7) 1 Oweka Wanogho (Croy) 11.12, 2 Simeon Ramsey-Graham (HHH) 11.13, 3 Andre Gibbs (Croy) 11.14. **200M** (NWI) 1 Simeon Ramsey-Graham (HHH) 21.80, 2 Oweka Wanogho (Croy) 22.30, 3 Afam Obi-Adewole (SLH) 22.54. **400M** 1 Stefan Richards (E&E) 50.89, 2 Richard Smeaton (K&P) 51.39, 3 Neville Harris (Sutt) 51.67. **800M** 1 Ross Franks (SMR) 1:56.08, 2 Mickey Reed (AFD) 1:56.32, 3 Elliott Woolmer (WSEH) 1:56.72. **1500M** 1 Mickey Reed (AFD) 3:59.53, 2 Joshua Gorecki (AFD) 4:00.17, 3 Liam White (HW) 4:01.78. **3000M** 1 Ian Bailey (AFD) 8:41.96, 2 Joe Toomey (HW) 9:20.03, 3 Nathan Ditton (WSEH) 9:20.46. **110mH** (NWI) 1 Matthew Walcott (HHH) 14.75, 2 Craig Hart (Sutt) 16.93. **400mH** 1 Paul Cave (E&E) 59.50, 2 Martin Lay (E&E) 64.99. **HJ** 1 Tariq Fadare (Sutt) 1.90, 2 Kariym Irving (Croy) 1.90, 3 Martin Lay (E&E) 1.70. **PV** 1 Ned Quiney (Croy) 4.40, 2 Gordon Lester (K&P) 3.80. **LJ** 1 Dwyte Smith (Kent) 6.56/+1.1, 2 Kevin Bangato (Sutt) 6.41/+1.0. **TJ** 1 Babatunde Amosu (Croy) 14.74, 2 Joe Lawrence (Sutt) 14.55, 3 Julien Allwood (HHH) 14.46. **SP** 1 Temi Ladega (Croy) 14.22. 2 Kariym Irving (Croy) 12.50, 3 Thomas Bullen (SLH) 11.36. **DT** 1 Lawrence Okoye (Croy) 47.66, 2 Kariym Irving (Croy) 40.86, 3 Thomas Bullen (SLH) 34.40. **HT** 1 Nathan Featherstone (E&E) 39.21. **JT** 1 Kariym Irving (Croy) 51.74, 2 Ross Norton (Sutt) 49.49, 3 David Simmonds (G&G) 40.74.

SENIOR MEN

100M (+0.1) 1 Idris Ojuriye (HHH) 10.74, 2 Robert Graham (HHH) 10.78, 3 Lawrence Mensah (HHH) 10.84. **200M** (+0.5) 1 Idris Ojuriye (HHH) 21.94, 2 Dwayne Dowding (HW) 22.07, 3 Ollie King (Wok) 22.36. **400M** 1 Peter Phillips (HHH) 49.39, 2 Reiss Bowen (HHH) 49.85, 3 Andrew Watson (Wok) 49.95. **800M** 1 Ben Wallis (G&G) 1:55.42. **1500M** 1 Ben Harding (B&B) 4:00.41, 2 Russell Bentley (B&B) 4:01.38, 3 Kojo Kyereme (HHH) 4:06.36. **5000M** 1 Steven Connor (AFD) 15:14.38, 2 Alistair Moses (Reig P) 15:27.98, 3 Matthew Morgan (Belg) 15:50.28. **110mH** (NWI) 1 Samzu Agbaje (SLH) 16.94, 2 Kwadjo Adjepong (Belg) 22.59. **400mH** 1 William Hartley (Wok) 57.80, 2 Glenn Gray (Harrow) 58.25, Adam McCarthy (Walt) 58.68. **PV** 1 Adam Boshier (E&E) 4.00, 2 Roy Chambers (Wok) 3.80, 3 Greg Conlon (Walt) 3.60. **LJ** 1 Ezekiel Ewulo (WG+EL) 7.57/+0.7, 2 David Cook (K&P) 7.30/+1.4, 3 Alex Fraser (Walt) 6.49/+0.4. **SP** 1 Emeka Udechuku (WG+EL) 16.43, 2 Anthony Soalla-Bell (Shaft B) 13.35, 3 Ian Frankish (E&E) 11.89. **DT** 1 Emeka Udechuku (WG+EL) 54.70, 2 Chris Scott (Shaft B) 52.74, 3 Tom Norman (WG+EL) 50.69. **HT** 1 Gareth Cook (K&P) 51.93, 2 Christopher Privett (Belg) 42.69, 3 Rob Smith (Walt) 42.20. **JT** 1 Gavin Johnson-Assoon (HHH) 54.61, 2 Roy Chambers (Wok) 52.57, 3 Mike Clarke (K&P) 44.73.

NWI = Wind speed reading not available

NOTES. The Steeplechase events are scheduled for Saturday 12th September 2009 in conjunction with the Combined Events being held at Broadbridge Heath, Horsham.

COUNTY CHAMPIONSHIPS

Track Walks, Crawley, 8 May 2010

SW 3000M: 1 Estle Viljoen (HW) 15:15.3, 2 Fiona Bishop (AFD) 18:39.7.

SM 3000M: 1 Peter Hannell (SyWC) 17:32.7, 2 Ian Statter (SyWC) 17:47.2, 3 C Flint (L Vid) 18:17.1.

Half-Marathon, Petersham, 16 May 2010

<i>MEN</i>				<i>WOMEN</i>			
1	Nick Hodges	DMV	72:08	1	Kate Mapham	unat	81:34
2	Ben Evans	G&G	76.08	2	Emily Alden	E&E	82:33
3	Justin Mitchell	Wok	76:21	3	Rose Nicholson	Wok	86:47
M40	Roy Reeder	Strag	78:51	W35	Susanna Harrison	Wok	90:00
M50	Ian Kitching	SLH	79:20	W45	Susanna Harrison	Wok	90:00
M60	Liam O'Hare	Barnet	82:50	W55	Liz Neville	Eps O	1:43:21

TEAMS

1	Clapham Chasers	26	1	Woking AC	25
2	Guildford & Godalming AC	48	2	Clapham Chasers	30
3	Hercules Wimbledon AC	49	3	26.2 RRC	42

10 Miles, Dorking, 23 May 2010

<i>MEN</i>				<i>WOMEN</i>			
1	Nick Hodges	DMV	56:26	1	Liz Kipling	Rane	62:55
2	Bruce Harrold	DMV	57:13	2	Charlotte Collyer	unat	63:46
3	Justin Phillips	AFD	57:16	3	Alice Lethbridge	AFD	64:24
M40	Andy Collins	SLH	59:17	W35	Liz Kipling	Rane	62:55
M50	Ian Kitching	SLH	59:35	W45	Susanna Harrison	Wok	69:33
M60	Geoff Newton	Tad	67:35	W55	Jane Davies	E&E	74:46

TEAMS

1	Dorking & Mole Valley AC	20	1	Woking AC	18
2	South London Harriers	23	2	Dorking & Mole Valley AC	41
3	Herne Hill Harriers	53	3	Herne Hill Harriers	49

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JANETTE TOWL nee NEIL 1941 - 2010

We have been informed by Jenny Pawsey of the death of Janette Towl following a long battle with cancer. Janette was a long-standing member of Mitcham AC and represented Surrey. She competed for Scotland in the 1962 Commonwealth Games held in Perth, Western Australia where she finished 8th in the Long Jump and was 5th in her heat of the 100 yards. The funeral held at Beckenham (where her two sons live) was attended by many former members of Mitcham AC.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Ewell Court, 29 May 2010

Winners - Men

100M: M35 Kwadjo Adjepong (Belg) 12.5; M40 Mark Cook (G&G) 13.2; M45 Patrick Logan (K&P) 12.5; M50 Kwei Sankofa (HHH) 12.6; M65 Terry Bissett (E&E) 14.1; M70 Kevin Burnett (SoC) 20.1.

200M: M35 Kwadjo Adjepong (Belg) 26.0; M40 Mark Cook (G&G) 26.8; M45 Patrick Logan (K&P) 25.1; M50 Kwei Sankofa (HHH) 25.1; M60 Derek Wardle (WSEH) 28.4; M65 Terry Bissett (E&E) 27.8; M70 Kevin Burnett (SoC) 41.5.

400M: M40 Chris Taplin (Walt) 56.7; M45 Mark Baker (HW) 57.3; M60 David Hayward (Croy) 61.3; M65 Terry Bissett (E&E) 63.3 **CBP**.

800M: M40 Chris Taplin (Walt) 2:18.4; M45 Mark Thomas (Walt) 2:34.5; M50 Alan Dolton (SoC) 2:44.4; M60 Michael Mann (HHH) 2:34.2; M65 Richard Somers (E&E) 2:47.9; M70 Michael Haran (HHH) 3:24.8 **CBP**.

1500M: M40 Andrew Del Nevo (D&T) 4:52.2; M50 Alan Dolton (SoC) 5:41.1; M60 Michael Mann (HHH) 5:08.8 **CBP**.

5000M: M40 Peter Lee (HW) 17:32.5; M45 William F Arbury (E&E) 18:56.5; M50 Nigel Burnell (VAC) 18:21.2; M55 Andy Murray (Dul R) 20:22.9; M60 Liam O'Hare (Barnet) 17:58.7; M65 Michael Kortenaar (HW) 23:40.5.

300H: M65 David Barrington (K&P) 60.3.

400H: M35 Julian Langley (Walton) 66.8 **CBP**; M50 David Moles (Walton) 68.5.

PV: M40 Andrew Del Nevo (D&T) 2.60; M45 John Andrews (E&E) 3.50; M65 Brian Harlick (E&E) 2.50; M70 John Webster (HW) 2.00.

LJ: M35 Neil Lincoln (Holl S) 6.03 **CBP**; M45 Masukatsu Kondo (HHH) 5.63; M65 Allan Long (HHH) 4.06; M75 Colin Sheppard (BMH) 3.21 **CBP**.

TJ: M35 Neil Lincoln (Holl S) 12.04 **CBP**; M45 Mark Thomas (Walt) 9.50; M75 Colin Sheppard (BMH) 6.36.

SP: M60 Anthony Richards (Croy) 11.24; M65 Brian Harlick (E&E) 8.92; M70 Kevin Burnett (SoC) 6.72; M75 Norman Fullick (Has B) 6.84.

DT: M50 Geoff van Klaveren (K&P) 25.72; M60 Anthony Richards (Croy) 36.32; M65 Brian Harlick (E&E) 30.80; M70 Kevin Burnett (SoC) 19.08; M75 Norman Fullick (Has B) 17.14.

HT: M40 Paul Kelly (Woking) 37.27; M50 Chris Privett (Belg) 43.88; M60 Kevin Sheppard (Walt) 30.51; M65 Chris Melliush (Camb H) 44.74 **CBP**; M70 John Webster (HW) 36.15 **CBP**; M75 Norman Fullick (Has B) 24.23.

JT: M50 Geoff Van Klaveren (K&P) 37.12; M60 Joe Eastwood (Walton) 38.51; M65 Tom Pollak (HW) 11.38; M70 John Webster (HW) 30.23 **CBP**.

WHT: M50 Chris Privett (Belg) 16.61 ; M65 Chris Melliush (Camb H) 15.47 **CBP**

3km Walk: M55 David Hoben (Sy WC) 20:32.7; M65 Peter Hannell (Sy WC) 17:55.2; M70 Kevin Burnett (SoC) 7.68 **CBP**; M75 Norman Fullick (Has B) 8.52 **CBP**.

3000M Walk: M55 David Hoben (SyWC) 20:32.7; M65 Peter Hannell (SyWC) 17:55.2; M70 Michael Harran (HHH) 17:31.3 **CBP**; M75 John May (VAC) 23:10.1.

COUNTY CHAMPIONSHIPS

Masters Track & Field Championships, Ewell Court, 29 May 2010

Winners - Women

100M: W55 Joan Trimble (K&P) 14.9.

200M: W45 Susan Dietrich (K&P) 33.5; W55 Joan Trimble (K&P) 30.9.

400M: W35 Louise Ionascu (DMV) 68.4.

800M: W35 Liz Kipling (SMR) 2:24.4; W55 Anna Garnier (HW) 2:43.6 **CBP**; W60 Ros Tabor (Dul R) 2:54.2 **CBP**.

1500M: W35 Liz Kipling (SMR) 4:56.0 **CBP**; W55 Anna Garnier 5:43.5; W60 Ros Tabor (Dul R) 5:58.3 **CBP**.

5000M: W45 Pippa Major (THH) 20:21.9; W50 Fiona Bishop (Wok) 24:31.1; W60 Ann Bath (26.2) 24:36.8 **CBP**.

HJ: W35 Ayamba Akim (WG&EL) 1.72 **CBP**; W45 Amanda Rowley-Jones (Croy) 1.33 **CBP**.

PV: W50 Debbie Singleton (Walton) 2.20 **CBP**.

LJ: W40 Joanne Regan (Walton) 4.59; W55 Rosamund Aylett (Walt) 3.43.

TJ: W40 Joanne Regan (Walton) 9.20 **CBP**; W55 Barbara Macanas (HHH) 5.49.

SP: W40 Sandra Campbell (Dart) 8.25; W55 Vilma Thompson (Belg) 10.94 **CBP**; W65 Liz Sissons (E&E) 9.45 **CBP**.

DT: W35 Odette McHendry (K&P) 20.18; W55 Vilma Thompson (Belg) 25.38 **CBP**; W65 Liz Sissons (E&E) 20.37 **CBP**.

HT: W35 Odette McHendry (K&P) 25.80; W55 Vilma Thompson (Belg) 33.69 **CBP**; W65 Liz Sissons (E&E) 27.98 **CBP**.

JT: W55 Vilma Thompson (Belg) 26.04; W65 Liz Sissons (E&E) 22.42 **CBP**.

WHT: W55 Vilma Thompson (Belg) 11.21 **CBP**; W65 Liz Sissons (E&E) 11.21 **CBP**.

3000M Walk: W35 Joanna Stringer (AFD) 18:26.1; W45 Susanne Dietrich (K&P) 18:36.1; W50 Fiona Bishop (Wok) 18:47.3.

10K Road Race, Petersham, 20 June 2010

MEN

1	Nick Tory	Serp	31:32
2	Chris Busaileh	HHH	32:11
3	Phil Killingley	Rane	33:14
M40	Luis Gomez	Sutt R	34:17
M50	Ian Kitching	SLH	35:50
M60	Liam O'Hare	Barnet	37:42

WOMEN

1	Samantha Amend	Belg	36:30
2	Liz Kipling	Rane	36:59
3	Jo Rodriguez	Wok	38:17
W35	Liz Kipling	Rane	36:59
W45	Deborah Steer	St Albans	39:32
W55	Jane Davies	E&E	41:57

TEAMS

1	Herne Hill Harriers	15	1	Woking AC	16
2	Ranelagh Harriers	29	2	Ranelagh Harriers	34
3	Clapham Chasers	53	3	Clapham Chasers	37

COUNTY CHAMPIONSHIPS

5K Road Race, Wimbledon, 8 August 2010

MEN				WOMEN			
1	Paskar Owor	Belg	15:20	1	Beth Andrew	AFD	18:40
2	Phil Killingley	Rane	15:48	2	Naomi Lenane	AFD	18:51
3	Nick Hodges	DMV	16:15	3	Anna Sharpe	Wok	19:21
M40	Luis Gomez	Sutt R	17:00	W35	Marie Synott-Wells	Rane	19:30
M50	Hugh Saxby	HW	18:44	W45	Marie Synott-Wells	Rane	19:30
M60	Geoff Newton	Tad	19:47	W55	Sonia Rowland	Rane	23:23

TEAMS

1	Herne Hill Harriers	32	1	Clapham Chasers	22
2	Ranelagh Harriers	38	2	Woking AC	28
3	Hercules Wimbledon AC	46	3	26.2 RRC	41

10,000Metres Track, Tooting Bec, 28 August 2010

MEN				WOMEN			
1	B Wilder	HHH	31:35.1	1	P Fixter	HHH	46:42.1
2	M Morgan	Belg	33:33.4				
3	B Paviour	HHH	33:42.6				

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PHIL AND EMILY TIE THE KNOT

Congratulations to top Surrey endurance runners Phil Wicks and Emily Adams who were married in August. In January 2008 Phil won the Surrey Senior Mens Cross Country Championship at Lloyd Park, representing Belgrave Harriers, whilst Emily representing Aldershot, Farnham & District AC, won the corresponding Senior Womens title. The County Association sends its best wishes for the future to the happy couple.

INTER-COUNTY EVENTS

CAU Inter-Counties, Bedford, 30/31 May 2010

SENIOR MEN

Achilles Trophy - Division 1

1	Kent	98
2	Yorkshire	74
3	Essex	69
4	SURREY	59
5	Middlesex	57
6	North East Counties	40
7	Sussex	33
8	Hampshire	30
9	Warwickshire	30
10	Staffordshire	22
11	Hertfordshire	18
12	Bedfordshire	16

SENIOR WOMEN

Bedford Plate - Division 1

1	Yorkshire	75
2	SURREY	58
3	Kent	55½
4	Middlesex	51
5	Essex	47
6	Hampshire	44
7	Sussex	40
8	Leicestershire & Rutland	29
9	Warwickshire	27
10	Hertfordshire	26½
11	Cheshire	26
12	Northern Ireland	8

SENIOR MEN

100M 5 Idris Ojuriye 10.57/+5.2; **200M** 2 Jonathan Browne 21.39; **400M** 7 Peter Phillips 50.81; **800M** 3h2 Paskar Owor 1:55.71; **MILE** -; **5000M** -; **110H** 2 Daniel Davis 13.84/+4.4; **400mH** 2h4 Austin Ferns 53.49; **3000M S/C** -; **3000M Walk** 1 Alex Wright 11:38.16; **HJ** -; **PV** 7 Ned Quiney 4.50m; **LJ** 2 Ezekiel Ewulo 7.67/+2.4; **TJ** 3 Gary Wilson 14.96m/+1.2; **SP** -; **DT** 1 Emeka Undechuku 59.06m; **HT** -; **JT** -.

SENIOR WOMEN

100M 4h3 Shayone Simao 12.12/+1.0; **200M** 2 Helen Pryer 23.58/+5.5; **400M** 1h1 Laura Langowski 55.05; **800M** 7 Clementine Adams 2:14.78; **1500M** 8 Isabel Brinsden 4:45.87; **5000M** -; **100H** 7 Sandra Seaton 14.10/+4.2; **400H** 6 Laura Burke 62.93; **3000M S/C** -; **3000m Walk** -; **HJ** 3 Julia Machin 1.70m; **PV** 12= Jennifer Honeyball 3.20m; **LJ** 1 Jade Johnson 6.38m/+5.1; **TJ** -; **SP** 3 Eleanor Gatrell 15.15m; **DT** 1 Jade Nicholls 56.17m; **HT** -; **JT** 20 Zoe Edmonds 22.73m.

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SURREY ROAD LEAGUE 2010

The overall winners were:-

Men: Nick Hodges (Dorking & Mole V)
M40: Roy Reeder (Stragglers)
M50: Ian Kitching (SLH)
M60: Geoff Newton (Tadworth)

Women: Rose Nicholson (Woking)
W35: Kay Trinder (Woking)
W45: Susanna Harrison (Woking)
W55: = Madalaine Brown (26.2 RRC)
= Louise Neville (Stragglers)

Men's Team: Herne Hill Harriers

Women's Team: Woking AC

INTER-COUNTY EVENTS

Under 13 Inter-Counties, Kingsmeadow, 25 July 2010

Team Results

<i>UNDER 13 BOYS</i>			<i>UNDER 13 GIRLS</i>			
1	<i>SURREY</i>	339	1	<i>Hampshire</i>	349	
2	<i>Middlesex</i>	330½	2	<i>SURREY</i>	320½	
3	<i>Essex</i>	318	3	<i>Sussex</i>	320	
4	<i>Hampshire</i>	310	4	<i>Berkshire</i>	314	
5	<i>Hertfordshire</i>	297	5	<i>Middlesex</i>	294½	
6	<i>Berkshire</i>	294	6	<i>Kent</i>	291½	
7	<i>Buckinghamshire</i>	288½	7	<i>Hertfordshire</i>	290	
8	<i>Sussex</i>	278½	8	<i>Essex</i>	265½	
9	<i>Oxfordshire</i>	245½	9	<i>Oxfordshire</i>	256	
10	<i>Kent</i>	220	10	<i>Buckinghamshire</i>	250½	
11	<i>Suffolk</i>	216	11	<i>Dorset</i>	191	
12	<i>Bedfordshire</i>	208	12	<i>Bedfordshire</i>	175	
13	<i>Dorset</i>	160	13	<i>Suffolk</i>	171½	
100M	A1	Nathan Best	12.62/-2.3	A3	Maya Bruney	13.25/-1.2
	B4	Creston Harrison	13.46/-0.7	B2	Phoebe Larn-Jones	13.7
200M	A1	Jermaine Graham	25.12/-0.2	A1	Maya Bruney	26.90
	B3	Iwan Fesnoux	26.81/-2.2	B3	Kassa Sealy	28.34
800M	A3	Nathan Inkester	2:16.99	A1	Lianne Lafrenniere	2:26.71
	B2	Charlie Wyllie	2:25.01	B3	Keauna Phillips-Darko	2:28.35
1500M	A10	Rian McCawley	5:04.55	A4	Katherine Shiel-Rankin	5:01.07
	B9	Paul Burgess	5:23.28	B4	Molly Pocock	5:05.31
75/70H	A2	Garfield Francis	12.73/-1.8	A2	Taylor Campbell	12.02/-2.3
	B2	David Bishop	13.08/-1.4	B1	Lianne Lafrenniere	12.33/-0.8
HJ	9	Sid Walters	1.35	3	Megan Houska	1.38
LJ	A5	David Bishop	4.73	A5	Maya Bruney	4.59
	B5	Jermaine Graham	4.55	B7	Phoebe Larn-Jones	4.08
SP	A1	Nathan Best	11.78	A5	Sophie Mace	8.30
	B4	Iwan Fesnoux	8.52	B10	Katie Barrow	6.89
DT	A2	Hamish Owen	26.29	A4	Sophie Mace	24.22
	B6	Craig Rawlings	18.16	B8	Jade Asagba	13.87
JT	A12	Louis Rossi-Jones	17.09	A2	Katie Barrow	29.93
	B2	Kain Furniss	29.60	B7	Caitlin Maguire	16.95
4x100	1	Surrey	51.3	-	Surrey	DSQ

Full results of this meeting together with a history of past meetings can be found at:-

www.u13ic.org.uk

INTER-COUNTY EVENTS

Under 17 Inter-Counties, Stevenage, 8 August 2010

Team Results

<i>UNDER 17 MEN</i>			<i>UNDER 17 WOMEN</i>		
1	<i>Essex</i>	362	1	<i>Essex</i>	337½
2	<i>Hertfordshire</i>	332½	2	<i>Hertfordshire</i>	292
3	<i>SURREY</i>	283	3	<i>Kent</i>	290
4	<i>Middlesex</i>	269	4	<i>SURREY</i>	277
5	<i>Hampshire</i>	264½	5	<i>Middlesex</i>	254
6	<i>Sussex</i>	251	6	<i>Sussex</i>	250½
7	<i>Kent</i>	249	7	<i>Hampshire</i>	216
8	<i>Buckinghamshire</i>	90	8	<i>Buckinghamshire</i>	58

UNDER 17 MEN

<i>A</i>			<i>B</i>			
100M	4	Cameron Smith	11.1/+0.6	-		
200M	3	Jonathan Osbourne	22.8/+1.1	1	Cameron Smith	22.6/+1.1
400M	1	Omari Carr-Miller	50.6	1	Jonathan Osbourne	51.0
800M	1	Zak Curran	1:56.2	2	Hugo Fleming	1:59.7
1500M	3	Jordan Maurice	4:09.6	4	Callum Todd	4:21.9
3000M	6	Mark Plackett	9:28.7	4	Matthew Rees	9:50.1
100M H	3	Joe Yarde	13.9/+0.1	-		
400M H	5	Matthew Elmore	63.9	-		
1500 S/C	4	Jonny Dry	4:50.8	-		
HJ	-			-		
PV	6	Aidan Fahey	2.50m	-		
LJ	8	Callum Todd	5.04m	-		
TJ	3	Javari Cameron	13.02m	1	Ejiro Avwuno	12.94m
SP	2	Levy Smith	12.89m	3	Faraz Rafi	10.51m
DT	3	Faraz Rafi	39.66	2	Stephen Green	29.45
HT	6	Stephen Green	30.46	3	Faraz Rafi	28.94
JT	6	Luke Macaree	39.97	4	Matthew Elmore	26.55
4x100M	4	Surrey	45.3	4x400M	-	

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SURREY LADIES CROSS COUNTRY LEAGUE

Fixtures 2010-2011 (matches start at 12 noon)

9 October 2010 Richmond Park 13 November 2010 Denbies Vineyard, Dorking
15 January 2011 Ham 12 February 2011 Putney Vale

There will be 3 races at each fixture covering Under 13s to Veterans. The League has 36 clubs. Any further clubs wishing to join should contact the secretary Ron Gobey ASAP on ron@gobey9944.fsnet.co.uk or 020 8856 4681.

INTER-COUNTY EVENTS

Under 17 Inter-Counties, Stevenage, 8 August 2010

UNDER 17 WOMEN

	<i>A</i>			<i>B</i>	
100M	-			-	
200M	1	Shanice Harrison	25.4/+0.6	-	
300M	1	Jessie Knight	41.1	6	Rachel Robinson 46.4
800M	1	Maddy Austin	2:11.4	2	Chloe Crossman 2:18.6
1500M	2	Ruth Haynes	4:42.6	1	Susan Shiel-Rankin 4:45.1
3000M	1	Ruth Haynes	10:24.3	1	Alice Wills 10:47.9
80M H	1	Jahisha Thomas	11.6/+0.4	2	Lisa O'Brien 12.7/+0.3
300M H	5	Rachel Robinson	49.4	-	
HJ	5	Fiona Clarke	1.55m	4	Leah Dyson 1.50m
PV	-			-	
LJ	5	Lisa O'Brien	4.72m	-	
TJ	3	Lisa O'Brien	10.72m		
SP	3	Carla Letheby	9.65m	2	Iyani Obi-Adewole 9.41m
DT	3	Carla Letheby	35.04m	2	Leanne Bettis 29.23m
HT	2	Carla Letheby	37.27m	-	
JT	5	Kamilla Morgan	30.65m	4	Leanne Bettis 23.85m
4x100M	-		4x300M	2	Surrey 2:47.2

Senior Eight Counties, Ashford, Kent, 15 August 2010

Team Results

	<i>SENIOR MEN</i>		<i>SENIOR WOMEN</i>
1	Essex	411½	1 Kent 387½
2	Sussex	356½	2 Middlesex 363
3	Kent	327	3 Essex 344
4	Hertfordshire	326	4 Sussex 323½
5	Hampshire	237	5 SURREY 195
6	Middlesex	222	6 Hertfordshire 136
7	SURREY	61	7 Hampshire 104
8	Oxfordshire	41	8 Oxfordshire 13

SENIOR MEN

	<i>A</i>			<i>B</i>	
100M	7	Emanuel Adeyemi	11.01/+4.6	5	Samuel Adeyemi 11.19/+5.1
200M	7	Emanuel Adeyemi	23.16/+1.5	-	
400M	4	Samuel Adeyemi	49.33	-	
800M	1	Ben Wallis	1:54.00	1	Matthew Grant 1:59.85

There were no Surrey competitors in the following events: 1500M, 5000M, 110M H, 400M H, 3000M S/C, 4x100M, 4x400M, 3000M Walk, HJ, PV, LJ, TJ, SP, DT, HT, JT.

INTER-COUNTY EVENTS

Senior Eight Counties, Ashford, Kent, 15 August 2010

SENIOR WOMEN

		<i>A</i>			<i>B</i>
100M	2	Twinelle Hopeson	12.02/+1.6	-	
200M	1	Twinelle Hopeson	24.43/+1.8	-	
800M	4	Louise Ionascu	2:31.35	-	
1500M	3	Liz Kipling	4:43.37	-	
100M H	4	Jodie Favell	15.55/+1.9	-	
300M H	2	Jodie Favell	65.20	-	
3000 Walk	4	Fiona Bishop	18:46.07	-	
HJ	1	Julia Machin	1.75m	1	Charis O'Connor 1.70m
LJ	1	Sarah Wellstead	5.93m	1	Charis O'Connor 5.56m
TJ	2	Julia Machin	11.41m	-	
SP	3	Julia Machin	11.31m	2	Iyani Obi-Adewole 9.41m
DT	4	Angela Mitchell	35.09m	3	Kasia Kublik 31.34m

There were no Surrey competitors in the following events: 400M, 3000M, 3000M S/C, 4x100M, 4x400M, PV, HT, JT.

SEAA Under 15 & Under 20 Inter Counties, Cophall, 28 August 2010

<i>UNDER 15 BOYS</i>				<i>UNDER 15 GIRLS</i>			
1	Essex	65		1	Berkshire	56	
2	Middlesex	56		2	Kent	51.5	
3	Kent	47		3	Essex	39.5	
4	Dorset	45		4	Hertfordshire	33	
5	Berkshire	42		5	Oxfordshire	32	
6	Hampshire	41		6	SURREY	30	
7=	Buckinghamshire	35		7	Sussex	29.5	
7=	SURREY	35		8	Middlesex	27.5	
9	Bedfordshire	31		9	Cornwall	26	
10	Hertfordshire	30		10=	Cambridgeshire	24	
11=	Cambridgeshire	21		10=	Suffolk	24	
11=	Sussex	21		12	Hampshire	19	
13	Oxfordshire	17		13	Buckinghamshire	15	
14	Suffolk	11		14	Dorset	12	
15	Cornwall	4		15	Bedfordshire	10	
100M	1	Zanson Plummer	11.26/+1.9	100M	5h1	Eleanor Smith-Hahn	
200M	6	Daniel Ghosh	24.00/+2.1				13.13/+3.1
400M	8	Shaun Cooke	59.12	200M	5h2	Rebecca Pritchard	28.86/+3.7
800M	3	Patrick Lucas	2:06.71	800M	5h1	Matilda Rainsborough	2:35.62
1500M	4	Jack Crabtree	4:19.14	1500M	3	Ruth Bourne	4:49.92
80M H	3h2	Scott Thomas	11.90/+2.9	75M H	2	Shirin Irving	11.34/+2.3
HJ	3	Reece Barnet	1.70m	HJ	3	Emily Haberfield	1.55m
PV	-			PV	4	Nicole Kendall	2.50m

INTER-COUNTY EVENTS

SEAA Under 15 & Under 20 Inter Counties, Copthall, 28 August 2010

<i>UNDER 15 BOYS</i>				<i>UNDER 15 GIRLS</i>			
LJ	6	Reece Barnet	5.66m/+1.2	LJ	7	Kerri Davidson	4.76m/+2.6
TJ	-			SP	-		
SP	7	Daniel Ghosh	12.93m	DT	12	Rebecca Pritchard	17.88m
DT	-			HT	8	Rebecca Pritchard	26.74m
HT	8	Matthew Szepietowski	36.82m	JT	6	Jojo Jameson	27.42m
JT	-	Matthew Szepietowski	NM				

<i>UNDER 20 MEN</i>				<i>UNDER 20 WOMEN</i>			
1		Hertfordshire	63.5	1		Essex	88.5
2		SURREY	62	2		Hertfordshire	67
3		Sussex	56	3		Middlesex	52.5
4		Essex	54	4		SURREY	51.5
5		Hampshire	47.5	5		Berkshire	46.5
6		Cambridgeshire	45	6		Kent	41.5
7		Kent	44	7		Oxfordshire	35
8		Buckinghamshire	35	8		Bedfordshire	27
9		Middlesex	32	9		Buckinghamshire	25.5
10		Bedfordshire	31	10		Suffolk	22
11		Berkshire	30	11		Sussex	17
12		Dorset	22	12		Hampshire	13
13		Oxfordshire	19	13		Cambridgeshire	11
14		Cornwall	16	14		Dorset	3
15		Suffolk	10				
16		Norfolk	5				

100M	1	Oweka Wanogho	10.87	100M	1	Twinelle Hopeson	11.96/+1.8
200M	1	Simeon Ramsey-Graham	21.82/+1.9	200M	2	Victoria Hewett	25.49/+1.9
400M	-			400M	-		
800M	5h1	Connor Vine	2:04.09	800M	2	Loulou Rowlands	2:14.97
1500M	-			1500M	6	Isabel Brinsden	4:58.74
110H	1	Matthew Walcott	14.27/+2.1	100H	4	Rebecca Zelic (U17)	20.04
400H	-			400H	-	-	
2000SC	7	Nathan Ditton	6:28.54	HJ	6=	Sarah Abrams	1.55m
HJ	3	Kariym Irving	1.85m	PV	-		
PV	2	Jack Phipps (U17)	4.20m	LJ	-		
LJ	5	Cale Edmunds	6.60m/+2.6	TJ	1	Sarah Abrams	11.48m/+2.3
TJ	6	Shola Olojo	13.49m/+3.3	SP	3	Holly Stroud	9.90m
SP	2	Michael Wheeler	16.84m	DT	-		
DT	1	Lawrence Okoye	58.64m	HT	-		
HT	-			JT	4	Holly Stroud	34.94m
JT	8	David Simmonds	44.84m				

SURREY ATHLETES AT INTERNATIONAL MEETINGS

Once again Surrey has been well represented at this year's international championships and will have a large number participating in the Commonwealth Games in October.

European Youth Olympic Trials, Moscow, Russia, 21-23 May 2010

This event for under 18 athletes acted as a trial for the Youth Olympic Games held in Singapore in August. Georgia Peel's third place meant that she qualified for Singapore.

Josh STREET (South London Harriers) - 400M 3h2 49.04.

Georgia PEEL (Aldershot, Farnham & District AC) - 1000M 3rd 2:42.24

Katie SNOWDEN (Herne Hill Harriers) - 1000M 6th 2:46.68

European Team Championships, Bergen, Norway, 19/20 June 2010

Martyn ROONEY (Croydon H) - 400M 1st 45.67

Jade Johnson (Herne Hill Harriers) - LJ 7th 6.26m

Joice MADUAKA (Woodford Green with Essex Ladies) - 4x100m (Leg 1) 3rd.

IAAF World Junior (U20) Championships, Moncton NB, Canada, 19-25 July 2010

Emelia GORECKA (Aldershot, Farnham & District AC) - 3000m 11th 9:18.43

Lawrence OKOYE (Croydon Harriers) - DT 6th 59.77m

Kola ADEDOYIN (Newham & Essex Beagles) - TJ 15.85m/-1.1 - this was his qualifying jump. He was injured and unable to jump in the final

Twinelle HOPESON (Croydon Harriers) - 4x100M - ran the third leg in qualifying for the final. She was not selected for the final where the team failed to finish .

European Championships, Barcelona, Spain, 27 July - 1 August 2010

James DASAOLU (Croydon Harriers) - 100m 3s3 10.31/-1.0

Ryan MOSELEY (Shaftesbury Barnet) - 100m 4s2 10.27/-0.1 & 200M 6h2 21.07/0.0

Martyn ROONEY (Croydon Harriers) - 400M 3rd 45.23 & 4x400M 2nd 3:02.25

Joice MADUAKA (Woodford Green with Essex Ladies) - 4x100M (Leg 1) 6h2 44.09.

Youth Olympic Games, Singapore, 14-26 August 2010

Georgia PEEL (Aldershot, Farnham & District AC) - 1000M 6th 2:49.56.

IAAF Continental Cup, Split, Croatia, 4/5 September 2010

Martyn ROONEY (Croydon Harriers) selected for the Europe Team in 4x400M Relay

Commonwealth Games, Delhi, India, 3-14 OCTOBER 2010

The following Surrey athletes have been selected for the England team:-

Eleanor GATRELL (Woking) - Shot

Joice MADUAKA (WGEL) 200m + 4x100m

Jade NICHOLLS (Shaft B) - Discus

Samson ONI (Belgarve H) - HJ

Chris Scott (Shaft B) - Discus

Emeka UDECHUKU (WGEL) - Discus

Alex WRIGHT (Belgrave H) - 20km Walk

NATIONAL TRACK & FIELD CHAMPIONS 2009

England Athletics U23/U20 Championships, Bedford, 19/20 June 2010

Trevor OKOROAFOR (Croydon) - U23M TJ 16.00m/+4.3
Chris SCOTT (Shaft B) - U23M DT 59.90m..... **CBP**
Josh GORECKI (Aldershot, Farnham & D) - U20M 5000M 14:48.24
Babatunde AMOSU (Croydon H) - U20M TJ 15.39m/+0.7
Lawrence OKOYE (Croydon H) - U20M DT 63.92m
Katie Snowden (Herne Hill H) - U20W 400M 54.59..... **Surrey County U17 Record**
Emelia GORECKA (Aldershot, Farnham & D) - U20W 3000M 9:25.65
+ 5 second places & 3 third places.

UK Championships & European Trials, Birmingham, 25-27 June 2010

Martyn ROONEY (Croydon H) - SM 400M 44.99
Alex WRIGHT (Belgrave H) - SM 5000M Walk 20:11.09
Joe IVE (Belgrave H) - SM PV5.35m
Jade JOHNSON (Herne Hill H) - SW LJ 6.48m/+2.9
Jade NICHOLLS (Shaft B) - SW DT 57.81m
+ 3 second places & 3 third places

English Schools Championships, Alexander Stadium, Birmingham 9/10 July 2010

Ned QUINEY (Croydon H) - SB PV 5.00m
Babatunde AMOSU (Croydon H) - SB TJ 15.74m/+0.3
Lawrence OKOYE (Croydon H) SB - DT 61.87m..... **CBP**
Joshua STREET (South London H) - IB 400M 47.96..... **Surrey County U17 Record**
Blade ASHBY (Herne Hill H) - IB 100H 13.18/-0.3
Jacob PAUL (Epsom & Ewell) - IB 400H 53.00..... **Surrey County U17 Record**
Jack PHIPPS (Woking) - IB PV 4.30m
Nathan CARTY (Croydon H) - JB DT 43.21m
Adelle TRACEY (Guildford & Godalming) - SG 800M 2:07.88
Georgia PEEL ((Aldershot, Farnham & D) - IG 800M 2:07.14
+ 7 second places & 10 third places.

England Athletics U17/U15 Combined Events, Stoke, 7/8 August 2010

Jacob PAUL (Epsom & Ewell) - U17M Dec 5637pts
+ 1 third place.

England Athletics U17/U15 Championships, Bedford, 21/22 August 2010

Jacob PAUL (Epsom & Ewell) - U17M 400H 53.68 (NB 1st equal)
+ 6 second places & 5 third places.

SCAN

The closing dates for submissions for forthcoming issues are:

15 November 2010 (December issue)	15 January 2011 (February issue)
15 April 2011 (May issue)	15 August 2011 (September issue)

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COUNTY DIARY 2010 - 2011

2010

2-5 September	UK School Games	Gateshead
11 September	RWA National 10k	Coventry
11 September	Surrey County Road Relays	Wimbledon
11/12 September	Surrey County Combined Events & Steeplechases	Horsham
18/19 September	English Schools Combined Events & Walks	Stoke
25 September	SEAA 4/6-stage Road Relays - Women & Young Athletes	Aldershot
26 September	SEAA 4/6-stage Road Relays - Senior Men & Veterans	Aldershot
2 October	Bruce Judd YA Cross Country Relays	Guildford
3 October	SEAA 10K Championships	Crystal Palace
9 October	Surrey Cross Country Leagues	various
16 October	Surrey Masters Cross Country Championships	Richmond Park
24 October	U13/U15 Sportshall	Spectrum, Guildford
6 November	ECCA Cross Country Relays	Mansfield
13 November	Surrey Cross Country Leagues	various
20 November	London Cross Country Championships	Parliament Hill
27 November	South of Thames Junior Cross Country	Wimbledon Common
28 November	U13/U15 Sportshall	Spectrum, Guildford
11 December	SEAA Masters & Inter-Counties Cross Country	Biggleswade
11 December	Surrey Cross Country Leagues	various
18 December	South of Thames Senior	Farthing Down

2011

8 January	Surrey Cross Country Championships	Lloyd Park, Croydon
15 January	Surrey Cross Country Leagues	various
22 January	Surrey Schools Cross Country	Reigate Priory
23 January	U13/U15 Sportshall	Spectrum, Guildford
29 January	SEAA Cross Country Champs	Parliament Hill
5 February	SE Schools U15/U17/U19 Inter-County Cross Country	Berkshire
12 February	Surrey Cross Country Leagues	various
19 February	National Cross Country	Alton Towers
13 February	U13/U15 Sportshall - South East Region Finals	Burgess Hill
26/27 February	Surrey Indoor Track & Field Championships	Sutton Arena
5 March	CAU Inter-County Cross Country	Cofton Park, Birmingham
12 March	SEAA Cross Country Relays	tba
19 March	English Schools Cross Country Championships	
26 March	SE Schools U13/U14 Inter County Cross Country	Reigate
26 March	Schools International Cross Country	Ireland
1/2 July	ESAA T&F Championships (NB Change from 2 nd weekend)	Gateshead

Updates to the Diary are published on the county web site and can be found at:
www.surreyathletics.org.uk/diary