# SURREY COUNTY ATHLETIC NEWS

(Issue 63 - May 2010)

### SURREY COUNTY AA AGM

Surrey County AA held its AGM recently and elected Ken Crooke as its President for the current year.



Ken Crooke being welcomed into office by his predecessor Tom Pollak.

Ken Crooke has been involved with our sport for more than 60 years. He first started running when he was in the RAF in 1945 and, now a sprightly octogenarian is still competing and holds the majority of Croydon Harriers' club veterans records from 60 years upwards. He has been secretary and treasurer of the East Surrey League since 1973 and also runs the 100 Club for the Southern Veterans Athletic Club.

He was championships secretary of the English Cross Country Union for nine years and served as treasurer of the Surrey County Athletic Association for five years before the present holder of that office, Michael Scott, took over.

### SURREY COUNTY AA AGM

Tom Pollak presented the Best Performance Awards for the past year. In addition to those listed in the February 2010 edition of SCAN the following awards were also made:-

Best Under 15 Girls Performance at 2009 Indoor Championships - Camilla Papa (Woking)

Best Under 15 Boys Performance at 2009 Indoor Championships - Taiwo Kamoju (Croydon)

Reg Bale Trophy (for Officials) - David Littlewood MBE (Hercules Wimbledon).

# FROM OUR PAST PRESIDENT

What a remarkable final month my term as president proved to be with Surrey taking five of the 10 team titles at the UK Inter-Counties cross country championships at Birmingham's Cofton Park in March.

Team successes in the junior men's and women's, men's under 17, boys' under 13 and girls under 15 championships plus second in the women's under 17 event were supplemented by two individual triumphs with Tom Holden and Emelia Gorecka taking the boys under 13 and junior women's individual titles.

Has any county ever achieved this level of success at these championships? I think it was a record-breaking performance! It made me feel really proud of being president of Surrey.

Although numbers were down, the postponed county cross country championships at Lloyd Park in February, hosted by Croydon Harriers, proved a successful promotion and the decision to stage them at a later date following January's snow was fully justified when compared with some counties which decided not to hold their cross country championships at all.

By the time you read this message I will have handed over the role of Surrey president to Ken Crooke from Croydon Harriers.

It has been a tremendous honour to serve the county as its president and I would like to sincerely thank you for giving me the priviledge of doing so. It has given me a significant insight into the large number of people who do an enormous amount of work behind the scenes to ensure the county association runs smoothly and successfully.

You all owe a great debt of gratitude to them and, as I said at the AGM in Leatherhead in March, the future of the county association is in good hands. Athletes, clubs, officials and parents need to continue to give them your support.

Finally, I hope my successor has as happy and successful a year as I enjoyed and I would like to wish the county association best wishes for its future success. With the summer fast approaching, the best of luck to Surrey's athletes in their summer season and representing their county and country for those attaining these honours.

Best wishes

Tom Pollak

President Surrey County AA 2009/2010

### SURREY ATHLETES AT NATIONAL CHAMPIONSHIPS (mid-February 2010 - April 2010)

#### English National Cross County Championship, Leeds, 27 February 2010

Emelia Gorecka (AFD), won the U17 Women title. Ruth Haynes (AFD) was second in the U17 Women and Jack Crabtree (East Cheshire H) was second in the U13 Boys.



Emelia Gorecka

Ruth Haynes

Jack Crabtree

England Athletics U20/U17/U15 Indoor Champs, NIA, Birmingham 27/28 February 2010 Elliot Safo (Croydon) - 1<sup>st</sup> U17M Long Jump 7.00m Sandra Seaton (E&E) - 1<sup>st</sup> U20W 60m Hurdles 8.62 Katie Snowden (HHH) - 1<sup>st</sup> U17W 800m 2:15.49 & 2<sup>nd</sup> U17W 300m 40.2 Kola Adedoyin (B&B) - 2<sup>nd</sup> U20M Triple Jump 14.98m Nicholas Ofonagoro (VP&TH) - 2<sup>nd</sup> U17M 60m Hurdles 8.25 Joshua Street (SLH) - 2<sup>nd</sup> U17M 400m 48.64 Jack Phipps (Woking) - 2<sup>nd</sup> U17M Pole Vault 4.20m Amy Allcock (AFD) - 2<sup>nd</sup> U20W 400m 56.40 Twinelle Hopeson (Croydon) - 2<sup>nd</sup> U20W 60m 7.48 & 2<sup>nd</sup> U20W 200m 24.39 Jermain Olasan (B&B) - 3<sup>rd</sup> U20M Long Jump 7.09m Sarah Abrams (Sutton) - 3<sup>rd</sup> U20W Triple Jump 11.83m

**England Aathletics U17/U15 Indoor Combined Events, Sheffield, 6**/7 **March 2010** Blade Ashby (HHH) - 1<sup>st</sup> U17M Heptathlon 4612 points

English Schools Cross Country Championships, Heaton Park, 20 March 2010 Ruth Haynes - 3<sup>rd</sup> Inter Girls

### **COUNTY CHAMPIONSHIPS**

### Indoor Track & Field, Sutton Arena, 6& 7 March 2010

UNDER 13 GIRLS			Long Jump		
60M			1 Rebecca Zelic	(HHH)	4.73
1 Maya Bruney	(SLH)	8.40	2 Rachel Woodman	(ReiP)	4.69
2 Phoebe Larn-Jones	(ReiP)	8.65	3 Abbie Wroth	(Walt)	4.22
3 Cheyanne Evans-Grey		8.68	Triple Jump	()	
Long Jump	(,))		1 Leanne Bettis	(DMV)	8.86
1 Maya Bruney	(SLH)	4.36	Shot		
2 Phoebe Larn-Jones	(ReiP)	3.85	1 Carla Letheby	(Walt)	9.53
3 Kristen Roche	(C'ley)	3.64	2 Nicole George	(Croy)	8.54
	())		3 Iyani Obi-Adewole	(SLH)	8.13
UNDER 15 GIRLS			-	()	
60M			UNDER 20 WOMEN		
1 Vanessa La-Fon	(SLH)	7.96	60M		
2 Imani Daley	(HHH)	8.16	1 Twinelle Hopeson	(Croy)	7.62 CBP
3 Camilla Papa	(Walt)	8.23	2 Emma Wakrim	(Sutt)	7.91
60M Hurdles			3 Eleanor Ball	(G&G)	7.96
1 Camilla Papa	(Walt)	9.67	High Jump		
2 Lilian Brower	(C'ley)	9.82	1 Jasmin Dotzek	(Craw)	1.55
3 Laura Reilly	(E&E)	9.94	Pole Vault		
High Jump			1 Rosa Williams	(HHH)	3.10
1 Lilian Brower	(C'ley)	1.45	2 Angharad Seaton	(HHH)	2.40
2 Nicola Evans	(C'ley)	1.40	Shot		
3 Elena Rodham-Cooke	(HHH)	1.20	1 Jasmin Dotzek	(Craw)	10.21
Long Jump			2 Sarah Bridgman	(DMV)	9.39
1 Sarah Rusling	(E Grin)	4.56	3 Sarah Breen	(Sutt)	8.17
2 Kerri Davidson		4.50	CENIOD WOMEN		
3 Lilian Brower	(C'ley)	4.46	SENIOR WOMEN 60M		
Shot				$(D, \theta, D)$	7.61
1 Lilian Brower	(C'ley)	7.63	1 Amy Godsell	(B&B)	
UNDED 17 WOMEN			2 Emily Martin	(HW)	7.74
UNDER 17 WOMEN			3 Michelle Watson	(HHH)	7.92
60M			High Jump		1 50
1 Cleo-Patrice Barbour	(Croy)	7.94	1 Julia Machin	(E&E)	1.78
2 Shanice Harrison	(SLH)	8.05	Pole Vault	( <b>-</b> )	
3 Lasarna Peterkin	(HHH)	8.18	1 Louisa Clarke	(Sutt)	3.00
60M Hurdles			2 Jennifer Honeyball	(HHH)	2.90
1 Jessica McCabe	(G&G)	8.97 CBP	Shot		
2 Lasarna Peterkin	(HHH)	10.09	1 Joanna Bennett	(E&E)	12.48
3 Rebecca Zelic	(HHH)	10.25	2 Julia Machin	(E&E)	11.37
			3 Briony Phillips	(HHH)	11.06

### **COUNTY CHAMPIONSHIPS**

Indoor Track & Field (	continue	ed)			
UNDER 13 BOYS			3 Daniel Ditton	(WSEH	) 2.90
60M			Long Jump		
1 Creston Harrison	(SLH)	8.3	1 Elliot Safo	(Croy)	6.74 CBP
2 Rohan Henry	(Croy)	8.3	2 Oliver Newport	(Craw)	6.25
3 David Bishop	(Craw)	8.6	3 Jacob Paul	(E&E)	5.90
Long Jump			Triple Jump		
1 David Bishop	(Craw)	4.21	1 Sheldon Brown	(Croy)	12.09
2 Garfield Francis	(HHH)	4.07	2 Joshua Thompson	(Croy)	11.62
3 Joel McFarlane	(Sutt)	4.02	Shot		
UNDER 15 BOYS			1 Levy Smith	(Craw)	13.85*
60M			(* 4kg shot)		
1 Taiwo Kamoju	(Croy)	7.57	UNDER 20 MEN		
2 Zanson Plummer	(HHH)	7.60	60M		
3 Daniel Ghosh	(Sutt)	7.60	1 Tom Kennedy	(Sutt)	6.96
60M Hurdles			2 Andre Gibbs	(Croy)	6.97
1 Scott Thomas	(C'ley)	9.30	3 Oweka Wanogho	(Croy)	7.00
2 Jordan Otu	(Croy)	9.80	60M Hurdles		
3 Louis Farqharson	(HHH)	10.58	1 Matthew Walcott	(HHH)	8.49
High Jump			High Jump		
1 Alex Mackintosh	(K&P)	1.55	1 Tariq Fadare	(Sutt)	1.85
2 Stirling Gibbons	(Croy)	1.40	Pole Vault		
Long Jump			1 Gordon Lester	(K&P)	3.70
1 Daniel Ghosh	(Sutt)	5.23	Triple Jump		
2 Scott Thomas	(C'ley)	5.04	1 Daniel Murray	(Sutt)	13.10
3 Andre Livingston	(Sutt)	4.98	2 Jamie Otoo	(Sutt)	12.89
Shot			3 Patrick Hillyer	(K&P)	12.52
1 Daniel Ghosh	(Sutt)	11.93	Shot		
2 Adesimi Obi-Adewole	e (SLH)	9.90	1 Miles Casey	(Croy)	11.90
UNDER 17 MEN			2 Thomas Bullen	(SLH)	11.48
60M			3 Hussein Al-Kemakchi	(K&P)	11.36
1 Cameron Smith	(Croy)	7.10	SENIOR MEN		
2 Tucker Bryant	(K&P)	7.23	60M		
3 Jake Bernard	(Croy)	7.30	1 Aidan Syers	(NEB)	6.81
60M Hurdles			2 Cyle Carty	(Sutt)	6.88
1 Joe Yarde	(Croy)	8.52	3 Nigel Thomas	(TVH)	6.90
2 Jacob Paul	(E&E)	8.75	60M Hurdles		
3 Alex Hunsley	(RAAS)	) 10.03	1 Samzu Agbaje	(SLH)	9.04
High Jump			Pole Vault		
1 Ben Weeks	(C'ley)	1.60	1 John Andrews	(E&E)	3.80
Pole Vault			2 David Blunt	(E&E)	3.50
1 Jack Phipps	(Wok)	4.10	3 Peter Mayfield	(Belg)	3.40
2 Jacob Paul	(E&E)	3.00			

### **COUNTY CHAMPIONSHIPS**

#### Indoor Track & Field (continued)

SENIOR MEN			Triple Jump	
Long Jump			1 David Wellstead	(Belg) 13.92
1 Christopher Hall	(K&P)	6.50	2 Christopher Hall	(K&P) 12.66
2 Alex Fraser	(Walt)	6.47	Shot	
3 David Wellstead	(Belg)	6.37	1 Anthony Soalla-Bell	(ShaftB)13.34
			2 Ian Frankish	(E&E) 12.11
			3 Peter Mayfield	(Belg) 10.90

#### 10,000m Track Walk, Battersea Park, 28<sup>th</sup> April 2010

Men			Women		
1 Michael Harran	(SyWC)	59:39.7	1 Estle Viljoen	(HW)	54:39.6
2 Peter Hannell	(SyWC)	62:40.0	2 Maureen Noel	(Belg)	62:11.4
3 Ian Statter	(SyWC)	62:46.2	3 Fiona Bishop	(Wok)	66:27.5

### **INTER-COUNTY EVENTS**

CAU Inter-County Cross Country, Cofton Park Birmingham, 13 March 2010

SURREY WIN 5 OUT OF 10 TEAM EVENTS.

EMELIA GORECKA (U17) WINS U20 WOMEN TITLE.

TOM HOLDEN WINS U13 BOYS TITLE.

#### IAN BAILEY (U17M) SECOND.

#### SUSAN SHIEL-RANKIN (U15G) & MERHAWI YEMANE (U13B) THIRD.

SENIOR WOMEN - Team: 5th. Individuals: 16 Justina Heslop (ClaphamC) 28:42, 27 Emily Adams (AFD) 29:42, 58 Sarah Murphy (Belgrave) 30:46, 60 Emily Alden (E&E) 30:49, 72 Karen Ellison (HHH) 31:11, 80 Beckie Woodland (SLH) 31:31, 100 Maddy Hardwick (K&P) 31:54, 105 Alice Lethbridge (AFD) 32:04. 265 finishers.

JUNIOR WOMEN -Team 1st. Individuals: 1 Emelia Gorecka (AFD) 20:40, 8 Lily Partridge (AFD) 21:16, 11 Georgia Peel (AFD) 22:08, 20 Catherine Taylor (AFD) 22:45, 37 Julia Wedmore (HHH) 23:24, 53 Rosie Clarke (E&E) 24:21, 66 Rebecca Fairhead (G&G) 25:07. 138 finishers.

U17 WOMEN - Team: 2nd. Individuals: 15 Katie Snowden (HHH) 19:58, 18 Grace O'Leary (SLH) 20:02, 24 Helen Wilson (SLH) 20:13, 45 Hannah Edwards (HHH) 20:38, 106 Molly Renfer (K&P) 21:38, 109 Maddie Garner (SMR) 21:39, 121 Elizabeth Dingemans (G&G) 21:46, 175 Cara Harrison (DMV) 22:33. 265 finishers.

U15 GIRLS - Team: 1st. Individuals: 3 Susan Shiel-Rankin (AFD) 15:14, 11 Ruth Bourne (WSEH) 15:47, 21 Sophie Foreman (SLH) 16:09, 22 Harriet Preedy (AFD) 16:11, 45 Poppy Disley-May (G&G) 16:29, 45 Sophie Story (G&G) 16:30, 113 Laura Gent (Reigate P) 17:05, 144 Eleanor Harrison (G&G) 17:27. 297 finishers

### **INTER-COUNTY EVENTS**

#### CAU Inter-County Cross Country (continued)

U13 GIRLS - Team: 4th. Individuals: 7 Leigh Chapman (AFD) 11:30, 10 Katie Shiel-Rankin (AFD) 11:33, 12 Lucy Drummond (E&E) 11:34, 97 Alice Chandler (Reigate P) 12:18, 130 Georgie Hay (HHH) 12:30, Eloise Milbourne (WSEH) 12:39, 166 Kathryn Ditton (WSEH) 12:44, 209 Georgie Hoff (AFD) 13:00. 305 finishers.

SENIOR MEN - As you are aware the original date for the County Championship was deferred due to inclement weather. The revised date for the Championship had to be fixed after the closing date for the entries for the Inter Counties. As a consequence selection was made on the basis of performances in other relevant fixtures, the resultant team comprising: Nick Hodge, Will Clark, Steve Connor, James Kelly, James McMullan, Paskar Owor, Kevin Quinn, Adam Przedrzymirski, Nicholas Terry. Reserves: Phil Sanger, Andy Weir and Gareth Price.

The course was new for the staging of this race. It proved to be testing, fast and undulating on a fine, dry day. The team ran with total commitment and determination. For a team below strength they ran superbly and led by Paskar finished a fine and commendable fifth place. Arch rivals Middlesex - no team!

Mick Firth - Team Manager

Team: 5th. Individuals: 38 Paskar Owor (Belgrave) 37:26, 49 James McMullan (Thames H&H) 37:42, 53 James Kelly (Belg) 37:46, 58 Nicholas Torry (Serpentine) 37:59, 76 Steve Connor (AFD) 38:26, 145 Nick Hodges (DMV) 40:08, 171 Adam Przedrzymirski (HW) 40:43, 263 Will Clark (E&E) 44:24. 285 finishers.

JUNIOR MEN - As you are aware the original date for the County Championship was deferred due to inclement weather. The revised date for the Championship had to be fixed after the closing date for the entries for the Inter Counties. As a consequence selection was made on the basis of performances in other relevant fixtures, the resultant team comprising:

Jack Bourne, Luke Caldwell, Ciran Costello, Evan Erskine-Thomas, Jonny Hay, Jo Morwood, Mickey Reed, Alexander Robinson. Ciran Costello and Jo Morwood subsequently had to withdraw.

The course was new for the staging of this race. It proved to be testing, fast and undulating on a fine, dry day. The team ran with real commitment and determination; all focussing sensibly on moving through the field. Jonny Hay finished a fine fourth, with great backing from Luke Caldwell, Mickey Reed and Alexander Robinson who proved his worth in finishing 95 places higher than last year. A fine effort by all to take first place. Arch rivals Middlesex finished 9th!

#### Mick Firth - Team Manager

Team: 1st. Individuals: 4 Jonny Hay (AFD) 25:29, 13 Luke Caldwell (DMV) 26:19, 20 Mickey Reed (AFD) 26:41, 45 Alex Robinson (HW) 27:21, 140 Evan Erskine-Thomas (DMV) 29:53, 162 Jack Bourne (SLH) 30:52. 192 finishers.

### **INTER-COUNTY EVENTS**

#### CAU Inter-County Cross Country (continued)

U17 MEN - Team: 1st. Individuals: 2 Ian Bailey (AFD) 18:43, 6 Josh Grace (AFD) 18:57, 10 Liam White (HW) 19:18, 31 Henry Pearce (Tonbridge) 19:50, 84 Jack Puttock (AFD) 20:31, 85 Elliot Woolmer (WSEH) 20:31, 94 Nathan Ditton (WSEH) 20:36. 261 finishers.

U15 BOYS - Team: 24th. Individuals: 44 William Robinson (Reigate P) 15:48, 47 Peter Chambers (Croydon) 15:49, 144 Dom Nolan (Oxted School) 16:31, 148 Sam Eglen (AFD) 16:33, 162 Tom Mulligan (Oxted School) 16:39, 180 Daniel Wallis (G&G) 16:48, 231 Ben Bradley (WSEH) 17:11. 297 finishers.

U13 BOYS - Team: 1st. Individuals: 1 Tom Holden (SLH) 10:22, 3 Merhawi Yemane (HHH) 10:24, 4 Jack Crabtree (East Cheshire) 10:30 21 Lascelles Hussey (HHH) 10:50, 51 Cassian Hyde (HW) 11:08, 56 Charlie Wyllie (DMV) 11:09, 115 Harvey Stainthorpe (Croydon) 11:28, 119 Mark Hastings (Camberley) 11:29. 295 finishers.

## SURREY ATHLETES AT INTERNATIONAL MEETINGS (February 2010 - April 2010)

**Under20 Indoor International, Cardiff, 21 February 2010** Jermain Olasan (B&B) - 1st Long Jump 7.18m Twinelle Hopeson (Croydon) - 1st 60m 7.60 Amy Allcock (AFD) - 2nd 400m 57.40 Sandra Seaton (E&E) - 1st 60m Hurdles 8.81

*U23/U20 Indoor Combined Events International, Bompras, France, 6/7 March 2010* Jo Rowland (Crawley) - 8th U23 Pentathlon 3002 points

*IAAF World Indoor Championships, Doha, Qatar, 12-14 March 2010* Samson Oni (Belgrave) - 7th High Jump 2.24m (cleared 2.26m in qualification) Joice Maduaka (WGEL) - 5th in Semis 60m 7.35 Ryan Moseley (Shaftesbury Barnet) - 6th in Semis 60m 6.71 (representing Austria) Harry Aikines-Aryeetey (Sutton) - 3rd in Heats 60m 6.72 (pulled-up injured in semis) Charlotte Best (Crawley) - 8th in Heats 1500m 4:16.40

*IAAF World Cross Country Championships, Bydgoszcz, Poland, 28 March 2010* Emelia Gorecka (AFD) - 23rd Junior Women 20:25 Jonny Hay (AFD) - 62nd Junior Men 24:53

## SOUTH SURREY NETWORK

They are now on-line. For the latest news and information go to:-

www.south surrey athletics.org.uk

## SOUTH LONDON NETWORK

See enclosed

### **CROSS COUNTRY**

#### 2XU SURREY CROSS COUNTRY LEAGUE

The following dates and venues have been agreed with host club(s) shown:-

09/10	Div 1	Div 2	Divs 3/4
	Wimbledon	Lloyd Park, Croydon	Nork Park, Banstead
	(Belgrave)	(SoC)	(Tadworth)
13/11	Denbeigh's Dorking	Wimbledon	Lloyd Park, Croydon
	(DMV)	(Wimbledon W)	(Croydon)
11/12		-	Lightwater (Runnymede)
15/01	Ham (Stragglers)	Epsom Downs (26.2 RRC)	-
12/02	Putney Vale	Richmond Park	Wimbledon
	(THH)	(Ranelagh)	(Vets AC)

NOTE. Currently there is some doubt regarding the 11/12 fixture because of clashes with other events.

League Secretary: Martin Duff, Ramatuelle, Spronketts Lane, Warninglid, West Sussex RH17 5SA 🕿 01444 461294 E: martin.martinduff@btinternet.com.

#### TRAVIS MARSH

With regret we report the death of Travis Marsh following a long illness. He was a middle-distance coach having come into athletics, from his first sport of table tennis, when his daughter Karen joined Mitcham AC. He was a member of the former Surrey County Womens AAA and a former Surrey team manager. His service to the county was recognised by the award of a Life Vice Presidency. He is survived by his wife Mary, also a Surrey LVP, with whom he organised the Annual Surrey Dinner for many years. We send our sympathy to Mary and to their family. The funeral was held at Leatherhead Crematorium on Tuesday, 27th April 2010 and was attended by representatives of Surrey County AA and by former members of Mitcham AC.

#### **CHARLIE GILLETT**

With regret we report the death of Charlie Gillett on 17 March 2010. A member of Belgrave Harriers he competed in the Surrey 400 metres final in 1974. He was well known in music circles as he was a radio DJ, latterly on BBC. There is a full tribute on the Belgrave Harriers website.

Tom Pollak has provided the following: "I've looked further into Charlie Gillett's performances and note he was Sy 400m hdls champ in 1970 :- In the 1968 Sy champs, he was 3rd in the 440 ys hdls in 58.2 and 4th in the 440 yds in 51.2 and ranked 6th and 19th= in Sy that year, running for Achilles; In the 1969 champs 2nd in the 200m in 22.9 and 400m hdls in 57.4s in Belgrave colours and was ranked 12th in the 200m (22.7), 8th in the 400m (49.8) and 2nd in the 400m hdls (54.4); in 1970 he won the 400m hdls in 56.0, 4th in 400m (50.9)".

### SPORTSHALL

#### National Finals, NEC Birmingham, 18 April 2010

As reported in the February SCAN Daniel Ghosh (Sutton & District) qualified for the National Finals as the best individual U15 Boy in the Regional Finals. Surrey had no automatic qualifiers from any of its teams. However, following the completion of all the regional finals the Surrey U15 Girls were given a place in the National Finals as the best runner-up.

Daniel performed excellently finishing 2nd in the Standing Long Jump and 3rd in the 2-lap race. Overall he finished equal third.



Daniel with his 2 medals. Daniel on the rostrum for his overall award

The following is the report of the Girl's Team Manager:-

The Squad was intact and ready to compete but it soon became clear that Brianne King (HHH) - our top Silver medallist from the Regional Final - was marooned in Teneriffe because of the volcanic cloud. However our Reserve, Amy Lawrence (G&G), stepped in for the 4 Lap Race, 8 Lap Paarlauf, Speed Bounce & Vertical Jump and despite a back injury, gained pb's in both 4 Lap (51.8 secs) and Speed Bounce (79) for valuable team points. (nb. 1 Lap in Sportshall Athletics is 80m). All the girls gained pb's in the following events at the Nationals:

Vicky Maguire (G&G) despite knee problems, ran the 4 Lap in 53.5.

Zoe Doran (HHH) ran the 4 Lap in 52.0 and gained a pb in Standing Long Jump of 2.28m (ranked 4th nationally).

Laura Reilly (E&E) ran the 2 Lap Race in 24.6.

Vanessa La Fon ran 2 Laps in 22.9 (ranked 4th nationally) and gained a Shot pb of 7.81m.

### SPORTSHALL

#### National Finals (continued)

Lasharna Peterkin ran 2 Laps also in 22.9 (ranked joint 4th nationally) and gained a pb in Vertical Jump of 58.

With some adjustments to chosen events because Brianne was out of the Squad, our Surrey Girls demonstrated how good they are as all-rounders and finished in 6th place out of 12 Regions around the UK. This was an excellent performance despite difficulties and as shown in the past, Surrey U15 Girls can rise to any challenges and deserved to be in the Sportshall National Finals yet again (10th consecutive year).

I was very proud to have such a committed, talented and genuinely nice bunch of girls repesenting Surrey and it was a pleasure being their TM. I wish them all well for the summer season of Track and Field Athletics.

Gillian Libretto - Team Manager



Gillian Libretto with the Surrey Under 15 Girl's Team

#### COUNTY DIARY 2010 - 2011

#### 2010

2 May	Sutton 10k (RL)	Sutton
8/9 May	Surrey County Track & Field Championships	Kingsmeadow
16 May	Surrey Half-Marathon Championship (RL)	Richmond
23 May	Surrey 10 Miles Road Running Championships (R	L) Dorking
29 May	Surrey County Masters T & F Championships	Ewell Court
29/30 May	SEAA U17/U15 T&F Championships	Ashford
30/31 May	CAU Inter-Counties T&F Championships	Bedford
12 June	Surrey Schools T&F Championships	Kingsmeadow
12/13 June	SEAA Senior/U20 T&F Championships	tbc
19 June	SE Schools Inter-County Track & Field	K2, Crawley
19/20 June	England U23/U20 Championships & World Trials	s Bedford
20 June	Surrey 10K Road Running Championship (RL)	<b>Richmond Park</b>
25-27 June	UK Championships & European Trials	Birmingham
17 July	Elmore 7 Miles (RL)	Chipstead
24/25 July	SEAA Senior/U20 T&F Championships	Copthall
25 July	U13 Inter-County Track & Field	Kingsmeadow
25 July	Elmbridge 10k (RL)	Walton
7/8 August	England U17/U15 Combined Events	Stoke
8 August	U17 Inter-County Track & Field	Hemel Hempstead
8 August	Surrey 5K Road Running Championship (RL)	Wimbledon
15 August	Senior Inter-County Track & Field	Kent
21/22 August	England U17/U15 T&F Championships	Bedford
28 August	SEAA U15 & U20 Inter-County Track & Field	Copthall
11 September	Surrey County Road Relays	Wimbledon
11/12 September	Surrey County Combined Events, Walks & S'chas	ses Horsham
25/26 September	SEAA Road Relays	tbd
2 October	Bruce Judd YA Cross Country Relays	Guildford
16 October	Surrey Masters Cross Country Championships	Petersham
24 October	Surrey U13/U15 Sportshall	Spectrum, Guildford
28 November	Surrey U13/U15 Sportshall	Spectrum, Guildford

#### 2011

8 January	SCAA Cross Country Championships	Lloyd Park, Croydon
23 January	Surrey U13/U15 Sportshall	Spectrum, Guildford
5 March	CAU Inter-County Cross Country	Birmingham

RL = Surrey Road League

See Page 9 for Surrey Cross Country League dates.

Updates to the Diary are published on the county web site and can be found at:

www.surreyathletics.org.uk/diary